



ĐẠI HỘI PTA

Ngày 9 tháng 12 năm 2023

THÔNG BÁO CỦA PTA



HỘI ĐỒNG & ỦY BAN PTA

Ban điều hành

Chủ tịch - Ana Gonzalez

Phó Chủ tịch - Blanca Angel

Thủ quỹ - Lizbeth Garcia

Thư Ký - VACANT

Ủy ban

Tư cách thành viên - Andrea Briones

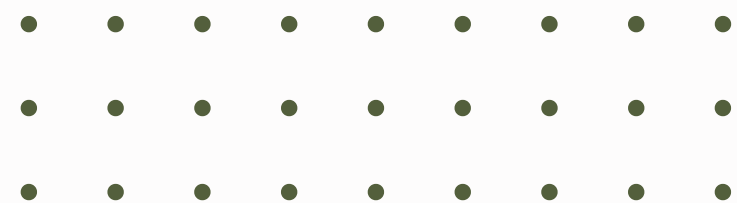
Nhà Sử Học - Lourdes Garcia Chepe

Khách sạn - Maria Isabel Yañez

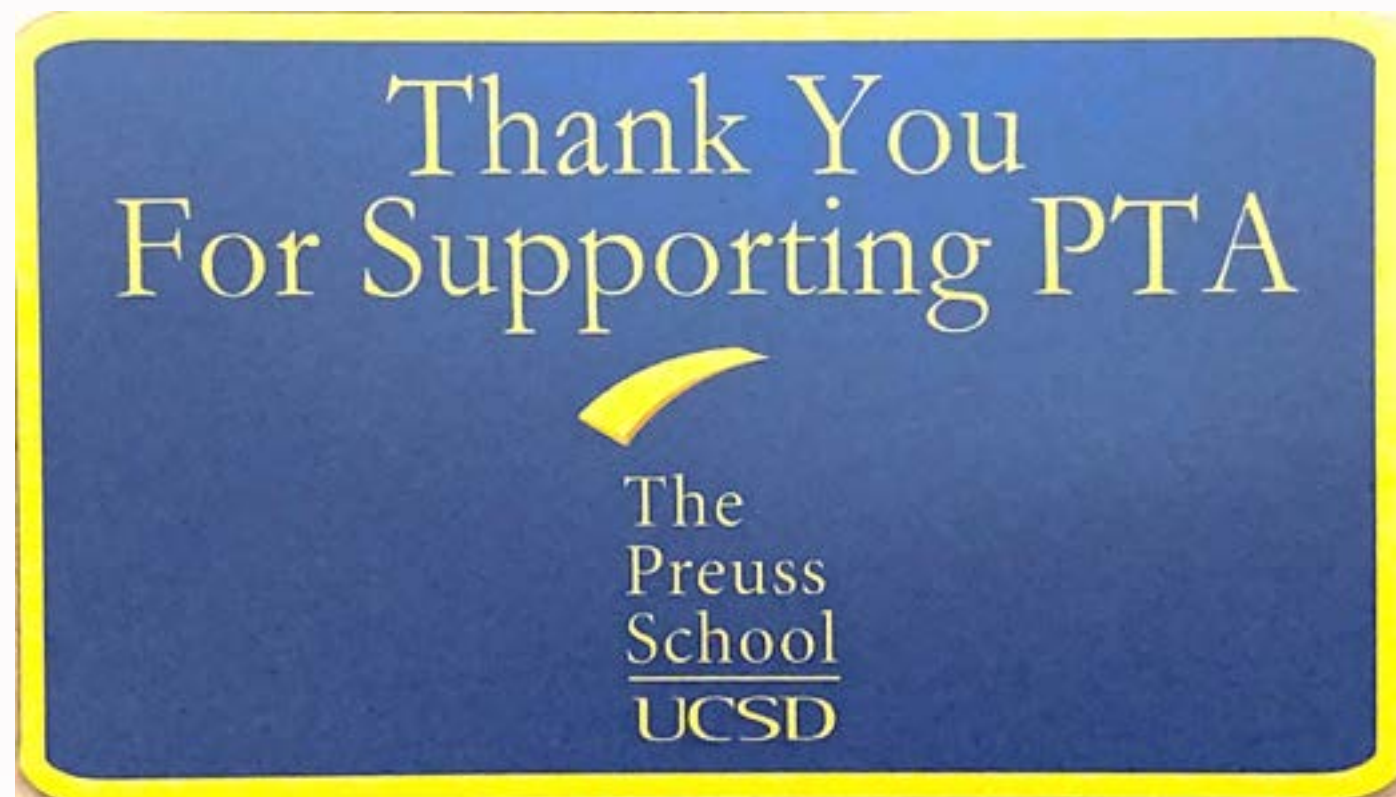
TƯ CÁCH THÀNH VIÊN PTA



- Tư cách thành viên có thể được mua trực tiếp bằng tiền mặt hoặc séc
- Tư cách thành viên mua trực tuyến phải được thanh toán bằng thẻ tín dụng
- Có thể quyên góp (lớp 12, câu lạc bộ, v.v.) khi mua tư cách thành viên



TƯ CÁCH THÀNH VIÊN TIẾP TỤC



- Một cách để hỗ trợ PTA
- Viết séc thanh toán cho:
 - Trường Preuss UCSD PTA
- \$12 cho mỗi thành viên, \$13 trực tuyến
- Bất cứ ai cũng có thể trở thành thành viên!
- Gửi phong bì có ghi phí thành viên, tên bạn, tên và lớp của con bạn tại văn phòng hoặc gửi cùng với con bạn

Thẻ thành viên sẽ được gửi về nhà cùng với học sinh của bạn!

BÁO CÁO CỦA HIỆU TRƯỞNG

NGÀY 9 THÁNG 12 NĂM 2023



“I Ride the Preuss Way” update from MTS



Attendance Challenge Winner for October 8th Grade!! Thank you PTA

CONGRATULATIONS!

ICE
CREAM
TIME



Class of 2024
**CSU/UC
Submit Day**



UC Apps - Done!
CSU Apps - Done!
Private School Apps -
In Progress!

AND...

50% of the Senior Class
has already been accepted
into a college

And one student has
received the Questbridge
College Match – A Full Paid
admission to *Swarthmore
College!*



SWARTHMORE



Jackie Le Preuss '20

- **Founded in 1864**
- **Swarthmore, Pennsylvania, 11 miles southwest of Philadelphia**
- **Private, nonsectarian, liberal arts with engineering**
- **Tuition, Room, Board, Student Activity Fees -**
 - **\$81,376 per Year!**



Career Exploration Field Trip 10th Graders - November 16 Petco Corporate Headquarters



Doc For A Day- UC San Diego Medical School

Nov. 4



Upcoming Events

Homecoming, December 14, 2023 (Liontree Arena)

Middle School Dance - December 15, 2023 (Candy Land)

Preuss Holiday Breakfast Extravaganza - December 15, 2023



DỊCH VỤ HỖ TRỢ SINH VIÊN



THE PREUSS SCHOOL
UC SAN DIEGO
STUDENT SERVICES DEPARTMENT

Parent Meeting
Saturday, December 9, 2023

Your School Counseling and Family Support Specialist Team



Ms. Silva
Students w/last
name: A-GE
s3 silva@ucsd.edu
(858) 822-2002



Ms. Cobbs
Students w/last
name: GF-NG
acobbs@ucsd.edu
(858) 822-0409



Ms. Patrick
Students w/last
name: NH-Z
empatrick@ucsd.edu
(858) 822-0996



Ms. Bandy
College
Advisor
sbandy@ucsd.edu



Ms. De La Rosa
Family Support
Specialist, LCSW
ardelarosa@ucsd.edu
(858) 822-1484



Ms. Wendy
Family Support
Specialist, LMFT
wpanagos@ucsd.edu
(858) 822-0462

The mission of the Student Support Services Team is to offer **guidance** and **support** in:

- Academics***
- Personal/Emotional Issues***
- Social Issues***
- College/Future Planning***

Academic Assistance

- Monitor academic progress /grade checks
 - *Report Cards- please refer to Grade Reporting Calendar (see student planner)*
 - *“At-Risk” student support (below 2.5 GPA)*
 - **SEA**, tutoring, academic progress meeting
 - If a student receives a D or F in a high school English or Social Studies course, and/ or needs elective credits they will attend summer school
- Encourage **tutoring** opportunities and communicating to teachers
- 4 Year Planning
- Classroom presentations
- Course selections
- Scheduling

Personal/Emotional Support

- Stress (Healthy coping)
- Grief and loss
- Crisis
- Anger Management
- Loss of motivation
- Unhealthy relationships and friendships
- Restorative Conversations
- Anxiety and depression
- Family related concerns
- Any situation or issue that requires our assistance and support.

FSS services and events

- Mental Health Services:
Individual therapy
- Community referrals
- Crisis Response/Support
- Staff training and presentations
- Resources (Housing, Immigration, Health/Mental, Food Insecurity, Supplies - school/hygiene, etc)
- California Healthy Kids Survey
- Student/Family Homeless Liaison/ McKinney Vento
- Feeding San Diego Food Distribution (1-2x a month)
- School wide Mental Health presentations
- Clothes Drive 12/9 (Today)

Social Concerns

- Assist with transitioning to Preuss, new grade levels and courses
- Peer relationships and friendships
- Social skills
- Managing emotions
- Develop coping skills
- Anxiety/test anxiety
- Problem Solving
- Conflict resolution

College/Future Planning

Career Planning

- Goal Setting and Career planning
- Resume writing
- Guest Speakers
- **NAVIANCE Program**
- Enrichment Programs

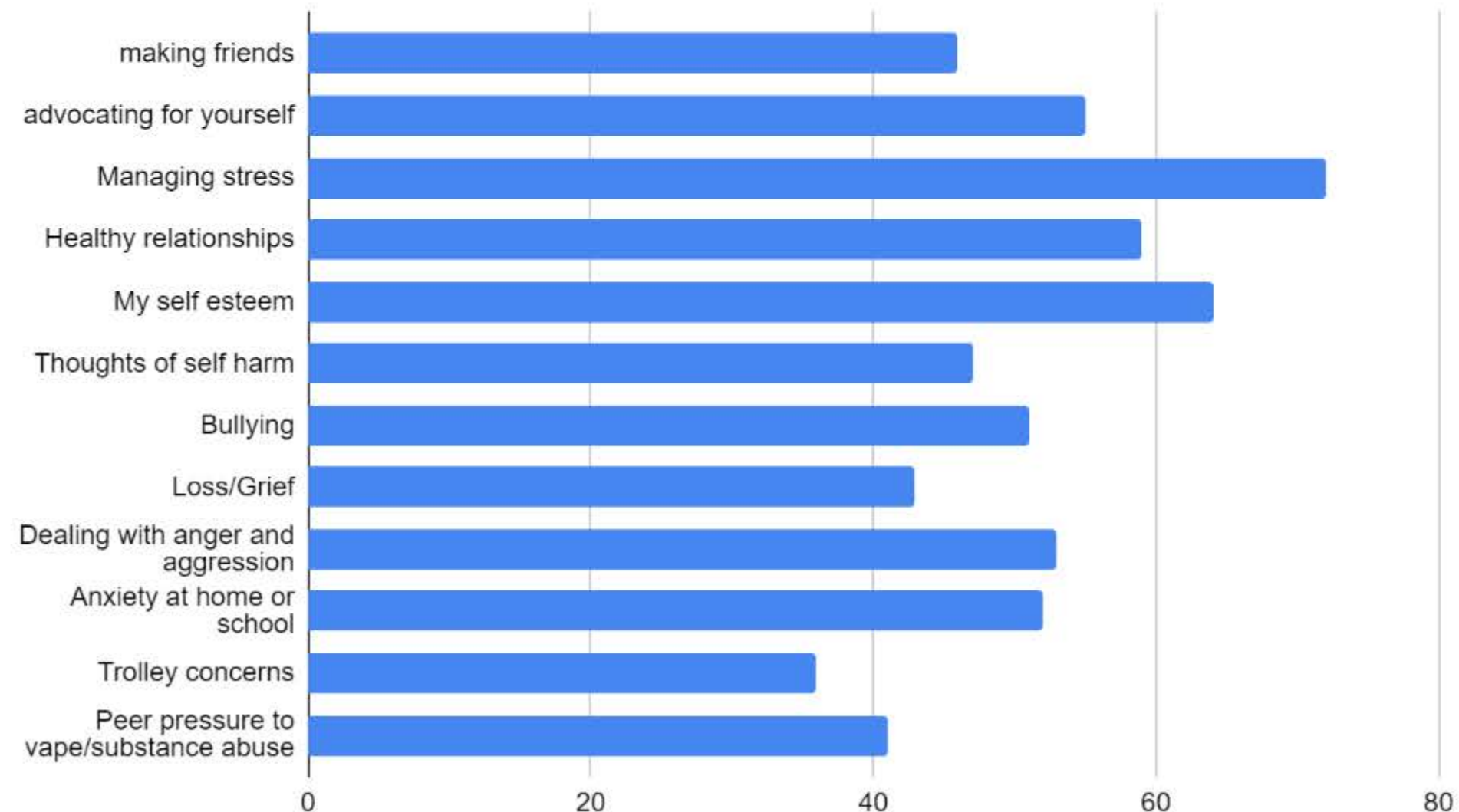
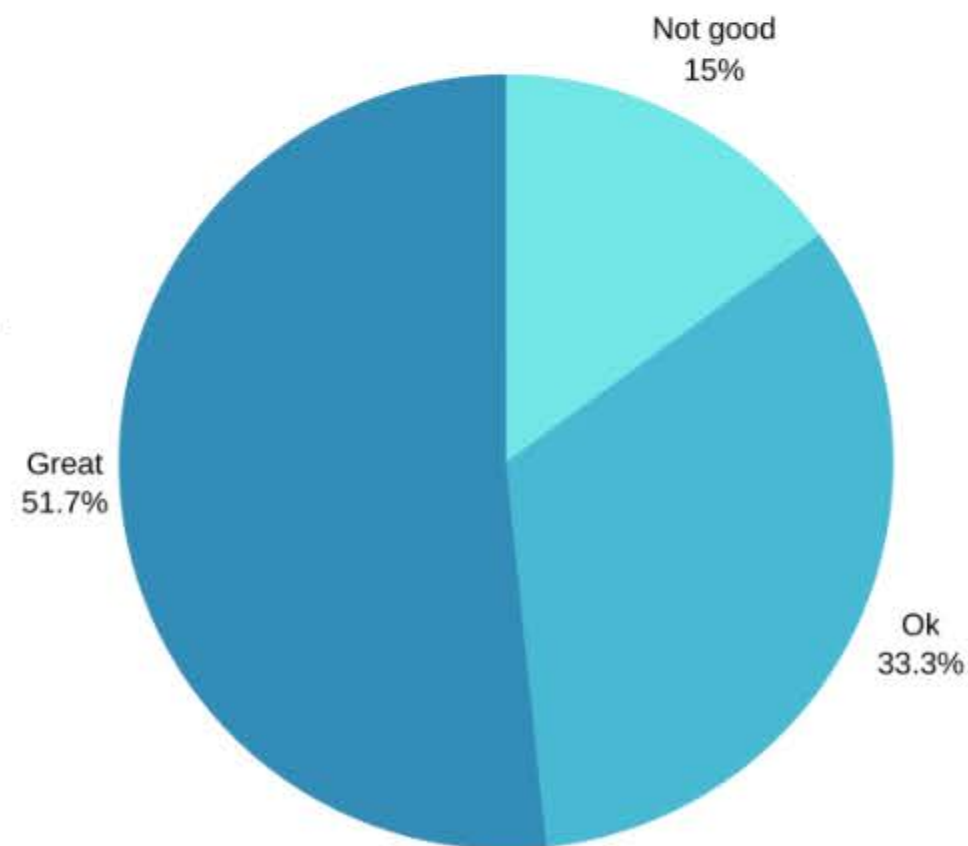
College Advising

- College Exploration
- College Application Assistance
- College Visits
- Financial Aid Workshop
- Scholarship Information

School Counselor Needs Assessment

Since returning to in person learning post online learning during the pandemic, students social emotional needs have been up 40%. Counselors push out a needs assessment to drive services for the school year.

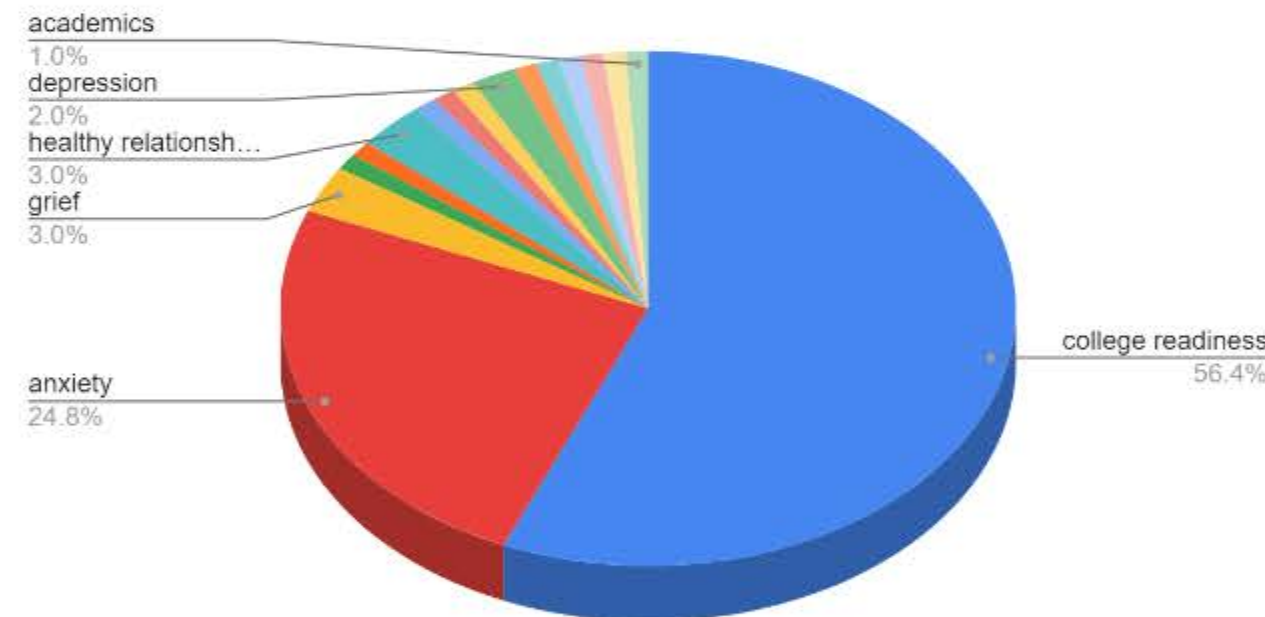
Student Communicated Well Being



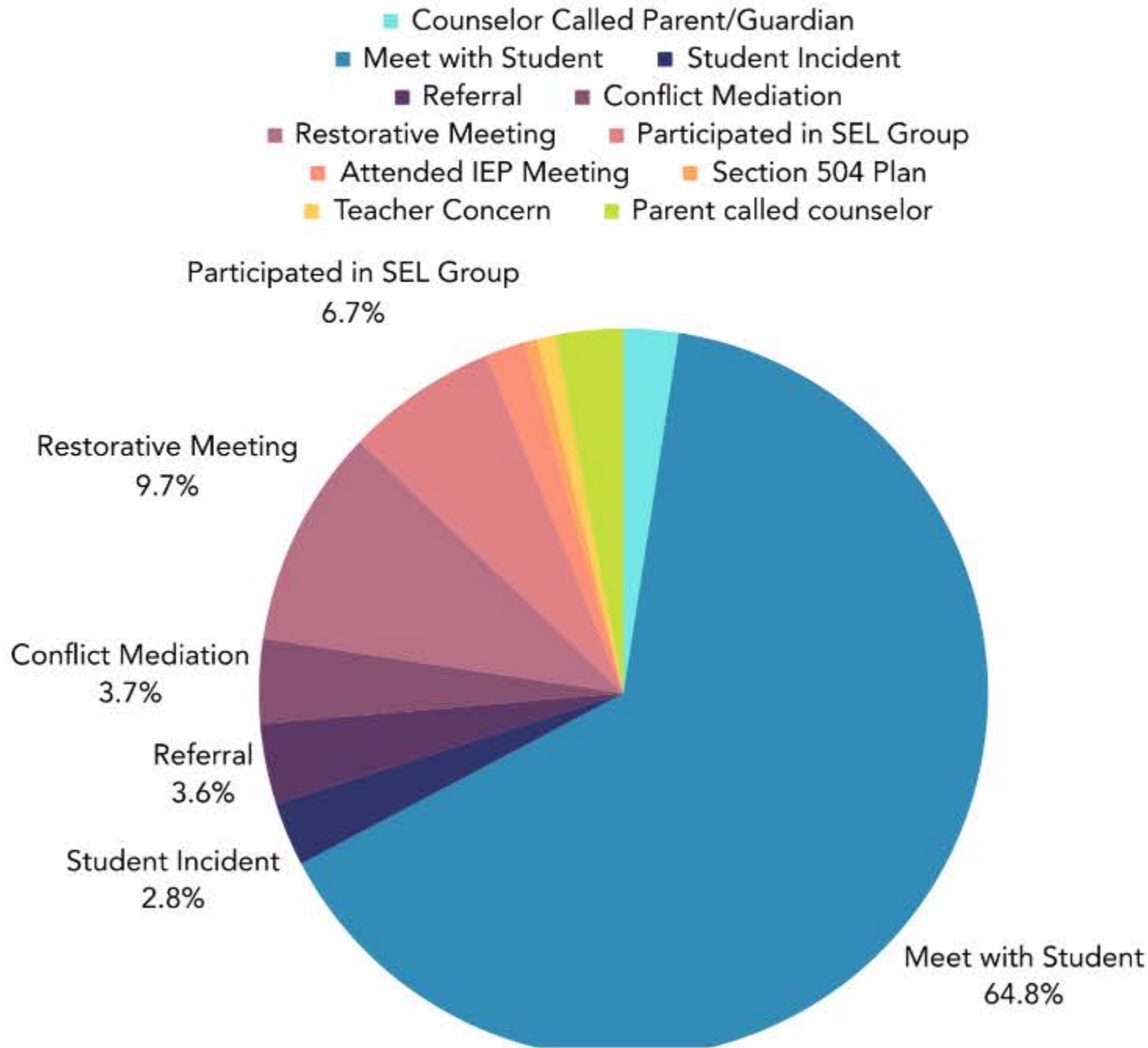
Needs Assessment

School Counselors have used the needs assessment to do; personalized success plans, student focused groups, advisory classroom presentations, support grade level informationals, as well as bring in community organizations to talk about issues or topics of interest. This includes:

- Respecting one another
- Grade Level Presentations
- Girls/Boy Self Empowerment
- High School Kick Off
- NCTRC presentation
- Academic Motivation
- Social Skills
- Mental Health Presentation with FSS
- Presentations from UCSD Child and Adolescent Psychiatry with FSS



School Counseling Services so far this year



This data was pulled from our student information system, Aeries.

Services Preuss School Counselors have provided to students so far this school year.

Who To Contact

Social / Emotional Issues

(Bullying, gossip, depression, etc.)

UP Teacher

School Counselors:

Ms. Cobbs, Ms. Patrick, Ms. Silva

Vice Principals:

Ms. Agliam, Ms. Brown

Family Support Specialists

Ms. De La Rosa, Ms. Panagos

Academic Concerns

(Class change, failing class, etc.)

UP Teacher

School Counselors:

Ms. Cobbs, Ms. Patrick, Ms. Silva

Vice Principals:

Ms. Agliam, Ms. Brown

College or Scholarship Questions

(Application, Financial Aid, etc.)

UP Teacher

School Counselors:

Ms. Cobbs, Ms. Patrick, Ms. Silva

College Advisor

Ms. Bandy

Discipline Problems

(Theft, rumor of a fight, etc.)

UP Teacher

Principal

Dr. Steitz

Vice Principals:

Ms. Agliam, Ms. Brown

Attendance and Transportation

Attendance and Transportation Coordinator

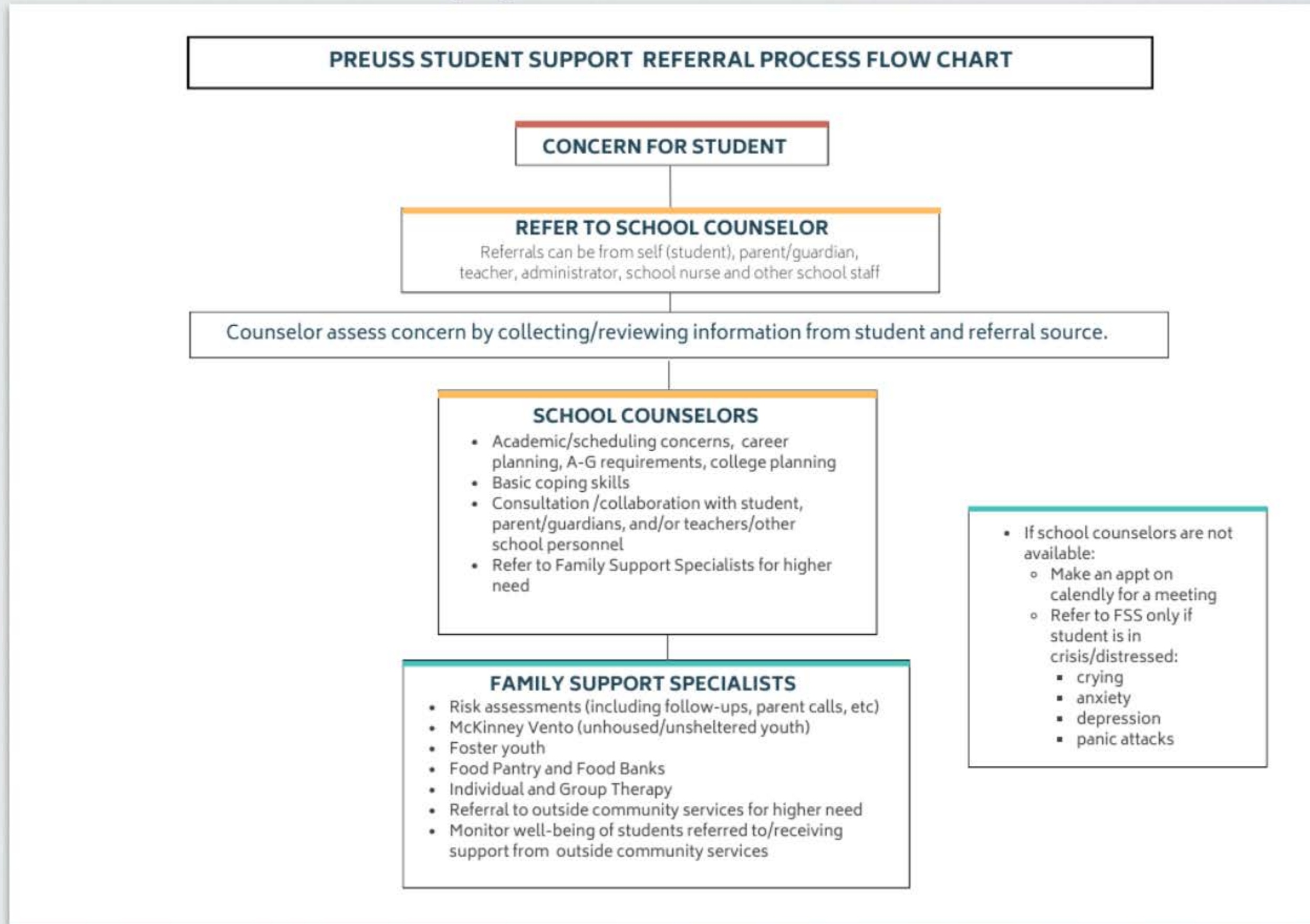
Ms. Villanueva

Executive Assistant
Mr. Boris

Administrative and Health Office Assistant
Ms. Allie

General Questions

Student Support Services Flowchart



Have any questions or concerns.



CƠ HỘI TUYỆT VỜI CỦA PHỤ HUYỀNH



BÁN ĐỒ ĂN NHẸ THỨ SÁU CỦA PTA

**Thứ sáu hàng tuần sau giờ học
4:00 chiều - 5:00 chiều**

**Trợ giúp sắp xếp, bán đồ ăn nhẹ, xử lý
tiền mặt và dọn dẹp**

**Isabel Yañez (Ủy ban Khách sạn)
isabelyanez1398@gmail.com**



KHÁM PHÁ BÃI TRIỀU @ CÔNG VIÊN QUỐC GIA CABRILLO

**Thứ Tư, ngày 13 tháng 12
12:30 trưa - 4:00 chiều**

**3 phụ huynh đi kèm để giúp đỡ lớp 13 học sinh
Cô Ackerman - Lackerman@ucsd.edu**



XÃ HỘI TRUNG HỌC CƠ SỞ: XỨ SỞ KẸO MÙA ĐÔNG

**Thứ Sáu, ngày 15 tháng 12
1:30 chiều - 4:15 chiều**

**Thêm 2-3 phụ huynh tình nguyện giúp đỡ
với việc thiết lập, giám sát, các hoạt động,
và dọn dẹp**

Cô Alcantar - mewiedemeier@ucsd.edu



CẢM ƠN BẠN ĐÃ ĐẾN!



Đại hội PTA tiếp theo: Ngày 6 tháng 1 năm 2024 @ 9:30 sáng

Cuộc họp Ban điều hành PTA tiếp theo: Ngày 9 tháng 1 năm 2024 @ 5:00 chiều