



PTA GENERAL MEETING

December 9, 2023

PTA ANNOUNCEMENTS





PTA BOARD & COMMITTEES

Executive Board

President - Ana Gonzalez

Vice President - Blanca Angel

Treasurer - Lizbeth Garcia

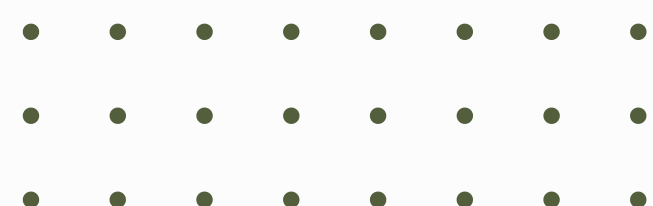
Secretary - VACANT

Committees

Memberships - Andrea Briones

Historian - Lourdes Garcia Chepe

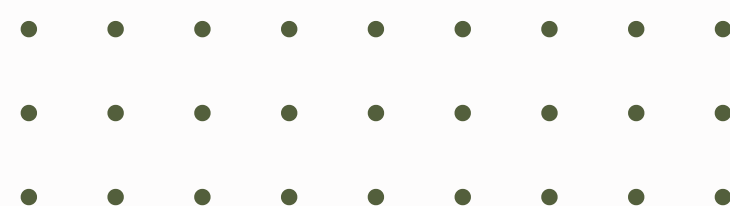
Hospitality - Maria Isabel Yañez



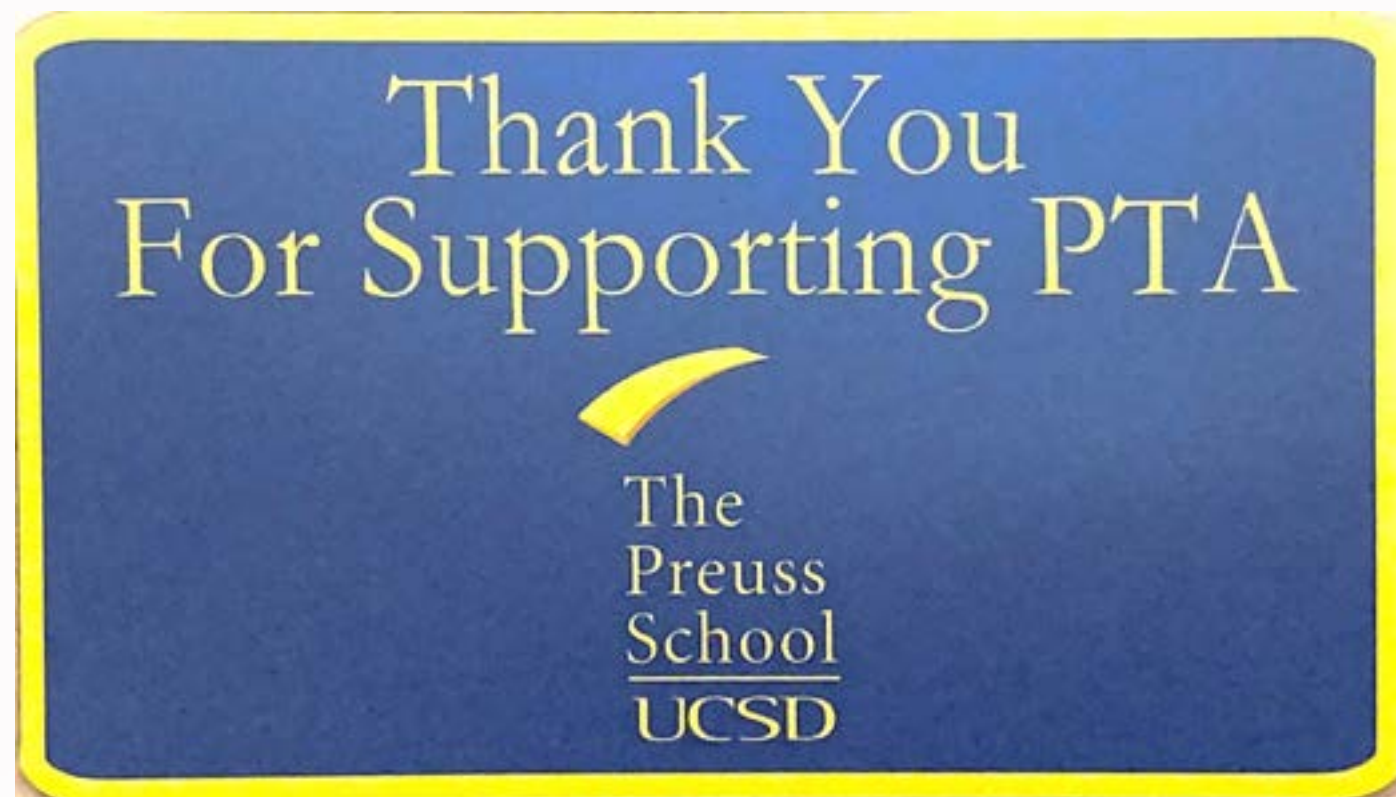
PTA MEMBERSHIPS



- **Memberships can be bought in person with cash or check**
- **Memberships bought online have to be paid with a credit card**
- **Can make a donation (12th grade, clubs, etc.) while buying the membership**



MEMBERSHIPS CONTINUED



- **A way to support the PTA**
- **Write check payable to:**
 - **The Preuss School UCSD PTA**
- **\$12 per membership, \$13 online**
- **Anyone can become a member!**
- **Drop off envelope with membership dues, your name, child's name & grade at the front office, or send with your child**

Membership cards are sent home with your scholar!

PRINCIPAL'S REPORT

DECEMBER 9, 2023



“I Ride the Preuss Way” update from MTS



Attendance Challenge Winner for October 8th Grade!! Thank you PTA

CONGRATULATIONS!

ICE
CREAM
TIME



Class of 2024
**CSU/UC
Submit Day**



UC Apps - Done!
CSU Apps - Done!
Private School Apps -
In Progress!

AND...

50% of the Senior Class
has already been accepted
into a college

And one student has
received the Questbridge
College Match – A Full Paid
admission to *Swarthmore
College!*



SWARTHMORE



Jackie Le Preuss '20

- **Founded in 1864**
- **Swarthmore, Pennsylvania, 11 miles southwest of Philadelphia**
- **Private, nonsectarian, liberal arts with engineering**
- **Tuition, Room, Board, Student Activity Fees -**
 - **\$81,376 per Year!**



Career Exploration Field Trip 10th Graders - November 16 Petco Corporate Headquarters



Doc For A Day- UC San Diego Medical School

Nov. 4



Upcoming Events

Homecoming, December 14, 2023 (Liontree Arena)

Middle School Dance - December 15, 2023 (Candy Land)

Preuss Holiday Breakfast Extravaganza - December 15, 2023



STUDENT SUPPORT SERVICES



THE PREUSS SCHOOL
UC SAN DIEGO
STUDENT SERVICES DEPARTMENT

Parent Meeting
Saturday, December 9, 2023

Your School Counseling and Family Support Specialist Team



Ms. Silva
Students w/last
name: A-GE
s3 silva@ucsd.edu
(858) 822-2002



Ms. Cobbs
Students w/last
name: GF-NG
acobbs@ucsd.edu
(858) 822-0409



Ms. Patrick
Students w/last
name: NH-Z
empatrick@ucsd.edu
(858) 822-0996



Ms. Bandy
College
Advisor
sbandy@ucsd.edu



Ms. De La Rosa
Family Support
Specialist, LCSW
ardelarosa@ucsd.edu
(858) 822-1484



Ms. Wendy
Family Support
Specialist, LMFT
wpanagos@ucsd.edu
(858) 822-0462

*The mission of the Student Support Services Team is to offer **guidance** and **support** in:*

- **Academics***
- **Personal/Emotional Issues***
- **Social Issues***
- **College/Future Planning***

Academic Assistance

- Monitor academic progress /grade checks
 - *Report Cards- please refer to Grade Reporting Calendar (see student planner)*
 - *“At-Risk” student support (below 2.5 GPA)*
 - **SEA**, tutoring, academic progress meeting
 - If a student receives a D or F in a high school English or Social Studies course, and/ or needs elective credits they will attend summer school
- Encourage **tutoring** opportunities and communicating to teachers
- 4 Year Planning
- Classroom presentations
- Course selections
- Scheduling

Personal/Emotional Support

- Stress (Healthy coping)
- Grief and loss
- Crisis
- Anger Management
- Loss of motivation
- Unhealthy relationships and friendships
- Restorative Conversations
- Anxiety and depression
- Family related concerns
- Any situation or issue that requires our assistance and support.

FSS services and events

- Mental Health Services:
Individual therapy
- Community referrals
- Crisis Response/Support
- Staff training and presentations
- Resources (Housing, Immigration, Health/Mental, Food Insecurity, Supplies - school/hygiene, etc)
- California Healthy Kids Survey
- Student/Family Homeless Liaison/ McKinney Vento
- Feeding San Diego Food Distribution (1-2x a month)
- School wide Mental Health presentations
- Clothes Drive 12/9 (Today)

Social Concerns

- Assist with transitioning to Preuss, new grade levels and courses
- Peer relationships and friendships
- Social skills
- Managing emotions
- Develop coping skills
- Anxiety/test anxiety
- Problem Solving
- Conflict resolution

College/Future Planning

Career Planning

- Goal Setting and Career planning
- Resume writing
- Guest Speakers
- **NAVIANCE Program**
- Enrichment Programs

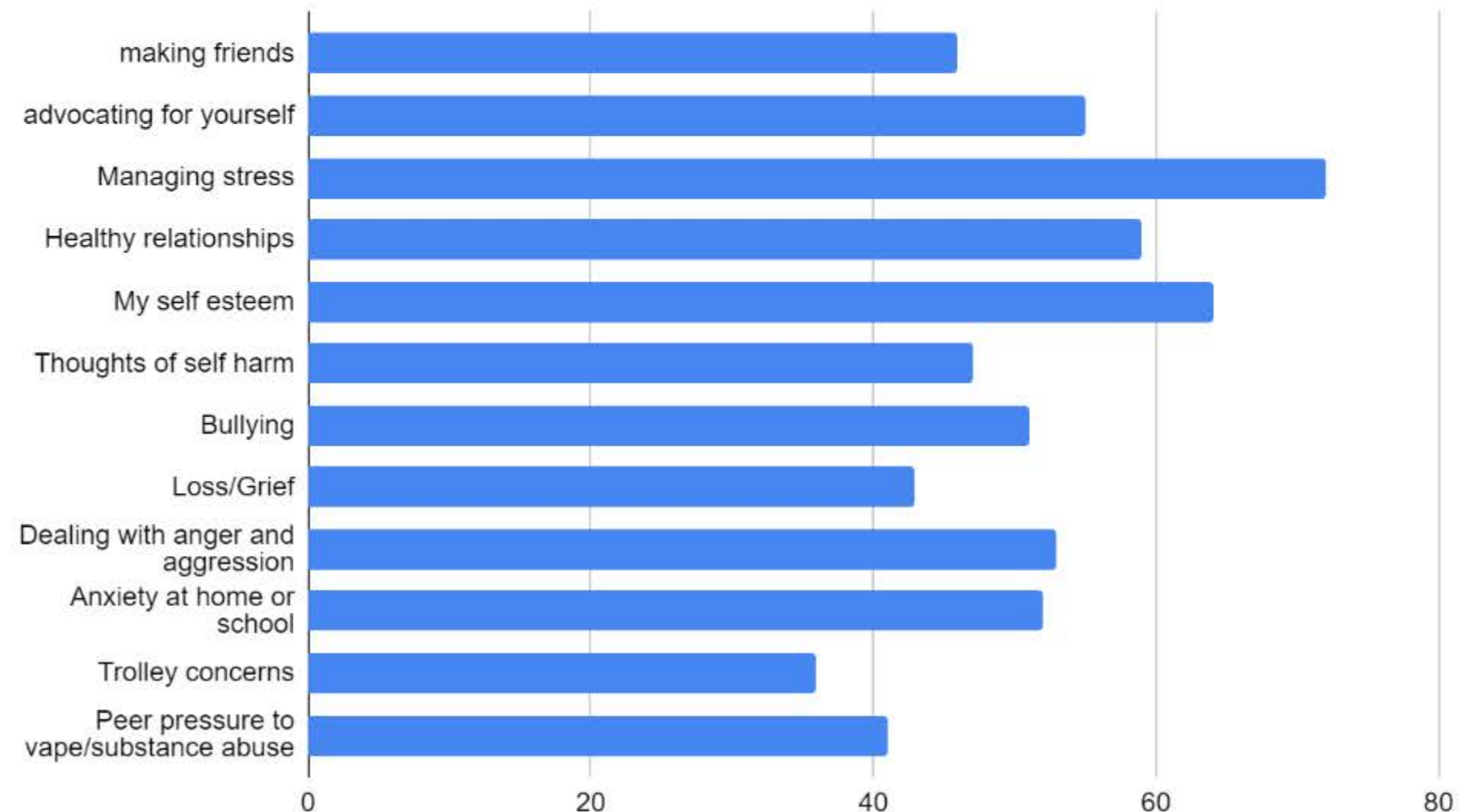
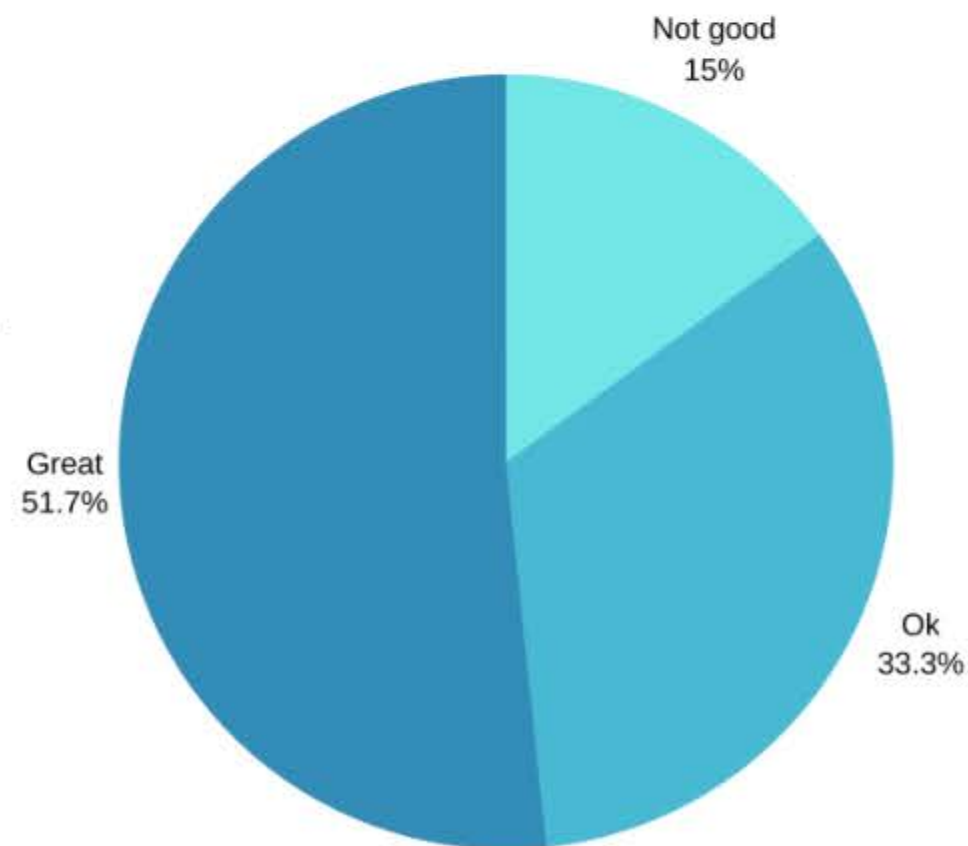
College Advising

- College Exploration
- College Application Assistance
- College Visits
- Financial Aid Workshop
- Scholarship Information

School Counselor Needs Assessment

Since returning to in person learning post online learning during the pandemic, students social emotional needs have been up 40%. Counselors push out a needs assessment to drive services for the school year.

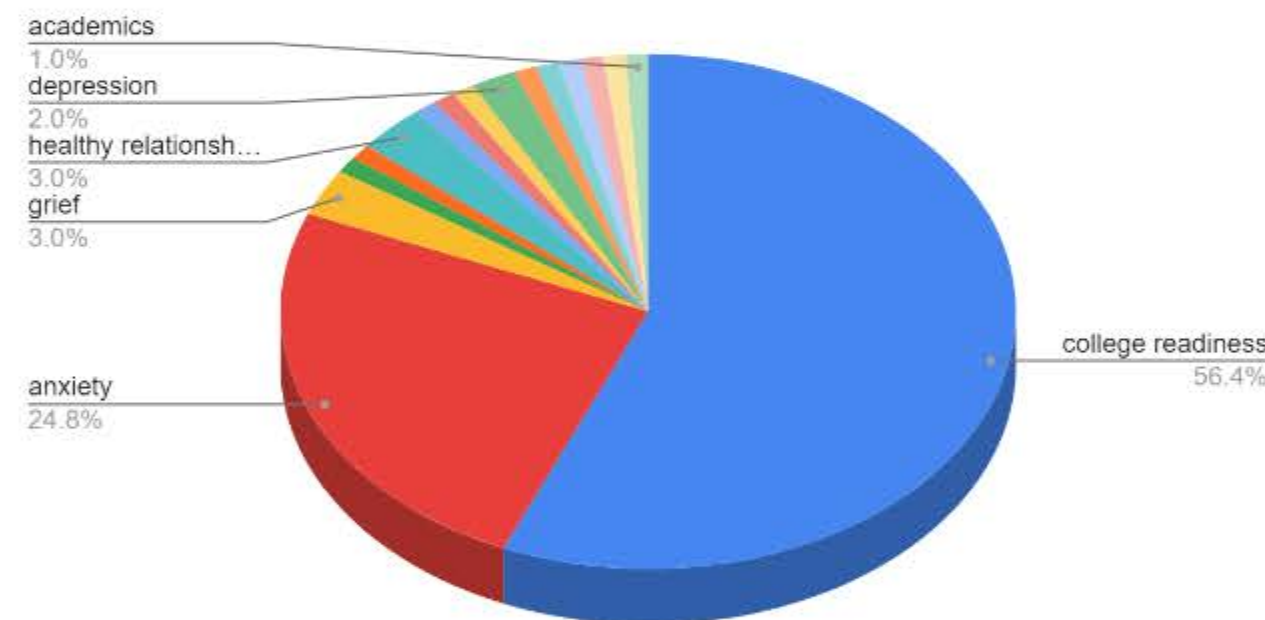
Student Communicated Well Being



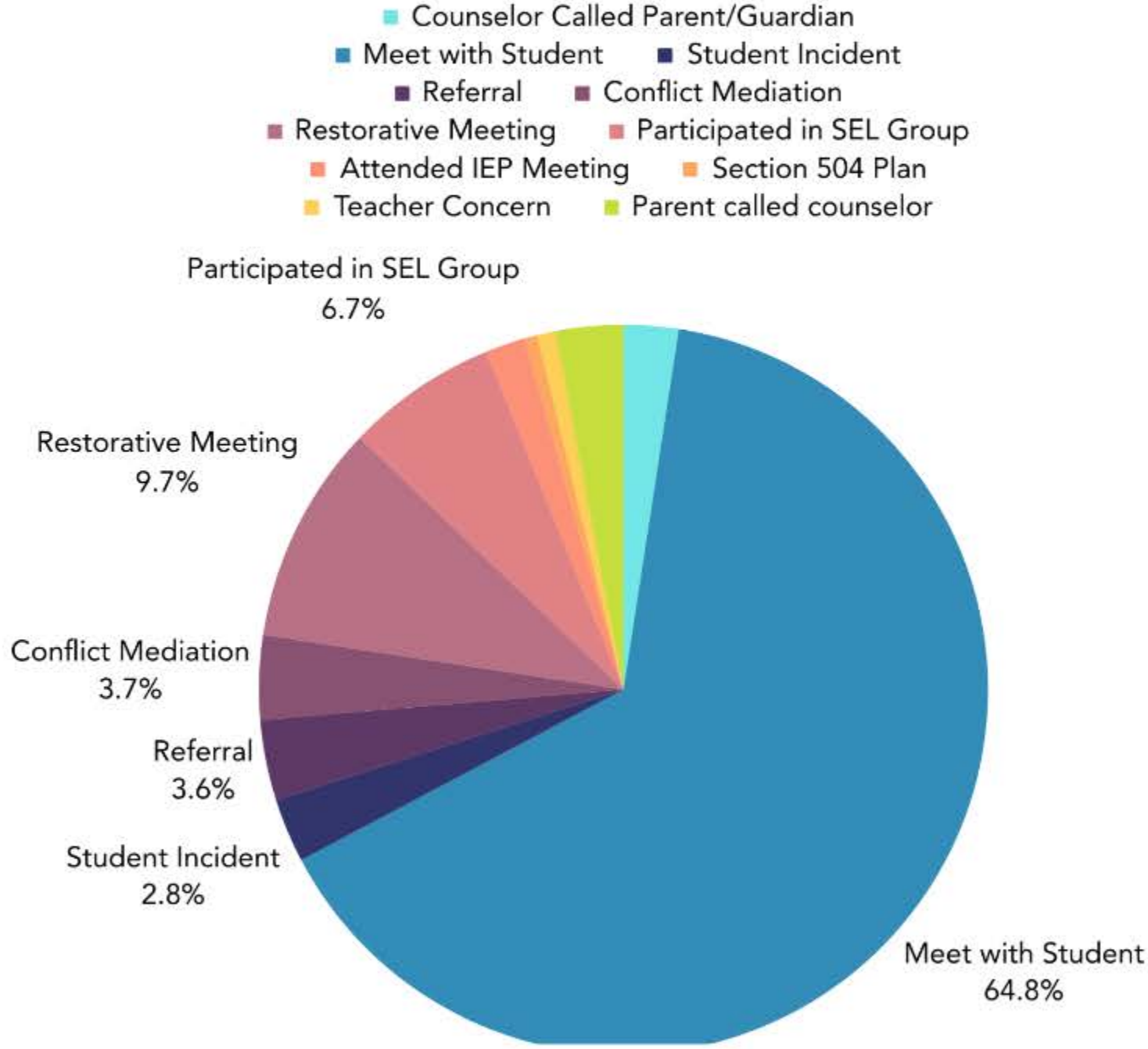
Needs Assessment

School Counselors have used the needs assessment to do; personalized success plans, student focused groups, advisory classroom presentations, support grade level informationals, as well as bring in community organizations to talk about issues or topics of interest. This includes:

- Respecting one another
- Grade Level Presentations
- Girls/Boy Self Empowerment
- High School Kick Off
- NCTRC presentation
- Academic Motivation
- Social Skills
- Mental Health Presentation with FSS
- Presentations from UCSD Child and Adolescent Psychiatry with FSS



School Counseling Services so far this year



This data was pulled from our student information system, Aeries.

Services Preuss School Counselors have provided to students so far this school year.

Who To Contact

Social / Emotional Issues

(Bullying, gossip, depression, etc.)

UP Teacher

School Counselors:

Ms. Cobbs, Ms. Patrick, Ms. Silva

Vice Principals:

Ms. Agliam, Ms. Brown

Family Support Specialists

Ms. De La Rosa, Ms. Panagos

Academic Concerns

(Class change, failing class, etc.)

UP Teacher

School Counselors:

Ms. Cobbs, Ms. Patrick, Ms. Silva

Vice Principals:

Ms. Agliam, Ms. Brown

College or Scholarship Questions

(Application, Financial Aid, etc.)

UP Teacher

School Counselors:

Ms. Cobbs, Ms. Patrick, Ms. Silva

College Advisor

Ms. Bandy

Discipline Problems

(Theft, rumor of a fight, etc.)

UP Teacher

Principal

Dr. Steitz

Vice Principals:

Ms. Agliam, Ms. Brown

Attendance and Transportation

Attendance and Transportation Coordinator

Ms. Villanueva

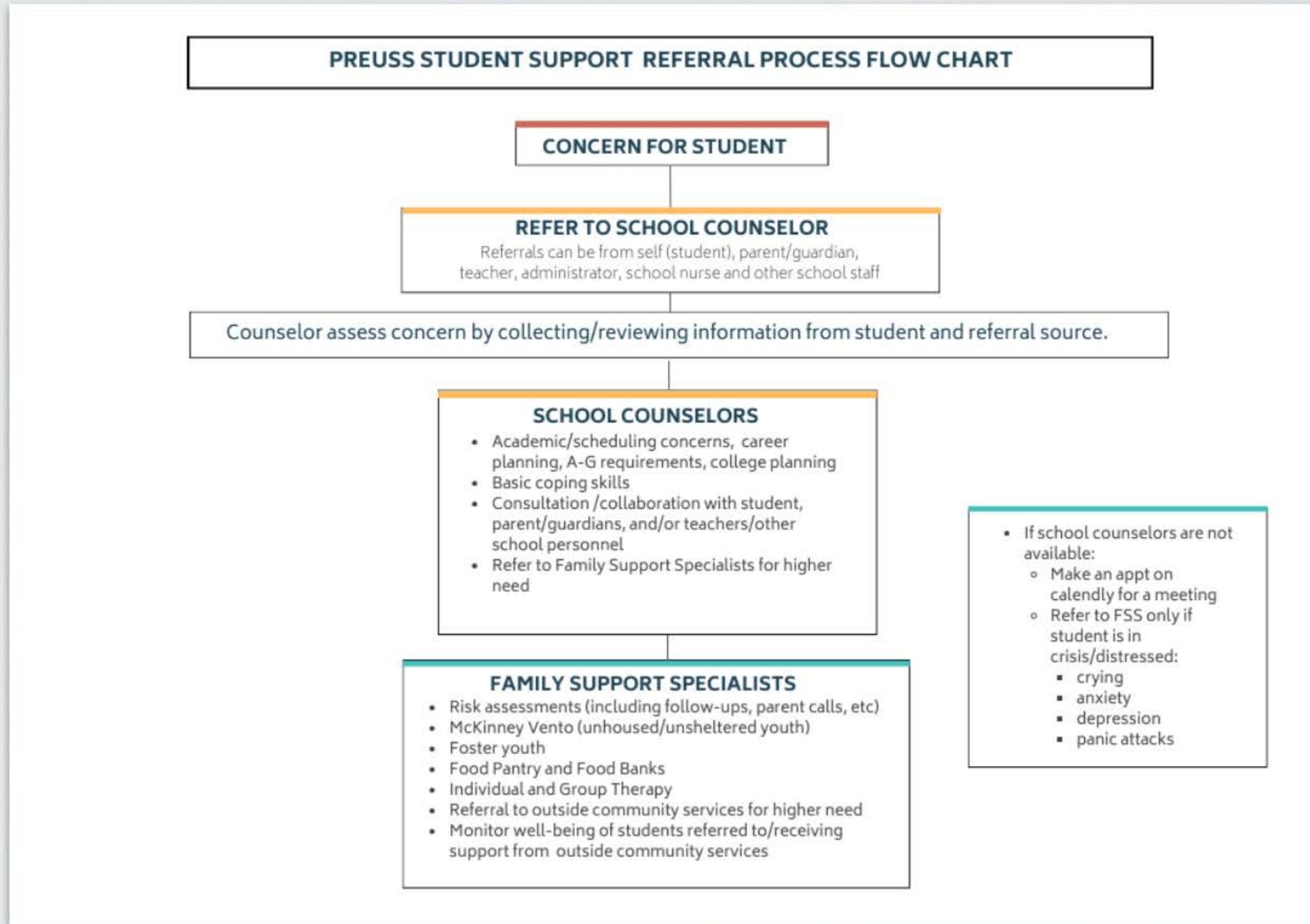
Executive Assistant
Mr. Boris

Administrative and Health Office Assistant
Ms. Allie

General Questions



Student Support Services Flowchart



Have any questions or concerns.



PARENT VOLUNTEER OPPORTUNITIES



PTA FRIDAY SNACK SALES

**Every Friday after school
4:00pm - 5:00pm**

**Help with set up, selling snacks,
handling cash, and clean up**

**Isabel Yañez (Hospitality Committee)
isabelyanez1398@gmail.com**



INTERTIDAL EXPLORATIONS @ CABRILLO NATIONAL PARK

Wednesday, December 13

12:30pm - 4:00pm

**3 parent chaperones to help with class
of 13 students**

Ms. Ackerman - Lackerman@ucsd.edu



MIDDLE SCHOOL SOCIAL: WINTER CANDYLAND

**Friday, December 15
1:30pm - 4:15pm**

**2-3 more parent volunteers to help
with set up, supervision, activities,
and clean up**

Ms. Alcantar - mewiedemeier@ucsd.edu



THANK YOU FOR COMING!



Next PTA General Meeting: January 6, 2024 @ 9:30 am

Next PTA Executive Board Meeting: January 9, 2024 @ 5:00 pm