INSIGHT NEWSLETTER

MAY-JUNE 2024

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Words from the Principal

by Dr. Steitz

Dear Preuss School UC San Diego Parents and Guardians,

As we approach the end of another remarkable academic year, I am filled with immense pride and gratitude for the dedication and achievements of our scholars, teachers, staff, and families. Together, we have navigated through challenges and celebrated numerous milestones, and it is with great pleasure that I share some important updates and events as we culminate the year.

I am thrilled to announce that our scholars have completed their Advanced Placement (AP) testing, demonstrating their commitment to academic excellence and readiness for higher education. This week, we will complete our state testing week, held from May 28th to May 31st, another opportunity for our scholars to showcase their skills and knowledge. Our seniors recently celebrated a memorable evening at The Abbey on 5th Street during their prom, creating lasting memories and bonds as they prepare for the next chapter of their lives. We are grateful for the support of our community in making this event possible.

As we approach the final stretch of the school year, please take note of the following important dates:

- · Senior Finals: June 10th & 11th
- · Grades 6th-11th Finals: June 10th June 13th
- · 8th Grade Celebration of Learning and Minimum Day: June 17th
- Graduation Ceremony: June 17th at the Epstein Family Amphitheater, beginning at 4:00 pm

We encourage all parents and guardians to mark these dates on their calendars and join us in celebrating our scholars' achievements. I sincerely thank each of you for your unwavering support throughout the year. Your partnership is invaluable, and through our collective efforts, we can provide our scholars with the tools and resources they need to succeed. As we reflect on the past year's accomplishments, let us also look forward with optimism and enthusiasm for the opportunities that lie ahead. We will continue to inspire excellence and empower our scholars to reach their fullest potential.

Again, Thank you for your continued support and dedication to the Preuss School UC San Diego community. Wishing you a wonderful end to the school year and a restful summer break.

With warmest regards,

Dr. Matthew Steitz Principal, The Preuss School UC San Diego







NOTES FROM

ATTENDANCE

Dear Parents,

I would like to take this opportunity to emphasize the value of daily attendance for student learning.

As a reminder we ask parents to plan time off from school in accordance with our school calendar. We urge students and families to avoid absences before and after the scheduled breaks. The last day of school is June 17th, and we are looking forward to seeing all of our scholars' smiling faces to celebrate the end of the academic year.

Regular attendance is critical to a student's success in school. Students who are frequently absent miss social interaction and direct instruction from teachers, even if written assignments can be made up.

As long as your child is healthy, please support the school by sending your student to attend class. If your child is struggling and needs support, please reach out to our nurse and counselors who can provide you with resources to better support your family. At the Preuss School, we are all committed to help your child learn, thrive, and succeed.

Thank you for your support. Please reach out for any questions or concerns regarding attendance.

Sincerely,

Allison Lee, Attendance and Transportation Coordinator

Verification of Absences

Parents are required to verify an absence by calling or sending a note to the attendance office in order to validate the reason for the student's absence. You can report your child's absence to Ms. Allie Lee at (858) 822-0311 or e-mail to attendance@preuss.ucsd.edu. If you verify an absence through ParentSquare, please make sure you clear the absence on the day the student missed school.

Parents may call to verify a child's absence up to 72 hours after the child has been absent. Absences that are not verified will be considered unexcused absences. After our attendance month accounting cycle closes, unexcused absences due to no verification cannot be changed.







STUDENT SERVICES AND

COUNSELING DEPARTMENT

Spring 2024

Dear Preuss Families,

The Counseling team has had a busy college season and is excited for the upcoming Graduation! Read more about all of the great things seniors have been doing! As summer approaches we hope you all have a great end of the 2023-2024 School year and a wonderful Summer break!

Finals Week and Report Cards

Counselors have been meeting with sophomores and juniors, to discuss their grades, transcripts, top college choices and personal strengths. A small handful will need to attend summer school to graduate on time, please check in with your students' counselor if you are unsure if they need to attend summer school.

Summer School

Summer School will be June 20th-July 12th from 9am - 3pm on campus in person. Summer school is for students in high school that need to do credit recovery. If your scholar received a D or an F in a social studies, english class, PE, or an elective course they need to attend. If a student needs to attend summer school, their counselor will reach out to them directly, and parents/ guardians will need to complete a permission slip.

Finals Stress Down

The Counseling team will be supporting scholars through finals week by providing infused water that will promote hydration, focus, vitamin c, antioxidants, and so much more, along with snacks before school. Finals week is June 10-June 14.

<u>Upcoming Events</u>

- 6th and 7th grade awards: June 14, 2024
- · Senior Awards: June 6th, 2024
- 8th grade Awards and Exhibition: June 17th, 2024
- · Graduation: June 17, 2024



Race to Submit is a statewide campaign that aims to increase the number of financial aid applications for California high school seniors who complete and submit the Free Application for Federal Student Aid (FAFSA) or the California Dream Act Application (CADAA). This year the FAFSA changed their application making it difficult for students and families to apply. Our staff joined together in supporting our students and made sure all of our students submitted their FAFSA by the May 2nd deadline!

SIR(Statement of Intent to Register) Day:

On May 17th, the Preuss counselors, College advisor and Senior advisory teachers celebrated the annual College Signing Day originated by Michelle Obama. Seniors presented their college pennants representing their paths.



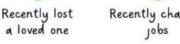
STUDENT SERVICES AND

COUNSELING DEPARTMENT (cont.)

May is Mental Health Awareness Month

THIS MENTAL HEALTH AWARENESS MONTH. CHECK IN ON SOMEONE WHO...







Goes quiet often



Never asks for help



Recently changed



Is always keeping busy



Comes across as "strong"



Just ended a relationship



Is there for everyone else

MENTAL HEALTH REMINDERS

It's okay to not be okay

Your voice matters

Live your truth

The right people will

0

Be kind to yourself

You are never alone This is a stressful time for scholars, please check in and uplift them if they seem overwhelmed or stressed. Encourage them to do their personal best, and communicate to the school if you notice your scholar needs extra support.

MAYIS MFNTAL HEALTH AWARENESS

MONTH





YOUR SCHOOL **COUNSELORS WANT TO** MAKE SURE YOU ARE TAKING CARE OF YOUR **MENTAL HEALTH**

PRACTICAL TIPS FOR EVERYDAY WELL-BEING

MENTAL HEALTH IS JUST AS IMPORTANT AS PHYSICAL HEALTH, IT AFFECTS HOW WE THINK, FEEL, AND ACT. TAKING CARE OF OUR MENTAL HEALTH IS ESSENTIAL FOR OVERALL WELL-BEING. HERE ARE SOME PRACTICAL TIPS TO HELP YOU MAINTAIN GOOD MENTAL HEALTH.

PRACTICE SELF-CARE. TAKE TIME TO DO

THINGS THAT YOU ENJOY, SUCH AS READING A BOOK, TAKING A WALK, OR SPENDING QUALITY TIME WITH FRIENDS. PRIORITIZING SELF-CARE CAN HELP REDUCE STRESS AND IMPROVE MOOD.

CONNECT WITH OTHERS. HAVING A SUPPORT SYSTEM IS CRUCIAL FOR GOOD MENTAL HEALTH, REACH OUT TO FRIENDS, FAMILY, ADVISORY TEACHER. SCHOOL COUNSELOR, FSS OR TRUSTED ADULT IF YOU NEED TO TALK OR

RECEIVE GUIDANCE.

Yearbook End of Year Sales

Dear parents and students, we would like to inform you about the end of the year sale that is going to happen from Wednesday June 12 to the end of the school year on Monday June 17. Sales will happen in front of the Walton Center for all days except the last day of school which will be sold in front of the school. We only accept cash and no bills over \$20. We will also be having our previous books on sale for 5 dollars, (all books except last year's book). Make sure to come and get your book!!

Estimados padres y estudiantes, nos gustaría informarles sobre la venta de fin de año que se llevará a cabo desde el miércoles 12 de junio hasta el final del año escolar el lunes 17 de junio. Las ventas se realizarán frente al Centro Walton para todos. días excepto el último día de clases que se venderá frente a la escuela. Sólo aceptamos efectivo y no billetes de más de \$20. También tendremos nuestros libros anteriores a la venta por 5 dólares (todos los libros excepto el del año pasado). ¡¡Asegúrate de venir a buscar tu libro!!







SIXTH GRADE CAMP

by Alexa Lomberg

The 6th graders enjoyed their time at YMCA Camp Marston in Julian, thanks to the generosity of the Pincus Family Foundation. The students participated in activities like hiking, archery, candle-making, and learned about survival skills, ecology, the water cycle, and conservation, among many other topics! They did a great job spending 4 nights in a cabin, collaborating with their peers, and navigating a new environment.



PREUSS STUDIO

STATIC

from the Visual and Performing Arts Department

Belmont Blooms!

As we round out another Epic year at Preuss, we are celebrating the accomplishments of all our artists and especially our seniors! AP Studio artists have submitted their portfolios, AP art Historians have completed their test and we are putting together portfolios of artworks to send home!

Studio II artists were given another amazing opportunity from Belmont Park to create artwork for their Belmont Blooms event! Artists were tasked to collaborate on an Earth Day "Sustainability" installation. Our students focused on recycled materials and highlighting both above on the land and beach as well as below. By incorporating a bright color palette, they were able to lure the audience into their narratives highlighting the anthropogenic effects on these environments. From the deleterious effects of fast fashion and the fabrication of denim creating pollutants, to the plastic island, micro plastics and the plight of marine life that consumes that plastic or gets injured from entanglement in the plastic, students co created a localized interpretation of a day at the beach, complete with sandcastle! Every artist created a part of the installation from the Dale Chihuly inspired flowers made from recycled water bottles to the gyotaku fish prints! Senior Mali Shah and junior Christian Juarez accompanied Ms Noorzay to install the work. It remained up for viewing for nearly a month, and students were awarded a day pass to Belmont for their efforts.



PREUSS STUDIO

STATIC (cont.)

We had a whopping 32 submissions to the San Diego County Fair (formerly the Del Mar Fair) and each student who participated has a ticket waiting for them at Will Call for entrance to the Fair on the day of their choice. These submissions were from Studio I- AP Studio. The last of our art projects include the delightful mini coral reefs that include research into global warming, ocean acidification, and the decline of our reefs internationally, and how we can try to reverse the death of coral reefs and the biomes they support.





Our final performance of the year, 5th annual Jazz June concert and art event will be on June 5, 2024 and includes an exciting lineup of vocalists and musicians. Our composition students focused on the Bebop era, but the performances run the gamut of jazz genres. Narrated by drama students, vignettes of jazz legends will weave in and out of the musical and vocal performances, along with a display of portraits of jazz artists created by studio students. The live jazz ensemble uplifts the community and brings a sense of ease and celebration to these last weeks on campus.

Finally, AP Studio artists are leaving their legacy behind on stools and ceiling tiles (depicted left and below).

As we wrap up the year, we are grateful for the support of all our community partners: Art of Elan, artist Jay Wolfe Schlossberg Cohen, musician in residence Diego Rodriguez, La Jolla Symphony and Chorus, Belmont Park, La Jolla Playhouse, San Francisco Jazz, The San Diego County Fair, Torrey Pines Reserve, San Diego Museum of Art, and Youth Art Month, without whom we could not offer such diverse, real world opportunities adding increased rigor and richness to our student's experiences!



FROM THE

VOLUNTEER COORDINATOR

THANK YOU TO OUR VERY **INVOLVED PARENTS!**

PARENT APPRECIATION BREAKFAST: MAY 18. 2024

PTA BOARD & CHAIR MEMBERS

- BLANCA ANGEL
- ANA GONZALEZ
- LIZBETH GARCIA
- DARLYNNE NEBRIL-BUTCHER
 LOURDES GARCIA CHEPE
- MARIA ISABEL YANEZ
 ANDREA BRIONES

PARENTS WITH 25+ HOURS

- SABA ABGAZ
- HAIMANOT ZERIHUN
- PIEDAD YANEZ

PARENTS WITH 15+ HOURS

- SOLEDAD TRINIDAD
- OLGA TORRES JIMENEZ
 BINNIE VO
- MARIA XOCHITL RENDON
 YADIRA CAMACHO

- WENDY RODRIGUEZ

PARENTS WITH 10+ HOURS

- LORENA KERR
- FELICITA OSORIO
- GRACIELA MARTINEZ
- ERIKA GUARDADO
- AMALIA GARCIA
- ELDA RUBI

- NANCY MACEDA
- RASHMI SHRESTHA
- TEGESTY NETSERE
 - DIOSELINA LOPEZ
 - HAI LE
 - LEYDIANA DOMINGUEZ
- ALBA HERRERA DE MERAZ
 - DOLORES JIMENEZ
 - JUDITH CELEDONIO
- JEANNETTE ESPINOZA
- DANIEL PEREZ
- JAVIER NAJERA MEJIA
- NAEEMA HAGAR
- MICAELA AGUILERA
- MARIA DE JESUS NAJERA



WHISPERS FROM

THE LIBRARY

Summer Reading is in the Air!!

Opportunities:

- 1. Sora Sweet Reads May 13th-August 26th We also have eBooks available for all students through Sora. Download the Sora app on your phone or go to soraapp.com and use your school ID to login
- 2. Free access to eBooks through Open eBooks
- 3. Read-Renew-Repeat: San Diego Public Library Summer Reading Program, begins June 1st. We will have librarians here from the North University Community branch during MS and HS lunch on June 5th to sign students up for the program.

We hosted our Scholastic BOGO book fair in April. Thank you to all those who purchased books and supplies.

It is time for students to return all materials. All computers, chargers and hotspots will also be collected. Each student is responsible for returning all items checked out under their name.

All library books are due by Friday, June 7th

- All textbooks are due by Friday, June 14th. Textbooks may be turned in early, if no longer needed for class
- All 6th and 8th graders must keep their Wordly Wise workbook for the next school year.
 All chrome books, laptops, chargers and hotspots will also be collected by Friday, June 14th. All devices must be updated over the summer. If your student is in summer school we will check out a device on the first day of summer school.

At the beginning of the school year, we announced to all students if there was any damage in their textbooks to bring it to our attention to make a note so the student is not held responsible for the damage. We will be charging students at least \$5.00 if the damage is beyond the normal wear and tear. Students remove any papers/post-its, erase any pencil markings or pictures and white out any ink markings that should not be there. It is important that every student treat all their textbooks with care and respect so that future classes will have access to good quality books.

All 12th grade students must turn in all devices, library and textbook materials and pay all fines before receiving their cap and gown for the graduation ceremony. All 8th grade students must turn in all devices, library and textbook materials before participating in the "Celebration of Learning" ceremony. A letter was sent home in April with all 8th and 12th grade students to be signed, informing parents/guardians of the requirements for their student to receive their cap and gown or to participate in the 'Celebration of Learning'. Any student not able to pay may volunteer hours in the library to clear their account. If you have any questions about lost textbooks/library books or devices please call us (858-822-2150). We can let you know how to take care of this matter. Thank you for your cooperation.

> Keep Reading, Ms. Nance and Ms. Gonzalez librarians@preuss.ucsd.edu

COMMUNITY

RESOURCES



Do you need help finding food, housing, health care, or other basic needs?

Call 2-1-1 to speak with a live person, 24/7. All calls are free and confidential. Dial 7-1-1 if you are hearing-impaired and ask to be connected to 2-1-1 at (858) 300-1211.

As a local nonprofit organization, 211 San Diego is the region's trusted source for information and connections to community, health, and disaster resources. Help is available 24 hours a day, 365 days a year, and in more than 200 languages. We maintain a database of more than 6,000 services and resources that are updated on a real-time basis and our Community Connectors help connect San Diegans to the accurate information they need.

We believe access to health and social services provides a foundation for individuals and families to build and sustain healthy lives, so we're collaborating with service providers in the San Diego region to build a more efficient, equitable, and accessible system that addresses the whole health of a person through integrated, personcentered care.





