

COVID-19 Protocols/Policies

Students who feel ill, students who test positive for COVID-19 or Students who have been exposed to Covid-19

- Students who feel ill should stay home and contact Preuss health office (858)822-2291. If the student will be absent, parents should contact Preuss Attendance at (858) 822-0311 to report the absence. The following symptoms are considered potential COVID-19 symptoms: fever, chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headaches, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea.
- Students who develop symptoms during the school day will be assessed in the medical tent. Students who have a chronic medical condition should have a “Certification of Chronic Medical Condition Form” completed by their physician. If the student does not have a certification form on file and/or their symptoms are not related to a chronic medical condition then they will be sent home. A PCR test and an antigen test will be performed on campus. If tests are negative, the student can return to campus once symptoms have improved AND they have gone 24 hours without fever, without use of fever reducing medication. Students will also be sent home with a COVID-19 rapid test.
- Preuss Health office uses the following decision tree to determine when students can return to campus after exhibiting symptoms. [COVID-19-Decision-Tree.pdf \(sdcoe.net\)](#). As things evolve, this tree is frequently updated by SDCOE.
- When anyone on Preuss campus tests positive for COVID-19, UC San Diego performs a case investigation. Exposed groups will receive a message on Parent Square.
- Students who are exposed to COVID-19 on or off campus should test immediately and then again 3-5 days after exposure.
- [Employee Instructions from UC San Diego](#)

COVID-19 Testing

- Preuss Health office has a stock of at-home rapid tests.
- Students who have been exposed to COVID-19 or not feeling well can pick up tests from Preuss Health Office.
- During times of increased COVID-19 cases, COVID-19 tests may be distributed to students.

- COVID-19 tests will be distributed before holiday breaks so that students can test before they return to campus.
- Additionally, at home tests are available at most pharmacies, no prescription needed. [Medi-Cal instructions for getting free tests](#). [Medicare Instructions for Free Tests](#). [Private Health Insurance Instructions](#).
- [Rapid Test Vending Machines for Employees](#)

Wastewater Monitoring

The SARS-CoV-2 virus is shed from the gastrointestinal tract and can be detected in feces early in the infection before clinical symptoms. UC San Diego’s wastewater monitoring program tests for SARS-CoV-2 virus in the wastewater outflow from buildings across the campus. The test is extremely sensitive—a sampler covering several buildings housing a hundred or more people is capable of detecting a single individual shedding virus. If you receive a [positive wastewater notification](#) for the building where you live or work, you should get tested out of an abundance of caution.

COVID-19 Vaccine Mandate

- All Students and Employees are mandated to be fully vaccinated or have a vaccine exemption on file.
- [Full policy as of 3/18/22](#).
- Vaccination Status Definitions
- What does it mean to be fully vaccinated? *You have received a booster shot and it has been 7 days or more since your booster shot, or You have received the complete initial vaccination dose(s) and you are not yet eligible for a booster.*

Masking

General Guidelines for Masking Indoors

Masking is currently required indoors in the following areas:

- In the health office
- In all indoor areas for those who:
 - Are completing their isolation after testing positive for COVID-19
 - Have been exposed to COVID-19 (must mask 10 days)
 - Are symptomatic but test negative for COVID-19 (must mask until symptoms resolve)
 - We encourage anyone who feels more comfortable continuing to wear a mask to do so, as masking remains one of the easiest and most effective ways to reduce the spread of the virus.
 - Masks are available in the health office