The Board of Directors, leadership team, and staff at The Preuss School UC San Diego are committed to providing a safe and healthy environment as our schools reopen this spring in accordance with all state and local regulations and orders. The current plan is based on a “Healthy Only” framework for reopening our schools. This framework works best when parents and staff ensure that only healthy individuals enter The Preuss School UC San Diego facilities. A “Healthy Only” framework provides the greatest level of “normalcy” on campus, but also depends on students and staff to do their part and remain at home if they display any COVID-19 symptoms. Those who are not fully vaccinated should stay home if they have been in close contact with someone who has tested positive for COVID-19. Anyone (vaccinated or unvaccinated) should stay home if they begin to exhibit COVID-19 symptoms.

The Preuss School UC San Diego COVID-19 Safe Reopening Plan follows all rules, regulations, and guidelines from the California Department of Public Health (CDPH), the California Department of Education (CDE), the Center for Disease Control and Prevention (CDC), the San Diego County Office of Education (SDCOE), and the San Diego County Health and Human Services Agency, Public Health Services (PHS).

This pamphlet has been prepared to provide you with the information you need to know in an easy to read format. If you would like to read the full text of The Preuss School UC San Diego COVID-19 Safe Reopening Plan, it is posted on The Preuss School UC San Diego web page.

To view The Preuss School UC San Diego web page, enter the following URL into your browser:
https://preuss.ucsd.edu/

Or follow this QR Code using your smartphone camera for quick access to The Preuss School UC San Diego web page.

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Current as of 6/15/21
CAMPUS FACILITIES

The Preuss School UC San Diego has made some modifications to its facilities and has limited access in response to the COVID-19 pandemic. These changes are in line with current health guidelines and will serve to limit the spread of the virus.

LIMITED FACILITY USE

The Preuss School UC San Diego will limit the use of school facilities by external community organizations during the pandemic and ensure that any use of school facilities complies with health guidelines.

VISITOR AND VOLUNTEER ACCESS TO CAMPUS FACILITIES

Once school campuses are reopened, visitor and volunteer access will be restricted to those activities that require in-person interaction. All other interactions should be managed by phone or online.

The following visitation and volunteer activities are considered essential:

- Contractors and organizations providing services to the schools
- Coaches and co-curricular volunteers
- Limited volunteers providing direct support to teachers
- Food service
- Other volunteers deemed essential to the regular operations of the school

WATER BOTTLE FILLING STATIONS

In an effort to reduce the spread of COVID-19, drinking fountains have been turned off on the school site. Water bottle filling stations are available on campus.

- Students must supply their own water bottles.
- Water bottles must be cleaned before bringing them to school each day.
- Water bottles must not touch the filling station while being filled. Students will need to socially distance while in line.

HANDWASHING STATIONS

In order to encourage frequent handwashing, The Preuss School UC San Diego identify several handwashing stations on campus. The Preuss School UC San Diego encourages all parents, staff, and students to practice frequent handwashing at any of the handwashing stations. Students should wash their hands between classes and are encouraged to use the handwashing facilities in the bathrooms only following use of the toilets. The daily bell schedule has been modified to allow more time for students to use handwashing and sanitizing facilities. While standing in line to wash hands, social distancing should be observed.

FACILITY DISINFECTION

Frequently touched surfaces, such as door handles and desks, will be cleaned regularly throughout the day by various staff members. In addition to the regular cleaning of frequently touched surfaces, The Preuss School UC San Diego custodial staff will thoroughly clean and sanitize all indoor spaces every night, following enhanced COVID-19 cleaning protocols.

The Preuss School UC San Diego will use disinfectants labeled to be effective against emerging viral pathogens, following label directions for appropriate dilution rates and contact times. All products will be kept out of children’s reach and stored in a space with restricted access.
**COVID-19 TESTING**

Weekly asymptomatic COVID-19 testing will be performed for unvaccinated students and staff. Those who have tested positive for COVID-19 in the past 3 months will be waived from testing.

**WHEN PERMISSION TO ENTER CAMPUS IS GRANTED**

Every person who passes the daily health screening procedure and is admitted to campus must use the handwashing or hand sanitizer stations immediately after leaving the wellness screening station.

**FAILURE TO PASS THE HEALTH SCREENING PROCEDURE**

Individuals who fail the wellness screener before school should stay home. Individuals who develop potential COVID-19 symptoms during the school day will wait in an isolation area until a parent/guardian is able to pick them up. Testing resources will be provided. If the individual tests positive for COVID-19, they will be instructed to isolate at home for 10 days. If the individual refuses testing, they will be instructed to isolate at home for 10 days. If the individual tests negative for COVID-19, they will be instructed to isolate at home and return to school 24 hours after resolution of symptoms/fever. [Isolation instructions](#).

**VISITORS AND VOLUNTEERS**

Essential visitors and volunteers who pass the daily wellness screening procedure will be allowed to enter the campus and will be given a guest sticker for that day. The sticker must be visible as the visitor enters each classroom.

**STUDENTS WITH PRE-EXISTING HEALTH CONDITIONS**

The Preuss School UC San Diego will seek to identify students who may have pre-existing health conditions with symptoms that mimic COVID-19 (such as asthma and allergies). [A certification of chronic medical condition form](#) will need to be completed by a physician. This information will be used to help wellness screeners identify students who may be exhibiting pre-existing symptoms that may preclude them from entering the campus.

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**QUARANTINE INSTRUCTIONS**

Any unvaccinated individual who in the past two weeks has had close contact with someone who was diagnosed with COVID-19 will be instructed to quarantine for 14 days from date of exposure. It will be advised to get tested for COVID-19 5-7 days after exposure.

Fully vaccinated individuals (2 weeks since second dose) and those who have had a COVID-19 diagnosis the past 90 days will be waived from quarantining. Individuals should still monitor for symptoms and begin isolation/testing process if symptoms arise.

*Quarantine Instructions*
**SOCIAL DISTANCING PROCEDURES**  
**COMMON FOR ALL GRADE LEVELS (6-12)**

The Preuss School UC San Diego will require everyone to maintain six feet between themselves and others, whenever possible, while on a school campus. Whenever it is not possible for people to maintain six feet between themselves and others while on a school campus, they will be expected to keep a safe distance. Social distancing on campus should be maintained at all times. In areas of possible congestion, one-way lanes will be created to keep traffic flowing and keep students as far away from each other as reasonable.

**AHCS ARRIVAL SCHEDULES AND ENTRANCES**

Start time for The Preuss School UC San Diego will be provided to parents and students. There is a possibility that the schedule will change as restrictions from the County Health Department change. There is a new traffic pattern as construction is finishing on the trolley line in front of the school. A map will be posted on the web site for reference. The Preuss School UC San Diego staff will direct the flow of vehicles.

**BEFORE ENTERING THE CAMPUS**

Students and staff should complete the online wellness screening before entering school campus. If you answer yes to any of the screening questions, please stay home and notify the school.

**MAXIMIZING SPACE BETWEEN CHAIRS/DESKS**

The Preuss School UC San Diego has placed teacher desks at least six feet away from student desks. Student desks have been placed approximately six feet away from other student desks where possible. Classroom space has been measured and maximized to allow students to maintain proper social distancing.

There may be occasions when staff members cannot maintain physical distancing from students such as:

- Providing assistance to a sick or injured student
- Helping students during guided practice
- During wetlabs and other group-based instructional activities
- During co-curricular activities

In all such cases, The Preuss School UC San Diego will ensure the safety of staff and students by providing staff members with PPE and providing barriers, as applicable.

**LIMITED STUDENT MIXING**

The Preuss School UC San Diego will strive to limit student mixing in accordance with guidelines from the CDPH and PHS. Students will meet in groups that are small and consistent. The school will minimize movement of students and teachers. Staff will instruct students on how they can maximize spacing and minimize movement, indoors and outdoors, in a manner that is easy for students to understand. Teachers will implement procedures for turning in assignments to minimize unnecessary contact.

The Preuss School UC San Diego will limit the use of common areas such as the multi-purpose/assembly rooms, student union, athletic venues, theater, and libraries.

**BATHROOM USE**

It may not be possible to maintain proper social distancing in the bathrooms. In order to maximize space between students, The Preuss School UC San Diego staff will monitor student bathroom use to ensure that students wait outside the bathroom until there is sufficient room inside for students to maintain appropriate social distancing.

Locker room bathrooms may be used during the school day. Whenever locker room bathrooms are used, they will be monitored by The Preuss School UC San Diego staff to ensure that students wait outside the bathrooms until there is sufficient room inside the bathrooms for students to maintain maximum social distancing.

**WHEN EXITING CAMPUS**

As students exit the campus, they should maintain proper social distancing. Students waiting for a ride home should maintain social distancing until picked up by their parents. Students should only ride with members of their own household.

**BUSING**

Transportation will be provided for the cohort of students that are scheduled to attend school in person. Students will be physically distanced on the bus with staggered seating arrangements and masks will be worn by everyone on the bus. Air circulation will be addressed with windows being opened enough to increase the air flow.
SOCIAL DISTANCING SPECIFICS

GRADES 6-12

CLASSROOM PROCEDURE
Classrooms have been rearranged so that desks are separated by six feet, when possible, and the teacher’s desk will be at least six feet away from any student. Small group instruction will only take place with proper social distancing. When moving about in the classroom, students will be asked to stay as far apart from each other as is reasonable.

EXTRACURRICULAR AND CO-CURRICULAR ACTIVITIES
Field trips are allowed provided that there are stable cohorts, proper bus ventilation and distancing of six feet or greater is able to be maintained.

Activities where there is increased likelihood for transmission from exhaled droplets, such as band and choir practice and performances, are permitted outdoors only. During practices, masks must be worn to the fullest extent possible and a distance of at least six feet must be maintained.

Physical education in both indoor and outdoor setting are permitted at this time.
- If the PE activity is outdoors and socially distanced, students will not need to wear their masks. This would include individualized activities such as stretching, yoga, running, walking, etc.
- Masks should be worn during outdoor sports, where socially distancing is not possible, as tolerated. (i.e. basketball, soccer, kickball, baseball, etc.)
- Masks should not be worn for water sports.
- If student has had a diagnosis of COVID-19 in the past six months, please notify the school nurse. It is strongly recommended that the student’s physician complete a medical form detailing student’s return to physical activity.

FACE COVERINGS

Individuals must provide their own face coverings to enter an AHCIS campus. All face coverings must be designed to cover the mouth and nose and must be worn over the mouth and nose. All face coverings must comply with the dress code. Face coverings are recommended to have the following qualities:
- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be able to be laundered and machine dried without damage or change to the shape

If any person loses his or her face covering while on campus, the school will provide a replacement face covering.

Guidance for mask wearing outdoors:
Face masks do not need to be worn unless physical distancing is unable to be maintained.

Guidance for mask wearing indoors:
Masks continued to be required for both vaccinated and unvaccinated individuals.

* Masks do not need to be worn during meal time

Individuals exempt from wearing face masks:
Persons younger than two years old must not wear face masks due to the risk for suffocation
Persons with a medical condition, mental health condition, or disability that prevents them from wearing a face mask will need to provide a medical note. They should consult with their physician in order to find a safe alternative.
Persons with a medical condition in which a mask would obstruct breathing or who are unconscious, incapacitated or otherwise unable to remove a mask if necessary.
Persons who are hearing impaired or communicating with someone who is hearing impaired should consider wearing a clear mask or face shield with drape.

If a person refuses to wear a face covering, they will not be allowed on campus. Alternative learning opportunities will be offered.
LEARNING OPTIONS

Students will remain in stable cohorts throughout the day. On Wednesdays and Thursdays, 6th - 9th July, students will go home. Students will go home during the Fall and Spring seasons, and on selected Mondays and Tuesdays. Students will remain in a stable cohort throughout the day.

IF ANY PERSON ON CAMPUS BECOMES SICK

The Preuss School UC San Diego will respond in the following manner when a staff member, student, or visitor displays symptoms of COVID-19 while on campus:

ISOLATION

Preuss School UC San Diego will use an isolation area to separate anyone who shows symptoms of COVID-19 from the general population. The isolation area will be set up in accordance with SDCOE and PHS guidelines. All isolation areas will be capable of handling several persons with appropriate distancing precautions and will be monitored by Preuss School UC San Diego staff members who will wear appropriate protective equipment for the environment. Any individual exhibiting COVID-19 symptoms will immediately be required to wear a face covering (if they are not already wearing one) and wait in an isolation area until they can be transported home or to a healthcare facility, as soon as possible. Preuss School UC San Diego staff will contact 9-1-1 without delay for serious illness including persistent pain or pressure in the chest, confusion, or bluish lips or face.

SEND PERSON HOME

Preuss School UC San Diego has developed procedures to arrange for safe transport home or to a healthcare facility, as appropriate, when an individual is exhibiting COVID-19 symptoms. Preuss School UC San Diego will ensure that all students have access to remote instruction when not on campus.

CLOSE AFFECTED AREAS

Preuss School UC San Diego staff will close off areas used by any sick person and will not allow anyone except cleaning crews to enter the area before cleaning and disinfection.

CLEAN AND SANITIZE

Cleaning crews, wearing appropriate protective equipment, will ventilate the room with outside air and ensure a safe and correct application of cleaning products and disinfectants. Air filters will be removed and replaced following cleaning. All potentially contaminated waste will be handled in accordance with PHS guidelines.

INVESTIGATE

Preuss School UC San Diego will work with local health agencies, including PHS, to investigate any incidents of individuals who exhibit symptoms of COVID-19 while on campus.

CONDITIONS FOR RETURN

Preuss School UC San Diego will advise sick staff members, students, visitors, and volunteers not to return to school until they have met all CDC criteria to discontinue home isolation, including:

• At least 10 days have passed since your symptoms first appeared, or test date if asymptomatic
• AND 2. You have not had a fever for at least 24 hours without the use of a fever-reducing medication
• AND 3. Your symptoms have improved.
• It is recommended that anyone with a severe case of COVID-19 or anyone who is severely immunocompromised should consult with their medical doctor as they may recommend a longer isolation period.

SUMMER SCHOOL

Summer School will take place Mondays-Thursday June 21st-July 16th. On Mondays and Tuesdays, 10th-12th graders will be on campus. On Wednesdays and Thursdays 6th-9th graders will be on campus. Students will remain in stable cohorts throughout the day.
IF A STUDENT EXHIBITS SYMPTOMS AT HOME

If a student exhibits symptoms at home, we ask that the family follow these procedures:

**CALL THE SCHOOL**
If a student displays potential COVID-19 symptoms at home, the parent should call the school as soon as possible. Students should wait until after this phone call has been made and in-class instruction has been deemed safe, before returning to school.

**OVER-THE-PHONE QUESTIONNAIRE**
The school receptionist will ask the following questions:
- Does the sick student have a temperature of 100 or above?
- Does the sick student have any of these symptoms that are not caused by another condition?
  - Fever or chills
  - Cough
  - Shortness of breath or difficulty breathing
  - Fatigue
  - Muscle or body aches
  - Headache
  - Recent loss of taste or smell
  - Sore throat
  - Congestion
  - Nausea or vomiting
  - Diarrhea
- Within the past 14 days, have you had contact with anyone who either exhibited COVID-like symptoms or recently tested positive for COVID-19? Contact is being 6 feet or closer for more than 15 minutes with a person.

If the sick student has a temperature of 100° or above, or displays one or more of the above symptoms, he or she will be asked to stay home. There will be no penalties for students who are required to stay home from school.

**WORK FROM HOME**
Students who are required to stay home will be able to work remotely from home in order to keep pace with their classmates.

**CONDITIONS FOR RETURN**
The Preuss School UC San Diego will advise the sick student not to return until he or she has met all CDC criteria to discontinue home isolation, including:
- 24 hours with no fever
- Symptoms have improved
- Ten (10) days since symptoms first appeared

CONSIDERATIONS FOR FUTURE CLOSURES

The Preuss School UC San Diego will employ the following strategy for responding when a staff member, student, or visitor displays symptoms of COVID-19 while on campus:

**PLANS FOR PARTIAL OR TOTAL CLOSURES**
The CDPH has released a document that outlines what measures should be taken when a student, teacher, or staff member has symptoms, is a close contact of someone infected, or is diagnosed with COVID-19. The Preuss School UC San Diego will follow the guidance of the CDPH, SDCOE, and PHS and understands that there is a possibility of closures of classes, groups, or entire facilities when persons associated with the school or in the community become ill with COVID-19.

**REMOTE INSTRUCTION**
If The Preuss School UC San Diego is required to close, information on the closures will be given to students, parents, teachers, staff, and the community through any of the following methods:
- Website
- Emails
- Text messages

**CONTINUITY OF EDUCATION**
The Preuss School UC San Diego will ensure that all students have access to remote instruction in case of a partial or total school closure.

**NUTRITION SERVICES**
If a student cannot attend school in person due to COVID-19, or if the school campus is closed due to COVID-19, free and reduced meals currently offered by The Preuss School UC San Diego will be available for curbside pick-up at the student’s neighborhood school.

**SCHOOL CLOSURE DISTANCING GUIDANCE**
The Preuss School UC San Diego will provide guidance to parents, teachers, and staff reminding them of the importance of community physical distancing measures while a school is closed, including discouraging students or staff from gathering elsewhere.