Spring is finally here. We have moved our clocks forward and begun to plan our sunny afternoons. Spring also means that we have moved into the heart of our second semester. March 28th, 2022-April 1st, 2022 is our Spring Break. This time is great for catching up with missing assignments or finishing projects. We will have fifty-three school days remaining in the year when we return. This last bit of time will go by quickly, and please make sure you are taking care of your business and preparing for your future.

We will begin our Advanced Placement testing for our high school scholars at the beginning of May. We will be finalizing the location of the testing in the upcoming week. The website https://myap.collegeboard.org/ provides excellent resources for preparing for the exams. Remember, a passing score on an AP exam could yield college credit. Talk to your counselors if you have questions.

Our goal at The Preuss School UC San Diego is to continue to keep all of our faculty, staff, and students healthy and safe. We will follow the policies that have been put into place and continue to communicate changes as necessary. We look forward to seeing more activities return to in-person moving forward.

Enjoy our Spring Break and return ready to go!

Dr. Steitz

See next page for information about at-home COVID test kits
Updates For Rapid, At-Home Antigen Test Kits For Scholars

In order to assist with early detection of COVID-19, our school has received a small shipment of Rapid At-Home Antigen Test Kits for immediate distribution. The test kit provided is an IHealth test kit, containing two tests.

Each scholar will be issued one free iHealth test kit, which contains 2 tests, for use on: **Sunday, April 3rd and Monday, April 4th** before coming to school. The test kits will be distributed during scholars’ advisory classes the week of March 21st.

All Preuss scholars are expected to complete the antigen test at home on Sunday, April 3rd and Monday, April 4th, in the morning, prior to leaving for school. Please allow approximately 30 mins to complete the test. The test kits come with instructions, and for your convenience, we have detailed the steps:

Instructions for IHealth Test kits

**Step 1: Get the following materials:**
- One IHealth COVID-19 Antigen Rapid Test Kit (contains 2 tests).
- A device with internet access for registering for Primary Health and submitting your results

**Step 2: WATCH**
[Video on how to test.]

**Step 3: Perform Test**
NO SYMPTOMS? Scholars with NO COVID-19 symptoms and NO known exposure to someone with COVID-19 should TEST TWO TIMES:
- Test #1: Sunday, April 3rd
- Test #2: Monday, April 4th at home, before leaving for school. *Please allow 30 mins*

**Step 4: Share your test results on Primary.Health. (DO NOT use the iHealth app.)**
Primary.Health is a secure website that reports your results to the school and the Health Department. REGISTER for Primary.Health at this link. NO INTERNET? CONTACT YOUR SCHOOL and call in your results to (650) 275-5419.

**Step 4: Understand your test results**
RAPID TEST RESULTS AND NEXT STEPS
Once scholars complete the test based upon the results, they must follow the corresponding action item below:

<table>
<thead>
<tr>
<th>RAPID Test Result is...</th>
<th>Next Action</th>
</tr>
</thead>
<tbody>
<tr>
<td>Negative; No symptoms</td>
<td>Return to campus on Monday, April 4th</td>
</tr>
<tr>
<td>Negative; With symptoms</td>
<td>Stay home, notify the school and your child’s primary care physician</td>
</tr>
<tr>
<td>Positive; With symptoms</td>
<td>Stay home, notify the school, and your child’s primary care physician</td>
</tr>
<tr>
<td>Positive; No symptoms</td>
<td>Stay home, notify the school, and your child’s primary care physician</td>
</tr>
<tr>
<td>Inconclusive; With symptoms</td>
<td>Stay home, notify the school and schedule a PCR test</td>
</tr>
<tr>
<td>Inconclusive; No symptoms</td>
<td>Return to campus on Monday, April 4th. Students should report to the health office. Upon arrival at school, PCR testing will be prioritized.</td>
</tr>
<tr>
<td>Rapid Test is lost or damaged</td>
<td>Purchase another Rapid Test from a local pharmacy and administer it on April 4th.</td>
</tr>
</tbody>
</table>
Dear Parents and Students,

Spring Break is nearly upon us (March 28—April 1). We hope you have a relaxing and refreshing school break! If you travel, remember to plan your vacations around the school calendar. Students are expected to be in attendance when school resumes on April 4, 2022.

Regular attendance is critical to a student’s educational success. Parents play a vital role in their student’s academic success by helping them develop the habit of consistent attendance. Every day of school is an important opportunity for students to learn as well as connect to peers and their teachers.

At Preuss we recognize the efforts of our students and families in making school attendance a top priority. Despite illness, quarantines, and distance learning, our teachers, families, and students persisted in maintaining classes and learning. Everyone’s hard work and commitment to our school community is appreciated.

If you have any questions or would like to speak with us about your student’s ability to attend class, please don’t hesitate to contact your teacher, counselor, the social worker, nurse or me.

Sincerely
Patricia Villanueva

ABSENCES?

Students will be marked with an excused absence if families notify the school that their child is out ill or quarantining. Students should contact their teachers to help them keep up with the assignments and homework.

Remember, parents must call the school at (858) 822-0311 to report and explain the reason for an absence.

Reporting must be done for each day the student is absent. When a student is marked absent and the parent does not notify the school, the school will call the parent to find out why the student did not attend school.

Please feel free to contact the attendance office if you have any questions about attendance.

Thank you for helping us promote attendance.
We held our Annual Bookmark Contest! The theme this year was “Your favorite book or character you most identify with.” Congratulations to our winners:

1st place – Jenny Giang 12th
2nd place – Leidna Vera Hernandez 6th
3rd place – Maria Ayala-Morataya 7th
4th place – Roberto Jimenez 9th
Honorable Mention – Marcella Dixon 12th
Honorable Mention – Ashley Lopez 10th

All bookmarks entered are on display at the UCSD Geisel library until the end of March. UCSD Library offered to display them to celebrate World Bookmark Day on February 25th. The winning bookmarks will be printed for distribution to the student body and the winners will receive a certificate and a new book of their choice.

Wednesday, March 2nd we celebrated Read Across America in a quiet manner. Four National Honors Society members, Abigail Alemaryeho, Lilian Huynh, Agnes Agoh and Christine Doan read books to Ms. Bandy’s, Mrs. Majors’, Ms. Chovy’s and Ms. Tan’s advisory classes.

Library notices are sent via students’ @preuss.ucsd.edu email at the beginning of each month. Notices inform the students what library materials and textbooks are late, and what fines need to be paid or covered by volunteering. Every half hour in the library earns $5.00 towards their fines. Students may volunteer in the mornings before school or during their lunch.

Eighth Graders will not be able to participate in “A Celebration of Learning” and Seniors will not be able to receive their diploma unless their account is completely cleared. Notices regarding ‘How to clear accounts’ to participate in the end of the year ceremony and to make sure Seniors receive their diploma will be sent home with all 8th and 12th grade students after spring break. Parents/guardians will be required to sign the notice. No need to wait, now is the time to take care of any outstanding fines or lost books. Ask your student to see if they received an email from librarians@preuss.ucsd.edu or call the library to check on your student’s library account. If you need to replace lost textbooks, please call to discuss. Our phone number is 858-822-2150.

Online library information is on the Preuss School website. Check us out under Campus Life > Library. We have links to our databases, the school catalog, the DCP and Sora by Overdrive (our ebook collection site). Students are also able to access eBooks by downloading the SORA APP on their phone and using their student ID number to login.

Keep Reading,
Ms. Nance and Ms. Gonzalez
librarians@preuss.ucsd.edu
Hello Preuss Community!

**Some updates and reminders from the Preuss health office:**

On Friday, March 11th Preuss held a vaccine clinic in the Walton Center. With your help, 142 individuals were vaccinated! We want to thank you for your help in keeping the community safe and healthy.

In order to remain on campus, all students must comply with the UC San Diego vaccine mandate by getting fully vaccinated which includes a booster or getting an approved exemption. Preuss health office continues to COVID-19 PCR test all students that are not fully vaccinated twice weekly.

If you are looking for places in the community to get a COVID-19 vaccine, speak to your primary care doctor, visit myturn.ca.gov, call 2-1-1.

---

**VACCINATION STATUS DEFINITIONS**

**What does it mean to be fully vaccinated?**

- You have received a booster shot and it has been 7 days or more since your booster shot, or
- You have received the complete initial vaccination dose(s) and you are not yet eligible for a booster

**What is considered not fully vaccinated?**

- You have received a booster shot and it has been less than 7 days since your booster shot
- You have received a complete initial vaccine series and are eligible for a booster shot, but have not yet received one
- You did not complete the initial vaccine series
- You have not received any vaccines

**Who is eligible for the Pfizer vaccine? (1st and 2nd dose)**

- Anyone 5 years of age or older
2nd dose of the vaccine should be administered 3 weeks after the 1st dose.

**Who is eligible for Moderna Vaccine?**

- Anyone 18 years of age or older
2nd dose of the vaccine should be administered 4 weeks after the first dose.

**Who is eligible for the Booster?**

1. Individuals 12 years of age or older who received Pfizer 2nd dose more than 5 months ago.
2. Individuals 18 years of age or older who received Moderna 2nd dose more than 5 months ago.
 Individuals 18 years of age or older who received J & J vaccine more than 2 months ago.
Dear Preuss Families,

We are about half way through the 2nd semester! Please encourage your student to continue to work hard on their academics but to also incorporate self-care.

**Weekly Wellness Newsletter**

The counseling weekly wellness newsletter will include a wellness quote, a wellness tip or resource, and a Kindness Challenge. Here are the latest issues of our Weekly Wellness Newsletter:

- Jan 31 - Feb 4: [https://www.smore.com/anug8](https://www.smore.com/anug8)
- February 7-10: [https://www.smore.com/guef9](https://www.smore.com/guef9)
- February 14-18: [https://www.smore.com/r4wzg](https://www.smore.com/r4wzg)
- March 7-11: [https://www.smore.com/013ag](https://www.smore.com/013ag)
- March 14-18: [https://www.smore.com/b9w18](https://www.smore.com/b9w18)

**The Preuss Counseling Team**

In the first week of February we celebrated National School Counseling Appreciation Week. We are so excited to work collaboratively as a team and serve Preuss students. We are better together because we have a passion for student success, mentally, socially, emotionally, and academically. We have started focus groups to build coping skills and self awareness, led classroom guidance lessons that have focused on conflict resolution, friendship, and graduation status.

We are wrapping up course selection, and helping students plan their schedule for next year. Some exciting new courses that will be offered next school year will be Data Science, Honors Drama, and African American Studies AP.

So far 110 seniors have been accepted to a 4-year university, and most of our students have completed their financial aid application and applied to scholarships through the San Diego Foundation. We are so proud of our students and their commitment to success.
M4 Progress Report

We want to celebrate those who completed their 1st semester this school year! Going remote during finals might have been challenging but many of you persevered! Use the QR codes or links below to schedule an appointment with your student's School Counselor if your student received 3 or more D/F grades with this most recent progress report. This will provide an opportunity to discuss additional support and a plan for success to get your student on track. Next progress report will be distributed April 27/28, 2022.

Please contact your school counselor with any questions.

UPCOMING EVENTS

- Spring Break - March 28 to April 2, 2022
- Saturday Enrichment Academy (April 9, 16)
- Senior Assembly (April 15)
- Junior College Kick Off (April 30)

The Triton Virtual Calming Room is a place for students and families to find tools and strategies for managing emotions and feelings. Please take advantage of this page, especially while we are remote!

https://sites.google.com/preuss.ucsd.edu/tritoncalmingroom/home

How to make an appointment with your school counselor

<table>
<thead>
<tr>
<th>LAST NAME A - GARCIA GUILLEN</th>
<th>LAST NAME GARCIA LOZANO - S. NGUYEN</th>
<th>LAST NAME T. NGUYEN - Z</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ms. Sara Silva <a href="mailto:s3silva@preuss.ucsd.edu">s3silva@preuss.ucsd.edu</a></td>
<td>Ms. Allyson Cobbs <a href="mailto:acobbs@ucsd.edu">acobbs@ucsd.edu</a></td>
<td>Ms. Erin Patrick <a href="mailto:empatrick@ucsd.edu">empatrick@ucsd.edu</a></td>
</tr>
<tr>
<td>calendly.com/sarasilva-1</td>
<td>calendly.com/mcobbs</td>
<td>calendly.com/mspatrick</td>
</tr>
</tbody>
</table>

https://preuss.ucsd.edu/counseling/index.html
Dear Parents and Guardians,

Thank you for your continued involvement with the school. Your attendance at meetings and presence on campus makes a difference! Scholars really look forward to the PTA Friday Sale of snacks and drinks starting at 4:00 pm. It is a great way to wrap up the week for our Scholars, and a way for the PTA to raise funds for school activities and events. The PTA also sells snacks and drinks during our at-home sports games. We very much appreciate your involvement and support of the school and its mission.

Any parent who is interested in volunteering at the school or at any PTA events which take place at the school is encouraged to complete the volunteer clearance process. The first step in the process is to fill out the volunteer application found on the school’s website. Parents can assist at the school with breakfast distribution, at the library, with PTA Sales, etc. If you have questions regarding the volunteer clearance process, please contact Dr. Jacquie Azize-Brewer at 858-822-0020 or preussvolunteer@ucsd.edu.

The next two PTA General meetings will take place on March 19 & May 21, 2022. This year's general PTA meetings are on select Saturdays via Zoom Webinar from 9:30am-11:00am. The Parent Appreciation event will take place during the May meeting.

In addition to the general meetings, the PTA team holds Executive Board meetings, which are open to all the parents. These meetings are conducted through Zoom. In these meetings you can be on camera, ask questions and provide input. You will also get to speak with the Principal, Dr. Matthew Steitz, on what you would like to see covered/presented at the General PTA Meeting following the Executive Board Meeting. The Executive Board meetings happen the first Tuesday of every month from 5:30-6:30pm via Zoom Meeting. The next two meetings will take place on April 5 & May 3, 2022.

We look forward to your continued involvement and participation!

Sincerely,
Jacqueline Azize-Brewer, Ph.D.
Coordinator, Volunteer Program
By Tamima Noorzay

The Art Department has found many collaborative opportunities this spring, bringing together the larger art community and Preuss artists together in meaningful and exciting ways. Mr Jay Wolf Schlossberg Cohen returned to San Diego to work with the La Jolla Symphony and Preuss artists to create four banners for the reopening of the Symphony. Artists were treated to live models playing the violin, viola, cello and flute during class! It was a university level opportunity allowing the upper division artists rigorous curriculum as well as engagement with symphonic scores. From their paintings, the artist created collages which Mr. Jay turned into composite portraits! In order to be prepared for this experience, artists collaborated with our artist in residence, Diego Rodriguez who modeled while playing guitar. Mr Rodriguez helped to inspire the artists with a relaxed and engaging vibe, allowing them to feel comfortable with this new genre of creating. The La Jolla Symphony banners will be auctioned off to raise funds for the Symphony and their outreach programs.

Studio I artists have been making masks inspired by the traditions around the world. Meanwhile, Studio II artists used their masks as a canvas for their in-depth exploration of an artist of their choice. AP Studio artists are gearing up for their AP portfolio submissions and, along with Honors Studio II, attending the Van Gogh San Diego Show on March 23rd! AP Art History students are joining advanced drama students for a trip to Old Town in April. The art historians will analyze the layers of historical genres depicted in the buildings and investigate the origins of how these architectures came to be used in San Diego.
Everyone is excited for the return of the Festival of the Arts on April 21, which includes Studio artists work, the Fashion Club runway show, musical performances by the Choir and Orchestra along with duets, ensembles and soloists. The Multicultural Club will present dances, and the Drama department will be previewing the trailer for Shakespeare Festival! PTA will be offering food for sale at 5 pm.

The Viano Quartet performance for the High School orchestra, Honor Choir and Honor orchestra on February 17, 2022.

Mauricio Salas, 9th grade, the winner of the Music Talent Show 2022, stay tuned to hear about his fabulous prize!!!
Future Workspace
According to the World Economic Forum (WEF), there are 10 top skills students will need to have for the future of work:

- Analytical thinking and innovation
- Active learning and learning strategies
- Complex problem-solving
- Critical thinking and analysis
- Resilience, stress tolerance, and flexibility
- Creativity, originality, and initiative
- Leadership and social influence
- Reasoning, problem-solving, and ideation
- Emotional intelligence
- Technology design and programming

At Preuss, we are working hard to curate a modern learning experience using the ISTE Standards for Students to empower students with the skills they need for the modern world of work.

Classroom Design
Teachers and students have current access to technology tools on campus through several means:

Faculty members are each issued a Microsoft Surface Book 3 with a pen to use with the digital whiteboard. Teachers also have access to Airtame to remotely share content from anywhere in the classroom.

All students have 1:1 access to a device loaded with Windows 10. Each sixth to eighth grader has a Dell Chromebook. Each ninth to twelfth grader has access to a Lenovo or Dell laptop. In addition, there is a laptop cart in each classroom with five loaner laptops should a student forget a device or charger at home. Headphones with microphones and mice are available to check out from the Library.

Improving Access
Here are Tips for Improving Wifi Access at Home from our IT System Administrator, Mr. Daryl Rysberg.

Please submit a technology request by sending an email to tech@preuss.ucsd.edu if you are experiencing an issue with your device or internet. Remember to include your name and Student ID# in your request and provide as much background information as possible. Remember to always pause for people (and cars)!

Stay Connected,
Edtech
By Brian Ponce

The Preuss Ecology Club invites all high school students to participate in their new composting program for community service hours, which will be held during SEA on February 26th from 9:00 am to 1:00 pm.

The idea for a composting program arose from a law known as the "California’s Short-Lived Climate Pollutant Strategy," which was established in January of this year. The law demands that California decrease 75% of their organic waste by 2025. The law also requires that the golden state reuses 20% of their leftover food to feed citizens as opposed to dumping it out.

The club plans to support the new policy by composting food waste collected by club members during meal times. Any unused leftover food that gets collected by the club during these times will be given to students to feed their families and communities.

As of now, Ecology Club has yet to confirm when they will begin giving out the unused leftover food.

Waste for the composting program will be collected via small white trash bins labeled “Ecology Club,” which will be placed adjacent to the trash and recycling bins in the school’s food court.

Middle school students are also welcome to contribute to the upcoming composting program.

“They are welcome to throw away their leftover food into bins that Ecology Club will be placing,” shared Ecology Club Vice President, Yesenia Preciado ('22).

This is not the first time that the club has done composting. Similar efforts have been made several years back by former Preuss teacher, Mr. Romer.

When Mr. Romer was co-advisor of the Ecology Club and Gardening Club, members had done similar composting practices, which included club members collecting organic waste from the school cafeteria.

The Ecology Club — now under the direction of Science teacher Ms. Petraglia — has expanded his past composting endeavors.

The club recently earned a grant from organizations such as The Community Composting for Green Spaces and CalRecycle, which will be providing tools and resources necessary for the composting process.

While the program will promote a greener environment and encourage the Preuss community to participate in local conservation efforts, composting emits greenhouse gasses (CO2), which warms up the Earth if released in massive amounts. In response, the Ecology club has a plan to offset the number of potential carbon emissions during the composting process.

“We will be collecting data on the amount of food we collect by weight as well as other components of our composting piles, like wood chips, leaf debris, and cardboard, which all gets put into a spreadsheet that calculates total offsetting of CO2, we are required to provide this data to the grant providers,” explained Petraglia.

Ms. Petraglia hopes that the program will teach students about the importance of composting. She also expects the program to teach students about the impact that organic waste has on the environment, specifically climate change.

If students and staff wish to engage in environmentally friendly activities, Club Vice-President Yesenia Preciado ('22) recommends that they should begin by purchasing reusable, non-plastic products.

“Buying a hydro flask and using less plastic is a great way to start your eco-friendly journey! Not only are hydro flasks super cute, they are easy to carry and extremely affordable!”

Ms. Petraglia also encourages any scholar interested in environmental activism to join Ecology Club, enroll in AP Environmental Science in 12th grade, or connect with local organizations such as “I Love a Clean San Diego.”
The Multicultural Festival is a Preuss tradition that has been celebrated year after year. During the festival both parents and students celebrated the cultures represented by Preuss families. This year as we are getting back to “normal” our cultural celebration will be slightly different with a repertoire that will include students’, parents’ and teachers’ participation. The celebration will take place from April 18th-22nd from 4pm-5pm. This week-long celebration will showcase a variety of cultures. On Monday, April 18th during lunch, The Multicultural Empowerment Club (MCE) officers will introduce this event and will be followed up with music to advertise the event. Every day for the rest of the week MCE will host a series of performances followed by activities that students will be able to participate in. We will dedicate a day to each of the following cultures: Middle Eastern Cultures, Asian Pacific Islander Cultures, Latinx/Hispanic Cultures, and African Cultures. In order to make this possible, MCE is collaborating with several different clubs on campus and outside organizations. Parents are welcome to participate in this event. We hope to share pictures after the event.

Multicultural Eleanor Club Celebrates our First Preuss Black Student Union

On February 24th the Multicultural Eleanor Club welcomed the Black Student Union offices to a panel. Officers of the Black Student Union (BSU) were able to voice their own connection with the club; answering questions such as their future goals for BSU and the challenges they faced while trying to establish it. In addition, Mrs. Majors was able to give participants a brief history of the long awaited BSU. MCE is happy to see BSU as a new addition to diversity on our campus. We look forward to collaborating with the club and continuing to empower more students to create clubs that represent their identity.

Left to Right: Ms. Watson, Mariana Arevalo, Viviana Rojas, Bruck Mersha, Amaris Jordan, Jahmya Jordan, Ms. Cobbs, Briseida Aparicio, Ms. Majors, and Angelina Gonzalez
Yearbook On Sale!

Yearbook Pre-sales

3 / 24 - 25

$35 YEARBOOK, $10 DOWN PAYMENT

In front of the Walton Center @ Middle School & High School Lunch!

Yearbook is having pre-sales on 3/24-25. Get your yearbooks now for $35 or put a $10 down payment and pay off your yearbook purchase anytime from now until the end of the school year! We will be selling in front of the Walton Center during middle school and high school lunch, we hope to see you there!
News From Interact Club

By Interact Club Officers

The Preuss Interact Club has had a wonderful start to the new year. In February, our officers participated in their first cultural exchange with India over Zoom and represented Preuss proudly. We are excited to announce an upcoming program is in the making that will be between our Interact Club and all of the diverse Interact Clubs we’ve met with in India. We brainstormed what we could share about our cultures in the Zoom as well as how we could do it. Some ideas included sharing food from our culture and how we can all try to make it through Zoom. This experience is one of our favorites and we know that the program will turn out amazing. Our interaction was fun, interesting and we all were able to connect with each other surprisingly well. We are all excited for the next Zoom!

Our club members also participated in the annual Tet Festival in Mira Mesa to celebrate Lunar New Year in February. This event is definitely a favorite of our Interact Club! Members were able to celebrate and explore Vietnamese culture through eventful performances and experiences during this event. They were able to give back to their community while still enjoying the diverse festivities this festival provided. We hope this event will become tradition to our club! Many students learned so much more about Vietnamese traditions and requested for more events like this!

This month, we put our passion for service into action and organized a beach cleanup event for our club members at Mission Beach. Around 30 members attended this event and we were all able to participate in keeping the beach clean! As surprising as it may sound, the beach was decently clean when we arrived, but we still were able to make it a brighter place! We hope to plan another beach event in the future! While still making our environment clean, we had a fun time and became closer friends.

Looking ahead into April, we plan to finalize the Peace Pole implant into Zen Garden. This project has been in the making since 2020 and we are excited to announce that our Interact year will be the one to complete the project! We hope that this project will leave an impact on the Preuss Community and that our school will continue to provide a diverse but unified school environment.
To remain on campus, all students must comply with the UC San Diego vaccine mandate by getting fully vaccinated which includes a booster or getting an approved exemption.

Next Vaccine Clinic:
Thursday, April 7th 11am-3pm
Preuss Walton Center

How To Sign Up:
Calendly Sign Up Link

- Students MUST bring a signed consent form to the clinic if the parent is unable to attend. Students will not be able to get the vaccine without signed parent consent. Consent forms are in the testing tent, the health office and front office.
- E-hall passes will be made for students with appointments. They should go to the Walton Center at designated appointment time.
- Individuals MUST bring a copy of their vaccine card to the vaccine appointment. If the vaccine card is lost, students should be prepared to show their digital vaccine record. They can access this at myvaccinerecord.cdph.ca.gov.
- Students must bring their updated vaccine card to the health office or front office so that a copy can be made.