



# The Preuss School UCSD Insight Newsletter

January/February 2012

9500 Gilman Drive, La Jolla CA 92093-0536 Main Phone Line (858)658-7400

## A Message from the Principal-Director Mr. Scott Barton

Dear Parents:

I would like to wish everyone a Happy New and welcome to 2012! I hope your year has started out well and that you are looking forward to an exciting 2012 at The Preuss School.

### Homecoming

Our year got off to a great start with Homecoming which took place on Thursday, January 5, 2012. More than 50 alumni visited Preuss to speak to 10th, 11th, and 12th grade advisory classes and shared their college experience with them. An additional 50-75 attended the Homecoming activities. It is such a pleasure to hear about the great things our alumni are accomplishing in college. I am so proud of our Preuss alumni. In addition to class presentations, our alumni also joined students in the stands and supported our basketball team as they defeated Gompers High School. Alumni were treated to cheer leaders, class performances and ASB activities. A big thank you goes out to Mrs. Artz and the ASB for the organization of Homecoming. I would also like to thank Alicia Thomas, our Alumni Coordinator and Class of 2009 grad, for getting so many of our alumni to return to Preuss. Alicia is going a great job as our alumni coordinator.

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Special points of interest:

- Mon-Fri- Jan. 23 thru Jan 27.  
First Semester Finals Exams:
- Friday, February 3rd.  
Report Cards will be mailed home
- Friday, February 17th:  
Lincoln's Birthday. School will be closed.
- Monday, February 20th:  
Washington's Birthday. School will be closed.
- Saturday, February 25, 2012:  
PTA-Parent Meeting—9:30-11:30 a.m.
- Saturday, February 25, 2012:  
Saturday Enrichment Academy 9:00-11:00 a.m.

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## News from the PTA President- Maria Reid

Dear Preuss Parents:

Thank you for all of your continued support this school year. The key to the success of your student is parent involvement. Please continue to attend the monthly Saturday Parent General Meetings. I encourage all of you to get involved and join the PTA. Buying your membership makes you a voting member when decisions are made in the PTA and members are encouraged to attend out monthly executive board meetings held the first Tuesday of the month.

There are many ways there are to volunteer, in and out of school. We have many upcoming events such as the Soccer Festival on March 24th

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## NEWS FROM MR. BARTON CONT'D

### Attendance

Our attendance has been creeping down since the beginning of the school year. Students have a much better chance of success when they attend school every day. Missing even just one day of school can negatively impact your student's academic achievement. In addition, Preuss loses much need funds when students are absent. We use 98 percent attendance for budget purposes. When attendance falls below 98 percent we lose anticipated money.

Below is a chart that shows our attendance for the year:

### Monthly Attendance Summary

August 22, 2011 to January 6, 2012

	8/22-9/9	9/12-10/7	10/10-11/04	11/07-12/02	12/12/11-1/6/12
Middle School	98.55	98.70	98.36	98.11	97.39
High School	97.44	97.68	97.43	96.62	96.98

### College News

Our seniors are beginning to make their college decisions. One Preuss student has been accepted to one of 23 colleges listed below. Most students will be notified in March and April.

Amherst College	Northwestern University
Arizona State University	San Diego Christian College
The University of Arizona	San Diego State University
Azusa Pacific University	San Francisco State University
Boise State University	Southern Methodist University
California State University, Dominguez Hills	Southern Utah University
California State University, East Bay	St. John's University - Staten Island Campus
California State University, Fullerton	St. John's University - Queens Campus
California State University, Stanislaus	Vanguard University of Southern California
Dakota Wesleyan University	Washington and Jefferson College
Dartmouth College	Western New England University
Drexel University	Westmont College
Florida Institute of Technology	Whittier College
Fordham University	Whitworth University
Humboldt State University	Northern Arizona University
La Sierra University	Northwestern University
Marymount College	San Diego Christian College
Mills College	San Diego State University
Northern Arizona University	

### Admissions Information

492 applications have been submitted and will be read in February. Our lottery will take place near the end of March.

### Science Fair

Congratulations to Richard Vu (11th grade), Daisy Flores (11th grade) and Jennifer Hernandez (9th grade) whose projects have been selected to continue on to the Greater San Diego Science & Engineering Fair held in March. I would like to thank all of our science teachers for their work with the Science Fair. I would also like to recognize Mr. Burd for organizing our first Science Night. SPAWAR scientists conducted experiments with students and parents. These "hands on" activities drew more than 100 Preuss students and their family members. I was impressed with the liquid nitrogen experiments, especially when they made ice cream and gave out free samples!

# MORE NEWS FROM MR. BARTON CONTINUED

## Final Exams

Final exams will be held from January 23-27.

Monday January 23, 2011	Tuesday January 24, 2011	Wednesday January 25, 2011	Thursday January 26, 2011	Friday January 27, 2011
<b>BLOCK 1- Final</b> Block 2-Instruction <b>BLOCK 3-Final</b> Block 4-Instruction	<b>BLOCK 5-Final</b> Block 6-Instruction <b>BLOCK 7-Final</b> Block 8-Instruction	Block 1-Instruction <b>BLOCK 2-Final</b> Block 3-Instruction <b>BLOCK 4-Final</b>	Block 5-Instruction <b>BLOCK 6-Final</b> Block 7-Instruction <b>BLOCK 8-Final</b>	8:00-10:00 a.m. <b>Staff Development B Day</b>

**Report Cards** will be mailed home February 3, 2012. If you do not receive your child's report card, please contact Ms. Oglesby at (858) 658-7415. The second semester, which begins on January 30, will go by quickly, so it is important that we emphasize staying focused on academics now. Students who fall behind at the beginning of the semester have a much more difficult time being successful.

## Fine Arts Showcase

I would like to recognize the teachers and students in our Fine Arts Department for their outstanding work at our annual Fine Arts Showcase. Barak Smith, Fine Arts Department chair (Studio Art, AP Art History), Mercy Hwang, (Orchestra and Choir) and Natasha Ippolito (Musical Theatre and Drama) worked with hundreds of students to plan performances and art displays for this magical evening. In addition, Ms. Barbara Gothard, who is co-teaching block 5 with Mr. Smith, had her students display environmentally friendly art projects. Ms. Gothard has been a welcomed addition to our Fine Arts Department. A big thank you goes to all of our participants and to those who came out to support the arts.

## Upcoming Events:

- January 27: Stars in Our Eyes
- Preuss students will be showcasing their talents in at the annual festival of the performing arts sponsored by the La Jolla Rotary Club. Stars in Our Eyes will take place at 7:00 p.m. at La Jolla High School. Tickets are free to Preuss students and parents and are available through Mr. Smith ([bpsmith@ucsd.edu](mailto:bpsmith@ucsd.edu)). The proceeds support scholarships available to Preuss students.
- January 29: *Jazz Gone Global*, Cecil Lytle Piano Concert to benefit the Lytle Scholarships. Preuss students will speak during intermission. Tickets \$50 adults, \$10 students. Order on-line at: [RELS.UCSD.EDU](http://RELS.UCSD.EDU) (858) 534-1507.
- February 1: Middle School Spelling Bee, 2:30 p.m. Paid parking available in lot across the street from Preuss.
- February 2: Preuss Board of Directors Meeting, 4:15 p.m. Open meeting.
- February 4: Science Olympiad – Middle School Competition, Rancho Bernardo High School, 8:00 a.m. – 4:00 p.m.
- February 11: NOBCChE Science Bowl, Lincoln High School, 8:00 a.m. – 2:00 p.m.
- February Holidays: February 17 – Lincoln Day, February 20, Washington Day
- February 18: Science Olympiad, High School, Rancho Bernardo High School, 8:00 a.m. - 4:00 p.m.
- February 23: Orchestra Winter Concert – 2:45 p.m. Hourly paid parking is available in lot across from Preuss.

## Healthy ideas from your school nurse. Happy 2012!

### **“Make goals not resolutions”**

Healthy and happy new year 2012! A new year has begun and it is a great opportunity to get a healthy new start on improving our health habits. January is a good month to reflect upon our health habits and on our commitments to self improve. Setting simple, realistic and attainable goals for health improvement on nutrition, exercise and healthy daily habits can improve our general health and our school/work performance.

By planning for success in making lifestyle changes children as well as adults can make positive change. Some healthy ideas are: stocking the pantry and refrigerator with healthy food and snacks in pre-portioned sized containers for our busy lifestyle, making grocery lists and weekly food plans while sticking to healthy options, planning for time to exercise and regular workouts and reducing time spent on TV watching and computer games. Other ideas include eating more meals as a family. Family meal times can have many benefits such as providing a time to exchange ideas, feelings, strengthen family ties and traditions. Eating meals as a family has also been linked with being successful in school including better grades and higher test scores. Studies show that tracking your success, such as keeping food diaries can help stay on target. Having a buddy system whether it is a friend, parent, school nurse, teacher or school mate can make it even more fun and can provide a source of encouragement along with resources. See the nurse for further information or any special concerns you would like to discuss.

### **Action steps to protect your child and family from the flu (per CDC guidelines):**

- 1) Practice good hand hygiene by washing your hands with soap and water especially after coughing and sneezing (alcohol based sanitizers are also good)
- 2) Cover your mouth and nose with a tissue or sneeze into your elbow or shoulder when you cough or sneeze.
- 3) Stay home if you or your child is sick for at least 24 hours after there is no longer a fever or signs of a fever.
- 4) Get immunized each year for seasonal flu.

### **Reminder for our 6<sup>th</sup> graders:**

If you have not done so already have your child get their Tdap booster, A Tdap booster is required for 7<sup>th</sup> grade entry. Please provide updated immunization records to the school nurse. For further information and resources contact the school nurse. You can learn about shot requirements and related resources on the website: [www.shotsforschool.org](http://www.shotsforschool.org) , 211, or the public health department CHDP office @ 1-800-675-2229 where you can also get information on free health physicals.

**Stay healthy!**

## Words from the Library and Media Center

### Whispers from the Preuss School Library

The Library is currently running its Annual Bookmark Contest. All Preuss students are welcome to participate. The theme this year is **'Your Favorite Book'**. Bookmarks can be picked up in the library starting January 17<sup>th</sup>. The completed book mark is due January 27<sup>th</sup> and students will vote on their favorite design from January 30<sup>th</sup> through February 3<sup>rd</sup>. **Winners will be announced February 7<sup>th</sup>** in the Daily Bulletin. The top two bookmarks from middle school and high school will have their book-mark published for the whole school to enjoy and a choice of book or a \$10 gift card to Barnes and Noble. We would like to thank Mr. Tom Puente, Brock Puente's dad, for publishing all the winning book-marks.

If your student has outstanding fines or late textbooks they are not able to participate in any extra-curricular activities. These activities include dances, athletic events, and after school clubs. **Seniors will not be able to walk at graduation or receive their diploma unless their record is completely cleared.** So, do not wait until the last moment. Notices come home at the beginning of each month. Ask your student for this notice or you can call the library to check on your student's library record. Our phone number is 858-658-7425.

Karen Nance and Maria Gonzalez  
[kgnance@ucsd.edu](mailto:kgnance@ucsd.edu) or [mgg001@ucsd.edu](mailto:mgg001@ucsd.edu)

## About Service Hours

All parents are welcome to our Parent General Meeting on Saturday February 25<sup>th</sup> held in the Walton Center from 9:30 – 11:00am.

At our February 25<sup>th</sup> Parent General Meeting, we will be having a potluck and we invite all parents to participate and bring a dish. Parents receive 2 volunteer hours for attending the parent meeting and 2 hours (per family) for donating a cultural dish. Please plan on attending our upcoming parent meetings!

All parents are welcome to complete volunteer hours at our school Monday through Friday from 8:00 – 4:30pm. You don't need an appointment, just stop by! Parents can also complete volunteer hours by making donations for school events, chaperoning school events, and carpooling students to school events. If you have any questions regarding how to complete your volunteer hours please contact Antonio Mora at (858) 658-7473.



### *Please join us for the Annual Preuss Parents' Potluck Lunch*

*Saturday, February 25, 11:00 am.  
Come and enjoy meeting other parents!  
It will be a lot of fun  
Everyone is invited to bring a dish*

### **REUNION ANUAL DE PADRES DE FAMILIA**

*Por favor únase a nosotros a celebrar nuestra  
Reunión Anual de Padres de Familia de Preuss  
Sábado, 25 de febrero—11:00 am  
Venga a disfrutar y a conocer otros padres!  
Habrá mucha diversión  
Le invitamos a traer un platillo de su preferencia*





# Student Services

## Happy New Year Preuss Families!!

It is hard to believe we are approaching the completion of 1st Semester! Finals will be administered Monday, January 23th through Friday, January 27th, and 1st Semester Final Report Cards will be mailed home to parents on February 3rd. During this time many students are focused on test preparation and additional academic support for final grades. Reminder: students who wish to stay after school for tutoring must sign up in advance with a teacher to reserve their spot in a classroom or they will not be allowed to stay after school. Final exams, grades, and projects can often create additional pressure and stress for students. In order to help support students during this important time, Student Services will be holding **Stress-Down Week** activities during Final Exams at lunchtime. The de-stressing activities will include: games, coloring, yoga, breathing exercises and relaxing biofeedback music.

As always, please contact us if we can support you in any way. Thank you!

Ms. Nieto—School Counselor Grades 9-12  
**jnnieto@ucsd.edu**  
 (858) 658-7216

Ms. Patrick—School Counselor Grades 6-8  
**empatrick@ucsd.edu**  
 (858) 658-7408

Ms. Resendez—College Advisor  
**jresendez@ucsd.edu**  
 (858) 658-7478

Ms. Bartlett—Learning Specialist  
**klbartlett@ucsd.edu**  
 (858) 658-7286

### **1/23 - 1/26:**

**-1st Semester Final Exams:**

**-Stress-Down Week** during lunch

### **2/3:**

**1st Semester Final Report Cards mailed home to parents**

## 7th Grade STAR Writing Test in March

We are beginning to dive into the California Standards Testing for the 2012 school year. All 6<sup>th</sup> through 11<sup>th</sup> grade students will be participating in STAR testing which takes place during the last week of May.

**March 6th** will be the date for the STAR (Standardized Testing and Reporting) **writing exam for 7<sup>th</sup> grade students only**. We want all of our students to be able to be as successful as possible on their standardized examinations. Please encourage your students to do their best and not to worry about the exams so that they may focus and be at their best on the day of testing. Please also remind students to get a good night's rest the evening before testing and have a nutritious breakfast the morning before testing. Thank you for all you do to support your student's success!!

## Expanding Your Horizons A conference in Science, Technology, Engineering and Math for young women in grades 6-10

When: Saturday, March 3, 2012  
 from 8:30am-3:15pm

Where: University of San Diego

How: Register online at  
<http://www.eyhsandiego.org/>

The Expanding Your Horizons Conference is a unique opportunity for girls in grades 6-10 to engage in hands-on workshops in science, technology, engineering and math (STEM) led by San Diego's top scientists, engineers, and specialists. This unique event is designed to foster young girls enthusiasm for STEM careers, inform them of professions and opportunities, and encourage them to continue their studies in science and math to reach their goals and objectives. There will also be a parent program with Spanish translation. The registration fee is \$20.00 but fee waivers are available.



# Student Services

## **Latina Youth Leadership Conference**

Lambda Theta Nu Sorority is hosting a conference designed to help young women set educational goals, develop leadership skills, enhance self esteem, and learn the importance of higher education and how to attain it. This is for current 8th-11th grade young ladies.

When: February 11, 2012

Where: UC San Diego

Time: 7:30am-3:00pm

Cost: FREE

Transportation: Not Included

**REGISTER TODAY!!**

<http://sites.google.com/site/ucsdxilambdas/community-service/lylc-registration>

Contact for more info: Mariel Mauricio, [Lylc.ucsd@gmail.com](mailto:Lylc.ucsd@gmail.com)

## **ASU High School Conference at SDSU**

The Afrikan Student Union (ASU) High School Conference will be held on Saturday, February 11th at San Diego State University from 8am-6:00pm. This one-day conference will feature workshops on financial aid, academic preparation for higher education, career planning and college life. Live entertainment and lunch will also be provided for free!

**Cost: FREE**

Transportation: Not Included

**REGISTER TODAY!!**

<http://asuatsdsu.weebly.com/high-school-conference.html>

## **Attention High School Students!**

Do you love music and theatre? Have you ever been interested in watching a live opera? Here is your chance....

> What: **Student Nights at the Opera 2012** in Downtown San Diego

> When: Thursday, April 19th at 6:30pm

> Why: To watch The Barber of Seville.

FIGARO, FIGARO FiiiiiiGARO!! This riotous musical comedy is one of the most popular operas.

> How: Only 30 FREE student tickets available. First come, first serve. Free bus transportation departing from Preuss.

See Ms. Resendez to sign up.

## **News from the PTA President Continued**

the Parent Dinner Dance on April 28<sup>th</sup>, and the Teacher Staff Appreciation Breakfast in May that will need volunteers to setup, cleanup, and need items for donation. Please contact the Parent Volunteer Coordinator Antonio Mora for more information and if you would like to volunteer. The PTA is always in need of your help and support, so we can give back to our students. Turn in your Box Tops, sign up for eScrip at [www.escrip.com](http://www.escrip.com) with group id #6554660, support our merchandise sales, and buy your PTA membership. Every little bit counts and goes to our students.

Upcoming important dates:

**02/07/12 PTA Executive Board Meeting:** 5:30pm - 6:30pm, Conference Room

**02/25/12 Parent General Meeting:** 9:30am-11:00am, Walton Center (Family Cultural Potluck)

**03/06/12 PTA Executive Board Meeting:** 5:30pm - 6:30pm, Conference Room

**03/17/12 Parent General Meeting:** 9:30am-11:00am, Walton Center (PTA Elections)

On behalf of our 2011-2012 PTA Executive Board, we look forward to working with you this school year.

Sincerely,

Maria Reid, Preuss PTA President

# ASB News

By Anne Artz

## ASB Ball

*A Whole New World* is the theme for the 2012 ASB Ball being held at the Doubletree Hotel in Mission Valley. A large crowd is expected since this is the first formal dance of the year. Many students purchased their tickets back in October as part of discount package. Dreams of flying carpets and magic lamps will abound on this magical night!

Don't wait to get tickets— you don't want to miss this fun event! Parents, if you are interested in chaperoning, please contact Antonio Mora in the front office. The dance is from 7:00—11:00pm.

## Air Band

Coming up are two highly anticipated events at Preuss – the annual *Senior Air-Band Show* on Saturday, March 24<sup>th</sup> and the school-wide Sports Day on Saturday, April 28<sup>th</sup>.

Tickets must be purchased for the AirBand show due to limited seating but Sports Day is open to all middle and high school students. Come compete on a flag football or soccer team. Teams can be co-ed too! Watch for more information in the bulletin and make your plans to attend these fun activities.

## SCIENCE DEPARTMENT NEWS

14 students submitted their science fair projects for screening at Marshall Middle School in San Diego. Judges there review the projects and select outstanding projects to participate in the Greater San Diego Science and Engineering Fair in March. Congratulations to three of our students whose projects were selected: Richard Vu, Daisy flores, and Jennifer Hernandez. Students at the San Diego Science Fair are eligible for awards and cash prizes from various businesses and organizations. Good luck to these students!

Anne Artz  
Teacher and Science Department Chair  
ASB Advisor  
The Preuss School UCSD  
[aartz@ucsd.edu](mailto:aartz@ucsd.edu)

### GENERAL PREUSS PARENT MEETING

Saturday, February 25, 2012  
Preuss School Auditorium  
9:30-11:00 a.m.

We're on the web  
[www.preuss.ucsd.edu](http://www.preuss.ucsd.edu)

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