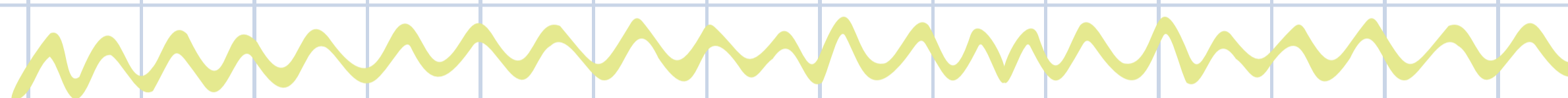
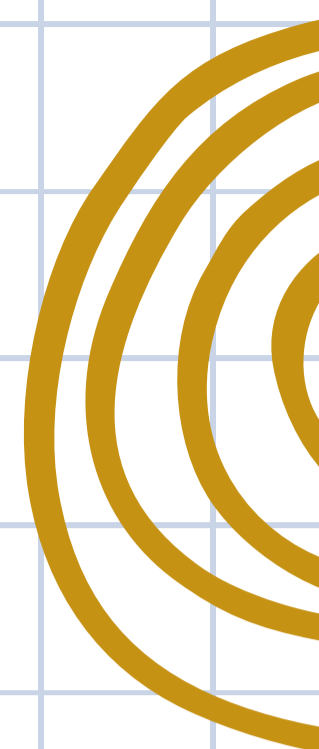


the preuss school



Happy Thursday, Scholars!
Remember the Preuss Way is
Kindness, Respect, and Excellence.
Have a wonderful day!

Today is: B-DAY

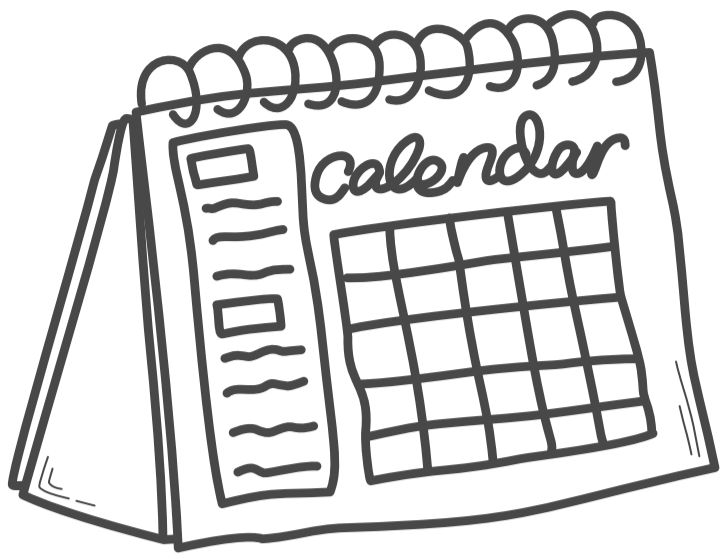
SAT Word
dilatory (adj.)
tending to delay,
causing delay

SAT Word
Sentence Example
The general's dilatory
strategy enabled the enemy
to regroup.



**ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE.
PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN.**





march

at a glance!

MAR

6 + 20

2:30PM - 4:00PM

Feeding San Diego
Food Distribution

MAR

7 + 21

9:00AM - 11:00AM

Saturday Enrichment
Academy (SEA)

MAR

12

4:30PM - 6:30PM

Festival of
the Arts

MAR

10-13

ALL DAY

PI Week
Fundraiser

MAR - APR

30-3

ALL DAY

NO SCHOOL
Spring Break

Undocumented/Mixed-Status Scholar Resources

Undocumented and Mixed-Status Scholar Resources

Below are links to various documents that have been provided via various agencies. The Preuss School is providing these documents as resources for our learning community.

[General Information on Immigration](#)

[FAQ's for University Employees](#)

[Wallet Card Template for Printing](#)

[Parent Letter \(General Information Immigra...](#)

[Know Your Rights Card Text](#)

[FAFSA and CADAA Information 2025-2026](#)

[Know Your Rights Immigration Information](#)

[Immigration on UC Campus \(Slides\)](#)

[Click here to access the website!](#)

Pick up a copy of your **Wallet Card** from the front office (both English and Spanish available; also available for printing on the website).

If you encounter ICE on the street

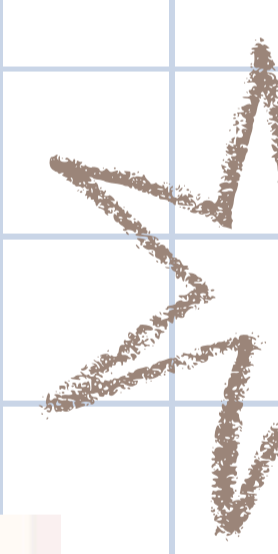
- NOT required to stop and talk with them, answer questions, or show documents
- Say " I know I have the Right to Remain Silent"
- Am I under arrest or am I free to go?

If ICE comes to your home:

- Don't open the door. Ask them, with the door closed, "Do you have a warrant?"
- Have them slide the warrant under the door. The warrant must be signed by a judge and have the correct name and address.
 - If they do enter, you have the right to remain silent and the right to speak to a lawyer.
 - Do not sign any document.

EXPLANATION OF WARRANT NEEDED

- A phrase to practice is: "I'm not sure what this is about, but I know that I have the right to remain silent"
- Calmly and respectfully ask "Am I under arrest or am I free to go?"
- Kindness goes a long way with ICE and police
- Avoid taking risks and being in the wrong place at the wrong time
- Remain respectful and calm



Math Tutoring Schedule



MONDAY - FRIDAY

2025-2026

Monday

HS Lunch Ms. Chovy - Room D101
HS Lunch Dr. Weber - Room D102
4pm - 5pm Ms. Chovy + Ms. Barnes - Room D101

Tuesday

HS Lunch Ms. Chovy - Room D101
HS Lunch Dr. Weber - Room D102
4pm - 5pm Ms. Eid - Room D101

Wednesday

HS Lunch Ms. Chovy - Room D101
HS Lunch Dr. Weber - Room D102
4pm - 5pm Dr. Weber - Room D101

Thursday

HS Lunch Ms. Chovy - Room D101
HS Lunch Dr. Weber - Room D102
4pm - 5pm Mr. Arias + Mr. Huang - Room D101

Friday

HS Lunch Ms. Chovy - Room D101
HS Lunch Dr. Weber - Room D102



upcoming...

games of the week!

lacrosse

boys

3/17: home vs. del norte JV (4pm)
3/20: away @ canyon hills (7pm)
3/25: away @ lincoln (7pm)
3/27: home vs. mira mesa (5pm)

girls

3/16: home vs. bonita vista (4pm)
3/19: home vs. classical academy (3:30pm)
3/25: home vs. morse (3:30pm)
3/27: home vs. lincoln (3:30pm)

boys volleyball

3/17: home vs. bayfront charter (3pm)
3/18: away @ kearny (4pm)
3/23: away @ king-chavez community (3:45pm)
3/25: away @ bayfront charter (3:45pm)
3/26: home vs. bostonia global (3pm)

track & field

3/26: fc cluster meet #2 (3pm)

preuss athletics

good luck to our teams!
if you can, go out and show some support!

full sports schedules are posted on
the bulletin board near the front office

Introducing: Preuss Lightning Lunch Pass!

Starting 2nd semester - Be on the lookout for the new
Preuss Lightning Lunch Pass ⚡

Administrators are always watching for scholars who exemplify
The Preuss Way — Kindness, Respect, and Excellence.

When a scholar is caught doing the right thing, they may be surprised with a Preuss Lightning Lunch Pass!

You can earn a pass in many ways, including:

Consistently being in uniform

Arriving at class on time

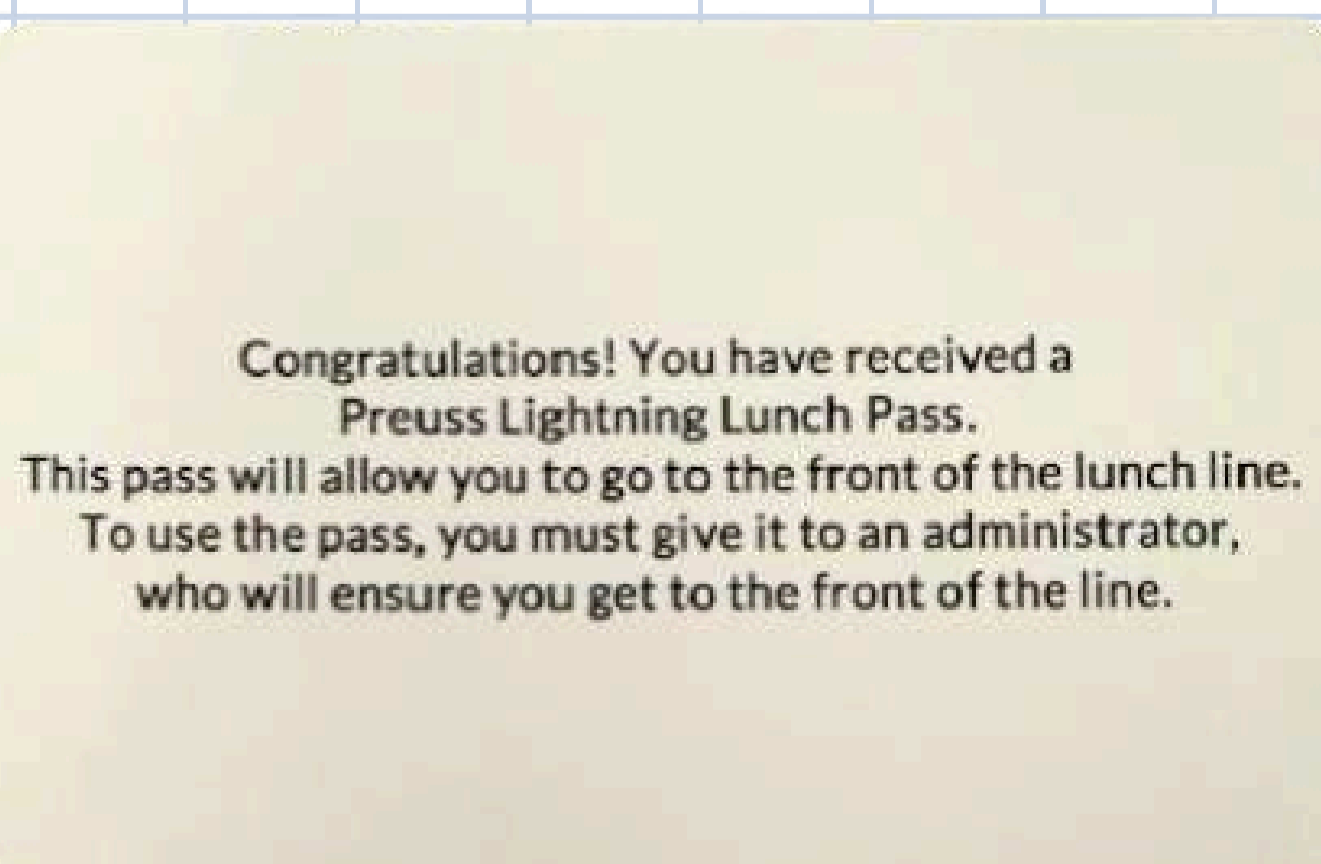
Picking up trash during lunch

Showing random acts of kindness or leadership

Once you earn a Lightning Lunch Pass, it's yours to keep — **there is no expiration date.** You may redeem it on any day you choose.

To redeem your pass, an administrator
(VP Agliam, VP Brown, or Dr. Steitz) must be available to escort you to the **front of the lunch line.**

Keep living the Preuss Way — you never know who's watching! ⚡



february

teachers of the month!



*Congratulations to our
February Teachers of the
Month!*

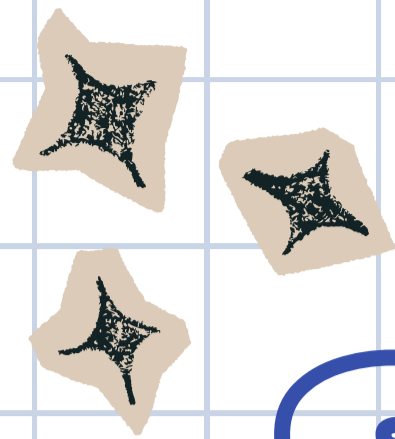
Middle School: Mr. Fulchiron
High School: Ms. Ackerman

These teachers go above and beyond every day—supporting students, creating engaging lessons, and building a positive classroom community. Their dedication, kindness, and commitment to excellence truly make a difference on our campus. Thank you for inspiring students and colleagues alike!



Voting for **March's Teacher of the Month** is now open. Please use the **Google Form link posted in Advisory** to submit your vote. Make your voice heard and help us recognize more outstanding educators!

Voting closes soon—don't forget to participate!



Scholarship opportunities



Golden Pyramid Scholars Program

Golden Pyramid Scholars & College Signing Day Program
 Sunday, May 17, 2026, 2:00 p.m.
 at the University of San Diego
 Shiley-Theatre, 5998 Alcalá Park San Diego, CA 92110

Application Now Open

We are thrilled to announce our Scholars Program, designed to empower ambitious individuals to achieve academic goals. Let's create a better tomorrow through educational achievement! Find out how you can get involved.

kea@sdul.org

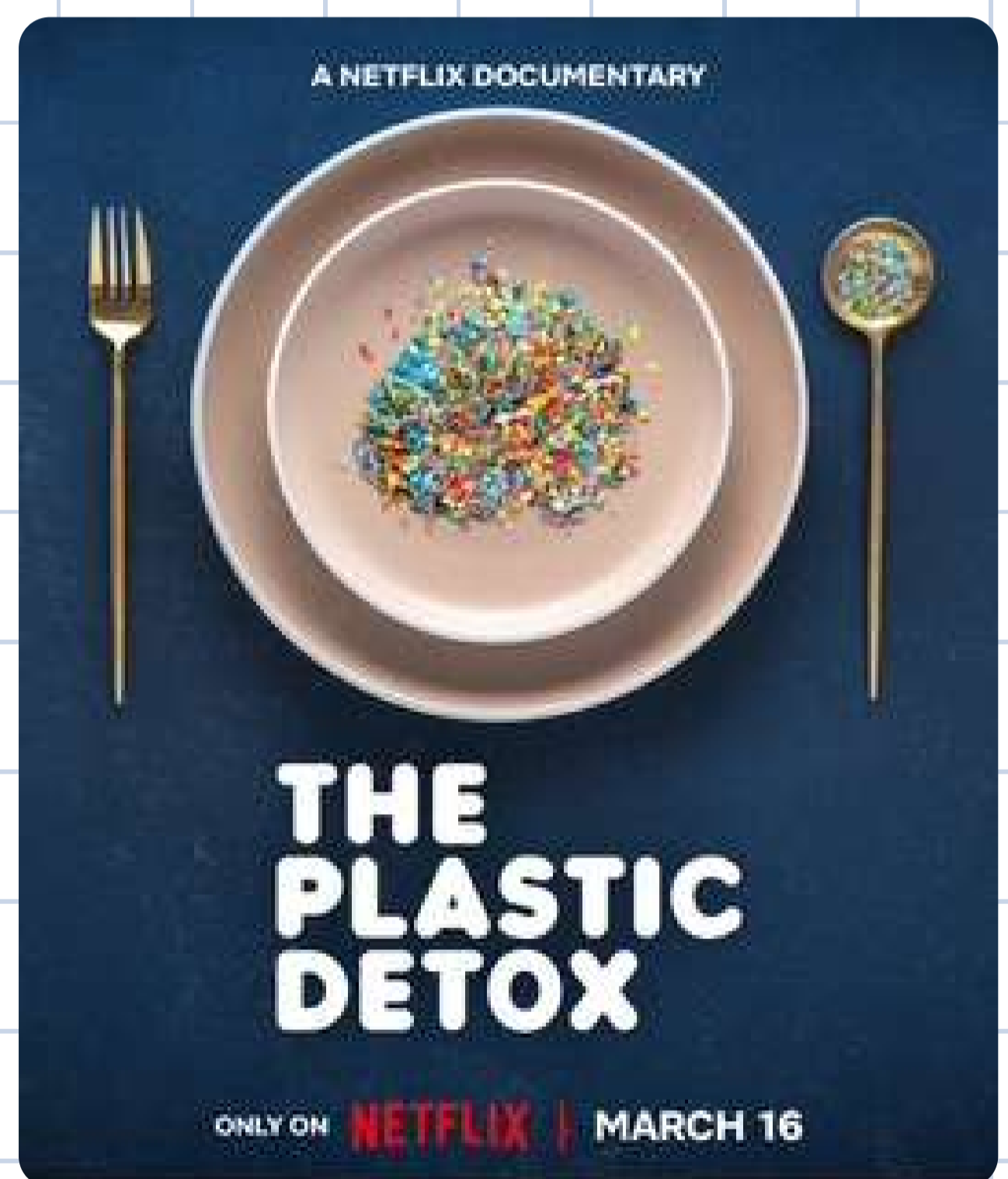
Things that set us apart:

- Scholarships ✓
- Motivational Messages ✓
- Financial Assistance ✓
- Mentorship Opportunities ✓
- Networking and Community ✓

Use this QR Code or the Link Below:
<https://form.jotform.com/260115221606140>

WWW.SDUL.ORG

Register Today!!!



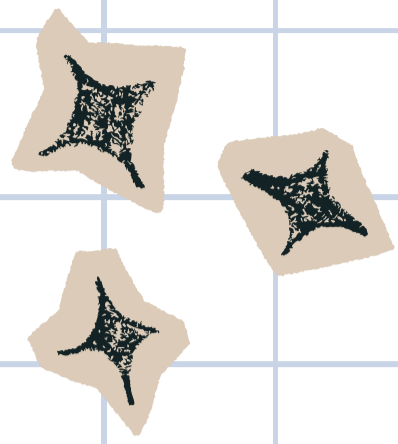
Do you want to be recognized for your scholarly achievements?

If yes, please apply to become a **Golden Pyramid Scholar!**

The recognition ceremony is on **Sunday, May 17, 2026.** See the flyer to register immediately.

Are you interested in the ever growing research around the effects of harmful chemicals in plastics in the US?

If yes, view the documentary on Netflix, **The Plastic Detox.**



Upcoming events



Red Cross Club
Guest Speaker

Natural History
Museum Field Trip

**+ RED CROSS +
CLUB
MEETING +**

**+ Thursday
March
19th
2026**

**Featuring:
GUEST
Speaker,
May Kuthol**

Where: C101
Time: During Highschool Lunch
Snacks will be provided!

@preussredcross

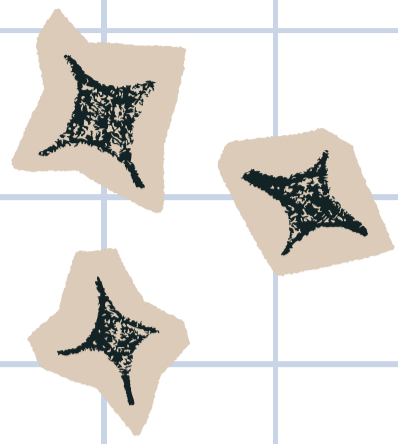
**BIOLOGY FIELD TRIP
ADVENTURE!**

**San Diego Natural
History Museum
Balboa Park**

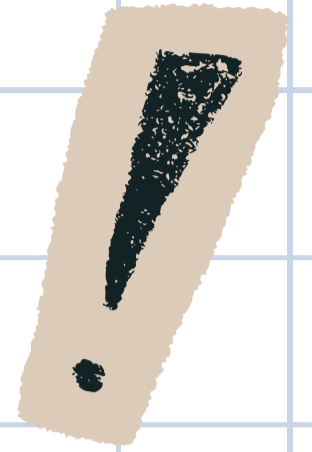
**Thursday,
March 19th**

**Permission
Slips Due:
Monday,
March 16th**

**Turn in to your
Biology Teacher**



upcoming events



CASH WARS

Cash Wars

3/23 - 3/27



3/23-3/27.

DURING HS. LUNCH

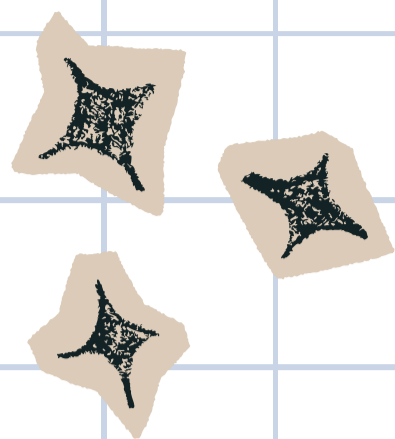
2026 POINT SYSTEM:

- Ones= +100
- Fives= -500
- Tens= -1000
- Twenties= -2000
- Fifties= -5000
- Hundreds= -10,000

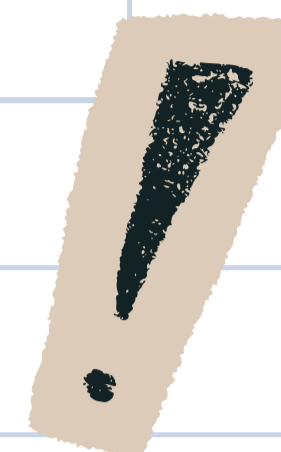


**NO COINS
ALLOWED!**





upcoming events



Preuss AirBand

AROUND THE WORLD

Friday @ 6:00 pm ✈
April 17th Walton Center



AUDITION REQUIREMENTS

- Acts inspired by your culture or heritage are encouraged, but not required.
- Email must include name and grade of everyone in the act.
- Students can only participate in one student led act (not counting advisory and club acts)
- Videos must have clear visual and audio quality.
- Any audio used during your act must also be sent as an mpg OR as a YouTube link.
- Videos MUST have clear visual and audio quality
- Wear whatever outfit you plan on wearing during the act in your video

**EMAIL YOUR VIDEO TO
HSASB@PREUSS.UCSD.EDU
BY APRIL 3RD**

ACTS CANNOT EXCEED 4 MINUTES

This day in history...



Rho Kappa

This Day In History
Women's History Month Edition!

MARCH 19TH, 2026

BIRTHDAY ANNOUCEMENTS!

March 19th, 1907- Elizabeth Maconchy was one of the most respected composers in 20th-century British music. Studying at the Royal College of Music, she produced more than 200 songs. In 1959, she became the first woman to chair the Composers' Guild of Great Britain and later named a Dame Commander of the Order of the British Empire.



March 19th, 2025

Helen Zia is an advocate for human rights and gender equality, often addressing racism and gender violence. On this day, she spoke at the University of Notre Dame as part of its Asian American Distinguished Speaker Series for Women's History Month.




March 19th, 1911

The first official International Women's Day was celebrated all over Europe advocaating for unity and action of women's rights. . Over a million people joined demonstrations calling for women's right to vote, hold public office, and an end to workplace discrimination. The idea was proposed by German activists Clara Zetkin, Käte Duncker, and Paula Thiede.

Rho Kappa Honor Society



Musical Fact of the Week



Fender[®]

LEO FENDER

Founded in 1946
Fullerton, CA

Fender Electric Instrument Company revolutionized music by introducing the first mass-produced solid-body electric guitars, starting with the Telecaster (1950) and the iconic Stratocaster (1954). Known for bolt-on necks, single-coil pickups, and durable, player-focused designs, Fender shaped the sound of modern rock, country, and blues.





food sales

after school!



APIA PRESENTS ...

CUP NOODLE SALE

TUESDAYS
 JAN (6TH, 20TH)
 FEB (3RD, 10TH)
 4:05 - 4:30PM

SHRIMP - CHICKEN - BEEF

\$2

APIA Noodle Sales

Class Of 2028 MENU

EVERY FRIDAY
 After School
 MARCH-APRIL

DRINKS

| | |
|-------------|-----|
| Mini Coke | \$1 |
| Mini Sprite | \$1 |
| Dr. Pepper | \$2 |

SNACKS

| | |
|---------------|-----|
| Hot cheetos | \$1 |
| Hot fries | \$1 |
| Mini Cookies | \$1 |
| Gushers | \$1 |
| Honey buns | \$2 |
| Shrimp Ramen | \$2 |
| Chicken Ramen | \$2 |
| Shaved Ice | \$3 |

CANDY

| | |
|---------------------|-----|
| Airhead Sour Strips | \$2 |
| Skittles | \$2 |
| Starburst | \$2 |

C/O 2028 Snack Sales

CLASS OF 2026

GAME DAY SNACK SALES

SNACKS

| | |
|---|--------|
| Hot Chips (Doritos, Funyuns, Hot Fries, Hot Cheetos, & Takis) | \$1.00 |
| Sour Punch Straws | \$2.00 |
| Meiji Hello Panda Chocolate Cookie | \$0.50 |
| Oreos | \$1.50 |
| Skittles | \$1.50 |

DRINKS

| | |
|----------------------|--------|
| Slushies (Big Cup) | \$5.00 |
| Slushies (Small Cup) | \$4.00 |
| Coca-Cola | \$2.00 |
| Sprite | \$2.00 |

DATES

Feb. 5th, 10th, 12th, & 27th
 March 5th, 11th, 16th, 19th, & 25th
 April 8th

Selling in front of Manchester Field from 4-5:30 pm!!

Support the Class of 2026!

FINANCE CLUB SALE

| | |
|-------------------|--------|
| Oreos | \$1 |
| Arizona Green Tea | \$1 |
| Chips | \$1 |
| Cup of Noodles | \$1 |
| Honey Buns | \$1.50 |
| Sour Patch Kids | \$0.25 |

Finance Club Sales

CHIPS Sales

Every Monday!

FRONT OF SCHOOL
\$1

PREUSS MUN

MUN Chip Sales

club announcements!

Henna Club

Come and join the Henna Club! Learn about what henna is, its traditional significance, and how to create your own art designs. The Henna Club meets every **Tuesday after school** in **T101**. (Ms. Noorzays classroom) See you there!

Henna Club

COME JOIN US ON THE 2ND AND 4TH WEDNESDAY OF THE MONTH IN ROOM B203 DURING HIGH SCHOOL LUNCH

PRE-LAW SOCIETY CLUB

Pre-Law Society Club

JOIN SCIENCE OLYMPIAD!

Science Olympiad is a nationwide STEM competition for middle and high school students. Students compete in teams in a series of hands-on and knowledge-based events. The competition aims to inspire interest in STEM fields, build problem-solving skills, and foster collaboration. Interested in STEM, problem-solving and team competition? If so, attend Science Olympiad meetings!

TUESDAYS - 4:00PM ROOM C202

Science Olympiad

PREUSS MUN

EVERY 1ST AND 3RD THURSDAYS OF THE MONTH HIGH SCHOOL LUNCH

GOOGLE CLASSROOM CODE: **qc7x6qy** CLASSROOM: **B203**

Preuss MUN Club

ART CLUB

AFTER SCHOOL MEETS: WEDNESDAY; WEEKLY FROM 4:05-5:00

GC CODE: **eyzqfll**

IN NEED OF EXPERIENCED ARTISTS

Experienced artists in need for homecoming decorations, secrecy and confidentiality is required. If interested please show up to T101 on Sep 3. at 4:05

Art Club

THE PREUSS ESPORTS TEAM IS LOOKING FOR NEW PLAYERS!

HAVE A PASSION FOR GAMING? INTERESTED IN PLAYING IN THE FALL OR SPRING? JOIN US!

September 10th HS Lunch E202

HAVE QUESTIONS?

Email Coach Esparza lesparza@ucsd.edu & Coach Hua mhua@ucsd.edu

eSports Club

2nd Thursday of each month during lunch

CRIMINAL JUSTICE

Google Classroom Code: **lq2yzq3h**

Meet Officers Wolf and Romano!

Room: E103 Insta: [criminaljusticeclub2026](https://www.instagram.com/criminaljusticeclub2026) Know about your rights & how to stay safe

Criminal Justice Club

Ecology Club

Trash belongs in the Bin YOU belong in Ecology Club!

Join Ecology Club!

With a new advisor & officers, we plan on fixing the issues of previous years while keeping the club spirit the same: Keeping Preuss clean through recycling, composting, & clean-ups

WHEN: After-school Fridays WEEKLY MEETINGS FROM: 4:05 pm - 5:00 pm WHERE: Behind A Building

Ecology Club

Join us for

Asian Pacific Islander Association

Dance, Community Service, AAPI celebrations

2nd & 4th Wednesdays during Lunch in E201

2027-dtho@preuss.ucsd.edu j10nguyen@preuss.ucsd.edu

APIA Club

JOIN US FOR Interact Club!

Every 2nd and 4th Tuesdays during HS lunch! When?

Where? **Room D201**

bp44xvt Classroom code!

Questions, comments, or concerns? Contact: j10nguyen@preuss.ucsd.edu and/or 2027-dtho@preuss.ucsd.edu

Interact Club

THE PREUSS BOOK CLUB

Throughout the club, we read a diverse range of books covering different genres, cultures, and time periods. We meet every 1st and 3rd Tuesday of the month during lunch—and we get to keep the books we read for free! Club fair is coming up so don't forget to join!

We meet in Mrs. Majors room (E101).

Book Club

JOIN US AT

Dreamers Club

EVERY 1ST AND 3RD MONDAY OF THE MONTH ROOM E202

PROVIDING A SAFE SPACE FOR UNDOCUMENTED AND DOCUMENTED STUDENT.

ANY QUESTIONS? lesparza@preuss.ucsd.edu ssilva@ucsd.edu Classroom Code:

Dreamers Club

club announcements!

PREUSS
DEBATE CLUB IS AN ENVIRONMENT FOR STUDENTS TO FOSTER CRITICAL THINKING AND PUBLIC SPEAKING SKILLS AND CONFIDENCE. CHALLENGE IDEAS, ENGAGE IN MEANINGFUL DISCUSSIONS, AND MOST OF ALL, HAVE FUN!!!

DEBATE CLUB
1ST AND 3RD WEDNESDAYS @ LUNCH

Debate Club

EVERY 1ST AND 3RD TUESDAY OF THE MONTH

LA GLORIA LATINA

We meet during lunch in Mrs. Wiedemeier's room (D203).

To stay updated with our events follow our Instagram page: [laglorialatina](#)

La Gloria Latina Club

JOIN US IN E201

FINANCE CLUB
Tuesday's After School

LEARN TO BE FINANCIALLY LITERATE AND IMPROVE YOUR KNOWLEDGE OF MONEY WITH FUN GAMES, MONTHLY COMPETITIONS, AND PRIZES.

Finance Club

1st and 3rd Wednesdays of Each Month!

Tsunami Club

When: High school Lunch
Where: E102

Google Classroom code: [jnei3d6i](#)

Tsunami Club

ROCK BAND

Room T102
Tuesdays 4:00pm - 5:00pm

Become a member of a band as a vocalist, drummer, guitarist, bassist, or keyboardist. Learn different songs with your band mates to eventually perform in shows. No instrument experience is needed!

Rock Band Club

ROBOTICS CLUB

THURSDAY
4:00 P.M. - 5:00 P.M.

TO STAY UPDATED, FOLLOW US ON INSTAGRAM: @MIDNIGHTMECHANICS

Robotics Club

BLACK STUDENT UNION!

JOIN TO CONNECT, CELEBRATE, SUPPORT, AND EMPOWER OUR COMMUNITY!

EVERY 2ND AND 4TH TUESDAYS IN E101!

FOLLOW US ON INSTAGRAM! @PREUSSBSU

BSU Club

ADVISOR: DR. J

PREUSS COMP SCI

Meets every 2nd and 4th Mondays in H101

INSTA: [PREUSSCOMPSCI CLUB](#)
GOOGLE CLASSROOM: [BP7LF6TL](#)

Comp Sci Club

Join us at...
MSA CLUB!

EVERY 8-DAY FRIDAY OF THE MONTH DURING LUNCH IN ROOM E202!

FOLLOW OUR INSTA FOR MORE UPDATES!
[@preussmsa](#)

ANY QUESTIONS OR CONCERNS:
[dylv@preuss.ucsd.edu](#)
[mrashidi@preuss.ucsd.edu](#)

MSA Club

Tri-M
HONOR SOCIETY
SIGN UP TO TRI-M!

FOR MORE INFORMATION CLICK BELOW

GRAPES 10-12
GPA MINIMUM 3.5

Tri-M Society

HOSA CLUB
FUTURE HEALTH PROFESSIONALS

Are you interested in healthcare, leadership, or helping others?
Come join HOSA - Future Health Professionals and be part of a team that prepares for success in the medical field!

- Meetings: 1st & 3rd Wednesday of each month
- First meeting: Wednesday, October 15th
- At Lunch
- Learn about medical careers
- Participate in competitions & service projects
- Make new friends who share your passion!

Bring your lunch, your curiosity, and your ambition!
Follow us on Instagram: @PREUSSHOSA

HOSA Club

RED CROSS CLUB
THE PREUSS SCHOOL UCSD

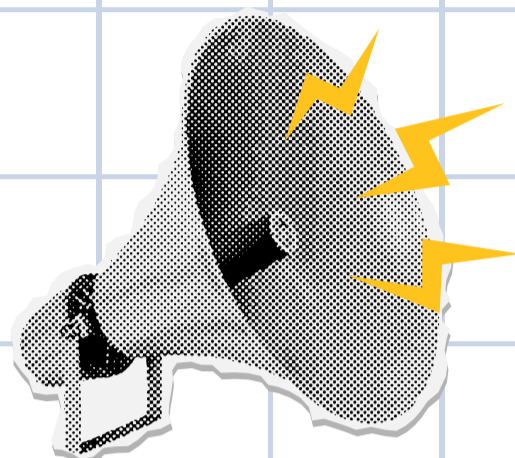
WHAT IS RED CROSS?
A global nonprofit organization that helps people in emergencies, provides blood services, health and safety training, and fundamental principles of humanity, impartiality, and neutrality.

WHAT WE DO:
• Blood drives (asset for graduation available)
• Learn about disaster preparedness.
• Raise money to support families affected by disasters.
• Earn life-saving skills like CPR and first aid.
• Work directly with the Red Cross, getting training and opportunities to take part in real service projects.

VOLUNTEER HOURS AVAILABLE!
JOIN OUR GOOGLE CLASSROOM: [xzjffway](#)

Red Cross Club

daily reminders!



SCHOLARS! ↓

if you would like to add something to the bulletin, please send it to Ms. Isa's email, icayanan@ucsd.edu, by **5pm** the day before!

MTS Trolley Rider Insider Info



Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text [619-318-1338](tel:619-318-1338) or call MTS dispatch at [619-595-4960](tel:619-595-4960). Put these important numbers in your phone so you have them available anytime you ride the trolley!

Lost or forgot something on the trolley?

Call [619-233-3004](tel:619-233-3004) and let them know which trolley line you were on and give a detailed description of what you're looking for.

