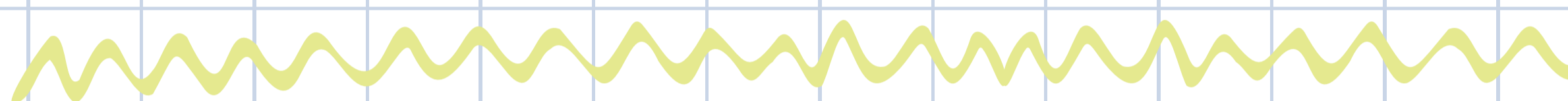


# the preuss school



Happy Friday, Scholars!  
Remember the Preuss Way is  
Kindness, Respect, and Excellence.  
Have a wonderful day!

Today is: B-DAY

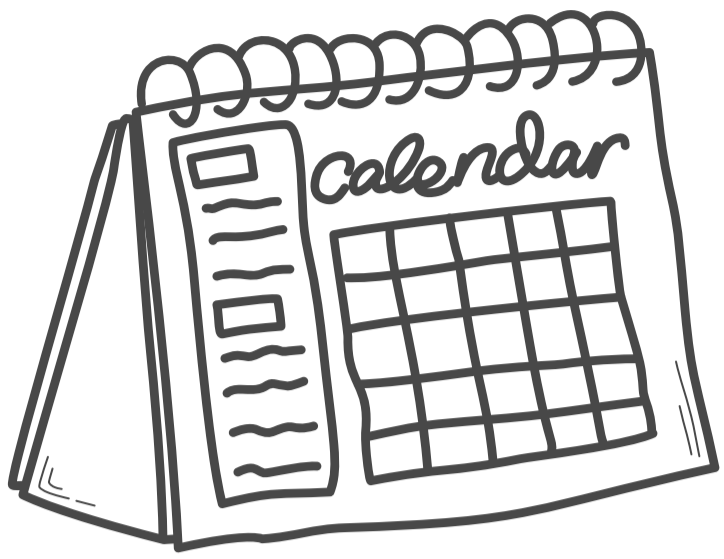
SAT Word  
devious (adj.)  
not straightforward,  
deceitful

SAT Word  
Sentence Example  
Not wanting to be  
punished, the **devious** girl  
blamed the broken vase on  
the cat.



**ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE.  
PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN.**





# march

at a glance!

MAR

**6 + 20**

2:30PM - 4:00PM

Feeding San Diego  
Food Distribution

MAR

**7 + 21**

9:00AM - 11:00AM

Saturday Enrichment  
Academy (SEA)

MAR

**12**

4:30PM - 6:30PM

Festival of  
the Arts

MAR

**10-13**

ALL DAY

PI Week  
Fundraiser

MAR - APR

**30-3**

ALL DAY

**NO SCHOOL**  
*Spring Break*

# Undocumented/Mixed-Status Scholar Resources

## Undocumented and Mixed-Status Scholar Resources

Below are links to various documents that have been provided via various agencies. The Preuss School is providing these documents as resources for our learning community.

[General Information on Immigration](#)

[FAQ's for University Employees](#)

[Wallet Card Template for Printing](#)

[Parent Letter \(General Information Immigra...](#)

[Know Your Rights Card Text](#)

[FAFSA and CADAA Information 2025-2026](#)

[Know Your Rights Immigration Information](#)

[Immigration on UC Campus \(Slides\)](#)

[Click here to access the website!](#)

Pick up a copy of your **Wallet Card** from the front office (both English and Spanish available; also available for printing on the website).

### **If you encounter ICE on the street**

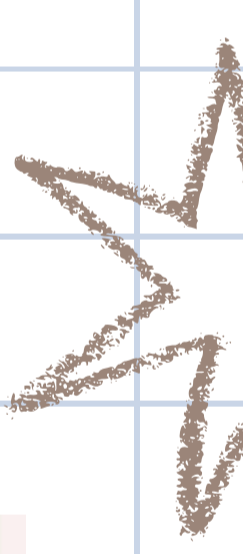
- NOT required to stop and talk with them, answer questions, or show documents
- Say " I know I have the Right to Remain Silent"
- Am I under arrest or am I free to go?

### **If ICE comes to your home:**

- Don't open the door. Ask them, with the door closed, "Do you have a warrant?"
- Have them slide the warrant under the door. The warrant must be signed by a judge and have the correct name and address.
  - If they do enter, you have the right to remain silent and the right to speak to a lawyer.
  - Do not sign any document.

### EXPLANATION OF WARRANT NEEDED

- A phrase to practice is: "I'm not sure what this is about, but I know that I have the right to remain silent"
- Calmly and respectfully ask "Am I under arrest or am I free to go?"
- Kindness goes a long way with ICE and police
- Avoid taking risks and being in the wrong place at the wrong time
- Remain respectful and calm



# Math Tutoring Schedule



MONDAY - FRIDAY

2025-2026

## Monday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Ms. Chovy + Ms. Barnes - Room D101

## Tuesday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Ms. Eid - Room D101

## Wednesday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Dr. Weber - Room D101

## Thursday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Mr. Arias + Mr. Huang - Room D101

## Friday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102



upcoming...

# games of the week!

## lacrosse

### boys

3/11: home vs. mission bay (4pm)  
3/13: away @ claremont (6pm)  
3/17: home vs. del norte JV (4pm)  
3/20: away @ canyon hills (7pm)

### girls

3/16: home vs. bonita vista (4pm)  
3/19: home vs. classical academy (4pm)

## boys volleyball

3/9: away @ monarch (4pm)  
3/13-3/14: monte vista tournament away (time tba)

## track & field

3/12: fc cluster meet #1 (3pm)  
3/26: fc cluster meet #2 (3pm)

### preuss athletics

good luck to our teams!  
if you can, go out and show some support!

full sports schedules are posted on  
the bulletin board near the front office

# Introducing: Preuss Lightning Lunch Pass!

Starting 2nd semester - Be on the lookout for the new  
**Preuss Lightning Lunch Pass** ⚡

Administrators are always watching for scholars who exemplify  
**The Preuss Way — Kindness, Respect, and Excellence.**

When a scholar is caught doing the right thing, they may be surprised with a Preuss Lightning Lunch Pass!

You can earn a pass in many ways, including:

Consistently being in uniform

Arriving at class on time

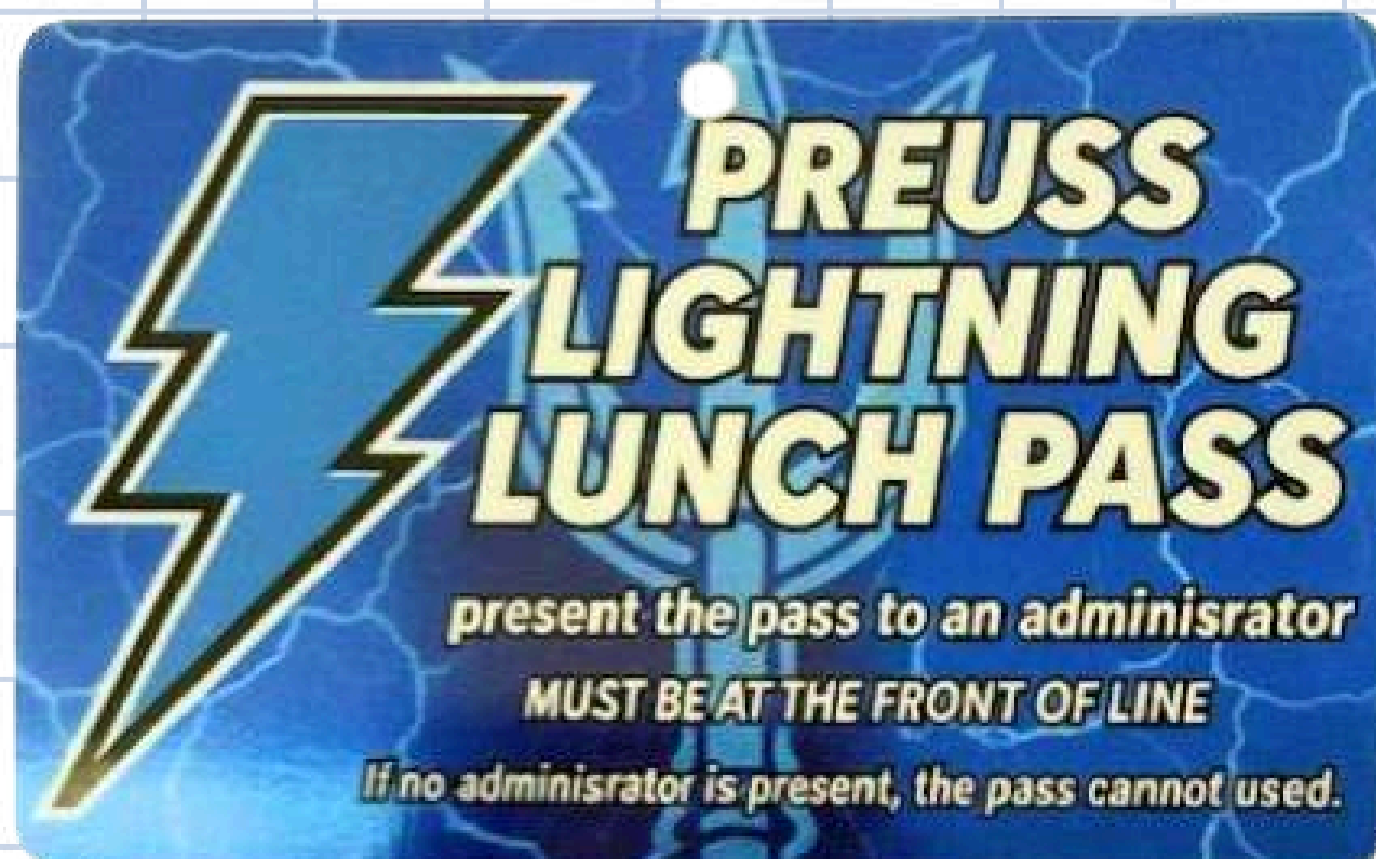
Picking up trash during lunch

Showing random acts of kindness or leadership

Once you earn a Lightning Lunch Pass, it's yours to keep — **there is no expiration date.** You may redeem it on any day you choose.

To redeem your pass, an administrator  
**(VP Agliam, VP Brown, or Dr. Steitz)** must be available to escort you to the **front of the lunch line.**

Keep living the Preuss Way — you never know who's watching! ⚡



Congratulations! You have received a Preuss Lightning Lunch Pass. This pass will allow you to go to the front of the lunch line. To use the pass, you must give it to an administrator, who will ensure you get to the front of the line.

# february

## teachers of the month!



*Congratulations to our  
February Teachers of the  
Month!*

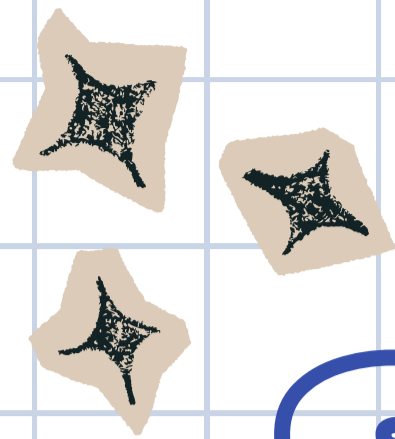
**Middle School:** Mr. Fulchiron  
**High School:** Ms. Ackerman

These teachers go above and beyond every day—supporting students, creating engaging lessons, and building a positive classroom community. Their dedication, kindness, and commitment to excellence truly make a difference on our campus. Thank you for inspiring students and colleagues alike!



Voting for **March's Teacher of the Month** is now open. Please use the **Google Form link posted in Advisory** to submit your vote. Make your voice heard and help us recognize more outstanding educators!

**Voting closes soon—don't forget to participate!**



# Scholarship opportunities



**Golden Pyramid Scholars Program**

Urban League San Diego County | San Diego Foundation | University of San Diego

**Golden Pyramid Scholars & College Signing Day Program**  
Sunday, May 17, 2026, 2:00 p.m.  
at the University of San Diego  
Shiley-Theatre, 5998 Alcalá Park San Diego, CA 92110

**Application Now Open**

We are thrilled to announce our Scholars Program, designed to empower ambitious individuals to achieve academic goals. Let's create a better tomorrow through educational achievement! Find out how you can get involved.

[kea@sdul.org](mailto:kea@sdul.org)

**Things that set us apart:**

- Scholarships ✓
- Motivational Messages ✓
- Financial Assistance ✓
- Mentorship Opportunities ✓
- Networking and Community ✓

SDGE | SOAP

Use this QR Code or the Link Below:  
<https://form.jotform.com/260115221606140>

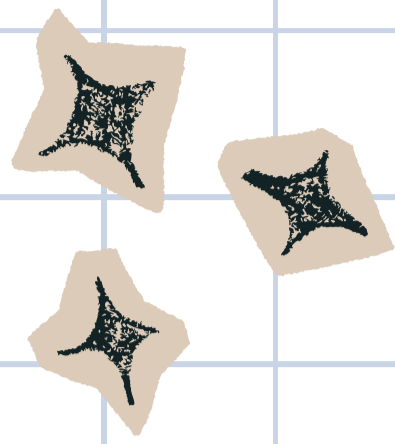
WWW.SDUL.ORG

Register Today!!!

Do you want to be recognized for your scholarly achievements?

If yes, please apply to become a **Golden Pyramid Scholar!**

The recognition ceremony is on **Sunday, May 17, 2026.**  
See the flyer to register immediately.



# Upcoming events



**PI WEEK!**  
3/10 - 3/13

**PIE YOUR TEACHER!**  
FUNDRAISER EVENT

**PIE TEACHERS AND STUDENTS**

**GRADE LEVEL - SCHEDULE -**

- 3/10 TUESDAY: FRESHMEN
- 3/11 WEDNESDAY: JUNIORS
- 3/12 THURSDAY: SOPHOMORES
- 3/13 B-DAY FRIDAY: SENIORS

Throw a pie for:  
• \$3 - 8ft distance  
• \$5 = throw from 5ft

50% of all proceeds will be donated to each class!

**Strawberry DNA Extraction**  
Sign up here!

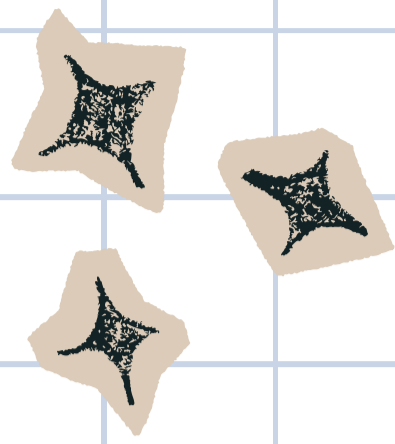
<https://tinyurl.com/StrawberrySTEM>

## STRAWBERRY DNA EXTRACTION

- Extract DNA from strawberry cells
- Learn how to use a microscope
- Exposure to biology elements
- Open to both middle & high school
- Have fun!

**WHEN?**  
Wednesday, March 18th,  
Afterschool 4:00-5:00pm

**WHERE?**  
C101, Ms. Ackerman's  
classroom



# Upcoming events



**Science field trips next week!**  
Permission slips due: **Tuesday, March 16th.**

## 8TH GRADE FIELD TRIP!

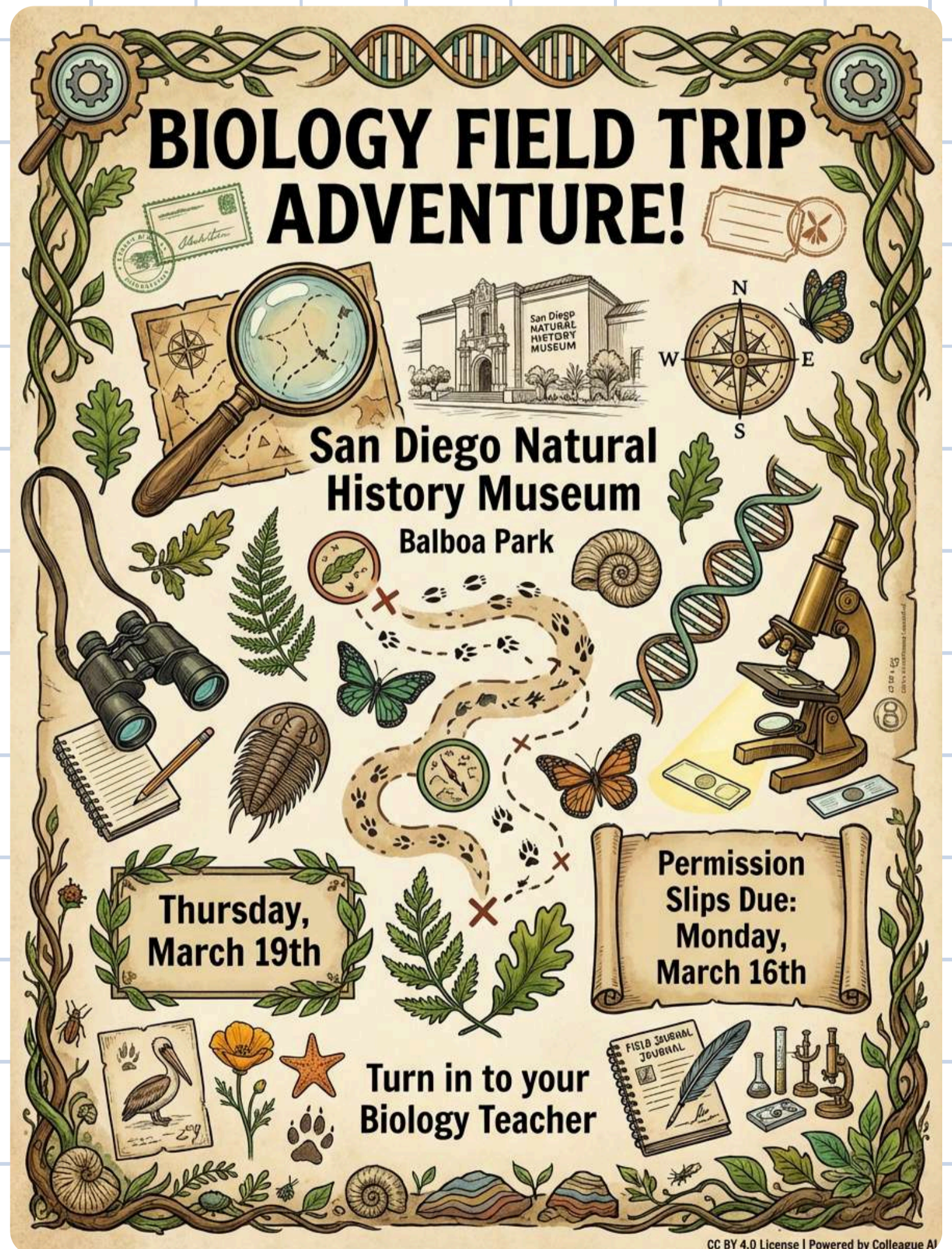
**FLEET SCIENCE CENTER**  
Balboa Park, San Diego



**DATE:**  
Wednesday,  
March 18th

**PERMISSION SLIPS DUE:**  
Monday, March 16th  
- Turn in to Mrs. Parker

## BIOLOGY FIELD TRIP ADVENTURE!

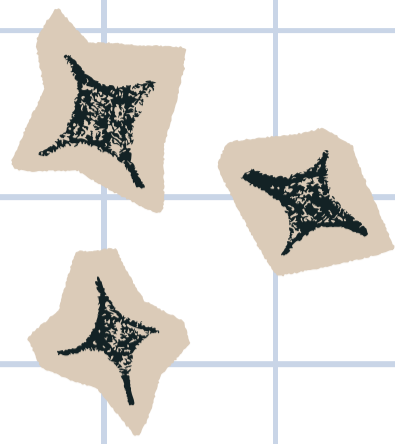


**San Diego Natural  
History Museum**  
Balboa Park

**Thursday,  
March 19th**

**Permission  
Slips Due:  
Monday,  
March 16th**

**Turn in to your  
Biology Teacher**



# upcoming events



## CASH WARS

## Cash Wars

3/23 - 3/27



**3/23-3/27.**

DURING HS. LUNCH

### 2026 POINT SYSTEM:

Ones= +100

Fives= -500

Tens= -1000

Twenties= -2000

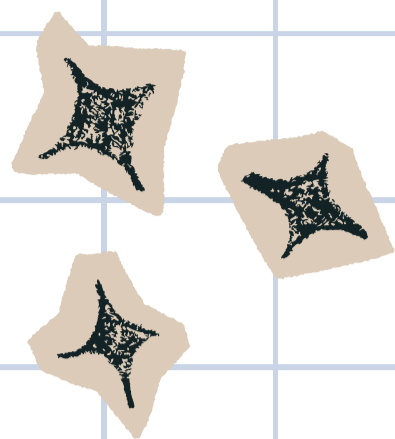
Fifties= -5000

Hundreds= -10,000

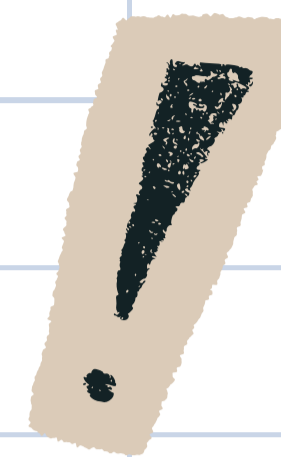


**NO COINS  
ALLOWED!**





# upcoming events



*Preuss AirBand*  
**AROUND THE WORLD**

Friday @ 6:00 pm ✈️  
April 17<sup>th</sup> Walton Center



## AUDITION REQUIREMENTS

- Acts inspired by your culture or heritage are encouraged, but not required.
- Email must include name and grade of everyone in the act.
- Students can only participate in one student led act (not counting advisory and club acts)
- Videos must have clear visual and audio quality.
- Any audio used during your act must also be sent as an mpg OR as a YouTube link.
- Videos MUST have clear visual and audio quality
- Wear whatever outfit you plan on wearing during the act in your video

**EMAIL YOUR VIDEO TO  
[HSASB@PREUSS.UCSD.EDU](mailto:HSASB@PREUSS.UCSD.EDU)  
BY APRIL 3<sup>RD</sup>**

**ACTS CANNOT EXCEED 4 MINUTES**

# This day in history...





**Rho Kappa**


**This Day In History**  
**Women's History Month Edition!**

**MARCH 13TH, 2026**


**BIRTHDAY ANNOUNCEMENTS!**  
Abigail Fillmore (March 13<sup>th</sup>, 1798) was the first lady of the U.S. from 1850 to 1853 as the first wife of President Millard Fillmore. She established the first White House library and where she hosted literary figures and used it for music.

**March 13th, 1961**  
On this day, Eleanor Roosevelt met with President John F. Kennedy to advocate for more female representation in the government. She even provided a 3 page list of qualified women for top administration roles!



**March 13th, 1986**  
Susan Butcher became the second woman to win the Iditarod Trail Sled Dog Race and set a new speed record (11 days, 15 hours, and 6 minutes). The Iditarod also known as "Last Great Race on Earth," runs over 1,000 miles, from Anchorage to Nome, Alaska.



Rho Kappa Honor Society



## Musical Fact of the Week

### TRI - M'S MUSICAL OF THE WEEK... THE ORIGIN OF THE SAXOPHONE

Instrument: Saxophone  
 Invented By: Adolphe sax  
 Place of origin: Belgium (later developed in paris, france)  
 Year invented: 1840s

Why The Saxophone was invented:  
 • Adolphe Sax wanted to create an instrument that combined the power of brass instruments with the agility and expressiveness of woodwinds. His goal was to improve the sound of military and orchestral bands.

How the Saxophone Works:  
 Although it is made out of brass, the saxophone is classified as a woodwind instrument because it uses a single reed to produce sound. This unique design allows it to blend easily with both brass and woodwind sections.

The saxophone's cultural impact:  
 • Became a defining instrument of jazz music  
 • Used in classical compositions, marching bands, and modern genres  
 • Symbolizes musical freedom and emotional expression





# food sales

after school!



APIA PRESENTS ...

## CUP NOODLE SALE

TUESDAYS  
 JAN (6TH, 20TH)  
 FEB (3RD, 10TH)  
 4:05 - 4:30PM

SHRIMP - CHICKEN - BEEF

**\$2**

APIA Noodle Sales

## Class Of 2028 MENU

EVERY FRIDAY  
 After School  
 MARCH-APRIL

**DRINKS**

Mini Coke	\$1
Mini Sprite	\$1
Dr. Pepper	\$2

**SNACKS**

Hot cheetos	\$1
Hot fries	\$1
Mini Cookies	\$1
Gushers	\$1
Honey buns	\$2
Shrimp Ramen	\$2
Chicken Ramen	\$2
Shaved Ice	\$3

**CANDY**

Airhead Sour Strips	\$2
Skittles	\$2
Starburst	\$2

C/O 2028  
 Snack Sales

CLASS OF 2026

## GAME DAY SNACK SALES

**SNACKS**

Hot Chips (Doritos, Funyuns, Hot Fries, Hot Cheetos, & Takis)	\$1.00
Sour Punch Straws	\$2.00
Meiji Hello Panda Chocolate Cookie	\$0.50
Oreos	\$1.50
Skittles	\$1.50

**DRINKS**

Slushies (Big Cup)	\$5.00
Slushies (Small Cup)	\$4.00
Coca-Cola	\$2.00
Sprite	\$2.00

**DATES**

Feb. 5<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, & 27<sup>th</sup>  
 March 5<sup>th</sup>, 11<sup>th</sup>, 16<sup>th</sup>, 19<sup>th</sup>, & 25<sup>th</sup>  
 April 8<sup>th</sup>

Selling in front of Manchester Field from 4-5:30 pm!!

Support the Class of 2026!

## FINANCE CLUB SALE

Oreos	\$1
Arizona Green Tea	\$1
Chips	\$1
Cup of Noodles	\$1
Honey Buns	\$1.50
Sour Patch Kids	\$0.25

Finance Club Sales

## CHIPS Sales

Every Monday!

FRONT OF SCHOOL  
**\$1**

PREUSS MUN

MUN Chip Sales



# club announcements!

**Henna Club**

Come and join the Henna Club! Learn about what henna is, its traditional significance, and how to create your own art designs. The Henna Club meets every **Tuesday after school** in **T101**. (Ms. Noorzays classroom) See you there!

Henna Club

COME JOIN US ON THE 2ND AND 4TH WEDNESDAY OF THE MONTH IN ROOM B203 DURING HIGH SCHOOL LUNCH

**PRE-LAW SOCIETY CLUB**

Pre-Law Society Club

**JOIN SCIENCE OLYMPIAD!**

Science Olympiad is a nationwide STEM competition for middle and high school students. Students compete in teams in a series of hands-on and knowledge-based events. The competition aims to inspire interest in STEM fields, build problem-solving skills, and foster collaboration. Interested in STEM, problem-solving and team competition? If so, attend Science Olympiad meetings!

**TUESDAYS - 4:00PM ROOM C202**

Science Olympiad

**PREUSS MUN**

EVERY 1ST AND 3RD THURSDAYS OF THE MONTH HIGH SCHOOL LUNCH

GOOGLE CLASSROOM CODE: **qc7x6qy** CLASSROOM: **B203**

Preuss MUN Club

**ART CLUB**

AFTER SCHOOL MEETS: WEDNESDAY; WEEKLY FROM 4:05-5:00

GC CODE: **eyzqfll**

**IN NEED OF EXPERIENCED ARTISTS**

Experienced artists in need for homecoming decorations, secrecy and confidentiality is required. If interested please show up to T101 on Sep 3. at 4:05

Art Club

**THE PREUSS ESPORTS TEAM IS LOOKING FOR NEW PLAYERS!**

HAVE A PASSION FOR GAMING? INTERESTED IN PLAYING IN THE FALL OR SPRING? JOIN US!

September 10<sup>th</sup> HS Lunch E202

**HAVE QUESTIONS?**

Email Coach Esparza [lesparza@ucsd.edu](mailto:lesparza@ucsd.edu) & Coach Hua [mhua@ucsd.edu](mailto:mhua@ucsd.edu)

eSports Club

2<sup>nd</sup> Thursday of each month during lunch

**CRIMINAL JUSTICE**

Google Classroom Code: **iq2yzq3h**

Meet Officers Wolf and Romano!

Room: E103 Insta: [criminaljusticeclub2026](https://www.instagram.com/criminaljusticeclub2026) Know about your rights & how to stay safe

Criminal Justice Club

**Ecology Club**

Trash belongs in the Bin YOU belong in Ecology Club!

**Join Ecology Club!**

With a new advisor & officers, we plan on fixing the issues of previous years while keeping the club spirit the same: Keeping Preuss clean through recycling, composting, & clean-ups

WHEN: After-school Fridays WEEKLY MEETINGS FROM: 4:05 pm - 5:00 pm WHERE: Behind A Building

Ecology Club

Join us for

**Asian Pacific Islander Association**

Dance, Community Service, AAPI celebrations

**2nd & 4th Wednesdays during Lunch in E201**

2027-dtho@preuss.ucsd.edu j10nguyen@preuss.ucsd.edu

APIA Club

**JOIN US FOR Interact Club!**

Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays during HS lunch! When?

Where? **Room D201**

**bp44xvt** Classroom code!

Questions, comments, or concerns? Contact: [j10nguyen@preuss.ucsd.edu](mailto:j10nguyen@preuss.ucsd.edu) and/or [2027-dtho@preuss.ucsd.edu](mailto:2027-dtho@preuss.ucsd.edu)

Interact Club

**THE PREUSS BOOK CLUB**

Throughout the club, we read a diverse range of books covering different genres, cultures, and time periods. We meet every 1st and 3rd Tuesday of the month during lunch—and we get to keep the books we read for free! Club fair is coming up so don't forget to join!

We meet in Mrs. Majors room (E101).

Book Club

JOIN US AT

**Dreamers Club**

EVERY 1<sup>ST</sup> AND 3<sup>RD</sup> MONDAY OF THE MONTH ROOM E202

PROVIDING A SAFE SPACE FOR UNDOCUMENTED AND DOCUMENTED STUDENT.

ANY QUESTIONS? [lesparza@preuss.ucsd.edu](mailto:lesparza@preuss.ucsd.edu) [ssilva@ucsd.edu](mailto:ssilva@ucsd.edu) Classroom Code:

Dreamers Club

# club announcements!

**PREUSS**  
DEBATE CLUB IS AN ENVIRONMENT FOR STUDENTS TO FOSTER CRITICAL THINKING AND PUBLIC SPEAKING SKILLS AND CONFIDENCE. CHALLENGE IDEAS, ENGAGE IN MEANINGFUL DISCUSSIONS, AND MOST OF ALL, HAVE FUN!!!

**DEBATE CLUB**

1<sup>ST</sup> AND 3<sup>RD</sup> WEDNESDAYS @ LUNCH

Debate Club

EVERY 1<sup>ST</sup> AND 3<sup>RD</sup> TUESDAY OF THE MONTH

**LA GLORIA LATINA**

We meet during lunch in Mrs. Wiedemeier's room (D203).

To stay updated with our events follow our Instagram page: [laglorialatina](#)

La Gloria Latina Club

JOIN US IN E201

**FINANCE CLUB**

Tuesday's After School

LEARN TO BE FINANCIALLY LITERATE AND IMPROVE YOUR KNOWLEDGE OF MONEY WITH FUN GAMES, MONTHLY COMPETITIONS, AND PRIZES.

Finance Club

1<sup>ST</sup> and 3<sup>RD</sup> Wednesdays of Each Month!

*Tsunami Club*

When: High school Lunch  
Where: E102

Google Classroom code: jnei3d6i

Tsunami Club

**ROCK BAND**

Room T102  
Tuesdays 4:00pm - 5:00pm

Become a member of a band as a vocalist, drummer, guitarist, bassist, or keyboardist. Learn different songs with your band mates to eventually perform in shows. No instrument experience is needed!

Rock Band Club

**ROBOTICS CLUB**

THURSDAY

TO STAY UPDATED, FOLLOW US ON INSTAGRAM: @MIDNIGHTMECHANICS

THE FAB LAB

4:00 P.M. - 5:00 P.M.

Robotics Club

**BLACK STUDENT UNION!**

JOIN TO CONNECT, CELEBRATE, SUPPORT, AND EMPOWER OUR COMMUNITY!

EVERY 2<sup>ND</sup> AND 4<sup>TH</sup> TUESDAYS IN E101!

FOLLOW US ON INSTAGRAM! @PREUSSBSU

BSU Club

ADVISOR: DR. J

**PREUSS COMP SCI**

Meets every 2<sup>nd</sup> and 4<sup>th</sup> Mondays in H101

INSTA: PREUSSCOMPSCICLUB  
GOOGLE CLASSROOM: BP7LF6TL

Comp Sci Club

Join us at...  
**MSA CLUB!**

EVERY 8-DAY FRIDAY OF THE MONTH DURING LUNCH IN ROOM E202!

FOLLOW OUR INSTA FOR MORE UPDATES!  
@preussmsa

ANY QUESTIONS OR CONCERNS:  
dylv@preuss.ucsd.edu  
mrashidi@preuss.ucsd.edu

MSA Club

**Tri-M**  
HONOR SOCIETY  
SIGN UP TO TRI-M!

FOR MORE INFORMATION CLICK BELOW

GRAPES 10-12  
GPA MINIMUM 3.5

Tri-M Society

**HOSA CLUB**  
FUTURE HEALTH PROFESSIONALS

Are you interested in healthcare, leadership, or helping others?

Come join HOSA - Future Health Professionals and be part of a team that prepares for success in the medical field!

- Meetings: 1st & 3rd Wednesday of each month
- First meeting: Wednesday, October 15th
- At Lunch
- Learn about medical careers
- Participate in competitions & service projects
- Make new friends who share your passion!

Bring your lunch, your curiosity, and your ambition!  
Follow us on Instagram: @PREUSSHOSA

HOSA Club

**RED CROSS CLUB**  
THE PREUSS SCHOOL UCSD

**WHAT IS RED CROSS?**

A global nonprofit organization that helps people in emergencies, provides blood services, health and safety training, and fundamental principles of humanity, impartiality, and neutrality.

**WHAT WE DO:**

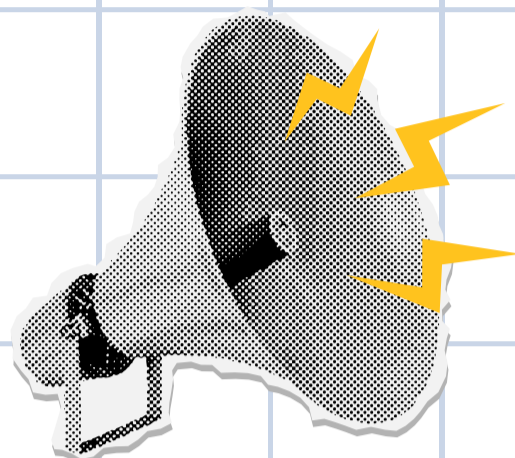
- Blood drives (asset for graduation available)
- Learn about disaster preparedness.
- Raise money to support families affected by disasters.
- Earn life-saving skills like CPR and first aid.
- Work directly with the Red Cross, getting training and opportunities to take part in real service projects.

**VOLUNTEER HOURS AVAILABLE!**

JOIN OUR GOOGLE CLASSROOM: [xzjffway](#)

Red Cross Club

# *daily reminders!*



## **SCHOLARS!** ↓

if you would like to add something to the bulletin, please send it to Ms. Isa's email, [icayanan@ucsd.edu](mailto:icayanan@ucsd.edu), by **5pm** the day before!

## **MTS Trolley Rider Insider Info**



Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text [619-318-1338](tel:619-318-1338) or call MTS dispatch at [619-595-4960](tel:619-595-4960). Put these important numbers in your phone so you have them available anytime you ride the trolley!

## **Lost or forgot something on the trolley?**

Call [619-233-3004](tel:619-233-3004) and let them know which trolley line you were on and give a detailed description of what you're looking for.

