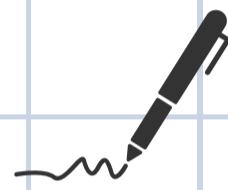
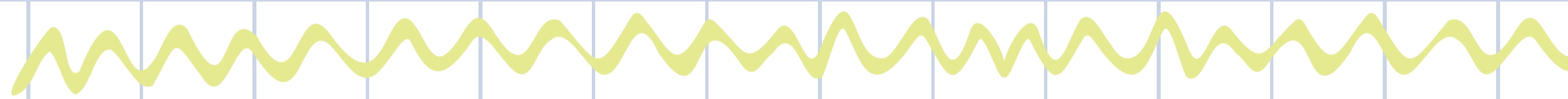


*the* **PREUSS** *SCHOOL*



Happy Monday, Scholars!  
Remember the Preuss Way is  
Kindness, Respect, and Excellence.  
Have a wonderful day!

Today is: A-DAY

SAT Word  
denounce (v.)  
to criticize publicly

SAT Word  
Sentence Example  
The senator *denounced*  
her opponent as  
a greedy politician.



**ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE.  
PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN.**



# February

at a glance!

FEB

**6**

2:30PM - 4:00PM

***Feeding San Diego Food  
Distribution***

FEB

**7 + 21**

9:00AM - 11:00AM

***Saturday Enrichment  
Academy (SEA)***

FEB

**9-12**

ALL DAY

***Spirit Week  
Value Week***

FEB

**13**

ALL DAY

***NO SCHOOL***

FEB

**16**

ALL DAY

***NO SCHOOL  
President's Day***

FEB

**20**

4:15PM - 5:30PM

***APIA Lunar New Year  
Celebration***

# Undocumented/Mixed-Status Scholar Resources

## Undocumented and Mixed-Status Scholar Resources

Below are links to various documents that have been provided via various agencies. The Preuss School is providing these documents as resources for our learning community.

[General Information on Immigration](#)

[FAQ's for University Employees](#)

[Wallet Card Template for Printing](#)

[Parent Letter \(General Information Immigra...](#)

[Know Your Rights Card Text](#)

[FAFSA and CADAA Information 2025-2026](#)

[Know Your Rights Immigration Information](#)

[Immigration on UC Campus \(Slides\)](#)

[Click here to access the website!](#)

Pick up a copy of your **Wallet Card** from the front office (both English and Spanish available; also available for printing on the website).

### If you encounter ICE on the street

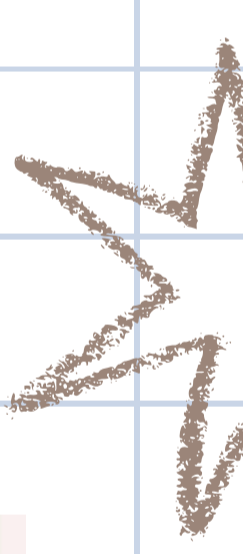
- NOT required to stop and talk with them, answer questions, or show documents
- Say " I know I have the Right to Remain Silent"
- Am I under arrest or am I free to go?

### If ICE comes to your home:

- Don't open the door. Ask them, with the door closed, "Do you have a warrant?"
- Have them slide the warrant under the door. The warrant must be signed by a judge and have the correct name and address.
  - If they do enter, you have the right to remain silent and the right to speak to a lawyer.
  - Do not sign any document.

### EXPLANATION OF WARRANT NEEDED

- A phrase to practice is: "I'm not sure what this is about, but I know that I have the right to remain silent"
- Calmly and respectfully ask "Am I under arrest or am I free to go?"
- Kindness goes a long way with ICE and police
- Avoid taking risks and being in the wrong place at the wrong time
- Remain respectful and calm



# Math Tutoring Schedule



MONDAY - FRIDAY

2025-2026

## Monday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Ms. Chovy - Room D101

## Tuesday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Ms. Eid - Room D101

## Wednesday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Dr. Weber - Room D101

## Thursday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102  
4pm - 5pm Mr. Arias + Mr. Huang - Room D101

## Friday

HS Lunch Ms. Chovy - Room D101  
HS Lunch Dr. Weber - Room D102

# Introducing: Preuss Lightning Lunch Pass!

Starting 2nd semester - Be on the lookout for the new  
**Preuss Lightning Lunch Pass** ⚡

Administrators are always watching for scholars who exemplify  
**The Preuss Way — Kindness, Respect, and Excellence.**  
When a scholar is caught doing the right thing, they may be surprised with a Preuss Lightning Lunch Pass!

You can earn a pass in many ways, including:

Consistently being in uniform

Arriving at class on time

Picking up trash during lunch

Showing random acts of kindness or leadership

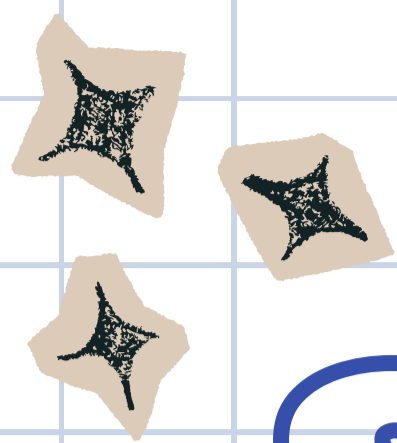
Once you earn a Lightning Lunch Pass, it's yours to keep — **there is no expiration date.** You may redeem it on any day you choose.

To redeem your pass, an administrator  
**(VP Agliam, VP Brown, or Dr. Steitz)** must be available to escort you to the **front of the lunch line.**

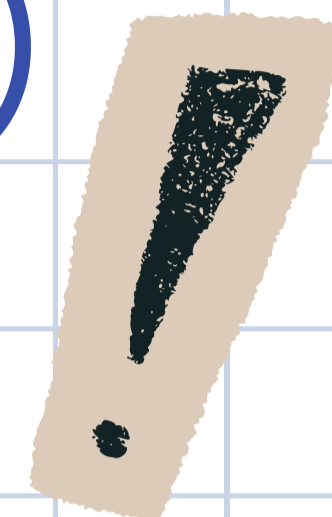
Keep living the Preuss Way — you never know who's watching! ⚡



Congratulations! You have received a Preuss Lightning Lunch Pass. This pass will allow you to go to the front of the lunch line. To use the pass, you must give it to an administrator, who will ensure you get to the front of the line.



# scholarship *opportunity*



Region 18 of the Association of California School Administrators (San Diego and Imperial Counties) and the San Diego County School Boards Association are pleased to offer **ten (10) \$1,000 scholarships** as a result of donations made by both organizations and our generous business partners.

Our scholarships provide an award for **ten (10) high school seniors** who meet the following criteria:

- 1) pursue a career in education as a teacher or other certificated employee;
- 2) attend public high school in the San Diego/Imperial Counties area;
- 3) show proven academic success with at least a 3.3 cumulative grade point average;
- 4) are involved in community service; and
- 5) who may not necessarily qualify for financial aid.

Students must apply by **February 27, 2026 at 4:00pm** on this link:  
<https://forms.gle/QycHCCC2wBxu5wuTA>

Questions?

Contact Cindy Allen, ACSA Region 18 Admin Asst,  
at [Cindy@acsaregion18.org](mailto:Cindy@acsaregion18.org)  
Or text at 619-746-9789.

# annual bookmark contest winners!

## *Middle School*



**Cristopher Perez**  
*Carr's Advisory*



**An Kim**  
*Carr's Advisory*



**Maya Dotson**  
*Carr's Advisory*

### **HONORABLE MENTIONS**

Gisell Garcia Lozano - Carr's Advisory  
Elisa Luna - Flores' Advisory

## *High School*



**Di Ho**  
*Fulchiron's Advisory*



**Laura Luong**  
*Ackerman's Advisory*



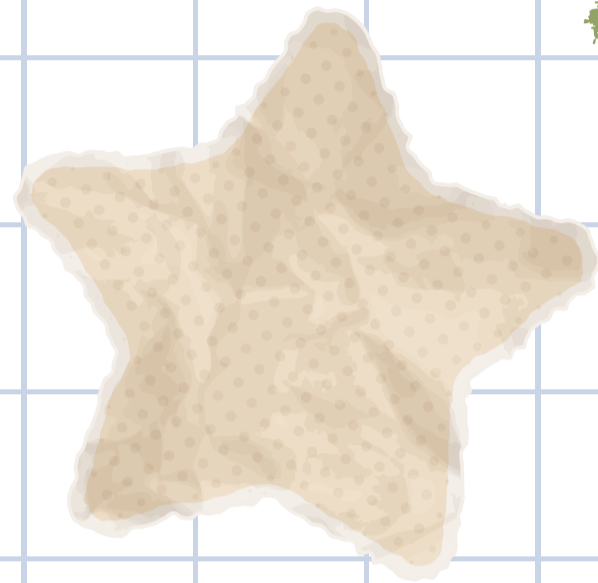
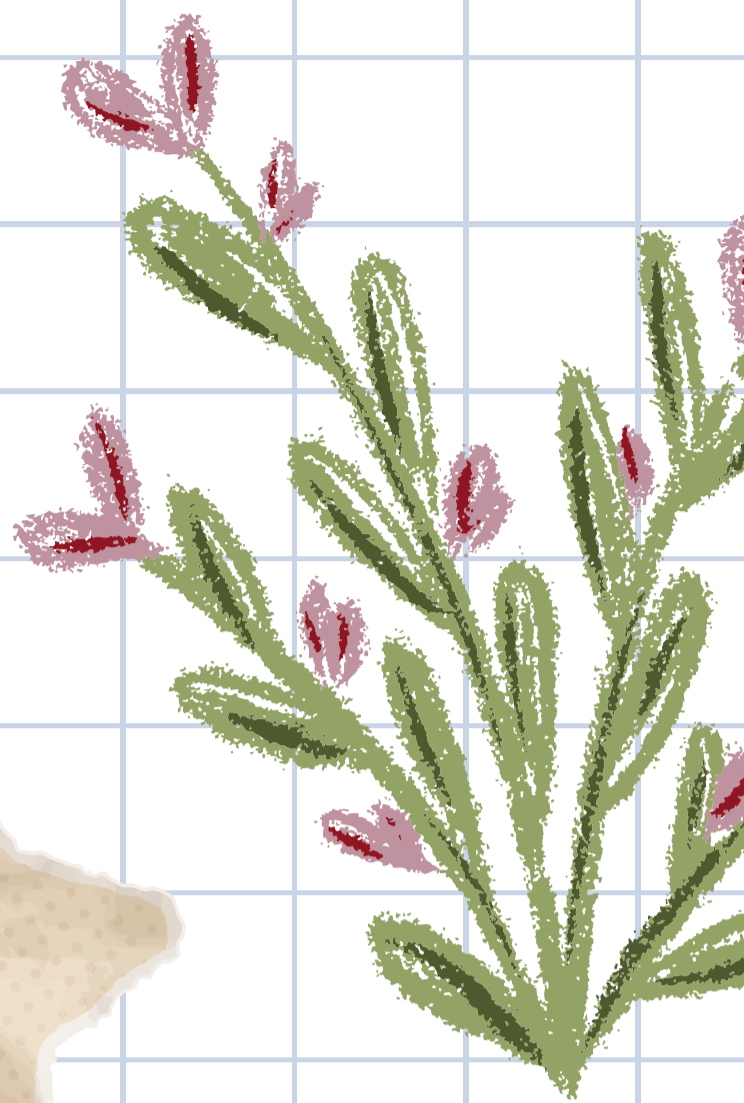
**Bonnie Vo**  
*Zamora's Advisory*

### **HONORABLE MENTIONS**

Kaelynn Wang - Garcia's Advisory  
Isabella Sanchez Vargas - Majors' Advisory

*Winners please stop by the library ASAP to sign your bookmark for publishing and to give Ms. Nance / Ms. Gonzalez a title of a book you would like.*

# This day in history...



## Musical Fact of the Week

### Rho Kappa

This Day In History  
Black History Month Edition!

FEBRUARY 20TH, 2026

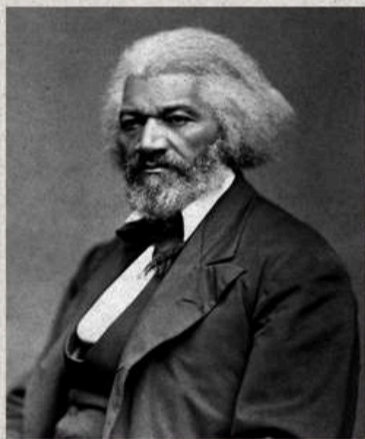
#### BIRTHDAY ANNOUCEMENTS!

Sidney Poitier (Feb. 20, 1927) became the first African American to win the Academy Award for Best Actor for his role as Homer Smith in Lilies of the Field (1963). He broke racial barriers in Hollywood and changed film representation.



Feb. 20th, 1885

On this day, Frederick Douglass passed away. His work as an abolitionist is still valued to this day as he fought to end slavery and promote equal rights for African Americans.



Feb. 20th, 1929

On this day in history, the play Harlem opened at the Apollo Theatre in New York City. It was written by Wallace Thurman and William Jourdan Rapp. It was focused on a family that migrated to Harlem from the South for a better life (during the Great Migration).

Rho Kappa Honor Society

### TRI-M MUSICAL FACT OF THE WEEK

# MICHAEL JACKSON



#### SIGNIFICANCE TO MUSIC INDUSTRY

DURING THIS WEEK THE POP LEGEND MICHAEL JACKSON WON THE 41<sup>ST</sup> NAACP IMAGE AWARDS ON FEBRUARY 26, 2010 FOR HIS ALBUM TITLED "THIS IS IT" MARKING OVER 300 MAJOR AWARDS THAT INCLUDED 13+ GRAMMY AWARDS, 26 AMERICAN MUSIC AWARDS, 40 BILLBOARD MUSIC AWARDS, 6 BRIT AWARDS, 12 WORLD MUSIC AWARDS AND 26+ GUINNESS WORLD RECORDS.

#### CONNECTION TO BLACK HISTORY MONTH

THIS ALSO CONNECTS TO BLACK HISTORY MONTH BECAUSE JACKSON'S RECORD BREAKING AWARD WINS SHATTERED SYSTEMIC RACIAL BARRIERS IN THE MUSIC INDUSTRY IN THE FORM OF DOMINATING MAINSTREAM AWARDS PAVING THE WAY FOR FUTURE AFRICAN AMERICAN ARTISTS, USING HIS INFLUENCE TO PROMOTE BLACK TALENT IN ORDER TO FIGHT INDUSTRY RACISM



# food sales

after school!



APIA PRESENTS ...

## CUP NOODLE SALE

TUESDAYS  
 JAN (6TH, 20TH)  
 FEB (3RD, 10TH)  
 4:05 - 4:30PM

SHRIMP - CHICKEN - BEEF

**\$2**

APIA Noodle Sales

## SCIENCE NOODLE

STARTING ON JANUARY 22  
 SCIENCE OLYMPIAD  
 SELLING NOODLES AT  
 HOME SOCCER GAMES!

FOUR DELICIOUS FLAVOURS!  
 BEEF, CHICKEN  
 SHRIMP AND  
 LIME!

HOT WATER AND  
 UTENSIL INCLUDED!

A MERE  
**\$2**  
 CASH ONLY

1/22  
 1/27  
 1/29  
 2/3  
 2/5  
 2/10  
 2/12

Science Olympiad Noodle Sales

CLASS OF 2026

## GAME DAY SNACK SALES

**SNACKS**

- Hot Chips (Doritos, Funyuns, Hot Fries, Hot Cheetos, & Takis) \$1.00
- Sour Punch Straws \$2.00
- Meiji Hello Panda Chocolate Cookie \$0.50
- Oreos \$1.50
- Skittles \$1.50

**DRINKS**

- Slushies (Big Cup) \$5.00
- Slushies (Small Cup) \$4.00
- Coca-Cola \$2.00
- Sprite \$2.00

**DATES**

- Feb. 5<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, & 27<sup>th</sup>
- March 5<sup>th</sup>, 11<sup>th</sup>, 16<sup>th</sup>, 19<sup>th</sup>, & 25<sup>th</sup>
- April 8<sup>th</sup>

Selling in front of Manchester Field from 4-5:30 pm!!

Support the Class of 2026!

## FINANCE CLUB SALE

- Oreos: \$1
- Arizona Green Tea: \$1
- Chips: \$1
- Cup of Noodles: \$1
- Honey Buns: \$1.50
- Sour Patch Kids: \$0.25

Finance Club Sales

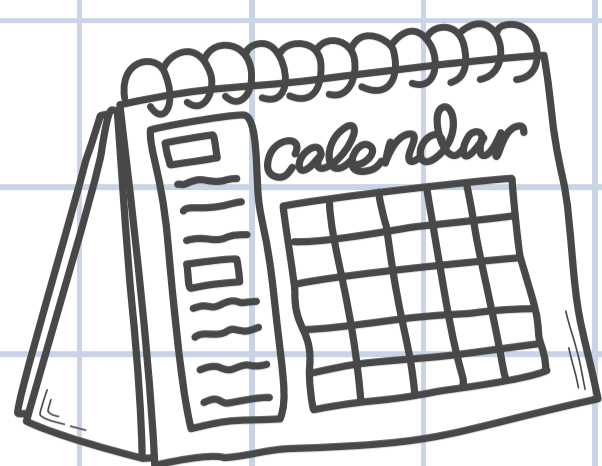
## CHIPS Sales

Every Monday!

FRONT OF SCHOOL  
**\$1**

PREUSS MUN

MUN Chip Sales



# save the dates!

upcoming events

## Science Festival

A blue graphic with a hexagonal pattern. At the top right is the logo of The Preuss School UC San Diego, featuring a figure holding a torch and a book. Below the logo is the text "The Preuss School UC San Diego". In the center, there is an image of two Erlenmeyer flasks. To the right of the flasks is the text "Save The Date Science Festival 2026". Below this, there are several hexagonal boxes containing text: "Attendance is Mandatory", "Wear Your Uniform", "Ride the Trolley or Park across the Street", "Saturday Feb 28.", and "From 9 am to 11 am". The graphic is decorated with various colored circles (green, cyan, orange, yellow, pink) at the vertices of the hexagonal pattern.

# general announcements!



## High school students interested in participating in Track and Field this year:

There will be a **MANDATORY** meeting on **Tuesday (2/24)** during **high school lunch in room C201**. Please make sure you are in attendance, as we will be talking about tryouts, the practice schedule, and other important items.

If you have any questions, please reach out to Ms. Anderson.

## Do you want to be recognized for your scholarly achievements? If yes, please apply to become a Golden Pyramid Scholar!

The recognition ceremony is on Sunday, May 17, 2026. See the flyer below to register immediately.

A flyer for the Golden Pyramid Scholars Program. At the top, it lists the logos for Urban League San Diego County, San Diego Foundation, and University of San Diego. The main title is "Golden Pyramid Scholars & College Signing Day Program" with the date "Sunday, May 17, 2026, 2:00 p.m." and location "at the University of San Diego, Shiley Theatre, 5998 Alcalá Park San Diego, CA 92110". There is a photo of a young woman in a graduation cap and gown. Below this is a photo of a group of students in graduation caps. The flyer includes the text "Application Now Open" and "Things that set us apart:" followed by a list of benefits: Scholarships, Motivational Messages, Financial Assistance, Mentorship Opportunities, and Networking and Community. It also provides the email "kea@sdul.org", logos for SDGE and SDAP, a QR code, and the website "WWW.SDUL.ORG". At the bottom, there is a red button that says "Register Today!!!".

**Golden Pyramid Scholars Program**

Urban League San Diego County | San Diego Foundation | University of San Diego

**Golden Pyramid Scholars & College Signing Day Program**  
Sunday, May 17, 2026, 2:00 p.m.  
at the University of San Diego  
Shiley Theatre, 5998 Alcalá Park San Diego, CA 92110

**Application Now Open**

**Things that set us apart:**

- Scholarships
- Motivational Messages
- Financial Assistance
- Mentorship Opportunities
- Networking and Community

kea@sdul.org

SDGE | SDAP

Use this QR Code or the Link Below:  
<https://form.jotform.com/260115221606140>

WWW.SDUL.ORG

Register Today!!!

# general announcements!



**FEEDING  
SAN DIEGO**

## Food Donations

Next delivery scheduled for:  
**Friday, March 6, 2026**

$\sum_{n=1}^{\infty} \frac{x^n}{n!}$   $\phi = \sqrt{\frac{\sum (x-m)^2}{n}}$

**PREUSS ADVANTAGE**

**MATH TUTORING**

Need 1-on-1 help in math?  
We're here to improve your skills and confidence.

SCAN THE QR CODE TO COMPLETE THE FORM

$\cos x$   $\ln(x)$   $\frac{3a}{x}$   $2x^2 + 3$   $\ln = \sqrt{axb}$   $\frac{y}{x}$   $+2ax$   $x_{1/2}$   $n(2a)$

Sign up here!  
<https://tinyurl.com/PAMath2526>

**PREUSS ADVANTAGE**

**SCIENCE TUTORING**

Need 1-on-1 help in science?  
We're here to improve your skills and confidence.

SCAN THE QR CODE OR CLICK ON THE LINK TO COMPLETE THE FORM

<https://tinyurl.com/4dx8x86m>

Sign up here!  
<https://tinyurl.com/PASci2526>

**BINATIONAL YOUTH SUMMIT**

FOR MORE INFORMATION:  
[SANDIEGODIPLOMACY.ORG](http://SANDIEGODIPLOMACY.ORG)

**Grades 9-12**

**WHAT IS IT?**

Over 200 students from San Diego and Tijuana will explore international affairs and diplomacy while developing binational relationships.

**WHAT AM I DOING?**

Students will attend sessions led by local and global leaders and participate in a binational diplomacy simulation.

**MARCH 2026**  
Southwestern College

**SIGN UP**

Talk to Ms. Boquiren or email [rkibrom@preuss.ucsd.edu](mailto:rkibrom@preuss.ucsd.edu) or [cboquiren@preuss.ucsd.edu](mailto:cboquiren@preuss.ucsd.edu)

Sign up here:  
<https://forms.gle/KteHHwmgjx66GaGqZ>

**FOOD DRIVE**

Join our food drive and help us fight hunger one donation at a time and get **community service hours!** All donations will go to the Triton food pantry at UCSD to help students that may face food insecurity.

**JAN 21ST - MAR 20<sup>TH</sup>**  
DROP POINT: MR. ARIAS ROOM E103

**THINGS YOU CAN DONATE:**  
Snacks, cereal, Granola bars  
Canned items like canned vegetables or canned soups  
Pasta, beans, rice, lentils, oats  
Spam  
Tapatio  
Soy sauce

FOOD THAT IS DONATED MUST BE A REASONABLE AMOUNT OR HOURS WILL NOT BE GIVEN (EX. A SINGULAR GRANOLA BAR)

Questions? Contact: [aisanchez@preuss.ucsd.edu](mailto:aisanchez@preuss.ucsd.edu) (Isabella)

Food Drive

**STUDENT LIFE**

SUBMIT YOUR PICTURES TO BE FEATURED IN THE YEARBOOK!

SUBMIT PHOTOS FROM:

- VACATIONS OR BREAKS
- HANGOUTS
- FIELD TRIPS
- SPIRIT DAYS
- SCHOOL EVENTS

LINK:  
[https://docs.google.com/forms/d/e/1FAIpQLSc6TthoQJJEmHFKYxnUkqWsccl3PXpMYzymD4NgMUV\\_uv3Q/viewform](https://docs.google.com/forms/d/e/1FAIpQLSc6TthoQJJEmHFKYxnUkqWsccl3PXpMYzymD4NgMUV_uv3Q/viewform)

Yearbook Student Life Submissions

# club announcements!

**Henna Club**

Come and join the Henna Club! Learn about what henna is, its traditional significance, and how to create your own art designs. The Henna Club meets every Tuesday after school in T101. (Ms. Noorzays classroom) See you there!

Henna Club

COME JOIN US ON THE 2ND AND 4TH WEDNESDAY OF THE MONTH IN ROOM B203 DURING HIGH SCHOOL LUNCH

**PRE-LAW SOCIETY CLUB**

Pre-Law Society Club

**JOIN SCIENCE OLYMPIAD!**

Science Olympiad is a nationwide STEM competition for middle and high school students. Students compete in teams in a series of hands-on and knowledge-based events. The competition aims to inspire interest in STEM fields, build problem-solving skills, and foster collaboration. Interested in STEM, problem-solving and team competition? If so, attend Science Olympiad meetings!

TUESDAYS - 4:00PM  
ROOM C202

Science Olympiad

**PREUSS MUN**

EVERY 1ST AND 3RD THURSDAYS OF THE MONTH HIGH SCHOOL LUNCH

GOOGLE CLASSROOM CODE: **qc7x6qy**  
CLASSROOM: **B203**

Preuss MUN Club

**ART CLUB**

AFTER SCHOOL  
MEETS: WEDNESDAY; WEEKLY FROM 4:05-5:00  
GC CODE: **eyzqfll**  
IN NEED OF EXPERIENCED ARTISTS

Experienced artists in need for homecoming decorations, secrecy and confidentiality is required. If interested please show up to T101 on Sep 3. at 4:05

Art Club

**THE PREUSS ESPORTS TEAM IS LOOKING FOR NEW PLAYERS!**

HAVE A PASSION FOR GAMING? INTERESTED IN PLAYING IN THE FALL OR SPRING? JOIN US!

September 10<sup>th</sup> HS Lunch  
E202

HAVE QUESTIONS?  
Email Coach Esparza [lesparza@ucsd.edu](mailto:lesparza@ucsd.edu) & Coach Hua [mhua@ucsd.edu](mailto:mhua@ucsd.edu)

eSports Club

2<sup>nd</sup> Thursday of each month during lunch

**CRIMINAL JUSTICE**  
Google Classroom Code: **lq2yzq3h**

Meet Officers Wolf and Romano!  
Room: E103  
Insta: [@criminaljusticeclub2026](https://www.instagram.com/criminaljusticeclub2026) Know about your rights & how to stay safe

Criminal Justice Club

**Ecology Club**

Trash belongs in the Bin  
YOU belong in Ecology Club!

Join Ecology Club!  
With a new advisor & officers, we plan on fixing the issues of previous years while keeping the club spirit the same: Keeping Preuss clean through recycling, composting, & clean-ups

WHEN: After-school Fridays  
WEEKLY MEETINGS  
FROM: 4:05 pm - 5:00 pm  
WHERE: Behind A Building

Ecology Club

Join us for

**Asian Pacific Islander Association**

Dance, Community Service, AAPI celebrations

2nd & 4th Wednesdays during Lunch in E201

2027-dtho@preuss.ucsd.edu  
j10nguyen@preuss.ucsd.edu

APIA Club

JOIN US FOR **Interact Club!**

Every 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays during HS lunch! When?

Where? Room D201

bp44xvt Classroom code!

Questions, comments, or concerns?  
Contact: [j10nguyen@preuss.ucsd.edu](mailto:j10nguyen@preuss.ucsd.edu) and/or [2027-dtho@preuss.ucsd.edu](mailto:2027-dtho@preuss.ucsd.edu)

Interact Club

**THE PREUSS BOOK CLUB**

Throughout the club, we read a diverse range of books covering different genres, cultures, and time periods. We meet every 1st and 3rd Tuesday of the month during lunch—and we get to keep the books we read for free! Club fair is coming up so don't forget to join!

We meet in Mrs. Majors room (E101).

Book Club

JOIN US AT **Dreamers Club**

EVERY 1<sup>ST</sup> AND 3<sup>RD</sup> MONDAY OF THE MONTH ROOM E202

PROVIDING A SAFE SPACE FOR UNDOCUMENTED AND DOCUMENTED STUDENT.

ANY QUESTIONS?  
[lesparza@preuss.ucsd.edu](mailto:lesparza@preuss.ucsd.edu)  
[ssilva@ucsd.edu](mailto:ssilva@ucsd.edu)  
Classroom Code:

Dreamers Club

# club announcements!

**PREUSS**  
DEBATE CLUB IS AN ENVIRONMENT FOR STUDENTS TO FOSTER CRITICAL THINKING AND PUBLIC SPEAKING SKILLS AND CONFIDENCE. CHALLENGE IDEAS, ENGAGE IN MEANINGFUL DISCUSSIONS, AND MOST OF ALL, HAVE FUN!!!

**DEBATE CLUB**

1<sup>ST</sup> AND 3<sup>RD</sup> WEDNESDAYS @ LUNCH

Debate Club

EVERY 1<sup>ST</sup> AND 3<sup>RD</sup> TUESDAY OF THE MONTH

**LA GLORIA LATINA**

We meet during lunch in Mrs. Wiedemeier's room (D203).

To stay updated with our events follow our Instagram page: [laglorialatina\\_](#)

La Gloria Latina Club

JOIN US IN E201

**FINANCE CLUB**

Tuesday's After School

LEARN TO BE FINANCIALLY LITERATE AND IMPROVE YOUR KNOWLEDGE OF MONEY WITH FUN GAMES, MONTHLY COMPETITIONS, AND PRIZES.

Finance Club

1<sup>ST</sup> and 3<sup>RD</sup> Wednesdays of Each Month!

*Tsunami Club*

When: High school Lunch  
Where: E102

Google Classroom code: jnei3d6i

Tsunami Club

**ROCK BAND**

Room T102  
Tuesdays 4:00pm - 5:00pm

Become a member of a band as a vocalist, drummer, guitarist, bassist, or keyboardist. Learn different songs with your band mates to eventually perform in shows. No instrument experience is needed!

Rock Band Club

**ROBOTICS CLUB**

THURSDAY

TO STAY UPDATED, FOLLOW US ON INSTAGRAM: @MIDNIGHTMECHANICS

THE FAB LAB

4:00 P.M. - 5:00 P.M.

Robotics Club

**BLACK STUDENT UNION!**

JOIN TO CONNECT, CELEBRATE, SUPPORT, AND EMPOWER OUR COMMUNITY!

EVERY 2<sup>ND</sup> AND 4<sup>TH</sup> TUESDAYS IN E101!

FOLLOW US ON INSTAGRAM! @PREUSSBSU

BSU Club

ADVISOR: DR. J

**PREUSS COMP SCI**

Meets every 2<sup>nd</sup> and 4<sup>th</sup> Mondays in H101

INSTA: PREUSSCOMPSCICLUB  
GOOGLE CLASSROOM: BP7LF6TL

Comp Sci Club

Join us at...  
**MSA CLUB!**

EVERY 8-DAY FRIDAY OF THE MONTH DURING LUNCH IN ROOM E202!

FOLLOW OUR INSTA FOR MORE UPDATES!  
@preussmsa

ANY QUESTIONS OR CONCERNS:  
dylw@preuss.ucsd.edu  
mrashidi@preuss.ucsd.edu

MSA Club

**Tri-M**  
HONOR SOCIETY  
SIGN UP TO TRI-M!

FOR MORE INFORMATION CLICK BELOW

GRAPES 10-12  
GPA MINIMUM 3.5

Tri-M Society  
<https://tinyurl.com/PreussTriM>

**HOSA CLUB**  
FUTURE HEALTH PROFESSIONALS

Are you interested in healthcare, leadership, or helping others?  
Come join HOSA - Future Health Professionals and be part of a team that prepares for success in the medical field!

- Meetings: 1st & 3rd Wednesday of each month
- First meeting: Wednesday, October 15th
- At Lunch
- Learn about medical careers
- Participate in competitions & service projects
- Make new friends who share your passion!

Bring your lunch, your curiosity, and your ambition!  
Follow us on Instagram: @PREUSSHOSA

HOSA Club

**RED CROSS CLUB**  
THE PREUSS SCHOOL UCSD

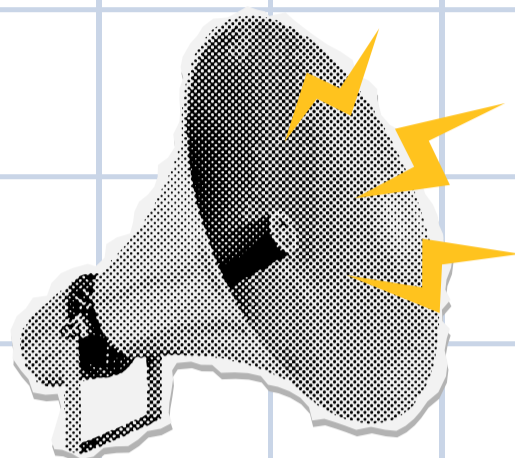
**WHAT IS RED CROSS?**  
A global nonprofit organization that helps people in emergencies, provides blood services, health and safety training, and fundamental principles of humanity, impartiality, and neutrality.

**WHAT WE DO:**  
• Blood drives (asset for graduation available)  
• Learn about disaster preparedness.  
• Raise money to support families affected by disasters.  
• Earn life-saving skills like CPR and first aid.  
• Work directly with the Red Cross, getting training and opportunities to take part in real service projects.

**VOLUNTEER HOURS AVAILABLE!**  
JOIN OUR GOOGLE CLASSROOM: [xzjffway](#)

Red Cross Club

# *daily reminders!*



## **SCHOLARS!** ↓

if you would like to add something to the bulletin, please send it to Ms. Isa's email, [icayanan@ucsd.edu](mailto:icayanan@ucsd.edu), by **5pm** the day before!

## **MTS Trolley Rider Insider Info**



Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text [619-318-1338](tel:619-318-1338) or call MTS dispatch at [619-595-4960](tel:619-595-4960). Put these important numbers in your phone so you have them available anytime you ride the trolley!

## **Lost or forgot something on the trolley?**

Call [619-233-3004](tel:619-233-3004) and let them know which trolley line you were on and give a detailed description of what you're looking for.

