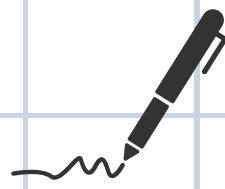


# the preuss school



Happy Tuesday, Scholars!  
Remember the Preuss Way is  
Kindness, Respect, and Excellence.  
Have a wonderful day!

## Quote of the Day

"There are no shortcuts to  
any place worth going."  
- Beverly Sills

## SAT Word

aspire (v.) to direct one's  
hopes or ambitions towards  
achieving something

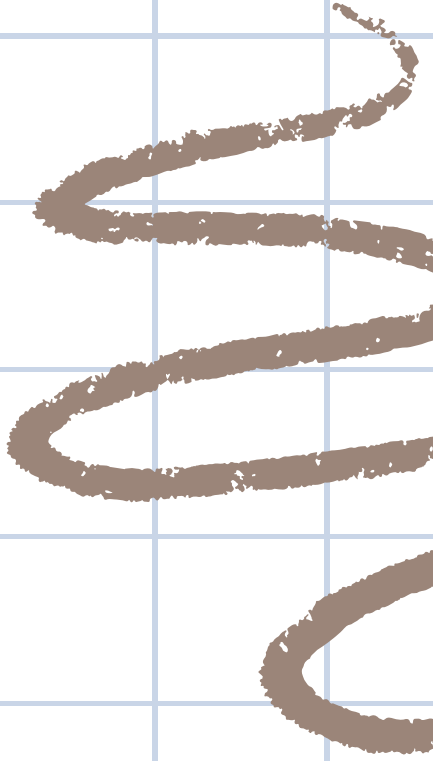


**ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE. PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN. AIRPODS AND HEADPHONES SHOULD BE PUT AWAY AND REMOVED BEFORE ENTERING CAMPUS UNTIL AFTER SCHOOL. THEY MAY NOT BE WORN ON CAMPUS DURING THE SCHOOL DAY.**

*\*Students that do not come in dress code will be required to turn in their phone for a loaner polo or pants.*



 february  
at a glance!

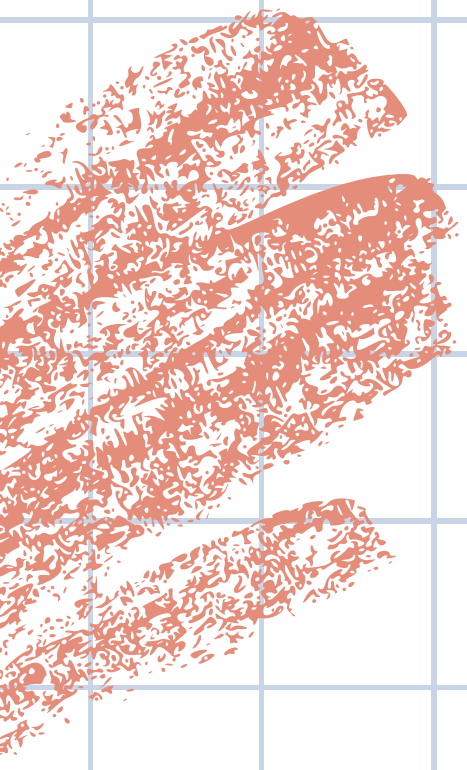


**FEB**  
**8**  
9AM - 11AM  
**Saturday Enrichment  
Academy**

**FEB**  
**10**  
4PM - 5PM  
**Boys Lacrosse  
Tryouts**

**FEB**  
**14**  
ALL DAY  
**NO SCHOOL  
Lincoln Day**

**FEB**  
**17**  
ALL DAY  
**NO SCHOOL  
Washington Day**



# GENERAL ANNOUNCEMENTS



Good morning!

This week is National School Counseling Week. The theme of this year's week is "**School Counseling: Helping Students Thrive.**" We want to talk about what it means to truly thrive. Thriving means growing, succeeding and feeling fulfilled in all areas of your life, and as school counselors, we want to help you achieve that. There are several areas where we can help you thrive, including your academic growth, your emotional well-being and your career exploration.

For example,

- Thriving academically means setting goals, staying motivated and finding joy in learning. We can help you develop strategies to be successful academically.
- Thriving emotionally means feeling balanced, resilient and supported. If you're feeling stressed or anxious, we are here to listen and help you navigate your feelings.
- Thriving in your future means understanding your strengths and passions. We can help you explore different careers and plan for a future that excites you.

Helping you thrive is our goal. We hope you'll reach out when you need support or just want to chat. Let's work together to **THRIVE** the rest of this school year. Have a wonderful day!

# GENERAL ANNOUNCEMENTS

## SNACK SHACK

*Attention!!* BROUGHT TO YOU BY... **ASB**

SNACK SHACK WILL BE SELLING EVERY B-DAY (TUESDAY, THURSDAY, AND EVERY OTHER FRIDAY) DURING MIDDLE SCHOOL AND HIGH SCHOOL LUNCH UNTIL THE END OF THE SCHOOL YEAR!  
COME AND BUY DELICIOUS SNACKS IN FRONT OF B103.  
BELOW IS ALL WE OFFER AND PRICES!

*Snacks on Sell!*

	<b>CAPRISUN</b> FLAVORS: PACIFIC, STRAWBERRY KIM, FRUIT PUNCH, BERRY, AND APPLE	\$1.50
	<b>BAKED CHIPS</b> FLAVORS: ORIGINAL, BARBECUE, CHEDDAR & SOUR CREAM, FLAMIN HOT, AND CRUNCHY CHEESE	\$2.00
	<b>FAMOUS AMOS COOKIES</b> CHOCOLATE CHIP	\$1.50
	<b>WELCH'S FRUIT SNACKS</b> CONTAINS GELATIN!	\$0.50
	<b>SKINNY POP</b>	\$2.00
	<b>OCEAN SPRAY JUICE</b> FLAVORS: CRAN-PINEAPPLE, CRAN-TROPICAL, CRAN-WATERMELON, AND CRAN-MANGO	\$2.00
	<b>PRINGLES</b> FLAVORS: ORIGINAL AND CHEDDAR	\$1.00
	<b>MILANO COOKIES</b> DOUBLE DARK CHOCOLATE	\$1.50

Get snacks from ASB!

## ATTENTION LATE STUDENTS!

Students that arrive habitually tardy will now be assigned lunch duty with our amazing custodial team!

Once you accumulate 5 tardies, you will be given a referral and assigned lunch duty. This may include trash pickup, lunch monitoring, or other tasks as needed.

Please note the following:

- 1 full class absence = 3 tardies
- Tardies 30min-1hr late = 2 tardies

Attendance Announcement

## Food Distribution



Click on the logo for a link to find other food distributions near you!

February / febrero						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

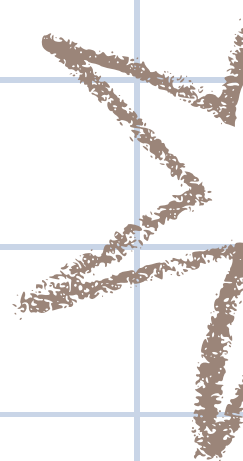
\*Distribution dates are highlighted in orange.



# GENERAL ANNOUNCEMENTS

## lost & found

*if any of these are yours, please come to the front office!*



### Preuss Insider

**PREUSS**  
*The*  
**INSIDER**

**Why should you read preuss insider?**

This platform inspires you to stay connected with your school community, keeping you informed about the latest news and updates. You can immerse yourself in engaging entertainment and thought-provoking editorial articles. Additionally, you will encounter fun activities and exciting contests that invite you to participate and unleash your creativity. Embrace this opportunity to stay engaged and inspired!

Read some articles at [The Preuss Insider](#) like:

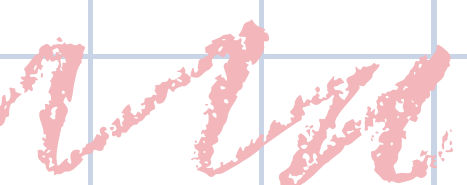
["Preuss Needs Sports for Middle schoolers"](#) By [Kailani Mojica](#)  
or  
["Senior Spotlight: Kamila Ramirez"](#) By [Brenda Velazquez](#)

PreussInsider.com

### attend SEA this saturday!

**SATURDAY ENRICHMENT ACADEMY**  
FEBRUARY 8TH FROM 9 AM - 11AM

A great place to study, catch up on missing assignments, or receive extra help on homework! Get all your assignments done so you can enjoy the rest of your weekend!!





# ANNOUNCING OUR ANNUAL BOOKMARK WINNERS!

## IN MIDDLE SCHOOL

Honorable Mention is 6th grader Isaac Martinez from Ms. Eid's class  
Honorable Mention is 7th grader Aniyecia Lopez from Mrs. Stipe's class  
3rd Place is 8th grader Brianna Escalera Balanzar from Ms. Ackerman's class  
2nd Place is 8th grader Sophia Guzman from Ms. Ackerman's class  
1st Place is 7th grader Aiden Ho from Mr. Huang's class

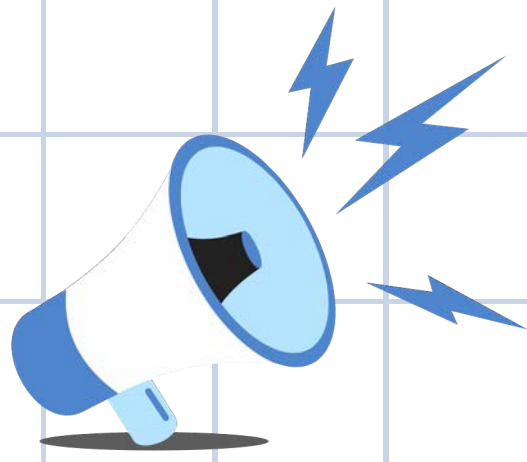
## IN HIGH SCHOOL

Honorable Mention is 11th grader Kaelynn Wang from Ms. Brown's  
In a tie for 3rd Place is 10th grader's Di Ho from Mr. Fulchiron's class and  
Andrea Isabella Sanchez Vargas from Mrs. Majors' class  
2nd Place is 12th grader Vianeth Montano from Mr. Arias' class  
1st Place is 10th grader Thi Luong from Mrs. Majors' class

***All mentioned above need to stop by the library ASAP to sign their bookmark so I can get them all published.***

All bookmarks will be on display at Geisel Library starting next week through the end of February to celebrate World Bookmark Day on February 25th.

Congratulations to all our winners and to all who participated, we had lots of great entries!!



## Student Representative Feedback Form



**ATTENTION ALL PREUSS STUDENTS: Don't be shy, send some concerns!**

**Scan this QR Code to gain access to the Student Representative Feedback form with any concerns you have regarding student life. Your School Board Student Representatives Fabian Garcia and Jazmine Nguyen will adhere to these comments right away, finding solutions to address your concerns. This opportunity allows for your comments or concerns to be presented to those who work hard to ensure that our school functions as properly and as best as it should. For further inquiry, feel free to contact our student representatives at [fdgarcia@preuss.ucsd.edu](mailto:fdgarcia@preuss.ucsd.edu) and [j10nguyen@preuss.ucsd.edu](mailto:j10nguyen@preuss.ucsd.edu).**

# MIDDLE SCHOOL ANNOUNCEMENTS

**WE'LL HAVE SO MUCH FUN**

**ABOUT**  
This club will help each student to achieve their dream of attending college. Tutoring and study sessions will be provided. There will be collaborative study sessions where students can help one another. We will as well encourage students to help their community through community service. We are welcoming any middle school student to join this club as long as they follow the requirements below! Feel free to bring along your friends!

**INFORMATION**

- Will be meeting on Monday's during lunch (Meetings will be once a month)
- First club meeting will be on November 18 during lunch which is a Monday
- We will meet in class B201 in Mrs. Fox's room
- Feel free to bring your lunches in

**100 WONDERS CLUB**

SCAN QR CODE OR ENTER CODE TO GOOGLE CLASSROOM TO JOIN!!!

Google Classroom Code: m7p5ir

**REQUIREMENTS:**

- Must have an S or higher in citizenship grade
- Attend club days

Club President- Katrin  
Advisor- Mrs. Fox

Where: B201  
Mrs. Fox  
Classroom

100 WONDERS CLUB

# Baking Club



Come meet us at the Walton center during middle school lunch! sweet treats will be available. !!There will be limited spots so come quick!! !!Make sure you have a S or higher in your Citizenship grade!!

Location: Walton center  
Time&Date: October, 22nd during middle school lunch  
Teacher: Ms Eid  
President: Chelsea Mendez  
Co-president: Emily Perez

**!!MIDDLE SCHOOL ONLY!!**

BAKING CLUB

**JOIN US!**

**▲-DAY FRIDAY LUNCHES**

**ROCKS AND MINERALS**

**EARTH SCIENCES**

WE WILL BE DOING FIELD TRIPS, GEODE BREAKING AND SO MUCH MORE!



**PREUSS SCHOOL UCSD**

**EARTH SCIENCES CLUB**

ROCKS & MINERALS CLUB

MIDDLE SCHOOL CODING CLUB

# CODING CLUB

```
def check_db():
    if not os.path.isfile(FILE_URI):
        db.create_all()

@app.route("/")
def home():
    check_db()
    all_books = db.session.query(Book).all()
    return render_template("index.html", all_books=all_books)

@app.route("/edit", methods=["GET", "POST"])
def edit():
    if request.method == "POST":
        book_id = request.form["id"]
        book_to_update = Book.query.get(book_id)
        book_to_update.rating = request.form["rating"]
        db.session.commit()
        return redirect(url_for("home"))
```


COME JOIN US AND DO FUN PROJECTS. EVEN IF YOU DONT KNOW CODING

WHEN:  
**EVERY B-DAY FRIDAY AT A102 LUNCH**

WE WILL BE LEARNING AND TEACHING AS A CLUB TO FURTHER ENRICH OUR CODING SKILLS

CONTACT INFO:  
2030-aucovarrubias@preuss.ucsd.edu

CODING CLUB





# HIGH SCHOOL ANNOUNCEMENTS

**NEED COMMUNITY SERVICE HOURS?**  
**JOIN INTERACT CLUB TODAY!**  
 EVERY 2ND & 4TH TUESDAY OF THE MONTH DURING LUNCH IN D201  
 GC: bp44xvt

INTERACT CLUB

**JOIN US EVERYDAY AFTER SCHOOL!**  
 TIME: 4:00 PM - 5:00 PM  
 WHERE: FAB LAB!  
*Kickoff Season*  
**TEAM 812**

ROBOTICS CLUB

**JOIN US FOR FITNESS CLUB**  
 EVERY A-Day Friday  
 Class Code: 76z2iqc

FITNESS CLUB

**JOIN Finance Club**  
 CLASS CODE: tvrg4za  
 After School Tuesdays C201

FITNESS CLUB

**JOIN OUR GC TO RECIEVE MORE INFO!**  
**MUN**  
 Meeting Dates: January 30, February 6, February 20  
 GC Code: qc7x6ay  
**DONATE CHIPS FOR HOURS**  
 8203  
 Turn In Chip Donations TO HRS, B009REN, B203

M.U.N. CLUB

**JOIN SCIENCE OLYMPIAD!**  
 @PREUSSSCIOLY  
 QUESTIONS? MR. FOZI C202  
 Build Towers, Rocket Launchers, Decrypt Secret Messages, Solve Crimes, create Science Experiments, and MORE! We compete in events related to a variety of stem fields! Come join the team! We meet Tuesdays @ 4:15 in C202 and Mondays @ 4:15 in H101

SCIENCE OLYMPIAD

**CROCHET CLUB**  
 EVERY THURSDAY AFTERSCHOOL!  
 In E102  
 Yarn, hooks, and supplies provided  
 Beginners welcome

CROCHET CLUB

EVERY 2ND AND 4TH WEDNESDAY LUNCH @E201  
 JOIN US AT ASIAN PACIFIC ISLANDER ASSOCIATION CLUB  
 EXPERIENCE ASIAN CULTURE

APIA CLUB


**MUSIC Clubs AT PREUSS**  
**Rock Band**  
 Afterschool | Every Tuesday 4-5 pm  
**Song Writing Club**  
 Afterschool | Every Wednesday 4-5 pm  
 Rockband contact: mkrdriguez@preuss.ucsd.edu  
 Song Writing contact: mesalasjr@preuss.ucsd.edu

MUSIC CLUBS

# HIGH SCHOOL ANNOUNCEMENTS

\*1ST & 3RD WEDNESDAY OF EVERY MONTH\*

## CRIMINAL JUSTICE CLUB



### MEET OFFICERS WOLF & ROMANO!

LEARN ABOUT YOUR RIGHTS & HOW TO STAY SAFE.

Classroom code: lzngp4i  
Instagram: @criminaljusticeclub2025  
Room: E103

CRIMINAL JUSTICE CLUB



WELCOME TO PREUSS

## BOOK CLUB

Hello everyone! The book club now meets **every first and third Tuesday** of the month. Our **first meeting** will be on **Tuesday, November 19th!** Make sure to join now! Every few months, we select books covering different genres, cultures, periods, etc. **Join us as E101** (AKA Mrs. Majors room)!

Snacks will be provided for people who attend!

*today*

BOOK CLUB



## La Gloria Latina Club

Join us!!

2nd and 4th Friday of the Month

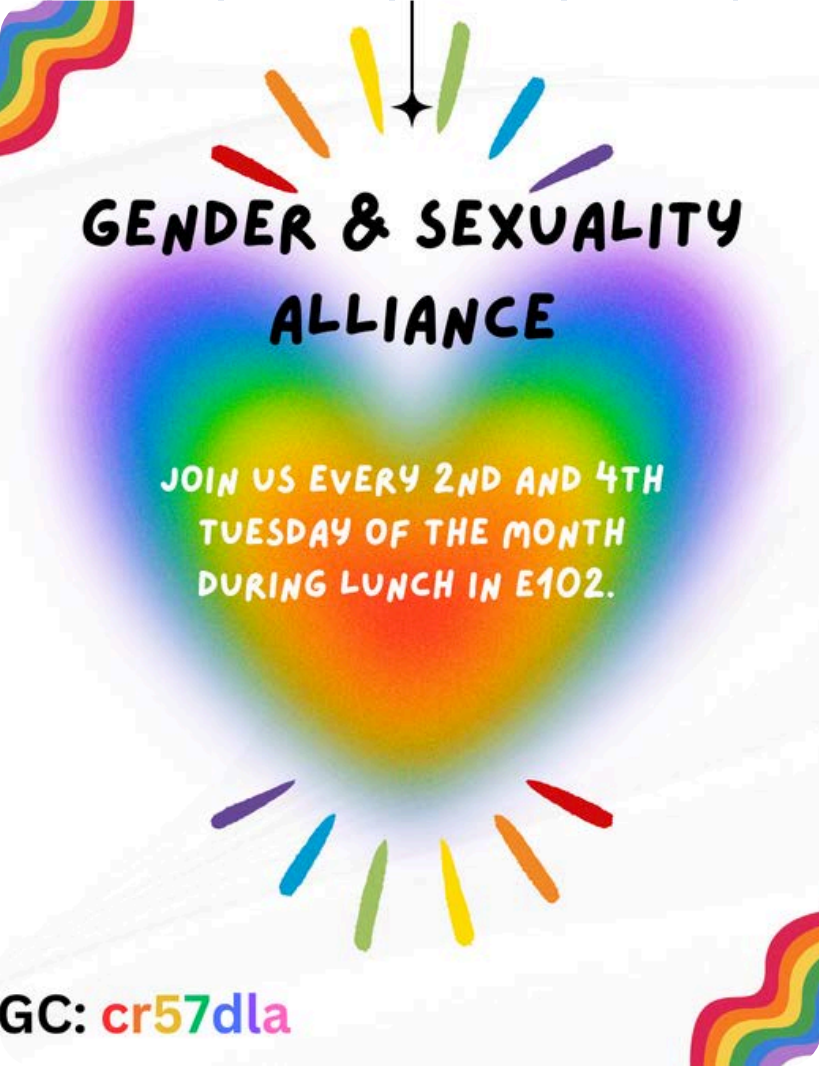
E202

GC Code: firxhmx




LA GLORIA LATINA

# GET INVOLVED!



## GENDER & SEXUALITY ALLIANCE

JOIN US EVERY 2ND AND 4TH TUESDAY OF THE MONTH DURING LUNCH IN E102.

GC: cr57dla

GENDER & SEXUALITY ALLIANCE

## BLACK STUDENT UNION

EVERY 2ND AND 4TH TUESDAY OF THE MONTH DURING LUNCH IN E101



INSTAGRAM: PREUSSBSU

BLACK STUDENT UNION

## Dreamers Club

### Undocumented Students and Allies Club

Join to...

- Get support throughout your journey in High School & prepare for college
- Explore opportunities for undocumented people
- Show support for the undocumented community & meet new people

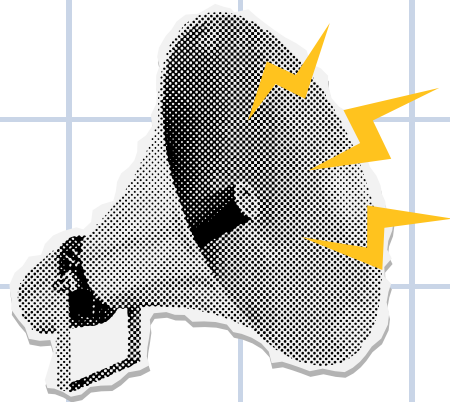
Meetings every 2nd - 4th Monday of every month during lunch in E202

Dates:  
Jan 27  
Feb 10 & 24  
March 10 & 24  
April 14  
May 12  
June 9

Class code: HUH2G3Z

UNDOCUMENTED STUDENTS & ALLIES CLUB

# DAILY REMINDERS



## SCHOLARS! ↓

if you would like to add something to the bulletin, please send it to Ms. Isabella's email, [icayanan@ucsd.edu](mailto:icayanan@ucsd.edu), by 5pm the day before!

## MTS Trolley Rider Insider Info

Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!



If you need assistance when riding the trolley, you can text [619-318-1338](tel:619-318-1338) or call MTS dispatch at [619-595-4960](tel:619-595-4960). Put these important numbers in your phone so you have them available anytime you ride the trolley!

