QUOTE OF THE DAY:

"Very little is needed to make a happy life; it is all within yourself, in your way of thinking.”
—Marcus Aurelius

SAT WORD:

debacle (n): a sudden and complete disaster

HAPPY WEDNESDAY, SCHOLARS!
REMEMBER THE PREUSS WAY IS KINDNESS, RESPECT, AND EXCELLENCE.
HAVE A GREAT DAY!

REMINDERS

- Please remember to pick up your trash before leaving the lunch tables after eating.
- Personal athletic equipment are no longer allowed on campus.
  - First offense: Items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- Dress Code:
  - Collared shirts only
  - No jeans or sweats may be worn
  - Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.
MTS Rider Insider Trolley Information
Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read!
If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960.
Put these important numbers in your phone so you have them available anytime you ride the trolley.

High Schoolers! Click here to sign up for college rep visits!
Remember: Students that sign up for the most rep visits will be entered into a raffle!! :D

Feeding America Food Distributions
Food distributions will be every 2nd and 4th Thursday of each month!
Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Distribution will start around 3:30pm, so come join us!
JOIN SCIENCE OLYMPIAD!

QUESTIONS? MR. FOZI C202

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

Reminder

THE PREUSS YEARBOOK IS OFFERING A DEDICATION PAGE FOR ANYONE THAT WANTS TO CREATE A PAGE FOR THEIR STUDENT/MENTEER.

WE WILL BE STARTING AS OF TODAY (9/5/2023)
DEADLINE: DECEMBER 1, 2023

PRICES-
FULL PAGE: $250
HALF PAGE: $175
QUARTER PAGE: $100
EIGHT PAGE: $60

FOR MORE INFORMATION CONTACT: PENSBERG@UCSD.EDU
Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

**INTERACT CLUB**

The Finance Club meets on Tuesdays and Wednesdays from 4–5pm in C201. Join us to learn about our first business venture and this month’s financial literacy topic – Saving and Budgeting!

**FINANCE CLUB**

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

**APIA CLUB**

"Nothing can dim the light that shines from within."

– Maya Angelou

**TSU-NAMI WEEKLY AFFIRMATIONS**
The robotics team meets 4–5 in H101 Mondays and Thursdays (pick either or both days) new members welcome!

Attention all high school students: Preuss MUN is so excited to start a new year of debating and attending MUN Conferences! Our next meeting will be on Thursday September 21st, during high school lunch in B203. Please pick up your lunch, and head on over! Tell any of your friends who are not in the google classroom to come join us! See you then!

MultiCultural Empowerment Club meetings are on Mondays during lunch in room D203. See you then!
Jovita Idar was an organizer, writer, and advocate of Mexican-American women's rights. She grew up in Laredo, one of 8 children of parents who published La Crónica, a Spanish-language newspaper that exposed segregation, lynching, and other injustices endured by Mexican Texans in the early 20th Century. She trained to be a teacher, but frustration with her inability to improve her students' poor conditions propelled her to write for the newspaper and try to effect social change. In 1911, Idar and her family organized a conference in Laredo in support of unions, criminal justice, women's rights, and bilingual education. She founded La Liga Femenil Mexicanista, whose first project was to provide free instruction for poor Mexican children. She wrote for La Crónica and El Progresso, Spanish language newspapers that condemned violence against Mexican-Americans of South Texas. In 1913, during the Mexican Revolution, Idar traveled with revolutionary forces as a nurse. Later, when she wrote an editorial for the newspaper El Progresso protesting the presence of U.S. troops on the border. Famously, she stood in the newspaper's doorway to stop Texas Rangers from shutting it down. They eventually did, however, and Idar returned to run La Crónica after her father's death in 1914. In 1917, she moved to San Antonio where she started a free kindergarten and was active in the Democratic Party and the Methodist Church until her death in 1946.