HAPPY FRIDAY, SCHOLARS! REMEMBER THE PREUSS WAY IS KINDNESS, RESPECT, AND EXCELLENCE. HAVE A GREAT WEEKEND!

## QUOTE OF THE DAY:

"Though we tremble before uncertain futures, may we meet illness, death and adversity with strength, may we dance in the face of our fears."

- Gloria Anzaldúa


## SAT WORD:

contravene(v): to go against, as of rules and laws


- Please remember to pick up your trash before leaving the lunch tables after eating.
- Personal athletic equipment are no longer allowed on campus.
- First offense: Items will be taken away and not returned until the end of the school day.
- Second offense: Items will be taken and not returned.
- Dress Code:
- Collared shirts only
- No jeans or sweats may be worn
- Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.


## SATURDAY ENRICHMENT

SEA IS THIS SATURDAY, SEPTEMBER 16TH FROM GAM11AM! COME AND GET HELP WITH HOMEWORK, MAKE UP HOURS FROM ABSENCES, AND GET AHEAD IN YOUR LEARNING!

## Reminder

THE PREUSS YEARBOOK IS OFFERING A DEDICATION PAGE FOR ANYONE THAT WANTS TO

CREATE A PAGE FOR THEIR STUDENT/MENTEE.

WE WILL BE STARTING AS OF
TODAY $(9 / 5 / 2023)$
DEADLINE: DECEMBER 1, 2023
PRICES-
FULL PAGE; \$250
HALF PAGE: $\$ 175$
QUARTER PAGE: $\$ 100$
EIGHT PAGE: $\$ 60$
FOR MORE INFORMATION CONTACT: PENSBERG@UCSD.EDU


## PLEASE TAKE A MOMENT TO LEARN ABOUT THE MTS "SEE SOMETHING, SAY SOMETHING" INFORMATION. CLICK THE MTS ICON TO READ!

 IF YOU NEED ASSISTANCE WHEN RIDING THE TROLLEY, YOU CAN TEXT (619) 318-1338 OR CALL MTS DISPATCH AT (619) 595-4960. PUT THESE IMPORTANT NUMBERS IN YOUR PHONE, SO YOU HAVE THEM AVAILABLE ANYTIME YOU RIDE THE TROLLEY.

## FEEDING AMERICA FOOD DISTRIBUTIONS

food distributions will be every 2nd and 4th Thursday of each month! Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Distribution will start around 3:30pm, so come join us!

## BLACK STUDENT UNION

Black Student Union (BSU) invites you to join us every Thursday during high school lunch in E101 for fun games, spirited debates, and a safe place to navigate life!


## UNDOCUMENTED STUDENTS AND ALLIES CLUB

The Undocumented Students \& Allies Club (Aka Dreamers Club) will be having our first meeting this year on Monday 9/18/23 during HS lunch in E2O2! If you have any questions please email Ms. Esparza at iesparza@ucsd.edu.

## APIA CLUB

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D2O3. Everyone is welcome!

## FACT OF THE DAY:

National Hispanic Heritage Month, which begins each year on Sept. 15, celebrates U.S. Latinos, their culture and their history. Started in 1968 by Congress as Hispanic Heritage Week, it was expanded to a month in 1988. The celebration begins in the middle rather than the start of September because it coincides with national independence days in several Latin American countries: Guatemala, Honduras, El Salvador, Nicaragua and Costa Rica celebrate theirs on Sept. 15, followed by Mexico on Sept. 16, Chile on Sept. 18 and Belize on Sept 21. From 1968 until 1988, Presidents Nixon, Ford, Carter and Reagan all issued the yearly proclamations, setting aside a week to honor Hispanic Americans. In 1987, U.S. Representative Esteban E. Torres of California proposed the expanding the observance to cover its current 31-day period.
Torres wanted more time so that the nation could "properly observe and coordinate events and activities to celebrate Hispanic culture and achievement." Today, there is debate over whether the term "Hispanic" or "Latino/x" should be used to describe this ethnic group, however, in the end, it's a patchwork of terms and identities wherever you go in the United States and is all a matter of personal preference. An important point to remember is that neither "Hispanic" nor "Latino" refer to a person's racial identity; they only point to someone's ancestry and origin. A person of any race can be Hispanic or Latino, a testament to the dynamic and multifaceted history of indigenous people, African slaves and European colonizers who all lived within the Spanish-speaking world.

