HAPPY FRIDAY, SCHOLARS!
REMEMBER THE PREUSS WAY IS KINDNESS, RESPECT, AND EXCELLENCE. HAVE A GREAT DAY!

QUOTE OF THE DAY:
“Let us come together and move forward with hope as we defend and care for the Earth and its spirits.”
— Berta Cáceres

SAT WORD:
enmity(n): a state of deep-seated ill-will

IMPORTANT REMINDERS:
• PLEASE REMEMBER TO PICK UP YOUR TRASH BEFORE LEAVING THE LUNCH TABLES AFTER EATING
• PERSONAL ATHLETIC EQUIPMENT ARE NO LONGER ALLOWED ON CAMPUS.
  ◦ FIRST OFFENSE: ITEMS WILL BE TAKEN AWAY AND NOT RETURNED UNTIL THE END OF THE SCHOOL DAY.
  ◦ SECOND OFFENSE: ITEMS WILL BE TAKEN AND NOT RETURNED.
• ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE. PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN. AIRPODS AND HEADPHONES SHOULD BE PUT AWAY AND REMOVED BEFORE ENTERING CAMPUS UNTIL AFTER SCHOOL. THEY MAY NOT BE WORN ON CAMPUS DURING THE SCHOOL DAY.
Hello Tritons! The Fall Formal is officially on Friday the 13th, with a House of Cards Theme. We will sell from September 25th - October 11th during lunch at the Walton Center. Remember, ticket prices start at $20 and go up by $5 every week! Guess tickets are $30 and cannot be purchased within the last week of selling tickets. October 6th is the last day to purchase guest tickets. Permission slips can be found on our ASB website. For more information, check out @preussasb on Instagram! Remember there will be a DJ taking song requests, free snacks, fun games, and a photo booth. Forward to seeing you tritons there!

High schoolers! Click the here to sign up for college rep visits! Remember: students that sign up for the most rep visits will be entered into a raffle!!

Preuss Gaming is having its first game for the CA Fall Open Tournament. We will be playing Super Smash Brothers Ultimate on Thursday (10/6) at 4:15 p.m. in E202. If you are interested in watching us play, please stop by! If you have any questions, please email Coach Esparza (iesparza@ucsd.edu) and Coach Greco (mgreco@ucsd.edu).

EHS Students/Athletes of the Month

Congrats to the following students who made Students/Athletes of the Month for September!

- Joselyn Mata
- Cindy Nguyen
- Sondos Tysaan
- Tiya Abebe
- Izaiah Aguirre
- Anthony Strickland
- Ephraim Zewdu
- Hamza Rahimi
- JV Soccer Athletes
- Ben Chan
- William Espinoza

6th Grade Students

- Joselyn Mata
- Cindy Nguyen
- Sondos Tysaan
- Tiya Abebe
- Izaiah Aguirre
- Anthony Strickland
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MIDDLE SCHOOL SPIRIT WEEK!

MONDAY: SUPERHERO/VILLAIN DAY
Students will be able to wear a t-shirt with any superhero or villain of their liking but still wear the Preuss uniform bottoms. (Full Length shirts, no inappropriate language nor imagery on clothing, and clothing must not be ill fitting). Students who do not participate in the spirit day and do not follow guidelines must wear the Preuss uniform.

TUESDAY: PAJAMA PANTS DAY
Students and staff will be allowed to wear pajama PANTS only. Pajama pants must be at a full length to the ankle (No Shorts, sweatpants, etc. Preuss top required)

WEDNESDAY: WEAR PINK ON WEDNESDAY—BREAST CANCER AWARENESS DAY
Pink tops or Pink bottoms

THURSDAY: CAREER DAY—DRESS FOR SUCCESS
Student can wear like a future career. School appropriate

FRIDAY: TRITON PRIDE DAY
Students can dress out wearing blue, gold/yellow.

RULES: Clothes must be appropriate including but not limited to: Full length shirts, No inappropriate language nor imagery on articles of clothing, and clothes must not be ill fitting. Must fit the theme. Wear uniform if you aren’t matching the theme
Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.

ALUMNI TOTE BAG DESIGN CONTEST

Calling all artists and those with a flair for creativity! With Homecoming coming up in December, Preuss will soon be welcoming back many alumni. This year, our Preuss alumni will be gifted tote bags and we would love to have our own students be the designers!

REQUIREMENTS

- The design must include the words: “The Preuss School UC San Diego Alumni”
- Represent The Preuss School
- Be your own original art, digital or physical
- Email submissions to preussalumni@ucsd.edu by Friday, October 13, 2023

The winning designer will receive a tote full of goodies, with their artwork printed on the bag!

Questions? Email preussalumni@ucsd.edu
2023 Banned Book Week Mini-Book Jacket Contest

Banned Book Week: October 1–October 7, 2023
Contest: September 25th–October 13th

Win a book of your choice!!!
Create an informational, creative mini-book jacket that highlights a particular book that has been challenged or banned.

The mini-book jacket must include the following requirements:
- The blank mini-book jacket must be obtained from the library, starting 9/25/23.
- Front Cover: Title, author and picture representing the book.
- Inside front jacket: Information about why and what group challenged or banned the book.
- Inside back jacket: Information about the author.
- Back Cover: your full name, grade, and advisory
- Link or visit the library page on the Preuss School Website to find information to help complete the book jacket
- Must be done by hand, no computer generated work will be accepted
- Due to the librarians by Fri., Oct. 6th
- Student Voting will begin Mon., Oct. 9th
- Winners announced Fri., Oct. 13th

Questions? Mr. Fozi C202

Build towers and rocket launchers, decrypt secret messages, solve crimes with science experiments, and more! We compete in events related to a variety of STEM fields! Come join the team! We meet Wednesdays @ 4:15PM in C202.
Black Student Union (BSU) invites you to join us every Thursday during high school lunch in E101 for fun games, spirited debates, and a safe place to navigate life!

MultiCultural Empowerment Club meetings are on Mondays during lunch in room D203. See you then!

Hello everyone! October is Substance Use Awareness and Depression Awareness Month. If you or a family member is in need of support or help please call 1-800-662-4357. This is the Substance Use and Mental Health Services Hotline. Or if you are in a crisis please call 988. Their agents are on call 24/7 and are there to help you. Have a great start to the month, everyone

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

The robotics team meets 4-5 in H101 on Thursdays new members welcome!

Did you know Preuss has a book club? Meetings for this year begin on Monday, Oct. 9 during high school lunch in E101. Join us for the first official meeting of the year and every Monday thereafter. Come find out who we are and help choose the books we’ll read this year. Hope to see you there!

Music fact of the week: Musical education leads to better exam scores.

The Tri-M Music Honor Society recognizes the academic and musical achievements of young musicians. The Preuss School UC San Diego chapter is run by the students but supervised by the music director. To be eligible for a new membership, a student must have completed one high school music class, have a weighted Music GPA of 4.0, and maintain an academic GPA of 3.0 or higher.

Join us to learn about the financial literacy topic of the month: Banking and Accounting!
Berta Cáceres was an internationally recognized, award winning, Honduran environmental and civil rights activist who was assassinated in March 2016. Cáceres dedicated her life to fighting injustices that occurred in Honduras, a nation notorious for its human and environmental rights violations. Born into humanitarian activism, Cáceres’ fame came from the environmental issues that coincided with her civil rights fight. Cáceres’ final fight was against an illegal damming project in western Honduras that harmed the Lenca people, an indigenous group of the region. The struggle over the dam is not over, and neither is the unrest caused by the assassination of Cáceres. Berta Cáceres was born in 1971 in La Esperanza, Honduras to Berta Flores, a midwife and social activist who taught her children the importance of standing up for human rights by caring for refugees from El Salvador. This started Cáceres’ life-long devotion of fighting for civil rights. Cáceres went on to study education at the university where she also co-founded the Council of Popular and Indigenous Organizations of Honduras (COPINH) in 1993. Her group started out by standing up against illegal logging and transgressions against the Lenca people. A lot of her fights were directly against the Honduran government and large Honduran corporations, making her unpopular amongst the country’s elite. Her death has resulted in some proposed sanctions, intended to transform the nation. The United States House of Representatives even proposed a bill called the Berta Cáceres Human Rights Act, which calls to stop aid to Honduras until there is a monumental change in their human rights situation. The land rights of indigenous peoples lie at the crossroads of human rights and environmentalism, a place that Cáceres found herself and fought for until her last days.