HAPPY TUESDAY, SCHOLARS! REMEMBER THE PREUSS WAY IS KINDNESS, RESPECT, AND EXCELLENCE. HAVE A GREAT DAY!

“Very little is needed to make a happy life; it is all within yourself, in your way of thinking.” —Marcus Aurelius

Important Reminders

- Please remember to pick up your trash before leaving the lunch tables after eating.
- Personal athletic equipment are no longer allowed on campus.
  - First offense: items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- All students must come to school in dress code. Preuss polo must be worn. No jeans or sweats may be worn. Airpods and headphones should be put away and removed before entering campus until after-school. They may not be worn on campus during the school day.
MTS TROLLEY RIDER INSIDER INFO

Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.

2023-2024 ATTENDANCE CHALLENGE!

Attendance is an important path for the success of our students and because of that the Attendance Challenge Program is a positive enforcement strategy to encourage regular attendance. Our objective is to achieve an overall attendance rate of 97% or higher every month. The grade-level class with highest average rate of attendance will be recognized with an ice cream social.

CLICK HERE TO SEE THE FLYER FOR MORE INFORMATION

IMPORTANT: MANCHESTER FIELD CLOSED THROUGH OCTOBER 27

The field will be CLOSED from Monday, October 23 through Friday, October 27. No activities will take place on the field, including before and after school AND lunch. Maintenance of the field will be taking place to prepare for the high school soccer season beginning the first week of November.

STUDENTS SEEN ON THE FIELD THIS WEEK WILL BE GIVEN LUNCH DETENTION

COLLEGE REP VISITS

High schoolers! Click the here to sign up for college rep visits! Remember: students that sign up for the most rep visits will be entered into a raffle!!

FEEDING SAN DIEGO

Feeding San Diego: "Food distributions will be every 2nd and 4th Friday - however, if it lands on a PTA Meeting/Parent Academy day then it will be distributed on that day/Saturday instead! Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Distribution will start around 3:30pm, so come join us!
Multicultural Empowerment Club in collaboration with the World Language Department and twelve Preuss Clubs would like to invite you to the Dia de los Muertos Celebration on Friday, October 27th. This is a family event!

The event will take place at Preuss from 4:00 - 6:00 pm. We will have entertainment, Altares/Barilletes (kites) presentations by SPIV students, delicious food sales, games and other activities run by Preuss Clubs. Everyone is invited!

Bring your family and enjoy the celebration. Some clubs will have pre-sale tickets starting next week on Wednesday and Thursday. More information to come soon! Hope to see you at the event!

Multicultural Empowerment Club Officers
YEARBOOK ANNOUNCEMENTS

yearbook would like to announce our new app called yearbook snap, this app is used to upload pictures that you take on your phone (of Preuss events) can send them to us!! The app is very simple, after downloading the app use the code “Preussyearbook” to log in and start uploading pictures!!

LIBRARY ANNOUNCEMENT!

SUMMER READING BOOKS

All summer assigned reading novels are due back to the library by Friday, October 27th. Below is the grade level and title of book:

- 7th = The Outsiders
- 8th = Refugee
- 9th = Piecing Me Together
- 10th = Autobiography of Malcolm X
- 11th = Into the Wild
- 12th = Brave New World

COMPUTERS2KIDS EVENT 11/4

The San Diego County Office of Education and Computers2Kids are hosting an event for families to purchase affordable refurbished computers.

DATE: SATURDAY, NOV. 4, 2023
TIME: 9 TO 11:30 A.M.
LOCATION: EAST COUNTY REGIONAL EDUCATION CENTER - ECREC 924 E. MAIN STREET EL CAJON CA 92021(DRIVE THRU EVENT).

Reminder

The Preuss Yearbook is offering a dedication page for anyone that wants to create a page for their student/mentor.

We will be starting as of Today (9/5/2023)
Deadline: December 1, 2023

Prices:
Full Page: $250
Half Page: $175
Quarter Page: $100
Eight Page: $60

For more information
Contact: pensberg@ucsd.edu
BOOK CLUB

The Preuss Book Club is a community where students can enrich their knowledge and create a passion for books. We meet on Mondays at lunch in E101 and all high school students are welcome!

APIA CLUB

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

TSUNAMI

Hello everyone! October is Substance Use Awareness and Depression Awareness Month. If you or a family member is in need of support or help please call 1-800-662-4357. This is the Substance Use and Mental Health Services Hotline. Or if you are in a crisis please call 988. Their agents are on call 24/7 and are there to help you. Have a great month, everyone!

INTERACT CLUB

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

DANCE CLUB

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

MULTICULTURAL CLUB

MultiCultural Empowerment Club meetings are on Mondays during lunch in room D203. See you then!

VOLLEYBALL CLUB

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!
MIDDLE SCHOOL ROCK AND MINERAL CLUB

- Hello, do you like Minerals? Do you want to learn? If you do, we are creating a rock and mineral club! We will give presentations, talk about projects and share our thoughts about rocks. Please come let us know you are interested by signing up on the sign-up sheet outside of A103. We hope to get enough signatures to start a new club. We will meet A-Day Friday's at lunch. -

FILM CLUB

Join us in E203 every Wednesday during HS lunch to watch some movies! We are currently watching Coraline for the month of October but you can help us choose our movie to watch for the month of November. Hope to see you there!

FINANCE CLUB

FINANCE CLUB
Tuesdays & Wednesdays | 4-5 pm | C201
Join us to learn about the financial literacy topic of the month: Banking and Accounting!

ROBOTICS

The Robotics Club meets Thursdays at 4-5pm.
Come develop skills in coding, engineering, business, finance, media, and community outreach!

SCIENCE OLYMPIAD

JOIN SCIENCE OLYMPIAD!
BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

QUESTIONS?
MR. FOZI
C202