Happy Friday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence.

QUOTE OF THE DAY:
“Remember, there’s no such thing as a small act of kindness. Every act creates a ripple with no logical end.”
—Scott Adams

SAT WORD:
hiatus(n): an interruption in the intensity or amount of something

IMPORTANT REMINDERS:
• Please remember to pick up your trash before leaving the lunch tables after eating.
• Personal athletic equipment are no longer allowed on campus.
  ○ First offense: items will be taken away and not returned until the end of the school day.
  ○ Second offense: Items will be taken and not returned.
• All students must come to school in dress code. Preuss polo must be worn. No jeans or sweats may be worn. Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.
All HIGH SCHOOL BOYS: Soccer tryouts for the 2023-24 season will be on Monday, November 6, from 4:00 to dark. Any student wishing to tryout will need a completed sports physical. If you need paperwork to take to the doctor/clinic for your physical, please see Coach Fulchiron.

Manchester Field Announcement!

The field will be CLOSED from Monday, October 23 through Friday, October 27. No activities will take place on the field, including before and after school AND lunch. Maintenance of the field will be taking place to prepare for the high school soccer season beginning the first week of November.

Attention Middle School Students:

- Hello, do you like Minerals? Do you want to learn? If you do, we are creating a rock and mineral club! We will give presentations, talk about projects and share our thoughts about rocks. Please come let us know you are interested by signing up on the sign-up sheet outside of A103. We hope to get enough signatures to start a new club. We will meet A-Day Friday’s at lunch. -

If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.

High schoolers! Click here to sign up for college rep visits! Remember: students that sign up for the most rep visits will be entered into a raffle!
2023-2024 Attendance Challenge!

Attendance is an important path for the success of our students and because of that the Attendance Challenge Program is a positive enforcement strategy to encourage regular attendance. Our objective is to achieve an overall attendance rate of 97% or higher every month. The grade-level class with highest average rate of attendance will be recognized with an ice cream social.

CLICK HERE TO SEE THE FLYER FOR MORE INFORMATION

From the Preuss Library

Banned Book Mini Book Jacket Contest Winners!

CONGRATULATIONS to all our winners in our Banned Book Mini Book Jacket Contest!!! We had lots of entries and stiff competition.

HIGH SCHOOL
Honorable Mention – Giselle Montufar (10)
Honorable Mention – Philimon Michael (10)
3rd Place – Jazmine Nguyen (10)
2nd Place – Vy Ho (12)
1st Place – Di Ho (9)

MIDDLE SCHOOL
Honorable Mention – Yasir Hussein (7)
Honorable Mention – Stephanie Hernandez (8)
3rd Place – Thao Kim (7)
2nd Place – Hamza Rahimi (6)
1st Place – Win Ka Yah (8)

All winners have earned a book of their choice. Please stop by the library to let Ms. Nance know your choice by Friday, October 20th. Any student who would like their book jacket back, please stop by the library to pick it up.

Summer Reading Books

All summer assigned reading novels are due back to the library by Friday, October 27th. Below is the grade level and title of book:

- 7th = The Outsiders
- 8th = Refugee
- 9th = Piecing Me Together
- 10th = Autobiography of Malcolm X
- 11th = Into the Wild
- 12th = Brave New World

Feeding San Diego

Feeding San Diego: "Food distributions will be every 2nd and 4th Friday - however, if it lands on a PTA Meeting/Parent Academy day then it will be distributed on that day/Saturday instead! Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Distribution will start around 3:30pm, so come join us!
Join the Science Olympiad

Join Science Olympiad!
Questions? Mr. Fozi C202

Build towers and rocket launchers, decrypt secret messages, solve crimes with science experiments, and more! We compete in events related to a variety of STEM fields! Come join the team! We meet Wednesdays @ 4:15 PM in C202.

Yearbook Announcements

Yearbook Snap

The yearbook would like to announce our new app called yearbook snap, this app is used to upload pictures that you take on your phone (of Preuss events) can send them to us!! The app is very simple, after downloading the app use the code “Preussyearbook” to log in and start uploading pictures!!

Reminder

The Preuss Yearbook is offering a dedication page for anyone that wants to create a page for their student/mentee.

We will be starting as of today (9/4/2023)
Deadline: December 1, 2023

Prices:
Full Page: $250
Half Page: $175
Quarter Page: $100
Eight Page: $60

For more information contact: Pensberg@ucsd.edu
**Dance Club**
Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

**TSU-NAMI**
Hello everyone! October is Substance Use Awareness and Depression Awareness Month. If you or a family member is in need of support or help please call 1-800-662-4357. This is the Substance Use and Mental Health Services Hotline. Or if you are in a crisis please call 988. Their agents are on call 24/7 and are there to help you. Have a great month, everyone!

**Interact Club**
Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

**APIA Club**
Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

**Film Club**
Join us in E203 every Wednesday during HS lunch to watch some movies! We are currently watching Coraline for the month of October but you can help us choose our movie to watch for the month of November. Hope to see you there!

**Volleyball Club**
Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!