Happy Thursday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence.

QUOTE OF THE DAY:
“Keep a little fire burning; however small, however hidden.”
— Cormac McCarthy

SAT WORD:
harrowing(adj): causing extreme distress

IMPORTANT REMINDERS:
- Please remember to pick up your trash before leaving the lunch tables after eating.
- Personal athletic equipment are no longer allowed on campus.
  - First offense: items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- All students must come to school in dress code. Preuss polo must be worn. No jeans or sweats may be worn. Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.
All HIGH SCHOOL BOYS: Soccer tryouts for the 2023-24 season will be on Monday, November 6, from 4:00 to dark. Any student wishing to tryout will need a completed sports physical. If you need paperwork to take to the doctor/clinic for your physical, please see Coach Fulchiron.

BOYS SOCCER TRYOUTS!

The field will be CLOSED from Monday, October 23 through Friday, October 27. No activities will take place on the field, including before and after school AND lunch. Maintenance of the field will be taking place to prepare for the high school soccer season beginning the first week of November.

eSports Announcement:
Preuss Gaming is having a game for the CA Fall Open Tournament. We will be playing Super Smash Brothers Ultimate on Thursday (10/19) at 4:15 p.m. in E202. If you are interested in watching us play, please stop by! If you have any questions, please email Coach Esparza (iesparza@ucsd.edu) and Coach Greco (mgreco@ucsd.edu).

Attention Middle School Students:
- Hello, do you like Minerals? Do you want to learn? If you do, we are creating a rock and mineral club! We will give presentations, talk about projects and share our thoughts about rocks. Please come let us know you are interested by signing up on the sign-up sheet outside of A103. We hope to get enough signatures to start a new club. We will meet A-Day Friday’s at lunch. -
**Banned Book Mini Book Jacket Contest Winners!**

CONGRATULATIONS to all our winners in our Banned Book Mini Book Jacket Contest!!! We had lots of entries and stiff competition.

**HIGH SCHOOL**
- Honorable Mention – Giselle Montufar (10)
- Honorable Mention – Philimon Michael (10)
- 3rd Place – Jazmine Nguyen (10)
- 2nd Place – Vy Ho (12)
- 1st Place – Di Ho (9)

**MIDDLE SCHOOL**
- Honorable mention – Yasir Hussein (7)
- Honorable Mention – Stephanie Hernandez (8)
- 3rd Place – Thao Kim (7)
- 2nd Place – Hamza Rahimi (6)
- 1st Place – Win Ka Yah (8)

All winners have earned a book of their choice. Please stop by the library to let Ms. Nance know your choice by Friday, October 20th. Any student who would like their book jacket back, please stop by the library to pick it up.

**From the Preuss Library**

**Summer Reading Books**

All summer assigned reading novels are due back to the library by Friday, October 27th. Below is the grade level and title of book:

- 7th = The Outsiders
- 8th = Refugee
- 9th = Piecing Me Together
- 10th = Autobiography of Malcolm X
- 11th = Into the Wild
- 12th = Brave New World

**Feeding San Diego**

Feeding San Diego: "Food distributions will be every 2nd and 4th Friday - however, if it lands on a PTA Meeting/Parent Academy day then it will be distributed on that day/Saturday instead! Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Distribution will start around 3:30pm, so come join us!"
Join the Science Olympiad

Questions? Mr. Fozi C202

Join Science Olympiad!

Build towers and rocket launchers, decrypt secret messages, solve crimes with science experiments, and more! We compete in events related to a variety of STEM fields! Come join the team! We meet Wednesdays at 4:15PM in C202.

Yearbook Announcements

Yearbook Snap

The yearbook would like to announce our new app called yearbook snap, this app is used to upload pictures that you take on your phone (of Preuss events) can send them to us!! The app is very simple, after downloading the app use the code “Preussyearbook” to log in and start uploading pictures!!

Reminder

The Preuss Yearbook is offering a dedication page for anyone that wants to create a page for their student/mentee.

We will be starting as of today (9/4/2023)
Deadline: December 1, 2023

Prices:
Full page: $250
Half page: $175
Quarter page: $100
Eight page: $60

For more information contact: pensberg@ucsd.edu
Dance Club
Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

TSU-NAMI
Hello everyone! October is Substance Use Awareness and Depression Awareness Month. If you or a family member is in need of support or help please call 1-800-662-4357. This is the Substance Use and Mental Health Services Hotline. Or if you are in a crisis please call 988. Their agents are on call 24/7 and are there to help you. Have a great month, everyone!

Interact Club
Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

APIA Club
Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

Film Club
Join us in E203 every Wednesday during HS lunch to watch some movies! We are currently watching Coraline for the month of October but you can help us choose our movie to watch for the month of November. Hope to see you there!

Volleyball Club
Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

Black Student Union
Black Student Union (BSU) invites you to join us every Thursday during high school lunch in E101 for fun games, spirited debates, and a safe place to navigate life!