

# THE PREUSS SCHOOL UC SAN DIEGO

WEEK 10

OCTOBER 10, 2023

**HAPPY TUESDAY, SCHOLARS!  
REMEMBER THE PREUSS WAY IS  
KINDNESS, RESPECT, AND EXCELLENCE.  
HAVE A GREAT DAY!**

## Quote of the Day:

Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do, so throw off the bowlines, sail away from safe harbor, catch the trade winds in your sails. Explore, Dream, Discover.

—Mark Twain

## SAT Word:

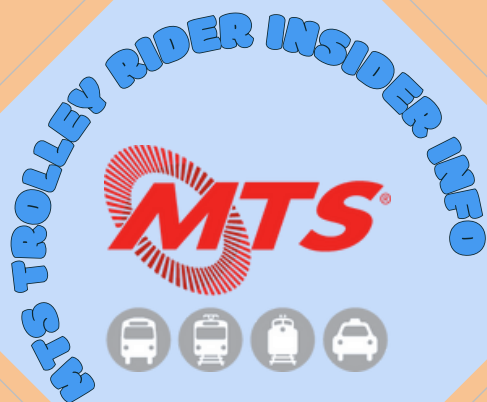
evince(v): to be evidence of; indicate



## IMPORTANT REMINDERS:

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- PLEASE REMEMBER TO PICK UP YOUR TRASH BEFORE LEAVING THE LUNCH TABLES AFTER EATING
- PERSONAL ATHLETIC EQUIPMENT ARE NO LONGER ALLOWED ON CAMPUS.
  - FIRST OFFENSE: ITEMS WILL BE TAKEN AWAY AND NOT RETURNED UNTIL THE END OF THE SCHOOL DAY.
  - SECOND OFFENSE: ITEMS WILL BE TAKEN AND NOT RETURNED.
- ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE. PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN. AIRPODS AND HEADPHONES SHOULD BE PUT AWAY AND REMOVED BEFORE ENTERING CAMPUS UNTIL AFTER SCHOOL. THEY MAY NOT BE WORN ON CAMPUS DURING THE SCHOOL DAY.



Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read!  
If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960.  
Put these important numbers in your phone so you have them available anytime you ride the trolley.

## Fall Formal



"Hello Tritons! The Fall Formal is officially on Friday the 13th, with a House of Cards Theme. We will sell from September 25th - October 11th during lunch at the Walton Center. Remember, ticket prices start at \$20 and go up by \$5 every week! Guest tickets are \$30 and cannot be purchased within the last week of selling tickets. October 6th is the last day to purchase guest tickets. Permission slips can be found on our ASB website. For more information, check out @preussasb on Instagram! Remember there will be a DJ taking song requests, free snacks, fun games, and a photo booth. Forward to seeing you tritons there!"

## COLLEGE REP VISITS!

High schoolers!  
Click the here to sign up for college rep visits!  
Remember:  
students that sign up for the most rep visits will be entered into a raffle!!

A graphic with a dark blue background. At the top, it says "REMINDER YEARBOOK-PRESALE" in white, hand-drawn style text. There are white clouds and hearts scattered around the text. In the center, there is a white rounded rectangle with a close button (X) in the top right corner. Inside this rectangle, it says "Price: \$35", "\$10 downpayment", and "o bills over \$20 cash only". Below that, it says "during middle school and highschool lunch in front of the walton center". At the bottom of the white rectangle are two buttons: "Oct: 12" and "Oct: 13". At the very bottom of the graphic, it says "visit: yearbookforever.com".

# alumni tote bag design contest



## ALUMNI TOTE BAG DESIGN CONTEST

Calling all artists and those with a flair for creativity!  
With Homecoming coming up in December, Preuss will soon be welcoming back many alumni. This year, our Preuss alumni will be gifted tote bags and we would love to have our own students be the designers!

### REQUIREMENTS

- The design must include the words:  
"The Preuss School UC San Diego Alumni"
- Represent The Preuss School
- Be your own original art, digital or physical
- Email submissions to [preussalumni@ucsd.edu](mailto:preussalumni@ucsd.edu)  
by **Friday, October 13, 2023**



The winning designer will receive a tote full of goodies, with their artwork printed on the bag!



Questions? Email [preussalumni@ucsd.edu](mailto:preussalumni@ucsd.edu)

# SPORTS ANNOUNCEMENTS

All HIGH SCHOOL BOYS: Soccer tryouts for the 2023-24 season will be on Monday, November 6, from 4:00 to dark. Any student wishing to tryout will need a completed sports physical. If you need paperwork to take to the doctor/clinic for your physical, please see Coach Fulchiron.

## BOYS SOCCER TRYOUTS!

## GIRLS BASKETBALL TRYOUTS!

Attention High School Girls Interested in Playing Basketball : There will be an informational meeting this Wednesday 10/11 @ 4:10 p.m. in room D203. We will go over tryouts, final form deadlines and practice and game schedules.

# SPIRIT WEEK!

**HIGH SCHOOL SPIRIT WEEK**  
10/9-10/13

<p><b>MONDAY 10/9</b> College Sweatshirt Day!</p> <p>Wear a College/University sweatshirt</p>	<p><b>TUESDAY 10/10</b> Pajama Pants Day!</p> <p>Wear Pajama pants with your Preuss Polo</p>
<p><b>WEDNESDAY 10/11</b> Breast Cancer Awareness day!</p> <p>Wear pink!</p>	<p><b>THURSDAY 10/12</b> Decades day!</p> <p>Dress up as your grades decade! 12th: 1980's 11th: 1990's 10th: 2000's 9th: 2010's</p>
<p><b>FRIDAY</b> Triton Pride Day!</p> <p>Wear Blue, Yellow, and Gold to show your pride as a Triton!</p>	<p><b>NOTES</b></p> <p>Find more info on the Preuss ASB instagram! <a href="#">@preussasb</a></p>

## MIDDLE SCHOOL SPIRIT WEEK

- Monday: Superhero/Villain Day**
- Students can wear a superhero or villain t-shirt with Preuss uniform bottoms
- Tuesday: Pajama Pants Day**
- Students/staff can wear full length pajama pants.
  - No shorts, sweatpants, etc. Preuss polo required.
- Wednesday: Breast Cancer Awareness Day**
- Students can wear pink tops or pink bottoms
- Thursday: Career Day**
- Dress for success! Student can wear clothes for a future career. Must be school appropriate.
- Friday: Triton Pride Day**
- Students can dress in blue and gold/yellow.

# Club Announcements

## MULTICULTURAL CLUB

MultiCultural Empowerment Club meetings are on Mondays during lunch in room D203. See you then!

## APIA CLUB

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

## FINANCE CLUB

Tuesdays & Wednesdays | 4-5 pm | C201  
Join us to learn about the financial literacy topic of the month: Banking and Accounting!



## TSUNAMI

Hello everyone! October is Substance Use Awareness and Depression Awareness Month. If you or a family member is in need of support or help please call 1-800-662-4357. This is the Substance Use and Mental Health Services Hotline. Or if you are in a crisis please call 988. Their agents are on call 24/7 and are there to help you. Have a great start to the month, everyone!

## DANCE CLUB

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

## VOLLEYBALL CLUB

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

## INTERACT CLUB

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

## ROBOTICS CLUB

The Robotics Club meets Thursdays at 4-5pm.

Come develop skills in coding, engineering, business, finance, media, and community outreach!



# CELEBRATING HISPANIC/LATINX HERITAGE MONTH



FACT OF THE DAY:

During the 1960's and 1970's, Dr. Russell was a primary organizer for the first national conference of Panamanians which was solidifying the movement of the unification of Black and Caribbean pushback on systematic oppression. He was also one of the creators of "Bahiano" which is the first Black newspaper and Panamanian newspaper here in the USA written in both English and Spanish. While serving as the Panamanian Ambassador for the United Nations, Dr. Russell, inspired by Douglas Turner Ward's fictional play "Day of Absence" in which a small town in the South is suddenly devoid of its Black population and is crippled by their absence, established Black Solidarity Day (BSD) in 1969. BSD is held annually on the Monday before Election Day in November, demonstrates the spirit of self-determination and collective responsibility for economic empowerment. Black people are encouraged not to attend school or work and to abstain from shopping in white establishments.

**Happy Hispanic  
Heritage Month**

In honor of celebrating Hispanic Heritage Month Spanish Honor Society will be hosting a trivia game activity each Friday! Fill out the quiz for a prize!

SCAN HERE