Happy Friday, Scholars!
Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

**QUOTE OF THE DAY:**
Today you are you! That is truer than true! There is no one alive who is you-er than you!
~DR. Seuss

- Students that do not come in dress code will now be asked to turn in their phones for the day in exchange for a loaner shirt or bottoms! Please plan accordingly so as to maintain the school dress code.
- Airpods and headphones must be put away before entering campus.
- EARLY BIRDS- Students who arrive to campus earlier than 8:25, please remain in the amphitheater area away from Arc clubs and classrooms.

**SAT WORD:** Exhort
urge or force in an indicated direction
Yearbook
Announcement

Sign up for Yearbook now!!

Applications are out

Friday, the 29 of March is the last day to sign up!!

If you have any questions you can reach us on our Instagram account

Instagram: @preussyearbook
On March 29, 1928, Joan Kelly was born. Kelly was a prominent American historian who wrote many articles regarding the Italian Renaissance. She would later go on to discuss the role of women and develop the first master's program in women's history at Sara Lawrence College.
SCHOOL COUNSELORS WANT YOU TO **Fill** YOUR CUP During Spring Break

- Take care of yourself
- Accept productive laziness
- Catch up on missing work
- Go for a walk
- Sleep in
- Get some fresh air
- Do something that brings you joy

*If you are struggling with your mental health, please tell a trusted adult we are here to help you. Please do not struggle in silence or alone.*
meeting this Wednesday, 12:30 pm Glass Classroom.

Here is the link to one of the robotics matches from this weekend, we are team 812, red bumpers, in the upper right corner of the screen most of the time. Seniors Leo G. and David P. are controlling the robot. Thanks to the staff who came and cheered after SEA! We will wrap up our season at Orange County this weekend.

Robotics Match!
Audition Requirements:
- THE EMAIL SHOULD INCLUDE NAME & GRADE OF EVERYONE IN THE ACT
- VIDEO MUST HAVE CLEAR VISUAL AND AUDIO QUALITY
- ANY MUSIC USED DURING ACT MUST BE SENT AS A YOUTUBE LINK
- VIDEO MUST INCLUDE THE OUTFITS YOU INTEND ON WEARING THE DAY OF
- STUDENTS CAN ONLY PARTICIPATE IN ONE STUDENT-LED ACT (CLASS PERFORMANCES DON'T COUNT)
- ACTS CANNOT EXCEED 4 MINUTES
**Volleyball Club**  
Meets every Friday from 4-5 in front of B103! Meet us there!

**Dreamers Club**  
Meets every 1st and 3rd Monday of the Month during Highschool Lunch E202

**Dance Club**  
Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

**Tsunami Club**  
Meets every Tuesday, after school (4-5pm) in Ms. V’s room, A201

**Multicultural Club**  
Multicultural Empowerment Club meets on Thursdays during HS lunch in D203

**MUN Club:**  
Attention all high school students: Please join Preuss MUN every 1st and 3rd Thursday of the month during high school lunch. Please pick up your lunch, and head on over! Tell any of your friends who are not in the google classroom to come join us! See you then!

**Film Club**  
We have decided that our next movie is ‘Mamma Mia!’ We are also still open to recruiting people to be part of our cast in our student-lead short film! Follow us on Instagram to stay updated with us at @preussfilmclub on our next meetings. See you all in E203, Wednesdays during HS lunch!!
Black Student Union
Black Student Union (BSU) invites you to join us every Thursday during high school lunch in E101 for fun games, spirited debates, and a safe place to navigate life!

Interact Club
Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

Crochet Club
Meets in Ms. Garcia's room, E102, from 4:00 to 5:00 every Thursday. No experience needed! Join our community of crochets' for a nice relaxing hour of creativity and conversation.

Book Club
The Preuss Book Club is a community where students can enrich their knowledge and create a passion for books. We meet on Mondays at lunch in E101 and all high school students are welcome!
Finance Club

Tuesdays & Wednesdays | 4-5 pm | C201
Join us to learn about the financial literacy topic of the month:
Taxes

Ambassador’s Club

APPLICATION
INFO ON:
AMBASSADOR’S PROGRAM
Application open until March 22

MORE INFO

This is an update on the previous Preuss Ambassador’s club! We have now turned into a school function that takes students out for events and activities that require people to meet with guests, donors, and other visitors that come to Preuss. For more information and requirements scan the QR code and open the application.

CONTACT
• If you have any question please contact Ruth Kibrom and Yenaffanta Hailemariam.
• ythailemariam@preuss.ucsd.edu
• rikibrom@preuss.ucsd.edu

REQUIREMENTS
• GPA 3.5
• Personal Statement
• Been here since 6th grade
• Teacher Recommendation

Come find us after school on Wednesday’s for our snack sales!

OTTERPOPS
2/$1

Baked Lays
65% LESS FAT
original

$1
Are you a middle schooler observing Ramadan? Would you like a peaceful place to hang out? Come check out Rm. A203 during middle school lunchtime from March 10th until April 9th during the month of Ramadan. No food or drink allowed.
Hello everyone we are in need of pictures for our holiday and student life pages. Please send us any pictures that you have through our Yearbook Snap App, or send them to our Instagram:

INSTA: @PREUSSYEARBOOK

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Yearbook applications open for 2024-2025!

Join us for yearbook next year by learning and improving your skills in photography, marketing, graphic design, writing, interviewing and understanding the Preuss community.

We would love to add you to our yearbook class so sign up for applications through our form!

Email Dr. Ensberg for any questions
Pensberg@ucsd.edu
Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.

**REMEMBER TO ALWAYS HAVE RESPECT FOR OTHERS PASSENGERS WHILE RIDING THE TROLLEY!**

Feeding San Diego

Food Distribution Schedule