



The Preuss School UC San DIEGO

Happy Monday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

quote of the day:



"I think any kind of hiatus one takes in an artistic journey is going to make a huge difference. The pause will inform the choices that you make."

— Mel Gibson

SAT WORD:

hiatus(n): an interruption in the intensity or amount of something

IMPORTANT REMINDERS:

- STUDENTS THAT DO NOT COME IN DRESS CODE WILL NOW BE ASKED TO TURN IN THEIR PHONES FOR THE DAY IN EXCHANGE FOR A LOANER SHIRT OR BOTTOMS. PLEASE PLAN ACCORDINGLY SO AS TO MAINTAIN THE SCHOOL DRESS CODE.
 - AIRPODS AND HEADPHONES MUST BE PUT AWAY BEFORE ENTERING CAMPUS.
 - EARLY BIRDS- STUDENTS WHO ARRIVE TO CAMPUS EARLIER THAN 8:25, PLEASE REMAIN IN THE AMPHITHEATER AREA AWAY FROM ARC CLUBS AND CLASSROOMS
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MTS TROLLEY RIDER INSIDER INFO



PLEASE TAKE A MOMENT TO LEARN ABOUT THE MTS “SEE SOMETHING, SAY SOMETHING” INFORMATION. CLICK THE MTS ICON TO READ! IF YOU NEED ASSISTANCE WHEN RIDING THE TROLLEY, YOU CAN TEXT 619-318-1338 OR CALL MTS DISPATCH AT 619-595-4960. PUT THESE IMPORTANT NUMBERS IN YOUR PHONE SO YOU HAVE THEM AVAILABLE ANYTIME YOU RIDE THE TROLLEY.

FEEDING SAN DIEGO

2023-2024 Feeding San Diego Distribution Calendar - The Preuss School

Last Updated November 14, 2023

Cadence: 2nd and 4th Fridays



July / julio	August / agosto	September / septiembre
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October / octubre	November / noviembre	December / diciembre
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January / enero	February / febrero	March / marzo
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April / abril	May / mayo	June / junio
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■ Delivery Scheduled
 ■ Start and End Days
 ■ FSD Holiday
 ■ School Holiday



The Preuss Insider

THE PREUSS INSIDER
 A newspaper made by students,
 for students of the Preuss School UC San Diego

Preuss Spirit Expressed In A Week | Preuss Presents its 2023 Fall Formal | Preuss Welcomes New Vice Principal, Ms. Bowen
 AP Biology Ventures Into San Diego Safely Park | Preuss Marine Biologists Explore Birch Aquarium | New Period Product Dispensers Installed In All Girl Restrooms

PREUSSINSIDER.COM

PODCASTS, NEWS, ENTERTAINMENT, & MORE
 MAKE SURE TO CHECK OUT YOUR PEERS ARTICLES!

@preussinsider

Yearbook Name Stamps

FOR MORE INFO FOLLOW
 @PREUSSYEARBOOK OR VISIT OUR
 WEBSITE AT :
 YEARBOOKFOREVER.COM

**YEARBOOK
 UPDATES:
 NAME STAMPS**

YEARBOOK IS NOW OFFERING NAME STAMPS,
 THIS PURCHASE CAN ONLY BE MADE THROUGH
 ONLINE PURCHASES, AND GIVES YOU THE
 ABILITY TO CUSTOMIZE YOUR BOOK.

WE WILL BE SELLING FROM NOW UNTIL
 JANUARY 27, 2024

Senior Pictures

**YEARBOOK
 ANNOUNCEMENT**

**We would like to inform
 you that senior pictures
 are coming soon!**

Pictures are on: :
JANUARY 25 AND 26



Club Announcements

PREUSS BOOK CLUB

Due to final exams, Preuss Book Club will NOT meet on Monday, Jan. 8. Meetings will resume on Monday, Jan. 22.

INTERACT CLUB

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

DANCE CLUB

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

APIA CLUB

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

volleyball club

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

multicultural club

MultiCultural Empowerment Club meetings are on Mondays during lunch in room D203. See you then!

FINANCE CLUB

SCIENCE OLYMPIAD



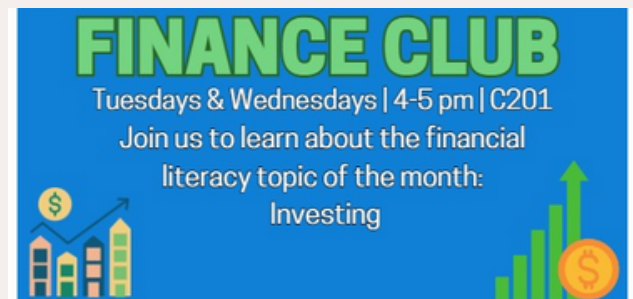
PREUSSSCIOLY

JOIN SCIENCE OLYMPIAD!

QUESTIONS?
MR. FOZI
C202

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

The poster features a blue background with white and yellow text. At the bottom, there are two small photographs showing students working on projects in a classroom setting.



FINANCE CLUB

Tuesdays & Wednesdays | 4-5 pm | C201

Join us to learn about the financial literacy topic of the month:
Investing

The poster has a blue background with green and yellow text. It includes icons of a dollar sign, a bar chart with an upward arrow, and a gold coin.

robotics

Season kickoff this Saturday, daily meetings after school begin next week! (You choose which days)

Pulsera Project



SNHS
PULSERA PROJECT
Tuesdays During Highschool Lunch
STARTING FROM \$7

WHAT IS THE PULSERA PROJECT?

The Pulsera Project is a non-profit organization that collaborates directly with artists in Latin American countries to create unique and beautiful bracelets. These bracelets are not only a fashion accessory but also an expression of solidarity and support for communities seeking to improve their quality of life.

The poster features a purple and pink checkered background with colorful bunting at the top and stylized flowers at the bottom. It displays two colorful beaded bracelets and a yellow starburst graphic.

Finals Week Stress Down

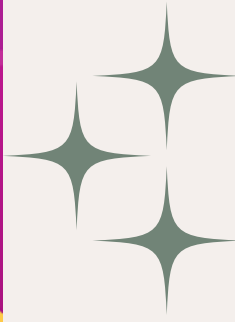


Counselor Finals Stress Down

Monday, January 8 to Thursday, January 11

8:15 am - 8:40am

You will see the counselors in the front of school with hot chocolate and yummy food options to help you get ready for a day of finals.





Starlight
CARNIVAL

Friday, January 12
4:20PM-7:00PM

Admission for Preuss Students \$3
Admission for Outside Guest \$5

\$5 for 11 tickets
\$10 for 24 tickets
\$20 for 50 tickets

Games
Prizes
Food

By Junior Class

On January 12, 2024 from 4:20 pm - 7:00 pm the Junior class will be holding the Starlight Carnival. All students, staff, parents, and friends are invited to spend their evening with us. Donate clean toys and plushies from (1/2 - 1/11) into the bin at the front office desk to gain volunteer hours and be entered in a raffle to win free admission for you and a friend as well as 6 free tickets for the Starlight Carnival. To bring an outside guest, the guest permission slip must be signed. The link to the permission slip will be on the Triton 2025 Instagram. Updated information on the Starlight Carnival will be on the Triton 2025 Instagram.

Donate
TOYS
&
PLUSHIES
Starlight Carnival
January 2 - January 11

1 plushie = 10 minutes of community service
Raffle Prize:
Free admission for you and a friend
6 free tickets total
free meal of choice

