Quote of the Day:

“Life is abundant, and life is beautiful. And it’s a good place that we’re all in, you know, on this earth, if we take care of it.”

-Alice Walker

SAT Word:

prescient(adj): perceiving the significance of events before they occur

Important Reminders:

- Students that do not come in dress code will now be asked to turn in their phones for the day in exchange for a loaner shirt or bottoms. Please plan accordingly so as to maintain the school dress code.
- Airpods and headphones must be put away before entering campus.
- EARLY BIRDS- Students who arrive to campus earlier than 8:25, please remain in the amphitheater area away from Arc clubs and classrooms
Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.

The Preuss Insider
“The Pride of Preuss” is an extraordinary initiative that spotlights the exceptional achievements of eight senior scholars. These scholars have served as remarkable ambassadors, not only for their school but also as advocates for higher education and the values of a substance-free lifestyle. These eight scholars have ventured beyond their school, visiting multiple elementary schools to share their inspiring stories representing Preuss pride. Through their compelling narratives and accomplishments, they serve as living examples of the transformative power of education at Preuss.

“The Pride of Preuss” program, in its dedication to showcasing these scholars, plays a pivotal role in influencing future students. They demonstrate that through hard work, dedication, and the pursuit of knowledge, one can achieve remarkable success while staying true to a healthy and responsible way of life.
Feeding San Diego

List of Dates

- August 10, 2023
- August 24, 2023
- September 14, 2023
- September 28, 2023
- October 13, 2023
- October 27, 2023
- November 3, 2023
- November 17, 2023
- December 8, 2023
- January 12, 2024
- January 26, 2024
- February 2, 2024
- February 23, 2024
- March 8, 2024
- March 22, 2024
- April 5, 2024
- April 19, 2024
- May 3, 2024
- May 17, 2024
- June 7, 2024

Preuss Robotics Lego League

PREUSS ROBOTICS PRESENTS:
First Lego League 23'

WERE YOU IN FLL IN MIDDLE SCHOOL?

ARE YOU INTERESTED IN BEING A FLL COACH?
SCAN THIS QR CODE OR JOIN ROBOTICS IN THE FAB LAB ON 11/20TH

HIGHSCHOOLERS ONLY
Film Club

The movie for the month of November/December will be The Princess Bride based on William Goldman's novel, "The Princess Bride." Directed by Rob Reiner and released in 1987, The Princess Bride is a fairy tale adventure following a young woman and her one true love. This film combines elements of comedy, romance, adventure, drama, and fantasy in one piece. So if you're a "sucker for a happy ending," come join Film Club in E203 during HS lunch on Wednesdays!

APIA Club

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

Book Club

Dear Preuss Community,

Do you have books you don’t read anymore? The Preuss Book Club is so excited to announce our first annual book drive from December 4–December 15! Please bring in any books you’d like to donate, and you’ll be entered into a raffle for a $25 gift card! We will be donating the books to local area hospitals to help patients and visitors have access to books. We need books for all reading levels and from all genres. Books can be brought to Mrs. Majors’ room E101 before school and at lunch.

We meet on Mondays at lunch in E101 and all high school students are welcome!

Dance Club

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

Multicultural Club

Multicultural Empowerment Club will be meeting on Thursdays for the last week of November and all month in December during HS lunch in room D203.
Interact Club

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

Finance Club

Finance Club

Tuesdays & Wednesdays | 4-5 pm | C201
Join us to learn about the financial literacy topic of the month: Managing Credit

Science Olympiad

JOIN SCIENCE OLYMPIAD!

QUESTIONS?
MR. FOZI
C202

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.