Happy Monday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

Quote of the day:
"You have to accept whatever comes, and the only important thing is that you meet it with the best you have to give."
-Eleanor Roosevelt

SAT Word:
austere(adj): severe or strict in manner, attitude, or appearance

Important Reminders:
- Personal athletic equipment are no longer allowed on campus.
  - First offense: Items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- Dress Code:
  - Collared shirts only
  - No jeans or sweats may be worn
  - Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.
- Please remember to pick up your trash before leaving the lunch tables after eating.
MTS Trolley Rider Insider Info

Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text (619) 318-1338 or call MTS Dispatch at (619) 595-4960. Put these important numbers in your phone, so you have them available anytime you ride the trolley.

College Rep Visit Sign-ups!

High schoolers! Click here to sign up for a meeting with a college rep! Students that attend the most rep visits will be entered into a raffle!

Photo Makeup day!!!

We are happy to announce that there will be a yearbook picture and ID makeup day!!

On August 30th (Wednesday)
Location: Walton Center
Time: The whole day
Expect to get a pass from the office and also bring your old student ID.
MAKE SURE TO WEAR THE UNIFORM!!!
Spanish National Honor Society

Congratulations to the following scholars who were accepted into the Xochicuicui chapter of the Spanish National Honor Society for the 2023-2024 school year!

The Societae Honoraria Hispanica (SHH) is an honor society for high school students. The mission of the SHH is to recognize academic achievement, promote the study of the Spanish language and engage in community service. Any secondary school student who has maintained an honor grade point average and has taken a minimum of three semesters of advanced Spanish is eligible to be a member of the SHH.

NEW MEMBERS
Joshua Gonzalez
Fabián Garcia
Jasmin Santamaria
Ezequiel Varela
Saul Quinto
Sahra Ruiz
Alondra Hernandez
Andy Pico
Hector Vargas
Briana Samuels
Melvin Garcia
David Estrada
Dolencia Giron
Rebecca Beltran
Osvaldo Martinez

HONOR CRY MEMBERS
Stacy Arreola
Marley Montoya
Johan Cano

Preuss eSports

Interested in playing Super Smash Brothers Ultimate (SSBU) this year? Please join us in E202 on Monday 8/28/23 during High School Lunch to discuss the Fall and Spring Season. Please note that all players need a physical before September 22nd to participate. If you have any questions please get in touch with Coach Esparza at iesparza@ucsd.edu & Coach Greco at mgreco@ucsd.edu.

TSU-NAMI Weekly Affirmation!

A reminder to be patient with yourself because life is a process!

"Mental health...is not a destination, but a process. It’s about how you drive, not where you’re going."