

# the Preuss School UC San Diego

**Happy Friday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!**

## **Quote of the Day**

"What you get by achieving your goals is not as important as what you become by achieving your goals."  
—Zig Ziglar

## **SAT Word**

assuage(v): to provide physical relief, as from pain

## **IMPORTANT REMINDERS**

- Personal athletic equipment are no longer allowed on campus.
  - First offense: Items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- Dress Code:
  - Collared shirts only
  - No jeans or sweats may be worn
  - AirPods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.
- Please remember to pick up your trash before leaving the lunch tables after eating.

# MTS Trolley Rider Insider Info



Please take a moment to learn about the MTS "See Something, Say Something" information.

[Click the MTS icon to read!](#)

If you need assistance when riding the trolley, you can text (619) 318-1338 or call MTS Dispatch at (619) 595-4960. Put these important numbers in your phone, so you have them available anytime you ride the trolley.

## Photo Makeup day!!!

We are happy to announce that there will be a yearbook picture and ID makeup day!!

On August 30th (Wednesday)

Location: Walton Center

Time: The whole day

Expect to get a pass from the office and also bring your old student ID.

**MAKE SURE TO WEAR THE UNIFORM!!!**

## College Rep Visit Sign-ups!

**High schoolers! Click here to sign up for a meeting with a college rep! Students that attend the most rep visits will be entered into a raffle!**

# Saturday Enrichment Academy!

We are having our first SEA of the year this Saturday, August 26th from 9am-11am. See the attached bus schedule here!

## Club and Sports Announcements!

### eSports Announcement

Interested in playing Super Smash Brothers Ultimate (SSBU) this year? Please join us in E202 on Monday 8/28/23 during High School Lunch to discuss the Fall and Spring Season. Please note that all players need a physical before September 22nd to participate. If you have any questions please get in touch with Coach Esparza at [iesparza@ucsd.edu](mailto:iesparza@ucsd.edu) & Coach Greco at [mgreco@ucsd.edu](mailto:mgreco@ucsd.edu).

### TSU-NAMI Weekly Affirmation

As the weekend is creeping up on us below is affirmation about hope! Even when you're feeling down and defeated, don't lose sight of hope.

**"There is hope, even when your brain tells you there isn't." — John Green**