Happy Friday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

**Important Reminders!**

- **Personal athletic equipment are no longer allowed on campus.**
  - First offense: Items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- **Dress Code:**
  - Collared shirts only
  - No jeans or sweats may be worn
  - Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.
- **Please remember to pick up your trash before leaving the lunch tables after eating.**

**Quote of the Day:**
"You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You are able to say to yourself, 'I lived through this horror. I can take the next thing that comes along.' You must do the thing you think you cannot do."
— Eleanor Roosevelt

**SAT Word:**
antecedent(adj): preceding in time or order, (n) something preceding in time or order
Scholars, please be advised that counselors will no longer be accepting new schedule change requests. If your schedule was changed, you should receive an email or a new schedule from your counselor.

Course Schedule Change Requests!

Weekly Affirmations from TSU-NAMI ~

Hopefully you’re having a bright morning! Below is a quote that emphasizes the importance of pushing forward and to not feel discouraged.

"Your present circumstances don’t determine where you go; they merely determine where you start." - Nido Qubein
Interested in playing Super Smash Brothers Ultimate (SSBU) this year? Please join us in E202 on Monday 8/28/23 during High School Lunch to discuss the Fall and Spring Season. Please note that all players need a physical before September 22nd to participate. If you have any questions please get in touch with Coach Esparza at iesparza@ucsd.edu & Coach Greco at mgreco@ucsd.edu.

eSports Announcement

Library Announcement!

We are happy to announce that there will be a yearbook picture and ID makeup day!

On August 30th (Wednesday)
Location: Walton Center
Time: The whole day
Expect to get a pass from the office and also bring your old student ID.

MAKE SURE TO WEAR YOUR UNIFORM!!
Made By Yearbook