Happy Friday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

Quote of the Day

A winner is a dreamer who never gives up. - Nelson Mandela

SAT WORD

emote: (v.) to express emotion

IMPORTANT REMINDER

PLEASE HAVE YOUR RE-ENROLLMENT PACKETS FULLY COMPLETED AND TURNED IN! LOOK OUT FOR ANY RETURNED OR INCOMPLETE FORMS
Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text (619) 318-1338 or call MTS Dispatch at (619) 595-4960. Put these important numbers in your phone, so you have them available anytime you ride the trolley.

Ordering Uniforms on Schoolbelles:
Please note that this is a new vendor, but Mario’s still carries some items. Current uniform pieces are still acceptable, and we have added some new options. Click here for the Schoolbelles site link and ordering instructions!

Food distributions will be every 2nd and 4th Thursday of each month! Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Please wear a mask when coming to receive food and practice safe social distancing.

Attention scholars! Your help is needed! Due to the rise of the homeless population and more people facing economic hardships, we want to lend a helping hand by donating clothing items. We need gently used clothes, like shirts, pants, socks, new undergarments, shoes etc. Please make an effort to donate your left overs to our Donation Boxes set in front of the office. All donations will go to Father Joes Village and Sharia’s Closet.

Any donation is highly appreciated!
Thank you scholars!

-Rehoboth Aboye, Kevin Nguyen & Agnes Agoh
Senior Service Learning Project
All High School Students: Winter Sports Tryouts

Winter sports, which include soccer and basketball for boys and girls, will have tryouts the week of November 7. All students wishing to tryout need to have a physical completed before November 7. Speak with Mr. Fulchiron about athletic paperwork if you need help.

Multicultural Empowerment Club

Come join us in room D203 every Thursday from 4-5 pm!

High School Robotics Team

Thursdays 4-5 pm

Help!

Students and Faculty/Staff, please remember to put your food scraps into the white composting buckets found in the amphitheater. Food in the trash cans ends up in the landfill where it produces greenhouse gases, which contributes to climate change. Thank you,

Ecology Club
Snack Shack is opening back up! Starting on Thursday, ASB will begin selling snacks out of C102, in between the B and C buildings next to the water fountains. The snack list and prices will be posted up on the door and nearby for students to see. ASB will continue selling every B-day so make sure to come by and enjoy the snacks!

“\textit{I am the one thing in life I can control. I am inimitable. I am an original.}” - Lin-Manuel Miranda

**SNACK SHACK OPENING**

**ATTENTION SIXTH GRADERS!**

"On Wednesday, October 12th, the 6th graders will be walking to UCSD for an exciting scavenger hunt! Be sure to bring a water bottle, a backpack for carrying your lunch and comfortable walking shoes. You must be in the school dress code. It is very important that you behave well on our first field trip because you are representing Preuss. Make sure to arrive at Preuss \textbf{ON TIME} so that we don't leave without you."

**PREUSS DRIVE**

\textbf{LOC: FRONT OFFICE}

\textbf{NEED UNIFORM?} Grab what you need from the clothing rack by the school entrance!

\textbf{UNNEEDED UNIFORM?} Hand it into the front office!
A HUGE CONGRATS to the following folks for winning raffle prizes for their attendance at College Rep Visits! Swing by the front office to get your Swag Bag from Ms. Bandy!

- Luis Gavino
- Hermela Alem
- Mahlet Mekasha
- Cody Pham
- Ariana Encarnacion Chiroy
- Raissa Serrani
- Andrea Barajas

Upcoming College Admissions Representative Visits!

<table>
<thead>
<tr>
<th>College</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Xavier University</td>
<td>Thursday, October 6</td>
<td>12:15PM</td>
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<tr>
<td>US Navy (ROTC)</td>
<td>Friday, October 7</td>
<td>12:50PM</td>
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<tr>
<td>Yale University</td>
<td>Monday, October 10</td>
<td>12:15PM</td>
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<tr>
<td>University of San Diego</td>
<td>Tuesday, October 11</td>
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<tr>
<td>Lehigh University</td>
<td>Thursday, October 13</td>
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<tr>
<td>Tufts University</td>
<td>Friday, October 14</td>
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<tr>
<td>University of Southern California</td>
<td>Monday, October 17</td>
<td>12:15PM</td>
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<tr>
<td>Columbia University</td>
<td>Tuesday, October 18</td>
<td>12:15PM</td>
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<tr>
<td>University of California - Berkeley</td>
<td>Thursday, October 20</td>
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<tr>
<td>Chapman University</td>
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<tr>
<td>UC Irvine</td>
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<tr>
<td>Colorado College</td>
<td>Tuesday, October 25</td>
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<tr>
<td>St. John’s College</td>
<td>Wednesday, October 26</td>
<td>12:15PM</td>
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<tr>
<td>University of Redlands</td>
<td>Thursday, October 27</td>
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Come during HS lunch to the front office and learn about each of these colleges! (Grab your lunch first and then head on over!) Ask Ms. Bandy if you have any questions!