HAPPY WEDNESDAY, SCHOLARS! REMEMBER THE PREUSS WAY IS KINDNESS, RESPECT, AND EXCELLENCE, HAVE A GREAT DAY!

WE ALL LIVE WITH THE OBJECTIVE OF BEING HAPPY; OUR LIVES ARE ALL DIFFERENT AND YET THE SAME.

- ANNE FRANK

SCURRILOUS (ADJ.) EXPRESSING OFFENSIVE REPROACH

IMPORTANT REMINDER: PLEASE HAVE YOUR RE-ENROLLMENT PACKETS FULLY COMPLETED AND TURNED IN! LOOK OUT FOR ANY RETURNED OR INCOMPLETE FORMS.
ATTENTION SCHOLARS! YOUR HELP IS NEEDED!
DUE TO THE RISE OF THE HOMELESS POPULATION AND MORE PEOPLE FACING ECONOMIC HARDSHIPS, WE WANT TO LEND A HELPING HAND BY DONATING CLOTHING ITEMS. WE NEED GENTLY USED CLOTHES, LIKE SHIRTS, PANTS, SOCKS, NEW UNDERGARMENTS, SHOES ETC. PLEASE MAKE AN EFFORT TO DONATE YOUR LEFT OVERS TO OUR DONATION BOXES SET IN FRONT OF THE OFFICE.
ALL DONATIONS WILL GO TO FATHER JOES VILLAGE AND SHARIA’S CLOSET.
ANY DONATION IS HIGHLY APPRECIATED!
THANK YOU SCHOLARS!

-REHOBOTH ABOYE, KEVIN NGUYEN & AGNES AGOH
SENIOR SERVICE LEARNING PROJECT

FEEDING SAN DIEGO

THE PREUSS PANTRY PROGRAM

FOOD DISTRIBUTIONS WILL BE EVERY 2ND AND 4TH THURSDAY OF EACH MONTH!
RECEIVE FREE AND NUTRITIOUS FOOD FOR YOU AND YOUR FAMILY!
A VARIETY OF PREPACKAGED DRY GOODS ITEMS AND BULK PRODUCE IS AVAILABLE TO ALL FAMILIES AND COMMUNITY MEMBERS.
PLEASE WEAR A MASK WHEN COMING TO RECEIVE FOOD AND PRACTICE SAFE SOCIAL DISTANCING.

PREUSS DRIVE
LOC: FRONT OFFICE

NEED UNIFORM?
Grab what you need from the clothing rack by the school entrance!

UNNEEDED UNIFORM?
Hand it into the front office!

CLOTHING DONATIONS

ORDERING UNIFORMS ON SCHOOLBELLES:
PLEASE NOTE THAT THIS IS A NEW VENDOR, BUT MARIO’S STILL CARRIES SOME ITEMS. CURRENT UNIFORM PIECES ARE STILL ACCEPTABLE. AND WE HAVE ADDED SOME NEW OPTIONS.
CLICK HERE FOR THE SCHOOLBELLES SITE LINK AND ORDERING INSTRUCTIONS!

NEED UNIFORMS?

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CLICK HERE FOR THE SCHOOLBELLES SITE LINK AND ORDERING INSTRUCTIONS!
IMPORTANT SPORTS NOTICES

ANYONE INTERESTED IN GIRL’S BASKETBALL, OR BOY’S OR GIRL’S GOLF CAN EMAIL COACH HOOTNER AT PREUSSBASKETBALL@GMAIL.COM OR MHOOTNER@PREUSS.UCSD.EDU FOR MORE INFORMATION!

ALL HIGH SCHOOL STUDENTS: WINTER SPORTS TRYOUTS WINTER SPORTS, WHICH INCLUDES SOCCER AND BASKETBALL FOR BOYS AND GIRLS, WILL HAVE TRYOUTS THE WEEK OF NOVEMBER 7. ALL STUDENTS WISHING TO TRYOUT NEED TO HAVE A PHYSICAL COMPLETED BEFORE NOVEMBER 7. SPEAK WITH MR. FULCHIRON ABOUT ATHLETIC PHYSICAL PAPERWORK IF YOU NEED HELP.

MULITCULTURAL CLUB

COME JOIN US IN ROOM D203 EVERY THURSDAY FROM 4-5 PM!

ECOLOGY CLUB NEEDS YOUR HELP!

STUDENTS AND FACULTY/STAFF, PLEASE REMEMBER TO PUT YOUR FOOD SCRAPs INTO THE WHITE COMPOSTING BUCKETS FOUND IN THE AMPHITHEATER. FOOD IN THE TRASH CANS ENDS UP IN THE LANDFILL WHERE IT PRODUCES GREENHOUSE GASES, WHICH CONTRIBUTES TO CLIMATE CHANGE. THANK YOU!

TSU-NAMI~

OCTOBER SUBSTANCE USE MONTH QUOTE OF THE DAY

DID YOU KNOW?

IN 2021, MORE THAN 20 MILLION AMERICANS AGES 12 AND OLDER HAVE BEEN DIAGNOSED WITH SUBSTANCE USE DISORDERS. THAT NUMBER, ALONG WITH DEATHS RELATED TO USE DISORDERS, HAS BEEN INCREASING RAPIDLY.

(NCAA) (10/12-13)

CROCHET CLUB

CROCHET CLUB MEETS ON THURSDAYS IN ROOM E102 FROM 4 TO 5:00. JOIN US FOR A RELAXING HOUR OF CROCHETING AND CHATTING. NO EXPERIENCE NEEDED. MS. GARCIA WILL TEACH YOU THE FUNDAMENTALS, AND YOU WILL BE MAKING ITEMS TO WEAR IN NO TIME!
ATTENTION ALL STUDENTS:
The Preuss Insider is back! Get all your official Preuss news by going to preussinsider.com or download the Student News Source app, search and select “Preuss Insider,” and you will receive notifications when new stories drop. The Preuss Insider is the official newspaper created by students for students. Read all about it!

EXTRA! EXTRA!

ATTENTION SENIORS!
Make sure to sign up for senior portraits! Click the picture left for more information.

HIGH SCHOOL ROBOTICS TEAM
Join us Thursdays from 4-5pm

SNACK SHACK IS OPENING BACK UP! Starting on Thursday, ASB will begin selling snacks out of C102, in between the B and C buildings next to the water fountains. The snack list and prices will be posted up on the door and nearby for students to see. ASB will continue selling every B-day so make sure to come by and enjoy the snacks!

BANNED BOOKS CONTEST
Mini book jackets due this Friday the 14th. Return to the library by end of day. Voting will start Monday the 17th. Stop by the library to cast your vote!
NOTICE

ATTENTION SIXTH GRADERS!

"ON WEDNESDAY, OCTOBER 12TH, THE 6TH GRADERS WILL BE WALKING TO UCSD FOR AN EXCITING SCAVENGER HUNT! BE SURE TO BRING A WATER BOTTLE, A BACKPACK FOR CARRYING YOUR LUNCH AND COMFORTABLE WALKING SHOES. YOU MUST BE IN THE SCHOOL DRESS CODE. IT IS VERY IMPORTANT THAT YOU BEHAVE WELL ON OUR FIRST FIELD TRIP BECAUSE YOU ARE REPRESENTING PREUSS. MAKE SURE TO ARRIVE AT PREUSS ON TIME SO THAT WE DON’T LEAVE WITHOUT YOU."

ANNOUNCING OUR PARTNERSHIP WITH PROJECT PRINCESS

CLICK HERE TO SEE HOW YOU CAN GET A FREE PROM DRESS!

¡HAGA CLIC AQUÍ PARA VER CÓMO PUEDE OBTENER UN VESTIDO DE PROM GRATIS!

HISPANIC HERITAGE MONTH

HISPANIC HERITAGE MONTH FACTS BROUGHT TO YOU BY THE XOCHIMILCO CHAPTER OF THE SPANISH NATIONAL HONOR SOCIETY

PEOPLE CELEBRATE ‘EL DÍA DE LA RAZA’ (RACE DAY) INSTEAD OF COLUMBUS DAY TO RECOGNIZE, ‘THE MIXED INDIGENOUS AND EUROPEAN HERITAGE IN MEXICO’

HTTPS://WWW.GOODHOUSEKEEPING.COM/HOLIDAYS/A40616318/HISPANIC-HERITAGE-MONTH-FACTS/
## UPCOMING COLLEGE ADMISSIONS REPRESENTATIVE VISITS!

Come during HS lunch to the front office and learn about each of these colleges! (Grab your lunch first and then head on over!) Ask Ms. Bandy if you have any questions!

<table>
<thead>
<tr>
<th>COLLEGE</th>
<th>DATE</th>
<th>TIME</th>
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</thead>
<tbody>
<tr>
<td>Xavier University</td>
<td>Thursday, October 6</td>
<td>12:15PM</td>
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<tr>
<td>US Navy (ROTC)</td>
<td>Friday, October 7</td>
<td>12:50PM</td>
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<tr>
<td>Yale University</td>
<td>Monday, October 10</td>
<td>12:15PM</td>
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<tr>
<td>University of San Diego</td>
<td>Tuesday, October 11</td>
<td>12:15PM</td>
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<tr>
<td>Lehigh University</td>
<td>Thursday, October 13</td>
<td>12:15PM</td>
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<tr>
<td>Tufts University</td>
<td>Friday, October 14</td>
<td>12:50PM</td>
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<tr>
<td>University of Southern California</td>
<td>Monday, October 17</td>
<td>12:15PM</td>
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<tr>
<td>Columbia University</td>
<td>Tuesday, October 18</td>
<td>12:15PM</td>
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<tr>
<td>University of California- Berkeley</td>
<td>Thursday, October 20</td>
<td>12:15PM</td>
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<tr>
<td>Chapman University</td>
<td>Friday, October 21</td>
<td>12:50PM</td>
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<tr>
<td>UC Irvine</td>
<td>Monday, October 24</td>
<td>12:15PM</td>
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<tr>
<td>Colorado College</td>
<td>Tuesday, October 25</td>
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<tr>
<td>St. John's College</td>
<td>Wednesday, October 26</td>
<td>12:15PM</td>
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<tr>
<td>University of Redlands</td>
<td>Thursday, October 27</td>
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