Happy Tuesday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

Quote of the Day

Life is abundant, and life is beautiful. And it's a good place that we're all in, you know, on this earth, if we take care of it.

-Alice Walker

SAT Word

Gregarious(adj): outgoing or social

IMPORTANT REMINDER:
Students that do not have their re-enrollment packets COMPLETE and turned in have been placed on the "no-activities" list until every part is submitted to the front desk.
Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text (619) 318-1338 or call MTS Dispatch at (619) 595-4960. Put these important numbers in your phone, so you have them available anytime you ride the trolley.

Feeding San Diego
Food distributions will be every 2nd and 4th Thursday of each month!
Receive free and nutritious food for you and your family!
A variety of prepackaged dry goods items and bulk produce is available to all families and community members.
Please wear a mask when coming to receive food and practice safe social distancing.

Important Admissions Announcement
ATTENTION! The deadline to submit an application for the 2023-2024 School year is December 16, 2022. Click the link below to apply today!

Mayor for a Day Contest is Back!
The Mayor is excited to announce the 2022-2023 Mayor for a Day contest, which aims to foster and encourage leadership in young people living in San Diego. Interested K-12 students living in the city of San Diego are invited to write an essay or submit a video about what San Diego would be like if they were Mayor for a day.
The selected winner will be given the opportunity to shadow Mayor Gloria for a day to see how the City works up close — and will play a role in the State of the City address this January. The deadline is December 5th, 2022 at 11:59pm. If you have any questions about the contest, please email Community Representative Emily Piatanesi at Epiatanesi@sandiego.gov.
CROCHET CLUB
Crochet Club meets on Thursdays in room E102 from 4pm to 5pm. Join us for a relaxing hour of crocheting and chatting. No experience needed. Ms. Garcia will teach you the fundamentals, and you will be making items to wear in no time!

ECOLOGY CLUB
Students and Faculty/Staff, please remember to put your food scraps into the white composting buckets found in the amphitheater. Food in the trash cans ends up in the landfill where it produces greenhouse gases, which contributes to climate change. Thank you!

UNDOCUMENTED STUDENTS AND ALLIES CLUB
The Undocumented Students and Allies Club meet every 2nd and 4th Monday of the month in E202 at lunchtime.
Our next meeting is December 12th! All are welcome to join! Please contact Ms. Esparza at iesparza@ucsd.edu for more information.

TSUNAMI
Join us today after school from 4-5 in A201 for TSUNAMI club to talk about Mental Health Awareness on campus!
Routine Asymptomatic COVID Testing
No Longer Required

Under the guidance of UC San Diego, students who are unvaccinated or not fully vaccinated are no longer required to complete twice weekly asymptomatic testing. If a student who is asymptomatic would like to test because they were exposed, they can sign up for asymptomatic testing using the Calendly sign up link. Students should sign up for testing by 10 am the day they would like to test.

Students who have symptoms, regardless of vaccination status, will be COVID-19 tested before sending home. The Preuss Health Office will continue to follow the guidance of California Department of Public Health and UC San Diego and make changes as needed.

Masking Update

Per UC San Diego, the masking mandate for instructional settings and Triton transportation will be suspended and masking will be optional in classrooms, labs and on Triton transportation beginning Dec. 16, 2022. UC San Diego public health experts still recommend wearing a mask in public settings, especially indoors, as masking provides substantial protection from infections caused by SARS-CoV-2, flu and other respiratory viruses.

Masking will remain required in the Preuss Health Office. We will continue to monitor viral activity during the Winter Quarter. Should public health conditions warrant, UC San Diego may re-enact a masking mandate at a later date.