Happy Friday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

Quote of the Day

"Keep good company, read good books, love good things and cultivate soul and body as faithfully as you can."
—Louisa May Alcott

SAT Word

Heretical(adj): practicing a belief or opinion contrary to orthodox religion

IMPORTANT REMINDER: Students that do not have their re-enrollment packets COMPLETE and turned in have been placed on the "no-activities" list until every part is submitted to the front desk.
Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text (619) 318-1338 or call MTS Dispatch at (619) 595-4960. Put these important numbers in your phone, so you have them available anytime you ride the trolley.

Feeding San Diego
Food distributions will be every 2nd and 4th Thursday of each month!
Receive free and nutritious food for you and your family!
A variety of prepackaged dry goods items and bulk produce is available to all families and community members.
Please wear a mask when coming to receive food and practice safe social distancing.

MS ASB has been holding a monthly voting event of Teacher of the Month. Congratulations to Dr. Anderson for receiving the Teacher of the Month this month of November! The poster award will arrive shortly. All middle school students are encouraged to take part in voting. The next December voting will be held in this link here: TOM
-Middle School ASB

Mayor for a Day Contest is Back!
The Mayor is excited to announce the 2022-2023 Mayor for a Day contest, which aims to foster and encourage leadership in young people living in San Diego. Interested K-12 students living in the city of San Diego are invited to write an essay or submit a video about what San Diego would be like if they were Mayor for a day.
The selected winner will be given the opportunity to shadow Mayor Gloria for a day to see how the City works up close -- and will play a role in the State of the City address this January. The deadline is December 5th, 2022 at 11:59pm. If you have any questions about the contest, please email Community Representative Emily Piatanesi at Epiatanesi@sandiego.gov.
ATTENTION

Hats and unapproved headwear are not part of the Preuss Dress code. Please keep all items at home or you may risk them getting confiscated at school. Please see the front office if you have any questions or need an exception.

Club Announcements

CROCHET CLUB

Crochet Club meets on Thursdays in room E102 from 4pm to 5pm. Join us for a relaxing hour of crocheting and chatting. No experience needed. Ms. Garcia will teach you the fundamentals, and you will be making items to wear in no time!

MULTICULTURAL CLUB

Come join us in room D203 every Thursday from 4-5 pm!

UNDOCUMENTED STUDENTS AND ALLIES CLUB

The Undocumented Students and Allies Club meet every 2nd and 4th Monday of the month in E202 at lunchtime.

Our next meeting is December 12th! All are welcome to join! Please contact Ms. Esparza at iesparza@ucsd.edu for more information.

ECOLOGY CLUB

Students and Faculty/Staff, please remember to put your food scraps into the white composting buckets found in the amphitheater. Food in the trash cans ends up in the landfill where it produces greenhouse gases, which contributes to climate change. Thank you!
Health Office Announcements

**ROUTEINE ASYMPTOMATIC COVID TESTING NO LONGER REQUIRED**

Under the guidance of UC San Diego, students who are unvaccinated or not fully vaccinated are no longer required to complete twice weekly asymptomatic testing. If a student who is asymptomatic would like to test because they were exposed, they can sign up for asymptomatic testing using the [Calendly sign up link](#). Students should sign up for testing by 10 am the day they would like to test.

Students who have symptoms, regardless of vaccination status, will be COVID-19 tested before sending home.

The Preuss Health Office will continue to follow the guidance of California Department of Public Health and UC San Diego and make changes as needed.

**MASKING UPDATE**

Per UC San Diego, the masking mandate for instructional settings and Triton transportation will be suspended and masking will be optional in classrooms, labs and on Triton transportation beginning Dec. 16, 2022. UC San Diego public health experts still recommend wearing a mask in public settings, especially indoors, as masking provides substantial protection from infections caused by SARS-CoV-2, flu and other respiratory viruses.

Masking will remain required in the Preuss Health Office. We will continue to monitor viral activity during the Winter Quarter. Should public health conditions warrant, UC San Diego may re-enact a masking mandate at a later date.