Chelsea’s Light Quote of the Day:
If you always do what is easy and choose the path of least resistance, you never step outside your comfort zone. Great things don’t come from comfort zones.
-Roy T. Bennett

**SAT WORDS:** contusion (n.) bruise, injury

**RKHS Historical Committee-**
**“This Day in History” Women’s History Month:**
In December of 2014, Malala Yousafzai was awarded the Nobel Prize for Peace and she became the youngest person to receive this award. Yousafzai received this award for her efforts as an activist for women’s education and equality after girls in her own town were banned from attending school by the Taliban. She was attacked by the Taliban on her way to school but she recovered and continues to be an activist today.

**New Items:**

**Reminders:**

**Attention students grades 8-11:**
Attention students grades 8-11!
Yearbook applications are now available! Become a photographer, interview people, sell and market yearbooks, and design great pages for our next Preuss yearbook! Also, this class counts as a G elective, and there are great opportunities for leadership experience. Click below and get started! Due Friday 3/18. See Dr. Ensberg in E203 if you have questions.
[https://forms.gle/Aa5fnYKrdG7BcpMx6](https://forms.gle/Aa5fnYKrdG7BcpMx6)

(End Date: 3/18/22, Ensberg)

**Attention all high school scholars:**
Starting Monday, February 28th, high school students who stay after school with Ms. Watson will report to the Walton Center for Study Hall. No students should report to the tent.

(End Date: 3/25/22, V.P. Watson)
Attention 9-12 grade scholars:
9-12 grade students interested in learning how to read and analyze scientific articles, sign up for Bioscholars! Every Tuesday and Thursday in April, University Students will be hosting sessions focusing on two different articles. You can sign up with your Science teacher or Mrs. Petraglia, email petraglia@preuss.ucsd.edu. See the attached Flyer for session dates. There are 4 dates per session, two sessions and one college Panel presentation on the 9th date

STEM OUTREACH PROGRAM

- Tues/Thurs — 4:30-4:45PM
- April 5th, 7th, 12th, 14th
- Open for Grades 9-12

Discuss how genes can be edited to treat genetic diseases

- Tues/Thurs — 4:30-4:45PM
- April 19th, 21st, 26th, 28th
- Open for Grades 9-12

Discuss the effects of different food diets on the body

- Friday — 4:00-4:45PM
- April 29th
- Open for Grades 11-12

Meet our UCSD undergraduate panelists and hear what they have to share about college

(End Date: 4/28/22, Petraglia)

Attention all scholars:
You may have noticed a bunch of white buckets around the amphitheater. Please help by putting all food waste into these buckets. Please remove any wrappers before placing food inside. This food waste is being turned into compost by the Ecology Club students. If you have food that someone else can eat (whole fruit, unopened packaged food that is not perishable/needs to be refrigerated) you can put that into the black bins in the amphitheater. If you need a bucket for the area you usually have lunch in, talk to club members, officers: Angelina Gonzalez, Briseida Aparicio-Najera, Yesenia Preciado, Henry Huynh, Jasmine Mejia) or Mrs. Petraglia—Thank you all for your support!

(End Date: 6/16/22, Petraglia)
Attention all scholars:

**Bus Z Pass**
If you need a bus Z pass or a temporary bus pass, you must come to the office before 4 p.m. We do not want scholars coming at 5:00 to try to get passes for the bus while the busses are here. Scholars have missed their bus because they are waiting until the last minute.

Please see below the announcement regarding the bus Z pass that has been in the bulletin since the first day of school:

**Bus Z PASS Information:**
If you have forgotten your Z pass ID card at home, you will need to ride the bus without your Z pass ID Card. We do not issue temporary Z pass ID card to students who forgot their pass at home.

Temporary Z pass ID card are given to students who have lost their Z pass ID card and need a replacement. If you have lost your Z pass ID card and need a replacement, you can come to the office during your Advisory class or lunch (as of 12/14/21 – You can come to the office any time before 4 p.m.) to request a replacement. The cost to replace your Z pass ID card is $5.00. When we receive your new Z pass ID card, we will call you into the office to pick it up.

(End Date: 6/16/22, Front Office)

Attention all Scholars:
Scholars, please remember to bring your refillable water bottles daily. The water stations for scholar’s to use are located in the C building between classrooms C101 and C102 and between the locker rooms.

(End Date: 6/16/22, Leadership)

Attention all Scholars:
Please make sure you complete the COVID-19 symptom screener daily before leaving home in the morning. If you answer "yes" to any of the questions, please stay home. Your parent/guardian must contact the Preuss Health Office for further instructions.

**Health Office Contact information:**
Nurse Marie
Phone number: (858) 822-2291
Email: preussnurse@ucsd.edu

(End Date 6/16/22 Nurse, Leadership)

Attention all Scholars:
Below is the link for San Diego Counties Free Covid-19 Testing locations. All these testing sites are for children and adults. To verify if the testing site has testing for children, please call 2-1-1 to verify information before going to that testing site.

[https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing/testing-schedule.html](https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing/testing-schedule.html)

(End Date: 6/16/22, Health Office)
Attention all Scholars:
Know your neighbors! Let’s Stay Safe!
https://docs.google.com/presentation/d/1iCnZxy79L2O1y5yEwHX-8IRn1Vw6sIP_ZU4w9doSIAg/edit?usp=sharing

(End Date: 6/16/22, Van De Vanter)

Attention all Scholars:
The Purchase of uniforms will no longer be during school hours. To purchase uniforms, please visit Mario’s Family Clothing center located at 7761 Broadway, Lemon Grove, CA. 91945. Uniforms will be available for purchase during PTA General Meetings as well.

Mario’s Price List
Polo shirt $13.98 short sleeve $17.98 long sleeve
Zip up hoodie $26.98
Pullover hoodie (no zipper) $26.98
Khaki pants $15.98-$25.98
Khaki skirts $9.98-$15.98
Khaki shorts $15.98-$25.98
Rain Jacket $22.98-$28.98

<table>
<thead>
<tr>
<th>EVENT:</th>
<th>Day, Date &amp; Time</th>
<th>Location</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Robotics Competition 2022</td>
<td>Friday, 3/18/22- Sunday, 3/20/22, 7:30 a.m.- 7:00 p.m.</td>
<td>The Del Mar Fairgrounds</td>
<td>The Preuss School’s Robotics team will compete in a 3-day regional competition at the Del Mar Fairgrounds. Parents will drop off and pick up students each day.</td>
</tr>
<tr>
<td>Spanish National Honors Society Induction Ceremony</td>
<td>Friday, 3/18/22 5:30- 7:00 p.m.</td>
<td>Walton Center</td>
<td>SNHS will hold a ceremony where they will induct candidates into the Spanish National Honor Society.</td>
</tr>
<tr>
<td>PTA General Meeting</td>
<td>Saturday, 3/19/22 9:30 – 11:00 a.m.</td>
<td>Zoom Meeting information sent via Parent Square</td>
<td>All Parents Welcome</td>
</tr>
<tr>
<td>6th Grade Camp</td>
<td>Monday- Friday, 3/21/22-3/25/22 8:55 a.m.- 4:00 p.m.</td>
<td>Manchester Field</td>
<td>6th grade students and their Advisory teachers will participate in field trips, create arts and crafts, listen to guest speakers, and work on teambuilding skills.</td>
</tr>
<tr>
<td>Middle School Field Day</td>
<td>Friday, 3/25/22 11:20 a.m.- 4:00 p.m.</td>
<td>Manchester Field</td>
<td>Middle school students, teachers, and staff will participate in fun activities planned by ASB.</td>
</tr>
</tbody>
</table>
THE PREUSS SCHOOL UC SAN DIEGO
Saturday Enrichment Academy
2021-2022 Bus Schedule
9:00 AM – 11 AM

<table>
<thead>
<tr>
<th>Time</th>
<th>Pick-up Site</th>
<th>Time</th>
<th>Drop-off Site</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:35 AM</td>
<td>Keiller Middle School LZ - Lisbon Street @ Woodrow Ave.</td>
<td>11:00 AM</td>
<td>Departing from Preuss School</td>
</tr>
</tbody>
</table>
| 7:55 AM| Logan Elementary School LZ – 2875 Ocean View Blvd.  
(North Side of School) | 11:25 AM| Amtrak -Downtown @ Kettner Blvd.  
Westside Kettner @ C Street |
| 8:05 AM| Amtrak -Downtown @ Kettner Blvd. 
(Westside Kettner at C St.) | 11:40 AM| Logan Elementary School LZ – 2875 Ocean View Blvd. |
| 8:20 AM| Marlborough Ave. @ El Cajon Blvd. NW | 11:55 AM| Marlborough Ave. @ El Cajon Blvd. NW |
| 8:55 AM| Dropping at the Preuss School | 12:15 PM| Keiller Middle School LZ - 7270 Lisbon Street - in Front of Park |

2021-2022 S.E.A DATES

- August 21
- September 11
- October 2, 23
- November 6
- December 4
- January 8
- February 5, 26
- March 5
- April 9, 16
- May 7, 14
- June 4
# THE PREUSS SCHOOL UC SAN DIEGO
## 2021-2022 Bus Schedule

**Effective: 8/9/2021**

### ROUTE A: Monday through Friday
- 9:11 AM: 39TH ST @ WIGHTMAN ST
- 5:44 PM: 39TH ST @ WIGHTMAN ST

### ROUTE F: Monday through Friday
- 9:09 AM: K ST @ 28TH ST
- 5:43 PM: K ST @ 28TH ST

### ROUTE B: Monday through Friday
- 9:13 AM: EL CAJON BLVD @ MARLBOROUGH AVE
- 5:44 PM: EL CAJON BLVD @ MARLBOROUGH AVE

### ROUTE G: Monday through Friday
- 9:15 AM: 22ND ST @ ISLAND AVE
- 5:43 PM: 22ND ST @ ISLAND AVE

### ROUTE C: Monday through Friday
- 9:07 AM: EUCLID ELEM LZ ON ORANGE AVE
- 5:48 PM: EUCLID ELEM LZ ON ORANGE AVE

### ROUTE H: Monday through Friday
- 9:15 AM: LINDA VISTA ELEMENTARY SCHOOL
- 5:37 PM: LINDA VISTA ELEMENTARY SCHOOL

### ROUTE D: Monday through Friday
- 9:24 AM: GENESEE AVE @ CLAREMONT MESA BLVD
- 5:27 PM: GENESEE AVE @ CLAREMONT MESA BLVD

### ROUTE I: Monday through Friday
- 8:58 AM: LISBON ST @ WOODROW AVE
- 5:58 PM: LISBON ST @ WOODROW AVE

### ROUTE E: Monday through Friday
- 9:09 AM: JOYNER ELEM LZ ON MYRTLE
- 5:48 PM: JOYNER ELEM LZ ON MYRTLE

### ROUTE J: Monday through Friday
- 9:09 AM: LOGAN ELEM ON OCEAN VIEW BLVD
- 5:44 PM: LOGAN ELEM ON OCEAN VIEW BLVD

**Note:**
Ocean View Blvd @ 30th St Southwest

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### ROUTE U: Monday through Friday
- 9:12 AM: 37TH ST @ EL CAJON BLVD
- 5:44 PM: 37TH ST @ EL CAJON BLVD

### ROUTE X: Monday through Friday
- 9:06 AM: EL CAJON BLVD @ 52ND ST
- 5:49 PM: EL CAJON BLVD @ 52ND ST

### ROUTE V: Monday through Friday
- 9:06 AM: LOGAN AVE @ 43RD ST
- 5:49 PM: LOGAN AVE @ 43RD ST

### ROUTE Y: Monday through Friday
- 9:08 AM: 54TH ST @ IMPERIAL AVE
- 5:52 PM: 54TH ST @ IMPERIAL AVE

### ROUTE W: Monday through Friday
- 9:08 AM: CHOLLAS ELEM LZ ON MARKET ST
- 5:47 PM: CHOLLAS ELEM LZ ON MARKET ST

### ROUTE Z: Monday through Friday
- 9:05 AM: 54TH ST @ COLLEGE GROVE DR
- 5:50 PM: 54TH ST @ KRENNING ST