

*The Preuss School UC San Diego
Daily Bulletin "B" Day
Thursday, April 21, 2022*

Chelsea's Light Quote of the Day:

**When we love, we always strive to become better than we are. When we strive to become better than we are, everything around us becomes better too.
-Paulo Coelho**

SAT WORDS: dormant (adj.) sleeping, temporarily inactive

RKHS Historical Committee- "This Day In History" Fact of the Day:

John Muir was a Scottish-American naturalist author. His love of nature and desire for conservation led to the establishment of some of America's national parks like Yellowstone, Yosemite, and the Grand Canyon.

Attention all scholars:

Please check out the [Weekly Wellness Newsletter](#) created by The Preuss School counselors.

Attention all students: April is National Poetry Month! Please enjoy a poem each day in the bulletin in order to celebrate this wonderful thing that is poetry! Happy reading!

If I Can Stop One Heart From Breaking By Emily Dickinson

If I can stop one heart from breaking,
I shall not live in vain;
If I can ease one life the aching,
Or cool one pain,
Or help one fainting robin
Unto his nest again,
I shall not live in vain.

New Items:

Reminders:

Attention all scholars:

Starting May 1, all riders 18 and under can ride MTS and NCTD services for free through SANDAG Youth Opportunity Pass pilot program. To be eligible for the Youth Opportunity Pass, riders 18 and under must have a Youth PRONTO app account, or a PRONTO Youth card, and travel with proof of eligibility. (Kids 5 & under ride MTS and NCTD free when accompanied by a fare paying adult, and do not need a card or proof of eligibility.) The Youth Opportunity Pass pilot program ends June 2023.

Students who have already a Youth PRONTO app or card can keep using the same app account or card. Starting May 1, when they tap or scan their app, their rides will be registered as a free trip under the Youth Opportunity Program. (Students must tap or scan every time they ride, including transfers.

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Students who do not have an existing Youth account with PRONTO can participate in the Youth Opportunity Pass program in a few simple steps:

App:

1. Download the PRONTO app on your [Apple](#) or [Android](#) device.
2. Create a virtual card.
3. Convert your card to a Youth account online, over the phone (619-595-5636) or in -person (MTS Transit Store, NCTD Customer Service Centers). (Accounts converted online will be processed the next business day.)

Card:

Get a [free Youth PRONTO card at an MTS outreach event](#), or the MTS Transit Store or NCTD Customer Service Center. There are no fees for these Youth cards April 1 through May 31, 2022. (While supplies last. Limit one per youth and/or guardian with valid youth ID.)

At this time, there are a limited number of free Youth PRONTO cards available for pick-up through April and May. Whenever possible, new Youth riders are encouraged to download and the PRONTO app, converting it to a Youth account online or over the phone.

For information, please contact youthopportunitypass@sandag.org

Attention all high school scholars:

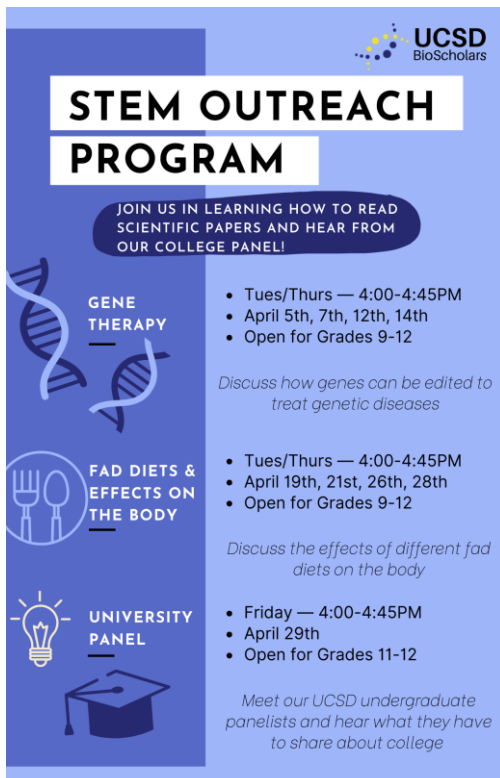
Arrange a ride home at 7pm because you will not want to miss the events on Thursday, April 21, 2022!
4pm-Zen Garden Peace Pole Dedication (Outside E building)
4:30 pm Multicultural Festival dances at amphitheater
5pm-7pm, 7th Annual Festival of the Arts at the Walton Center
Along with the gallery show, there will be performances from students, Orchestra, Choir, Rock Band, Multicultural Club dances, Shakespeare Festival Trailer, Fashion Club Runway Show and plenty of yummy snacks sold by the PTA! No admission fee, you just need a ride home at 7pm!

Attention all high school scholars:

Celebrate Earth Day with the Lorax Gardening Club during HS lunch this Friday.
Trivia contest with cool plant prizes!
We are having a Plant Sale during lunch Prices \$1.00- \$15.00
(End Date: 4/22/22, Noorzay)

Attention 9- 12 grade scholars:

9-12 grade students interested in learning how to read and analyze scientific articles, sign up for Bioscholars! Every Tuesday and Thursday in April, University Students will be hosting sessions focusing on two different articles. You can sign up with your Science teacher or Mrs. Petraglia, email petraglia@preuss.ucsd.edu. See the attached Flyer for session dates. There are 4 dates per session, two sessions and one college Panel presentation on the 9th date.



The poster is for the STEM Outreach Program at UCSD BioScholars. It features a blue background with white and yellow text. At the top right is the UCSD BioScholars logo. The main title 'STEM OUTREACH PROGRAM' is in large white letters on a blue background. Below the title is a dark blue oval with white text: 'JOIN US IN LEARNING HOW TO READ SCIENTIFIC PAPERS AND HEAR FROM OUR COLLEGE PANEL!'. The poster is divided into three sections, each with an icon and a title. The first section is 'GENE THERAPY' with a DNA double helix icon. The second is 'FAD DIETS & EFFECTS ON THE BODY' with a fork and spoon icon. The third is 'UNIVERSITY PANEL' with a graduation cap icon. Each section lists dates, times, and grade levels, and includes a brief description of the topic.

UCSD BioScholars

STEM OUTREACH PROGRAM

JOIN US IN LEARNING HOW TO READ SCIENTIFIC PAPERS AND HEAR FROM OUR COLLEGE PANEL!

GENE THERAPY

- Tues/Thurs — 4:00-4:45PM
- April 5th, 7th, 12th, 14th
- Open for Grades 9-12

Discuss how genes can be edited to treat genetic diseases

FAD DIETS & EFFECTS ON THE BODY

- Tues/Thurs — 4:00-4:45PM
- April 19th, 21st, 26th, 28th
- Open for Grades 9-12

Discuss the effects of different fad diets on the body

UNIVERSITY PANEL

- Friday — 4:00-4:45PM
- April 29th
- Open for Grades 11-12

Meet our UCSD undergraduate panelists and hear what they have to share about college

(End Date: 4/28/22, Petraglia)

Attention all 8- 11th grade girls:

All interested volleyball players are welcome to the **2022 Girls Volleyball Skills and Fundamentals Clinics** on Tuesday, Wednesday, and Thursday **April 26, 27 and 28 from 4-4:45** in the Walton Center. Please come dressed in athletic attire and bring your best attitude and effort—we will have lots of fun! (Kneepads are not required but recommended)

(End Date: 4/28/2022, Zamora)

Attention all scholars:

You may have noticed a bunch of white buckets around the amphitheater. Please help by putting all food waste into these buckets. Please remove any wrappers before placing food inside. This food waste is being turned into compost by the Ecology Club students. If you have food that someone else can eat (whole fruit, unopened packaged food that is not perishable/needs to be refrigerated) you can put that into the black bins in the amphitheater. If you need a bucket for the area you usually have lunch in, talk to club members, officers: Angelina Gonzalez, Briseida Aparicio-Najera, Yesenia Preciado, Henry Huynh, Jasmine Mejia) or Mrs. Petraglia---Thank you all for your support!

(End Date: 6/16/22, Petraglia)

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Attention all scholars:

Lost and Found can be located outside of the front office daily. All Lost and found items not collected by the end of each semester will be donated.

(End Date: 6/16/22, Front Office)

Attention all scholars:

Bus Z Pass

If you need a bus Z pass or a temporary bus pass, you must come to the office before 4 p.m. We do not want scholars coming at 5:00 to try to get passes for the bus while the busses are here. Scholars have missed their bus because they are waiting until the last minute.

Please see below the announcement regarding the bus Z pass that has been in the bulletin since the first day of school:

Bus Z PASS Information:

If you have forgotten your Z pass ID card at home, you will need to ride the bus without your Z pass ID Card.

Temporary Z pass ID cards are given to students who *have **lost*** their Z pass ID card and need a replacement. If you have lost your Z pass ID card and need a replacement, you can come to the office during your *Advisory class or lunch* (as of 12/14/21 – You can come to the office any time before 4 p.m.) to request a replacement. When we receive your new Z pass ID card, we will call you into the office to pick it up.

(End Date: 6/16/22, Front Office)

Attention all Scholars:

Scholars, please remember to bring your refillable water bottles daily. The water stations for scholars to use are located in the C building between classrooms C101 and C102 and between the locker rooms.

(End Date: 6/16/22, Leadership)

Attention all Scholars:

Please make sure you complete the **COVID-19 symptom screener** daily before leaving home in the morning. If you answer "yes" to any of the questions, please stay home. Your parent/guardian must contact the Preuss Health Office for further instructions.

Health Office Contact information:

Nurse Marie

Phone number: (858) 822- 2291

Email: preussnurse@ucsd.edu

(End Date 6/16/22 Nurse, Leadership)

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Attention all Scholars:

Below is the link for San Diego Counties Free Covid-19 Testing locations. All these testing sites are for children and adults. To verify if the testing site has testing for children, please call 2-1-1 to verify information before going to that testing site.

https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community_epidemiology/dc/2019-nCoV/testing/testing-schedule.html

(End Date: 6/16/22, Health Office)

Attention all Scholars:

Know your neighbors! Let's Stay Safe!

https://docs.google.com/presentation/d/1iCnZxy79L2OIy5yEwHX-8IRn1Vw6sIP_ZU4w9doSIAg/edit?usp=sharing

(End Date: 6/16/22, Van De Vanter)

Attention all Scholars:

The Purchase of uniforms will no longer be during school hours. To purchase uniforms, please visit Mario's Family Clothing center located at 7761 Broadway, Lemon Grove, CA. 91945.

EVENT:	Day, Date & Time	Location	Description
Multicultural Celebration	Monday – Friday, 4/18/22- 4/22/22	The Preuss School	Throughout the week there will be multicultural celebrations. Monday is Native Cultures. Tuesday is Middle Eastern Cultures. Wednesday is Chinese, Japanese, Asian, Korean, & Philippine Cultures. Thursday is Latinx Communities/ Cultures. Friday is African American Cultures.
Peace Pole Dedication	Thursday, 4/21/22 4:00- 5:00 p.m.	Zen Garden The Preuss School	The Festival of Arts includes student performances, a Shakespeare Festival teaser
Festival of the Arts	Thursday, 4/21/22 5:00 – 7:00 p.m.	Walton Center	The Festival of Arts includes student performances, a Shakespeare Festival teaser
2nd Mid Semester Ends	Friday, 4/22/22		
AYA Class Presentations	Tuesday, 4/26/22 4:15- 5:00 p.m.	Walton Center	Access Youth Academy will present the sport of squash to 6 th and 8 th

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			grade students (7 th grade is at capacity) to promote upcoming tryouts for next school years team.
2nd Mid Semester Progress reports	Wednesday-Thursday 2/27/22-4/28/22		2 nd Mid Semester progress reports will be distributed to scholars in their Advisory class.
Yallwest	Saturday, 4/30/22, 9:00 a.m.- 5:00 p.m.	Santa Monica California	Book Fair for young adults.

**THE PREUSS SCHOOL UC SAN DIEGO
Saturday Enrichment Academy
2021-2022 Bus Schedule
9:00 AM – 11 AM**



Time		Pick-up Site	Time		Drop-off Site
7:35 AM		Keiller Middle School LZ- Lisbon Street @ Woodrow Ave.	11:00 AM		Departing from Preuss School
7:55 AM		Logan Elementary School LZ – 2875 Ocean View Blvd. (North Side of School)	11:25 AM		Amtrak -Downtown @ Kettner Blvd. Westside Kettner @ C Street
8:05 AM		Amtrak -Downtown @ Kettner Blvd. (Westside Kettner at C St.)	11:40 AM		Logan Elementary School LZ – 2875 Ocean View Blvd.
8:20 AM		Marlborough Ave. @ El Cajon Blvd. NW	11:55 AM		Marlborough Ave. @ El Cajon Blvd. NW
8:55 AM		Dropping at the Preuss School	12:15 PM		Keiller Middle School LZ 7270 Lisbon Street- in Front of Park

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2021-2022 S.E.A DATES

August 21	February 5, 26
September 11	March 5
October 2, 23	April 9, 16
November 6	May 7, 14
December 4	June 4
January 8	

**THE PREUSS SCHOOL UC SAN DIEGO
2021-2022 Bus Schedule**

Effective: 8/9/2021

TIME	BUS STOP
*ROUTE A MONDAY THROUGH FRIDAY	
9:11 AM	39TH ST @ WIGHTMAN ST
5:44 PM	39TH ST @ WIGHTMAN ST

TIME	BUS STOP
*ROUTE B MONDAY THROUGH FRIDAY	
9:13 AM	EL CAJON BLVD @ MARLBOROUGH AVE
5:44 PM	EL CAJON BLVD @ MARLBOROUGH AVE

TIME	BUS STOP
*ROUTE C MONDAY THROUGH FRIDAY	
9:07 AM	EUCLID ELEM LZ ON ORANGE AVE
5:48 PM	EUCLID ELEM LZ ON ORANGE AVE

TIME	BUS STOP
*ROUTE D MONDAY THROUGH FRIDAY	
9:24 AM	GENESEE AVE @ CLAIREMONT MESA BLVD
5:27 PM	GENESEE AVE @ CLAIREMONT MESA BLVD

TIME	BUS STOP
*ROUTE E MONDAY THROUGH FRIDAY	
9:09 AM	JOYNER ELEM LZ ON MYRTLE
5:48 PM	JOYNER ELEM LZ ON MYRTLE

TIME	BUS STOP
*ROUTE F MONDAY THROUGH FRIDAY	
9:09 AM	K ST @ 28TH ST
5:43 PM	K ST @ 28TH ST

TIME	BUS STOP
*ROUTE G MONDAY THROUGH FRIDAY	
9:15 AM	22ND ST @ ISLAND AVE
5:43 PM	22ND ST @ ISLAND AVE

TIME	BUS STOP
*ROUTE H MONDAY THROUGH FRIDAY	
9:15 AM	LINDA VISTA ELEMENTARY SCHOOL
5:37 PM	LINDA VISTA ELEMENTARY SCHOOL

TIME	BUS STOP
*ROUTE I MONDAY THROUGH FRIDAY	
8:58 AM	LISBON ST @ WOODROW AVE
5:58 PM	LISBON ST @ WOODROW AVE

TIME	BUS STOP
*ROUTE J MONDAY THROUGH FRIDAY	
9:09 AM	LOGAN ELEM ON OCEAN VIEW BLVD
5:44 PM	LOGAN ELEM ON OCEAN VIEW BLVD
Ocean View Bl @ 30 th St Southwest.	

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2021-2022 Bus Schedule

Effective: 8/9/2021

TIME	BUS STOP
*ROUTE K MONDAY THROUGH FRIDAY	
9:20 AM	OLD TOWN TROLLEY EAST SIDE
5:35 PM	OLD TOWN TROLLEY EAST SIDE
*ENTER FR CONGRESS	

TIME	BUS STOP
*ROUTE L MONDAY THROUGH FRIDAY	
9:06AM	ROLANDO PARK ELEM LZ ON RACINE RD
5:54 PM	ROLANDO PARK ELEM LZ ON RACINE RD

TIME	BUS STOP
*ROUTE M MONDAY THROUGH FRIDAY	
9:16 AM	SAN DIEGO COOPERATIVE CHARTER LZ
5:37 PM	SAN DIEGO COOPERATIVE CHARTER LZ
*7260 LINDA VISTA	

TIME	BUS STOP
*ROUTE N MONDAY THROUGH FRIDAY	
9:15 AM	ULRIC ST @ EASTMAN ST (SE)
5:38 PM	ULRIC ST @ EASTMAN ST (SE)

TIME	BUS STOP
*ROUTE O MONDAY THROUGH FRIDAY	
9:12 AM	ULRIC ST @ FULTON ST (NE)
5:38 PM	ULRIC ST @ FULTON ST (NE)

TIME	BUS STOP
*ROUTE P MONDAY THROUGH FRIDAY	
9:11 AM	ALBA HIGH SCHOOL ON OREGON AND LINCOLN
5:43 PM	ALBA HIGH SCHOOL ON OREGON AND LINCOLN

TIME	BUS STOP
*ROUTE Q MONDAY THROUGH FRIDAY	
9:12 AM	FAIRMOUNT AVE @ OLIVE ST
5:46 PM	FAIRMOUNT AVE @ OLIVE ST

TIME	BUS STOP
*ROUTE R MONDAY THROUGH FRIDAY	
8:58 AM	PARADISE VALLEY RD @ MEADOWBROOK DR
5:50 PM	PARADISE VALLEY RD @ MEADOWBROOK DR

TIME	BUS STOP
*ROUTE S MONDAY THROUGH FRIDAY	
9:05 AM	VALENCIA PARK ELEM LZ ON SKYLINE DR
5:54 PM	VALENCIA PARK ELEM LZ ON SKYLINE DR

TIME	BUS STOP
*ROUTE T MONDAY THROUGH FRIDAY	
9:06 AM	UNIVERSITY AVE @ 58TH ST
5:51 PM	UNIVERSITY AVE @ 58TH ST

THE PREUSS SCHOOL UC SAN DIEGO
2021-2022 Bus Schedule

Effective: 8/9/2021

TIME	BUS STOP
*ROUTE U MONDAY THROUGH FRIDAY	
9:12 AM	37TH ST @ EL CAJON BLVD
5:44 PM	37TH ST @ EL CAJON BLVD

TIME	BUS STOP
*ROUTE V MONDAY THROUGH FRIDAY	
9:06 AM	LOGAN AVE @ 43RD ST
5:49 PM	LOGAN AVE @ 43RD ST

TIME	BUS STOP
*ROUTE W MONDAY THROUGH FRIDAY	
9:08 AM	CHOLLAS ELEM LZ ON MARKET ST
5:47 PM	CHOLLAS ELEM LZ ON MARKET ST

TIME	BUS STOP
*ROUTE X MONDAY THROUGH FRIDAY	
9:06 AM	EL CAJON BLVD @ 52ND ST
5:49 PM	EL CAJON BLVD @ 52ND ST

TIME	BUS STOP
*ROUTE Y MONDAY THROUGH FRIDAY	
9:08 AM	54TH ST @ IMPERIAL AVE
5:52 PM	54TH ST @ IMPERIAL AVE

TIME	BUS STOP
*ROUTE Z MONDAY THROUGH FRIDAY	
9:06 AM	54TH ST @ COLLEGE GROVE DR
5:50 PM	54th ST @ KRENNING ST