

*The Preuss School UCSD  
Daily Bulletin "B" Day  
Thursday, February 14, 2019*



**Chelsea's Light Quote of the Day:**  
**Being deeply loved by someone gives you strength,  
while loving someone deeply gives you courage.**  
-Lao Tzu

**SAT WORDS:** Cordial (adj.) warm, affectionate

**Attention all students:** This is a reminder that there is to be no food and no parties for Valentine's Day celebrations. Please do not bring gifts, flowers, or balloons. (2/14)

**Attention all students:** All students are to ride the bus that they have been assigned to. (Selleck)

**New Items:**

**Attention 10th graders:** Are you interested in learning what real science in a laboratory looks like? Would you like to get paid to see how scientists study cancer cells? The Sanford Burnham Prebys Research Institute in La Jolla sponsors a 2-week Introduction to Science for Preuss 10th graders. Come hear about the program and pick up application materials on WEDNESDAY FEB. 27TH during lunch in C101. You must attend the information meeting in order to apply. (Artz 2/27)

**Attention 11th graders:** Are you interested in a medical career but not sure which one? Consider applying for HIP - Health Information Partners during the summer at UCSD. The 2-week residential program has you visiting and exploring a variety of health careers all while living in a UCSD dormitory. Come hear about the program and pick up application materials on TUESDAY MARCH 5th during lunch in C101. You must attend the information meeting in order to apply. (Artz 3/5)

**Reminders:**

February is National Teen Dating Violence Awareness Month. Nearly 1.5 million high school students nationwide experience physical abuse from a dating partner in a single year. Teen Dating Violence Awareness month is a national effort to raise awareness about dating abuse and encourage communities to prevent this form of abuse. This means becoming aware of the signs of healthy and unhealthy relationships. The theme for this year is **YOUR LOVE IS UNIQUE....with CONSENT.** NAMI on Campus club members will be going around on February 14<sup>th</sup> to raise awareness and educate on healthy relationships and resources available. Be on the lookout for them during high school lunch. (Torre 2/14)

**The Preuss School UCSD  
(858) 822-3000**

**IT'S HERE!** A Laser Tag fundraiser finally, on Saturday Feb.16 you and your friends can enjoy an hour and a half of fun from 8-9:30 pm. Buy your tickets Feb. 4-8 for only \$20 and make your desired teams. If you win your team will win a \$50 Cheesecake Factory gift card and each team member will get a Starbucks gift card! Don't miss your chance to destroy enemy teams and get free money!  
(Carr 2/14)

**Attention Preuss High Schoolers,** Air band will be on April 19th, 2019. This year's theme is "Around the World. We want to celebrate all the different cultures we have here at Preuss. If you are interested in participating this year, applications are out! They are in the ASB room (B103) and online through your Edmodo class page. If you have a physical copy please hand it to me by February 14th, if it's online feel free to email it to me. Try outs will be held on February 26th and 27th after school. Your act/performance does not have to fit the theme. Thank you and hope to see y'all there. (Djulia, Class President) (Aglia 2/14)

Yearbook will host activities from February 12 to February 14 to thank students that have bought or made a down payment for a yearbook OR students who buy their yearbooks next week! Come and visit the Walton Center during High School Lunch for special prizes during these days. On Tuesday, those who have purchased a yearbook can take pictures at the photo booth. On Wednesday, there will be a game of Beanbag Toss, and you can get to win prizes. On Thursday, you can spin a wheel and win a special prize!


If you want to be featured in the yearbook, please send in your family/summer/holiday pictures to [preussyearbook2019@gmail.com](mailto:preussyearbook2019@gmail.com)


You may also buy dedication space in the yearbook for you and your friends and send in your pictures and text and yearbook students will design it for you. See Dr. Ensberg or yearbook students for information.

(Ensberg 2/14)

To all high school students interested in boy's lacrosse. Try-Out's will be held after school 4-5:20pm Tuesday 2/19/19. In order to participate you must have a current sports physical done and turned in to Mr. Brazelton prior to the try-out. Necessary documents are found on the Preuss homepage. Students must also be in good academic standing. If you would like to try-out or have any questions, please see Mr. Brazelton prior to 2/19/19. (Brazelton 2/19)

**Women Speak UCSD Self – Love Conference!** 

February 24, 10:30 AM- 2PM   
Snake Path Room (In PC)

Join Women SPEAK UCSD for a day of self-appreciation and positivity ☺ 

Fun prizes and lunch included

(Torre 2/24)

**The Preuss School UCSD  
(858) 822-3000**

**Hello students**, as many of you already know, we are so fortunate to be able to provide snacks for you as needed. This has been made possible through a partnership we have with the San Diego Food Bank. Each time you receive a snack you will need to fill out a google form that takes a few seconds to complete. The link to the google form is [tinyurl.com/block8snacks](https://tinyurl.com/block8snacks). This google form allows us and San Diego Food Bank to continue providing these snacks for you in the future. If snacks are taken without the completion of the form and/or without permission we can lose this wonderful program. PLEASE, PLEASE, PLEASE see a teacher or me for snacks. If what we provide is not enough, you can definitely ask for more. DO NOT take the snacks without permission and without filling out the form. Thank you for your cooperation. Lastly, please be sure to keep our campus clean by throwing away your snack trash in a trashcan. (Torre 2/28)

**Attention all Students:**

**Announcing San Diego Unified Food and Nutrition's:**



***Kids Create Recipe Contest Plant Based Edition***

Enter to win:

1<sup>st</sup> Place: for each age group: \$40  
AND recipe will be featured on the school menu next year!

2<sup>nd</sup> Place: for each age group: \$30

3<sup>rd</sup> Place: for each age group: \$20

Age Categories for contest: Grades 6 -12

**Include a photo of your recipe creation with your submission**

Recipe submissions will be accepted through March 8, 2019. Submit one of three ways:

1. Email to: [kidscreationrecipe@sandi.net](mailto:kidscreationrecipe@sandi.net)
2. Put it in an envelope with Kids Create Recipe written on the front and turn it into your school café
3. Mail to Kids Create Recipe Contest, 6735 Gifford Way, Room 5, San Diego, CA 92111

You can get an Entry form for the Kids Create Recipe in the front office.  
(Preuss Café 3/8)

**Attention all students:**

For after school snacks please see Mrs. Gomes in the front office. Distribution of snacks will begin exactly at 4 p.m. These snacks are for students who stay for after school tutoring or athletics. Another snack program that we now have on campus thanks to Mrs. Torre, takes place the first 20 minutes of 4<sup>th</sup> block on A days and the first 20 minutes of 8<sup>th</sup> block on B days. We want to remind all students that the nurse's office is not a place to ask for after school snacks. (Front office)

**Attention:** This is a friendly reminder that students are not allowed in the mailroom at any time.  
Thank you

**The Preuss School UCSD  
(858) 822-3000**

<u>Event</u>	<u>Day</u>	<u>Date</u>
<b>Lincoln Day Observation- No School</b>	<b>Friday</b>	<b>2/15</b>
<b>Ultra Zone Laser Tag Fundraiser for the class of 2020; 8:00 to 9:30 p.m.</b> Location: 3146 Sports Arena Blvd. #21 San Diego, CA. 92110	<b>Saturday</b>	<b>2/16</b>
<b>Washington Day Observation- No School</b>	<b>Monday</b>	<b>2/18</b>
<b>SF Jazz Concert; Activity Time: 10:30 to 11:30 a.m.</b> Location: Walton Center Six classes will participate in the SF Jazz Concert	<b>Friday</b>	<b>2/22</b>
<b>Saturday Enrichment Academy; 9:00 to 11:00 am</b> <b>Students sign up in Advisory class for tutoring by teachers and tutors.</b> Classrooms, 9:00 a.m. -11:00 a.m. Transportation is available to attend SEA. -See the schedule below: 7:35 - Keiler Middle School (Lisbon St. @ Woodrow Ave.) 7:55 - Logan Elementary (2875 Ocean View Blvd)(North Side of School) 8:05 - Amtrak -Downtown @ Kettner Blvd. (Westside Kettner at C St.) 8:20 - El Cajon Blvd. @Marlborough Av. NW 8:55 - Dropping at the Preuss School <b>11:00 – Bus leaves Preuss to same locations.</b>	<b>Saturday</b>	<b>2/23</b>
<b>SAT Test Prep; 9:00 to 11:00 a.m.</b> Location: C202	<b>Saturday</b>	<b>2/23</b>
<b>PTA General Meeting; 9:30 to 11:00 am</b> Location: Walton Center; All Parents Welcome	<b>Saturday</b>	<b>2/23</b>
<b>Feeding San Diego Food Distribution; 11:00 – 11:30 am</b> Location: Amphitheater	<b>Saturday</b>	<b>2/23</b>
<b>Multicultural Family Potluck; 11:00 am to 1:00 pm</b> Location: Amphitheater; All Families Invited		
<b>ASB Ball; 7:00 to 10:00 p.m.</b> Location: Williams D. Evans Boat	<b>Saturday</b>	<b>2/23</b>
<b>OC Robotics Regional</b> Location: Orange County Fairgrounds	<b>Wednesday- Sunday</b>	<b>2/27-3/3</b>