



The Preuss School UCSD
Athletic Department
9500 Gilman Drive #0536
La Jolla, California 92093

Participation in Interscholastic Athletics is a Privilege

Congratulations! You have been accepted into the Athletic Class at The Preuss School UCSD. This class will appear on your class selection form as block 8.

Our athletic program at Preuss is an integral part of the total educational process. This program will provide you with an educational experience in which you can develop emotionally, intellectually, physically and socially. Emphasis is placed on positive learning experiences along with the development of self-discipline and emotional maturity gained through respect for rules and regulations and those in authority.

Participation in the program will provide you, the athlete, an opportunity to use your ability to think as an individual and to act as a member of a group. Our athletic program is designed to develop such attributes as loyalty, determination, honesty and dedication, while at the same time developing physical coordination, muscular strength, and increased athletic skill.

Your selection into this program is both an honor and a privilege and with this honor and privilege comes certain responsibilities.

Enclosed in this athletic packet is information that explains the rules, regulations and policies of The Preuss School UCSD Athletic Department. The purpose of this packet is to acquaint the student-athlete and parents/guardians of the student-athlete with the athletic program at Preuss and should be used as a guide for a successful athletic experience.

Please review and sign the following athletic packet policies and procedures together and if you should have any questions, please feel free to contact me at 858-822-1493.

Sincerely,

Lisa Hawk
Athletic Director
The Preuss School UCSD

Athletic Packet

STUDENT/ATHLETE RESPONSIBILITIES

The following responsibilities are reflected in The Preuss School UCSD Athletic Code of Conduct and Training Rules:

- Display high standards of social behavior.
- Display outstanding sportsmanship and a spirit of cooperation.
- Display proper respect for those in authority (including teachers, coaches, administrators, and officials).
- Understand the importance of discipline and self-sacrifice in the development of a quality student/athlete.
- Set a good example for members of the student body as well as younger members of the community.
- Realize the value and importance of training rules.
- Understand the importance of the word “student” in the term “student/athlete.”
- Realize that participation in interscholastic athletics is a privilege that carries with it responsibilities to the school, team, student body, fellow athletes, and the community.

ATHLETIC ELIGIBILITY

Student-athletes must adhere to the school attendance policy in order to participate in any athletic competition. Please refer to the student handbook for this policy. Any student-athlete who does not adhere to this policy will not be able to compete the day of or on the Saturday after an unexcused Friday absence. An attendance report will be provided to coaches and if an student-athlete is found not to be compliant and still competed, they will be ineligible to participate in the next contest. CIF requires student-athletes to maintain a GPA of at least a 2.0 throughout the season in order to compete. However, at Preuss we expect more out of our student-athletes. It is up to the individual coach’s policy as to whether you are permitted to practice or compete with a “D” or “F” in any of your core subjects. Please review this policy with your coach.

All student-athletes must also maintain a satisfactory citizenship grade of at least a 2.0. Any student who does not maintain this minimum grade shall not be allowed to represent the school for a period of time recommended by the school’s administrators. Students must also maintain minimum progress toward graduation to be eligible.

PARENT RESPONSIBILITIES

Encourage your student-athlete to fulfill their responsibilities as a team member and to maintain grades and school attendance at their highest levels

Support your player and the team by making your best effort to attend events.

Respect the integrity and judgment of the officials, coaches, and athletes; adhere to the rules of good sportsmanship.

Along with your player, assume responsibility for the care of all gear issued to the athlete by the coach and return all in good condition. Understand that you and your athlete will be charged for the replacement value for any lost or damaged gear and/or indefinite suspension from athletic competition may result.

ATHLETIC PHYSICALS

A yearly physical examination is **required prior to the start of the school year**. You **MUST** have one completed by either your own physician or at a health clinic (flyer attached) over the summer. Included in this packet is a medical form. Please take this with you when you go for your physical. **ONE SIDE MUST BE FILLED OUT AND SIGNED BY YOUR PARENT**. The other side by the physician. Submit the completed Medical form to your coach during the first week of the 2018-19 school year in order for you begin practice.

Once again, all physicals must be completed prior to the start of the school year. You will not be able to practice or compete unless you have a completed physical and all necessary forms are turned into your coach

VARSITY LETTERS

A letter and the subsequent awards, is awarded to any player on a varsity team who, in their coach's opinion, has made a strong contribution to a team. Ideally, a letter winner is a player who has attended most, if not all, of the practices and has competed in at least 50% of their season at the varsity level. .

First year – Receive a chenille letter “P” (for Preuss) along with an insignia of their sport.
Each successive year – Student-athletes will receive a bar for each year of competition.

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**The Preuss School UCSD
Athletics**



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Parent/Guardian and student have read all the information in the Athletic Packet together and by signing this form we agree to abide by these policies and procedures.

Parent Name (Please Print)

Student-Athlete Name (Please Print)

Parent Signature

Student-Athlete Signature