



# Middle/High School Lunch

2025-2026

## Monday

Orange Chicken  
Brown Rice



Pepperoni Pizza



Chicken Caesar Wrap



SunButter & Strawberry Sandwich  
Crackers, String Cheese



## Tuesday

Spicy Chicken Sandwich



Beef Nachos  
Salsa Fresca



Mozz Breadsticks  
Homemade Marinara



Hummus Plate  
Pita Chips



## Wednesday

Jalapeño  
Cheeseburger



Quesabirria



Turkey & Pepper Jack  
Sandwich



Avocado Fiesta Bowl  
Tortilla Chips



## Thursday

All Beef Hot Dog



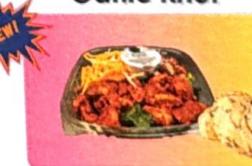
Teriyaki Chicken  
Brown Rice



Mac & Cheese  
Garlic Knot



Buffalo Chicken Salad  
Garlic Knot



## Friday

Chicken Tenders  
Onion Frings



California Carnitas  
(Pork) Burrito



Fish Sticks  
Tartar Sauce



Yogurt Parfait  
Blueberry Bites



Entrées provide whole grains, fruit, vegetables, and milk (1% white or nonfat chocolate). Milk is optional.

You may take multiple servings of fruit & vegetables | Menu items are subject to change | This institution is an equal opportunity provider



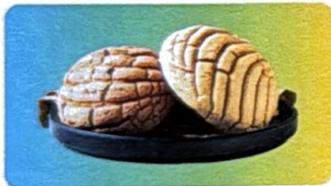


# Nutrition Break

2025-2026

## Monday

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French Toast Sticks



Fresh Fruit Selection

## Tuesday

Turkey Ham & Cheese  
Croissant



Oatmeal  
Chocolate Chip Bar



Fresh Fruit Selection  
Dried Fruit

## Wednesday

Mini Pancake Bites



S'mores Oat Bar



Fresh Fruit Selection

## Thursday

Chicken Biscuit  
Sandwich w/Honey



Bagel  
w/Cream Cheese



Fresh Fruit Selection

## Friday

Ham & Swiss Cheese  
Croissant



Mantecada Muffin



Fresh Fruit Selection  
100% Fruit Juice

Breakfast entrées are whole grain rich and come with assorted fresh, dried, and frozen fruits as well as milk (1% or non-fat). Milk is optional.  
You may take multiple servings of fruit | Menu items are subject to change | This institution is an equal opportunity provider