

Program Logistics

- Meet with mentee(s) once a week for 30 - 45 minutes
- Minimum one -year commitment
- Serve as a role model for mentees

How do I become a mentor?

1. Visit preuss.ucsd.edu
2. Go to 'About Preuss'
3. Then go to 'Volunteer Opportunities'
4. Click on 'Mentor'
5. Complete the application & provide contact info for two references
6. Attend a mentor interview and orientation
7. Provide a copy of current TB Screening or TB test
8. Clear a background check
9. Wait to be paired with your mentee



Contact Us

Vanessa Muños Campos
Volunteer Programs Coordinator &
Alumni and External Relations Specialist

Phone: 858-822-0020

Email: preussvolunteer@ucsd.edu

Web: preuss.ucsd.edu



"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."
— Maya Angelou

The Preuss School
UC San Diego

Mentorship Program



The Preuss Way is
Kindness
Respect and
Excellence

About

The Preuss School

The Preuss School UC San Diego is a unique charter middle and high school for low-income scholars who strive to become the first in their families to graduate from college. Located on the UC San Diego campus, nearly 100% of graduates of The Preuss School go on to higher education. Recognized as the best high school in the county by U.S. News & World Report, we are empowering scholars, elevating families and transforming communities.



What is the Mentor Program?

Members of the community—faculty included—serve as mentors for Preuss students. Mentors act in a capacity of role model, teacher and friend to encourage and motivate students to reach their educational and personal goals. The exchange between the pair is educational for both, as each person brings their own unique experiences to the exchanges. Mentors are paired with one student based on common hobbies, career interests, and goals for the mentoring relationship.

Meetings take place for 30-45 minutes on the school's campus for a period of at least one year. In most cases the mentor/mentee relationship continues for several more years, often until the scholar graduates and beyond.



Who are Mentors?

Mentors are caring adults who have a willingness to listen, encourage, guide, and inspire. They are committed to developing a supportive relationship to help Preuss students with personal and academic goals.

Knowledge & Skills

- Ability to communicate with students openly and comfortably
- Strong listening skills
- Interest in the concerns of first-generation college-bound students
- Knowledge of the college preparation process
- Practical problem-solving skills and ability to suggest options and alternatives
- Sensitivity to persons of different educational, economic, cultural or racial backgrounds

