

THE PREUSS SCHOOL UC SAN DIEGO

WEEK 10

OCTOBER 9, 2023

**HAPPY MONDAY, SCHOLARS!
REMEMBER THE PREUSS WAY IS
KINDNESS, RESPECT, AND EXCELLENCE.
HAVE A GREAT DAY!**

Quote of the Day:

“Yesterday I was clever, so I wanted to change the world. Today I am wise, so I am changing myself.”

—Rumi

SAT Word:

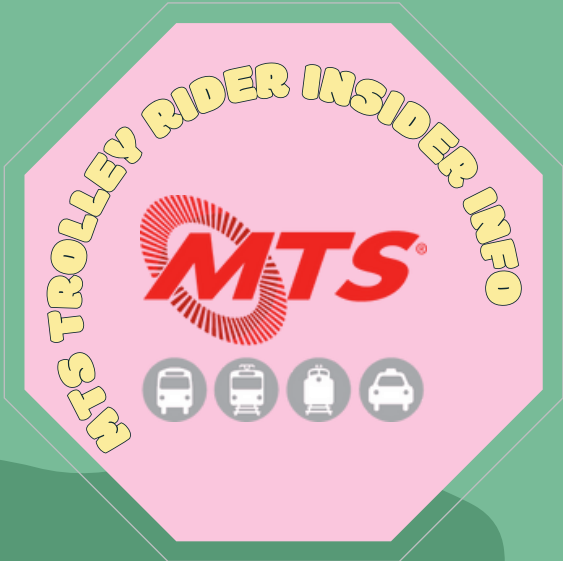
evanescent (adj): short-lived; tending to vanish or disappear



IMPORTANT REMINDERS:

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- PLEASE REMEMBER TO PICK UP YOUR TRASH BEFORE LEAVING THE LUNCH TABLES AFTER EATING
- PERSONAL ATHLETIC EQUIPMENT ARE NO LONGER ALLOWED ON CAMPUS.
 - FIRST OFFENSE: ITEMS WILL BE TAKEN AWAY AND NOT RETURNED UNTIL THE END OF THE SCHOOL DAY.
 - SECOND OFFENSE: ITEMS WILL BE TAKEN AND NOT RETURNED.
- ALL STUDENTS MUST COME TO SCHOOL IN DRESS CODE. PREUSS POLO MUST BE WORN. NO JEANS OR SWEATS MAY BE WORN. AIRPODS AND HEADPHONES SHOULD BE PUT AWAY AND REMOVED BEFORE ENTERING CAMPUS UNTIL AFTER SCHOOL. THEY MAY NOT BE WORN ON CAMPUS DURING THE SCHOOL DAY.



Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read!
If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960.
Put these important numbers in your phone so you have them available anytime you ride the trolley.

Fall Formal



"Hello Tritons! The Fall Formal is officially on Friday the 13th, with a House of Cards Theme. We will sell from September 25th - October 11th during lunch at the Walton Center. Remember, ticket prices start at \$20 and go up by \$5 every week! Guess tickets are \$30 and cannot be purchased within the last week of selling tickets. October 6th is the last day to purchase guest tickets. Permission slips can be found on our ASB website. For more information, check out @preussasb on Instagram! Remember there will be a DJ taking song requests, free snacks, fun games, and a photo booth. Forward to seeing you tritons there!"

COLLEGE REP VISITS!

High schoolers!
Click the here to sign up for college rep visits!
Remember: students that sign up for the most rep visits will be entered into a raffle!!

A blue rectangular graphic with a pink border. At the top, the text "REMINDER YEARBOOK-PRESALE" is written in a white, hand-drawn font. Below this is a white rounded rectangle containing the following text: "Price: \$35", "\$10 downpayment", "o bills over \$20 cash only", "during middle school and highschool lunch in front of the walton center". At the bottom of the white box are two buttons labeled "Oct: 12" and "Oct: 13". The entire graphic is decorated with white hand-drawn icons of clouds, hearts, and zig-zag lines. At the bottom right, the text "visit: yearbookforever.com" is written in a small white font.

alumni tote bag design contest



ALUMNI TOTE BAG DESIGN CONTEST

Calling all artists and those with a flair for creativity!
With Homecoming coming up in December, Preuss will soon be welcoming back many alumni. This year, our Preuss alumni will be gifted tote bags and we would love to have our own students be the designers!

REQUIREMENTS

- The design must include the words:
"The Preuss School UC San Diego Alumni"
- Represent The Preuss School
- Be your own original art, digital or physical
- Email submissions to preussalumni@ucsd.edu by **Friday, October 13, 2023**



The winning designer will receive a tote full of goodies, with their artwork printed on the bag!



Questions? Email preussalumni@ucsd.edu

SPORTS ANNOUNCEMENTS

All HIGH SCHOOL BOYS: Soccer tryouts for the 2023-24 season will be on Monday, November 6, from 4:00 to dark. Any student wishing to tryout will need a completed sports physical. If you need paperwork to take to the doctor/clinic for your physical, please see Coach Fulchiron.

BOYS SOCCER TRYOUTS!

SPIRIT WEEK!

HIGH SCHOOL SPIRIT WEEK
10/9-10/13

MONDAY 10/9 College Sweatshirt Day! Wear a College/University sweatshirt	TUESDAY 10/10 Pajama Pants Day! Wear Pajama pants with your Preuss Polo
WEDNESDAY 10/11 Breast Cancer Awareness day! Wear pink!	THURSDAY 10/12 Decades day! Dress up as your grades decade! 12th: 1980's 11th: 1990's 10th: 2000's 9th: 2010's
FRIDAY Triton Pride Day! Wear Blue, Yellow, and Gold to show your pride as a Triton!	NOTES Find more info on the Preuss ASB instagram! @preussasb

MIDDLE SCHOOL SPIRIT WEEK

Monday: Superhero/Villain Day

- Students can wear a superhero or villain t-shirt with Preuss uniform bottoms

Tuesday: Pajama Pants Day

- Students/staff can wear full length pajama pants.
- No shorts, sweatpants, etc. Preuss polo required.

Wednesday: Breast Cancer Awareness Day

- Students can wear pink tops or pink bottoms

Thursday: Career Day

- Dress for success! Student can wear clothes for a future career. Must be school appropriate.

Friday: Triton Pride Day

- Students can dress in blue and gold/yellow.

Club Announcements

BOOK CLUB

Did you know Preuss has a book club? Meetings for this year begin on Monday, Oct. 9 during high school lunch in E101. Join us for the first official meeting of the year and every Monday thereafter. Come find out who we are and help choose the books we'll read this year. Hope to see you there!

VOLLEYBALL CLUB

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

FINANCE CLUB

Tuesdays & Wednesdays | 4-5 pm | C201
Join us to learn about the financial literacy topic of the month: Banking and Accounting!



TSUNAMI

Hello everyone! October is Substance Use Awareness and Depression Awareness Month. If you or a family member is in need of support or help please call 1-800-662-4357. This is the Substance Use and Mental Health Services Hotline. Or if you are in a crisis please call 988. Their agents are on call 24/7 and are there to help you. Have a great start to the month, everyone

MULTICULTURAL CLUB

MultiCultural Empowerment Club meetings are on Mondays during lunch in room D203. See you then!

DANCE CLUB

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

INTERACT CLUB

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

APIA CLUB

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!



CELEBRATING HISPANIC/LATINX HERITAGE MONTH



FACT OF THE DAY:

Born Selena Quintanilla on April 16, 1971, in Texas, the artist known as 'Selena' was a pop superstar who brought Mexican Tejano music to the masses. She's one of the most influential Latin artists of all time, winning a Grammy award in 1993 and a gold record in 1994 with Amor Prohibido. Selena, along with Rita Moreno and Gloria Estefan, was one of the few Latin pop stars who crossed over into the mainstream. She was tipped to be the next Madonna, but tragically her career was cut short when she was shot by the president of her fan club over a dispute over the latter's embezzlement of Selena's company money. On the posthumous release of her last album, a nation mourned the death of this lost talent. To this day, her music and legacy live on as a testament to the impact she had on the world.

Happy Hispanic Heritage Month

In honor of celebrating Hispanic Heritage Month Spanish Honor Society will be hosting a trivia game activity each Friday! Fill out the quiz for a prize!

SCAN HERE