

# The Preuss School

## UC SAN DIEGO

HAPPY TUESDAY, SCHOLARS! REMEMBER  
THE PREUSS WAY IS KINDNESS, RESPECT,  
AND EXCELLENCE. HAVE A GREAT DAY!

### QUOTE OF THE DAY:

"Develop success from failures. Discouragement and failure are two of the surest stepping stones to success."

— Dale Carnegie

### SAT WORD:

penchant(n): a strong liking or preference

## Important Reminders

- Students that do not come in dress code will now be asked to turn in their phones for the day in exchange for a loaner shirt or bottoms. Please plan accordingly so as to maintain the school dress code.
- AirPods and headphones must be put away before entering campus.

# THE PREUSS INSIDER

A newspaper made by students,  
for students of the Preuss School UC San Diego



Preuss Spirit Expressed In A Week



Preuss Presents its 2023 Fall Formal



Preuss Welcomes New Vice Principal,  
Ms. Brown



AP Biology Ventures Into San Diego  
Safari Park



Preuss Marine Biologists Explore  
Birch Aquarium



New Period Product Dispensers  
Installed In All Girl Bathrooms

[PREUSSINSIDER.COM](http://PREUSSINSIDER.COM)

PODCASTS, NEWS, ENTERTAINMENT, & MORE  
MAKE SURE TO CHECK OUT YOUR PEERS ARTICLES!

 @preussinsider



## FEEDING SAN DIEGO

### List of Dates



- August 10, 2023
- August 24, 2023
- September 14, 2023
- September 28, 2023
- October 13, 2023
- October 27, 2023
- November 3, 2023
- November 17, 2023
- December 8, 2023
- January 12, 2024
- January 26, 2024
- February 2, 2024
- February 23, 2024
- March 8, 2024
- March 22, 2024
- April 5, 2024
- April 19, 2024
- May 3, 2024
- May 17, 2024
- June 7, 2024

# MTS Trolley Rider Insider Info

Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.



*Parents, is it challenging to have difficult conversations with your teen? Teens, do you feel that your parents don't understand you or don't listen to you?*

**Join us**



All Middle & High School Aged Youth and/or their Families are Invited to Attend

## WHAT I WISH MY PARENTS KNEW

TUESDAY, DECEMBER 5TH | 5:30PM-7PM  
At Canyon Hills High School

**Connect with other parents and teens!**

**Learn from each other!**

**Express yourself!**

*One of the best ways to understand someone's perspective is through building a relationship with that person. Join us for an evening of perspective and relationship building between parents and teens!*

*Participants will engage in small group discussions coming together at the end for reflection and connecting!*

**Light dinner provided!**

**REGISTER TODAY!**



QUESTIONS OR FOR MORE INFORMATION CONTACT:  
Canyon Hills: @sagsandiego.org  
Chiles: @sdmifam

Follow San Diego Military Family Collaborative on:  
YouTube Instagram Facebook

North Central Teen Recovery Center  
TURN Behavioral Health Services  
S.D.M.F.C. SAN DIEGO MILITARY FAMILY COLLABORATIVE  
SAY San Diego  
NorthCity

## CONGRATULATIONS TO THE 8TH-GRADE CLASSES FOR WINNING THE ATTENDANCE CHALLENGE FOR THE MONTH OF OCTOBER!

They won the Attendance Challenge with an amazing attendance of 97.54%. All the 8th grade students are treated to ice cream on Friday, December 1 during Block 4 (Sponsored by Preuss PTA).

The event will be held in the amphitheater from 3-3:45 pm.

Our next winner of the November Attendance Challenge will be announced at the end of the month. Get ready; you may be the next winner!



# Pride of PREUSS

## PRIDE OF PREUSS



"The Pride of Preuss" is an extraordinary initiative that spotlights the exceptional achievements of eight senior scholars. These scholars have served as remarkable ambassadors, not only for their school but also as advocates for higher education and the values of a substance-free lifestyle.

These eight scholars have ventured beyond their school, visiting multiple elementary schools to share their inspiring stories representing Preuss pride. Through their compelling narratives and accomplishments, they serve as living examples of the transformative power of education at Preuss.

"The Pride of Preuss" program, in its dedication to showcasing these scholars, plays a pivotal role in influencing future students. They demonstrate that through hard work, dedication, and the pursuit of knowledge, one can achieve remarkable success while staying true to a healthy and responsible way of life.



# Club Announcements

## ***Rock and Mineral Club***

"Attention Middle school students! The minerals and geology club will be hosting their first meeting on A-day Friday's at Lunch in room A103. Join us this week for our first meeting! 6-8th grade students and teachers with Middle school lunch are welcome!"

## ***Interact Club***

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

## ***APIA Club***

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

## ***Film Club***

The movie for the month of November/December will be The Princess Bride based on William Goldman's novel, "The Princess Bride." Directed by Rob Reiner and released in 1987, The Princess Bride is a fairy tale adventure following a young woman and her one true love. This film combines elements of comedy, romance, adventure, drama, and fantasy in one piece. So if you're a "sucker for a happy ending," come join Film Club in E203 during HS lunch on Wednesdays!

## ***Dance Club***

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

## ***Book Club***

The Preuss Book Club is a community where students can enrich their knowledge and create a passion for books. We meet on Mondays at lunch in E101 and all high school students are welcome!

# Club Announcements

## *Volleyball Club*

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

## *Multicultural Club*

Multicultural Empowerment Club will be meeting on Thursdays for the last week of November and all month in December during HS lunch in room D203.

## *Science Olympiad*

**@PREUSSSCIOLY**

QUESTIONS?  
MR. FOZI  
C202

**JOIN SCIENCE OLYMPIAD!**

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

The graphic includes two photographs: one showing a teacher (Mr. Fozi) interacting with students at a table, and another showing students working on laptops and papers.

## *Finance Club*

**FINANCE CLUB**

Tuesdays & Wednesdays | 4-5 pm | C201

Join us to learn about the financial literacy topic of the month:

Paying for College

The graphic includes an icon of a diploma with a star and a piggy bank wearing a graduation cap.



# Celebrating

## NATIVE AMERICAN HERITAGE MONTH

Influential writer, musician and activist Zitkala-Ša (a.k.a. Gertrude Simmons Bonnin) advocated for both women's suffrage and Indigenous rights. Educated at a Quaker-run Indian boarding school, Earlham College and the New England Conservatory of Music, she published essays in *Atlantic Monthly* and *Harper's Weekly* and taught music briefly at the Carlisle Indian Industrial School, but soon quit to write and advocate. Her works *American Indian Stories* and *Oklahoma's Poor Rich Indians* described the horrors of Indian boarding schools and recounted U.S. government corruption in running the reservation system. Other of her essays and short stories appeared in national magazines such as the *Atlantic Monthly* and *Harper's Monthly*. In August 1920, the Nineteenth Amendment was ratified, taking away sex as a barrier to voting for citizens. However, at least one third of Native adults lacked U.S. citizenship and therefore still could not vote. Zitkala-Ša continued her fight for Native American citizenship and suffrage, urging American women who now had the vote to help support an Indian citizenship bill. She traveled around the U.S., calling on white women to use their newly won suffrage rights to enfranchise Native peoples. In 1924, in part due to Zitkala-Ša's advocacy, Congress passed the Indian Citizenship Act that endowed full citizenship rights to all native-born people in the country. In 1926, Zitkala-Ša and her husband formed the National Council of American Indians to connect the political activism of Natives across the country. They traveled, heard concerns, discussed policy and legislation, and registered voters. As some states began to adopt strategies similar to Jim Crow laws to disenfranchise Native people, Zitkala-Ša kept advocating for Native rights, suffrage, and self-governance until her death on January 26, 1938. She was buried at Arlington National Cemetery next to and sharing a headstone with her husband.