

The Preuss School

UC SAN DIEGO

HAPPY MONDAY, SCHOLARS! REMEMBER
THE PREUSS WAY IS KINDNESS, RESPECT,
AND EXCELLENCE. HAVE A GREAT DAY!

QUOTE OF THE DAY:

"Every morning starts a new page in your story. Make it a
great one today."
— Doe Zantamata

SAT WORD:

paucity(n): an insufficient quantity or number

Mental Health Workshop Spots Available!

We have a guest speaker from UCSD coming to talk with students about managing school stress and how to help a friend. She will be doing interactive activities and discussion in small groups. We will host a Middle School group on Tuesday, November 28 from 11:45a - 12:30p and High School group from 12:30-1:15pm in the Large Conference Room!

MS SIGN UP



HS SIGN UP



THE PREUSS INSIDER

A newspaper made by students,
for students of the Preuss School UC San Diego



Preuss Spirit Expressed In A Week



Preuss Presents its 2023 Fall Formal



Preuss Welcomes New Vice Principal,
Ms. Brown



AP Biology Ventures Into San Diego
Safari Park



Preuss Marine Biologists Explore
Birch Aquarium



New Period Product Dispensers
Installed In All Girl Bathrooms

PREUSSINSIDER.COM

PODCASTS, NEWS, ENTERTAINMENT, & MORE
MAKE SURE TO CHECK OUT YOUR PEERS ARTICLES!

 @preussinsider



FEEDING SAN DIEGO

List of Dates



- August 10, 2023
- August 24, 2023
- September 14, 2023
- September 28, 2023
- October 13, 2023
- October 27, 2023
- November 3, 2023
- November 17, 2023
- December 8, 2023
- January 12, 2024
- January 26, 2024
- February 2, 2024
- February 23, 2024
- March 8, 2024
- March 22, 2024
- April 5, 2024
- April 19, 2024
- May 3, 2024
- May 17, 2024
- June 7, 2024

MTS Trolley Rider Insider Info

Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.



Parents, is it challenging to have difficult conversations with your teen? Teens, do you feel that your parents don't understand you or don't listen to you?

Join us



All Middle & High School Aged Youth and/or their Families are Invited to Attend

WHAT I WISH MY PARENTS KNEW

TUESDAY, DECEMBER 5TH | 5:30PM-7PM
At Canyon Hills High School

Connect with other parents and teens!

Learn from each other!

Express yourself!

One of the best ways to understand someone's perspective is through building a relationship with that person. Join us for an evening of perspective and relationship building between parents and teens!

Participants will engage in small group discussions coming together at the end for reflection and connecting!

Light dinner provided!

REGISTER TODAY!



QUESTIONS OR FOR MORE INFORMATION CONTACT:
Chiles: @sagsandiego.org

Follow San Diego Military Family Collaborative on:
@sdmifam

North Central Teen Recovery Center
TURN Behavioral Health Services

S.D.M.F.C. SAN DIEGO MILITARY FAMILY COLLABORATIVE

SAY San Diego

CONGRATULATIONS TO THE 8TH-GRADE CLASSES FOR WINNING THE ATTENDANCE CHALLENGE FOR THE MONTH OF OCTOBER!

They won the Attendance Challenge with an amazing attendance of 97.54%. All the 8th grade students are treated to ice cream on Friday, December 1 during Block 4 (Sponsored by Preuss PTA).

The event will be held in the amphitheater from 3-3:45 pm.

Our next winner of the November Attendance Challenge will be announced at the end of the month. Get ready; you may be the next winner!

Pride of PREUSS

PRIDE OF PREUSS



"The Pride of Preuss" is an extraordinary initiative that spotlights the exceptional achievements of eight senior scholars. These scholars have served as remarkable ambassadors, not only for their school but also as advocates for higher education and the values of a substance-free lifestyle.

These eight scholars have ventured beyond their school, visiting multiple elementary schools to share their inspiring stories representing Preuss pride. Through their compelling narratives and accomplishments, they serve as living examples of the transformative power of education at Preuss.

"The Pride of Preuss" program, in its dedication to showcasing these scholars, plays a pivotal role in influencing future students. They demonstrate that through hard work, dedication, and the pursuit of knowledge, one can achieve remarkable success while staying true to a healthy and responsible way of life.



Club Announcements

Rock and Mineral Club

"Attention Middle school students! The minerals and geology club will be hosting their first meeting on A-day Friday's at Lunch in room A103. Join us this week for our first meeting! 6-8th grade students and teachers with Middle school lunch are welcome!"

Interact Club

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

APIA Club

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

Film Club

The movie for the month of November/December will be The Princess Bride based on William Goldman's novel, "The Princess Bride." Directed by Rob Reiner and released in 1987, The Princess Bride is a fairy tale adventure following a young woman and her one true love. This film combines elements of comedy, romance, adventure, drama, and fantasy in one piece. So if you're a "sucker for a happy ending," come join Film Club in E203 during HS lunch on Wednesdays!

Dance Club

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

Book Club

The Preuss Book Club is a community where students can enrich their knowledge and create a passion for books. We meet on Mondays at lunch in E101 and all high school students are welcome!

Club Announcements

Interact Club

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

Volleyball Club

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

Science Olympiad

@PREUSSSCIOLY

QUESTIONS?
MR. FOZI
C202

JOIN SCIENCE OLYMPIAD!

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

Finance Club

FINANCE CLUB

Tuesdays & Wednesdays | 4-5 pm | C201

Join us to learn about the financial literacy topic of the month:

Paying for College



Celebrating

NATIVE AMERICAN HERITAGE MONTH

Irene Bedard was born in Anchorage, Alaska, on July 22, 1967. Bedard's mother, Carol Otton, was Inupiat and Yup'ik. Her maternal grandparents were from the village of Koyuk. Bedard's father, Bruce Bedard, was Cree and French Canadian. After obtaining her Bachelor of Fine Arts degree, Bedard headed to New York City, where she co-founded the Native American-focused Chuka Lokoli theatrical company. In 1994, Bedard portrayed Mary Brave Bird (also known as Mary Crow Dog) in the TV movie *Lakota Woman: Siege at Wounded Knee*. She received a Golden Globe nomination for Best Actress in a Television Motion Picture for her work. In 1995, Bedard was cast in a career-defining film: Disney's animated feature *Pocahontas*. Being cast in the title role made Bedard the first non-white actress to voice a Disney princess. In addition, Bedard was a model for some of the animated character's onscreen appearances. Bedard learned about the importance of Native American activism when she was a child; as an adult, she has continued to advocate for important causes. She founded Guardians of Sacred Lands to bring attention to Native issues and safeguard spiritually important Indian lands. Bedard has also worked with the American Indian Enterprise and Business Council. In 2011, Bedard gave a statement to the U.S. Senate Committee on Indian Affairs supporting greater protections for Native women in the Violence Against Women Act.