

# THE PREUSS SCHOOL UC SAN DIEGO

January 30, 2024

Week 23

**HAPPY TUESDAY,**  
**SCHOLARS! Remember**  
**THE PREUSS WAY IS**  
**KINDNESS, RESPECT,**  
**AND EXCELLENCE. HAVE**  
**A GREAT DAY!**

## Quote of the Day:

*"The journey is  
what brings us  
happiness not the  
destination." -*

*Dan Millman*

## Important Reminders:

- Students that do not come in dress code will now be asked to turn in their phones for the day in exchange for a loaner shirt or bottoms. Please plan accordingly so as to maintain the school dress code.
- AirPods and headphones must be put away before entering campus.
- EARLY BIRDS- Students who arrive to campus earlier than 8:25, please remain in the amphitheater area away from Arc clubs and classrooms

## S A T WORD:

ADAMANT: impervious  
to pleas, persuasion,  
requests, or reason



# SEA ANNOUNCEMENTS

SEA is this Saturday, February 3rd from 9am-11am! come get help with homework, make up hours from absences, and get ahead in your learning!

## MTS TROLLEY RIDER INSIDER INFO



Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.



## 2023-2024 Feeding San Diego Distribution Calendar - The Preuss School



Last Updated January 5, 2024  
Cadence: 2nd and 4th Fridays

**July / julio**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**August / agosto**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**September / septiembre**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**October / octubre**

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

**November / noviembre**

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**December / diciembre**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**January / enero**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**February / febrero**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

**March / marzo**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**April / abril**

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**May / mayo**

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

**June / junio**

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Delivery Scheduled
  Start and End Days
  FSD Holiday
  School Holiday

NOTE: Distributions may be rescheduled due to holidays or operational needs.

# PREUSS INSIDER

## THE PREUSS INSIDER

A newspaper made by students,  
for students of the Preuss School UC San Diego



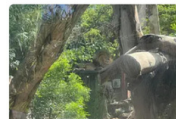
Preuss Spirit Expressed In A Week



Preuss Presents its 2023 Fall Formal



Preuss Welcomes New Vice Principal, Ms. Brown



AP Biology Ventures Into San Diego Safari Park



Preuss Marine Biologists Explore Birch Aquarium



New Period Product Dispensers Installed In All Girl Bathrooms

[PREUSSINSIDER.COM](http://PREUSSINSIDER.COM)

PODCASTS, NEWS, ENTERTAINMENT, & MORE  
MAKE SURE TO CHECK OUT YOUR PEERS ARTICLES!

@preussinsider



# Club Announcements :

**APIA Club:** Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every **WEDNESDAY** during **LUNCH** in Room **D203**. Everyone is welcome!

**Dance Club:** Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room **T102**. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

**Multicultural Club:** Multicultural Empowerment Club will be meeting on Thursdays for the last week of November and all month in December during **HS lunch** in room **D203**.

**Volleyball Club:** Volleyball Club Meets every Friday from **4-5** in front of **B103!** Meet us there!

**Interact Club:** Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during **LUNCH** every **TUESDAY** in Room **D201** to get involved!

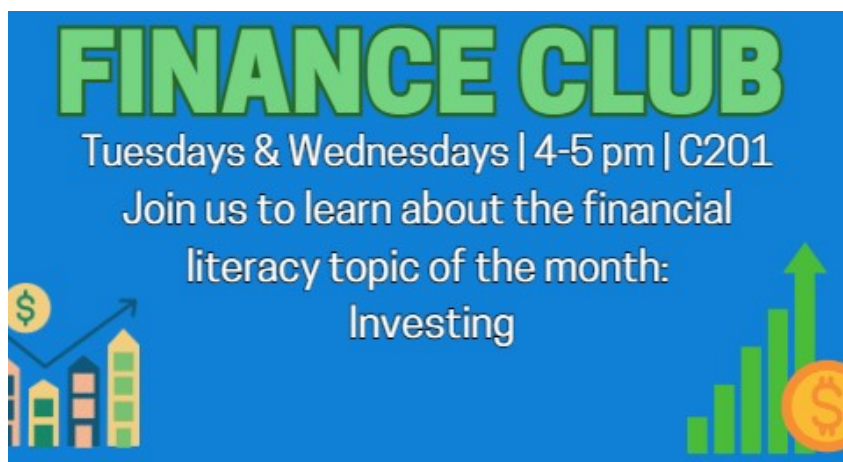
**Book Club:** The Preuss Book Club is a community where students can enrich their knowledge and create a passion for books. We meet on Mondays at lunch in **E101** and all high school students are welcome!

**TSUNAMI:** **TSU-NAMI** meets every Tuesday, after school (**4-5 pm**) in Ms. **V's** room **A201!**

**Crochet Club:** Meets in Ms. Garcia's room, **E102**, from **4:00** to **5:00** every Thursday. No experience needed! Join our community of crochets' for a nice relaxing hour of creativity and conversation.

*MUN Club: Attention all high school students: Please join Preuss MUN every 1st and 3rd Thursday of the month during high school lunch. Our next meeting is this Thursday, February 1st, in B203. Please pick up your lunch, and head on over! Tell any of your friends who are not in the google classroom to come join us! See you then!*

*Track and Field : Info meeting today (Tuesday 1/30) for Track and Field in C102 during high school lunch.*



**FINANCE CLUB**  
Tuesdays & Wednesdays | 4-5 pm | C201  
Join us to learn about the financial literacy topic of the month:  
Investing

The poster features a blue background with green and yellow icons of buildings, a dollar sign, and a bar chart with an upward arrow.



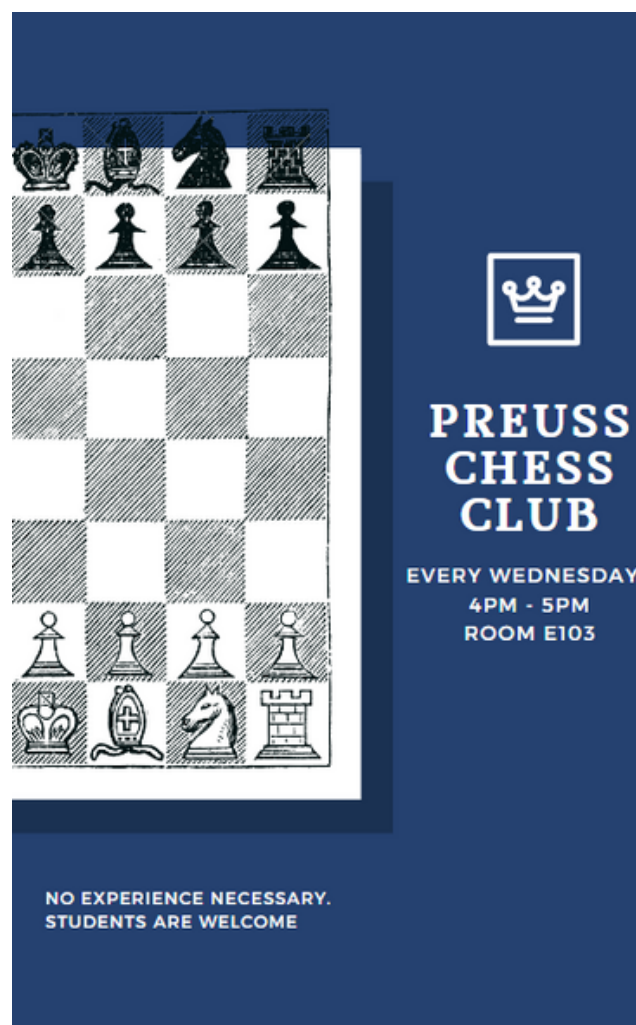
**@PREUSSSCIOLY**

**JOIN SCIENCE OLYMPIAD!**

QUESTIONS?  
MR. FOZI  
C202

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

The poster includes a background of gears and a photo of students working at tables in a classroom.



**PREUSS CHESS CLUB**

EVERY WEDNESDAY  
4PM - 5PM  
ROOM E103

NO EXPERIENCE NECESSARY.  
STUDENTS ARE WELCOME

The poster features a chessboard with chess pieces and a crown icon.



*Your Class of  
2025 Shirts*

WEEK 1

(JANUARY 29 -  
FEBRUARY 2):  
\$15

WEEK 2

(FEBRUARY 5 - 9):  
\$20

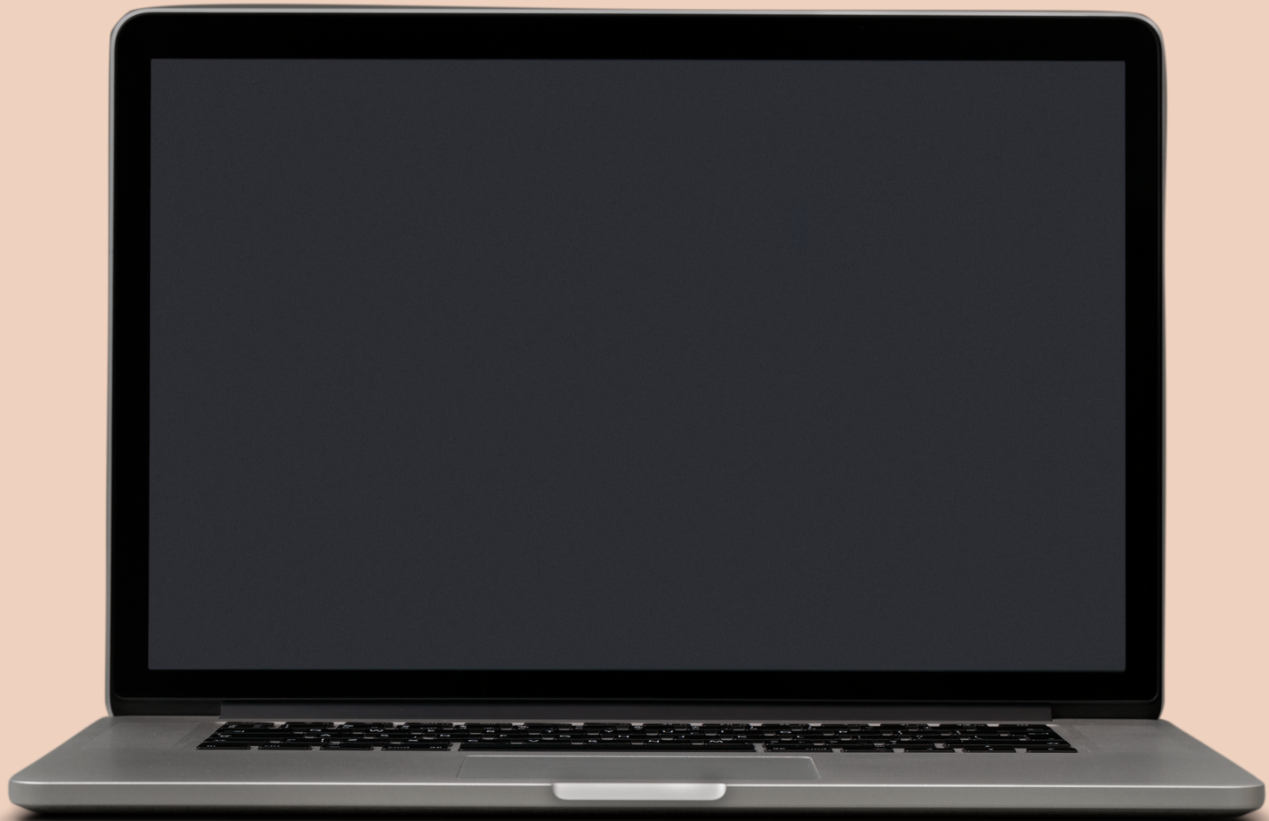


# COMING SOON

*The San Diego County Office of Education and Computers2Kids are hosting an event for families to purchase affordable computers on Saturday, Feb. 10, 2024 from 9 to 12:00 p.m. at Canyon Hills High School, 5156 Santo Rd, San Diego, CA 92124 (Drive Thru Event).*

*Drive-Thru Event by appointment only.*

To register: Visit <https://qrco.de/canyonhills> ,



MULTICULTURAL EMPOWERMENT CLUB LOOKING FOR  
DANCERS!

# Multicultural Dance Auditions!

No prior experience needed!

**February 1st and 2nd**

Dance practice for high schoolers  
interested in participating

**CAN ONLY PARTICIPATE IF  
YOU SIGN UP ON THE FORM**

**Dance Tryouts  
February 5th and 7th ONLY**

**Friday 9th Dancers will be Announced**



**From 4:00 – 5:00 Pm  
(AfterSchool)**

**Meet at Amphitheater**

**From 4:00 – 5:00 Pm  
(AfterSchool)**