Parenting Workshops

11:00am-12:30pm | Preuss School Library

Provided by Amanda Esquivel, Family Support Specialist LMFT 88617 858-822-1484 | a6esquivel@ucsd.edu



Saturday, September 16, 2017 "Technology and Communication"

Saturday, October 14, 2017 "Parenting Styles"

Saturday, December 2, 2017 "Stress Busters"

Saturday, January 20, 2018 "Self-Esteem"

Saturday, March 17, 2018 "Positive Parenting"

Saturday, May 19, 2018 "Family Fun"