Parenting Class at Preuss

Learn effective parenting skills that will help strengthen your parent & child relationship.

Dates and Topics:

- September 19th - Parenting Styles
- October 17th - Family fun/Self-esteem
- November 7th - Stress busters
- December 12th - Communication/Problem solving
- January 23rd - Positive Parenting
- May 21st - Safe Children

*Classes provided in Spanish and English

Time: 11:00-12:30
(Right after PTA meeting)
Where: School Library

Provided by:
Amanda Esquivel, MFT 88617, Family Support Specialist

Contact info:
858-822-1484
a6esquivel@ucsd.edu

Everyone welcome!!

No childcare will be provided