The Preuss School PTA General Meeting
Saturday, September 16, 2017

Agenda

- PTA Report: 9:30-9:40 AM
- DACA updates: 9:40-10:05 AM
- Principal School Update: 10:05-10:25 AM
- Sex Ed: 10:25-10:35 AM
- Student Services: 10:35-10:45 AM
- Advisory: 10:45-11:00 AM
The Preuss School UCSD Parent and Teacher Association Meeting

September 16, 2017
Yecenia Valdelamar
Preuss PTA President
PTA Board Members

President....Yecenia Valdelamar
Vice President..Diane Villalvazo
Secretary....Aimee Leal
Treasure......Veronica Bailon
Auditor.....Open
12th Grade Rep....Rosa Penamoya, Aimee Leal
11th Grade Rep....Ortencia Buitron
10th Grade Rep....Blanca Angel
9th Grade Rep....Francisco Peña, Martha Peña
8th Grade Rep.....Open
7th Grade Rep......Open
6th Grade Rep......Open
Items the PTA needs to finish from last year:

Year – End Audit

Annual Financial Report

2016 -2017 Taxes
## 2017-2018 PTA Budget

<table>
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<td><strong>TOTAL DISBURSEMENTS</strong></td>
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Treasurer's Report

Beginning Balance as of 08/01/2017   $13,413.46
August Deposits                    $0
August Withdrawals                 $5,557.74
Ending Balance 08/31/17            $7,855.75
Memberships

Just $12.00 per person per year!

Join Today!
Memberships

- 6th grade camp
- 10th, 11th, and 12 grade college trips
- Robotics
- MUN
- Parking for certain events
- GRAD night
- When teachers ask for funds for different projects
Membership

- All money earned by the PTA goes straight to your kids!
- Joining the PTA helps us help your students!
- Anyone interested in helping with membership please come see me in the back!

JOIN THE PTA!!

Thank you!
Facebook!

Please “LIKE”

“The Preuss School UCSD PTA”

You will get lots of updates and information from there.
Ideas, Suggestions, and Concerns

Do you have a suggestion or concern?

Please come see any of us. We are here for you and our kids.

We will do our best to answer all questions and concerns.
Are you interested in helping in another way?

- Each grade needs help. We have monthly fundraisers for the High School grades.
- Would you like to help make food for our Saturday meetings?
- Helping keep our PTA room clean?
- Would you like to help sell Uniforms, Food items, or Book sale?

The PTA needs YOU! We can’t do it without you!

Come see any of us in the back if interested in helping!
Committees

We need parents to help us in the following committees.

- Dinner Dance
- Teacher and Staff Appreciation event
- Uniforms
- Hospitality
- Membership
- Seniors
- Nominating Committee
- Donation Committee
- Grade Rep Committees
Seniors

We are looking for parents of seniors who are willing to help with different fundraisers.

➢ Our first fundraiser is TODAY! Tostilocos sale at the Senior kick off

➢ Do you have an idea? We want to hear about it!
  ➢ Funds that are raise will go toward Class 2018 grad trip at the end of the year.

We need you!
Spring Nights: Dinner and Dance

This is our biggest fundraiser of the year.

- It will be in April and we need your help. We start planning this event in November.
- Do you work for a company that could donate gift cards or prizes? Tickets somewhere?
- Do you work at the Zoo or Sea World and could somehow get extra tickets? What about museums? Harbor Cruises? Movie tickets? What places do you suggest?
- We will have tickets from Disneyland!

Our goal is to raise $5000 this year!

*The money raised all goes to our kids!*
Information

We have Permission slip to fill out today! Please fill in the *part only* on the form.

September is GET A LIBRARY CARD Month!

Return to Yecenia Valdelamar today.
Important Dates

PTA Executive Board Meeting is
Tuesday, October 3, 2017

PTA General Meeting is
Saturday, October 14, 2017
THANK YOU!
Talamantes Immigration Law Firm
Principal’s Update
September 16, 2017
Off to a Great Start!

- Welcomed new students:
  - 124 sixth graders
  - 3-seventh graders
  - 4-eighth graders
  - 12-ninth graders

- Total enrollment is 831
Off to a Great Start!

- **Back to School Night**
  - Thursday, August 24
  - 457 parents attended

- **42 Faculty**
  - Highly qualified teaching staff
  - 35 have earned advanced degrees (83%)
  - 4 have Ph.Ds.
  - Average 12.8 years in Education
  - Average 8 years at Preuss
New Members of the Preuss Team

- This year we welcome new faculty and staff members.
  - Math – Tyler Liberty
  - Math Intern – Jesus Arias Rodriguez
  - Spanish Intern – Ernesto Orozco
  - Financial Manager – Maria Ibarra
  - Receptionist/Health Assistant – Vanessa Brum
  - Human Resources – Raquel Hall
  - Registrar – Lissette Lizarraga
Emergency Information

- In case of an emergency
  - Watch for information on the Preuss website or ParentSquare
  - Follow the news
  - Be Prepared
  - 2 Fire Drills Per Year (held a drill this week – Wednesday)
  - Earthquake Drill
  - Lockdown Drill
  - Review Emergency procedures in Student Handbook

- May follow UC San Diego Policy
Emergency Contact Information

To make a change to your address, phone or emergency contact information:

- Changes should be directed to:
  - Ms. Villanueva
  - (858) 822-0311

- Provide verification of address change (utility bill, etc.)

- Registration cards can be picked up in the front office if needed.

- Only those listed on the registration card may pick up your child from school.
College Information

- Kick-off for Seniors & Parents
  - Today, Saturday, September 16
  - Overview of college application & financial aid process

- Ongoing college application workshops through Advisory Class.

- Ongoing college representative visits being held for high school students.
Internships & Summer Programs

- High School Students participated in summer internships and programs
  - UC San Diego Medical Scientist Training Program-Summer Undergraduate Research Fellowship (MSTP SURF) (1)
  - High School Students Training in Aging Research (HS_STAR) (1)
  - Sanford-Burnham Prebys Biomedical Research (six weeks, 11th grade) (5)
  - Sanford-Burnham Prebys Intro to Science (two weeks, 10th grade) (7)
Internships and Summer Programs

- UCSD Health Information Partners Program (11)
- Summer Science Academy, San Diego Zoo (11 raising high school students)
- UCSD Academic Connections (1)
- UCSD Triton STEM Academy (2)
- UCSD Triton Arts/Humanities Academy (1)
- National Geographic Student Expeditions (1)
- Putney Student Travel (3)
Distinctions Class of 2017

- 94% accepted to a four-year college or university.
- 80% will immediately be attending a four-year college or university.
- 49% have enrolled at a University of California campus
  - 29 students starting at UC San Diego as Chancellors Scholars
- 23% have enrolled at a California State Universities
- 8% have enrolled at a private or out-of-state university
- 20% have enrolled at a 2-year/community college
- Several graduates will attend such prestigious schools as Cornell University, Harvard University, Lehigh University, USC, Wesleyan University, UC San Diego
- Earned over $2.2 million in college scholarships and grants
Admissions Open House

- Admissions Open House, Saturday Nov. 4
  - 11:00am – 1:30, Walton Center
  - For all interested parents, students and community members
  - Attendees will have the opportunity to meet the principal, Preuss teachers and have a school tour
  - Applications will be available
  - Applications completed online-tutorials will be given
Testing

- CELDT testing for English learners
  - September 12 to September 29

- SAT & Subject Tests for Class of 2018– Saturday, October 7 (Preuss is not a testing site)

- PSAT- Wednesday, October 11, Grades 9, 10, 11

- ACT for Class of 2018– Saturday, October 28 (Preuss is not a testing site)
ATTENDANCE REPORT
August 14 – September 8

Overall Percentage 98.03%

Middle School: 98.58%
6th Grade -- 98.98%
7th Grade -- 98.48%
8th Grade -- 97.88%

High School: 97.70%
9th Grade – 98.54%
10th Grade -- 98.14%
11th Grade – 97.40%
12th Grade: -- 96.40%
Parent News

- Involvement

Parents have participation points

- ✓ Completed a total of over 6,000 hours or more per year
- ✓ Expect 100% parent involvement

- Thank you – All PTA Officers and Volunteers
- Get Involved!
- Read the Parent Newsletter
- Read each class syllabus and teachers' individual websites
- Preuss Website (preuss.ucsd.edu)
- Parent Portal
- ParentSquare
Computers 2 San Diego Kids

- If need a computer or internet in your home sign up to be eligible for a refurbished computer from Computers 2 SD Kids and connect 2 compete.

- **Computer costs**
  - **$80.00** ($2.00 credit/debit card processing fee) for desktop and flat screen monitor
  - **$100.00** ($4.00 credit/debit card processing fee) for Netbook package

- Sign up with Sandra Gutierrez Volunteer Coordinator

- Computer Pickup October 14, 10:30-12:00 (After PTA General Meeting)
Busing

- Must ride on assigned bus
- Follow School Bus Rules *(Student Handbook, pg. 19)*
  - Follow any directions given by the school bus driver or monitor.
  - Remain seated at all times
  - Refrain from eating, drinking, or gum chewing while on the bus
  - Respect the rights of others inside and outside the bus
- Follow Bus Emergency Procedures *(Student Handbook, pg. 25)*
California Assessment of Student Performance and Progress (CAASPP)

- Part of Common Core State Standards
- Student Score Report will be coming to your home
- For each subject students will receive an overall score ranging from 2,000-3,000
- Second page of report will explain students score
- Do not compare STAR tests with the Common Core scores
- Talk to your student about the scores
- For more information go to the California Department of Education Website
- More information will be in presented at the next PTA General Meeting and sent home via Parent Square
By law, most people are now required to have health insurance or pay a penalty when they file their taxes.

Californians can apply through Covered California and select the health insurance plan that works best for their needs and budget.

The open-enrollment period happens once a year. Once open enrollment ends, you may enroll in a Covered California health plan only if you have a qualifying life event that makes you eligible to apply.

Some examples of qualifying life events are: losing your health coverage, getting married, moving outside your plan’s coverage area, having a baby and turning 26. To see if you qualify, visit www.CoveredCA.com/individuals-and-families/getting-covered/special-enrollment. Individuals and families may also qualify for Medi-Cal benefits.

Visit CoveredCA.com for more information. To find free, confidential, in-person help in your area, visit www.CoveredCA.com/get-help/local or call (800) 300-1506.
Parenting Classes
Facilitated by Amanda Esquivel
Family Preuss Support Services Coordinator

- Time: 11:00-12:30
- Location: School Library
- No childcare provided
- Classes provided in Spanish and English

Dates and topics for parenting classes:
- September 16th - Technology & Communication
- October 14th - Parenting Styles
- December 2nd - Stress Busters
- January 20th – Self Esteem
- March 17th – Positive Parenting
- May 19th - Family Fun
Deferred Action for Childhood Arrivals (DACA) Update

- Amie M. Scully, Esq., Founder/CEO of Students Without Limits
  - Spoke with faculty, students and families, September 15, 2017

- Thank you Talamantes Immigration Law Firm for speaking today

- DACA Support resources sent to teachers, staff, students and parents, via Parent Square and the Insight Newsletter
Activities and Programs

- **Athletics:**
  - Cross Country
  - Girls Volleyball

- **Tutoring**
  - Math - H.S. Lunch Mon-Fri, Afterschool Mon-Thurs
  - Spanish – M.S. & H.S. Lunch Mon -Fri

- **FLL Lego League/Middle School Robotics**
  - Tuesday, Wednesday, Thursday, 4:00-5:30pm
  - 6-8 Teams
  - High School Coaches
  - Tournament Saturday, November 11, 2017, here at Preuss
Activities and Programs

- Parent Class on Communication and Technology
  - Today, September 16, 11:00am-12:30pm, Library

- 12th Grade College Kickoff
  - Today, September 16, 11:30am-1:30pm, Walton Center

- 1st Mid-Semester Ends
  - Friday, September 22
Activities and Programs

- PTA Executive Board Meeting
  - Tuesday, October 3, 5:30 – 7:00pm

- Preuss Board Meeting
  - Thursday, October 5, 4:15 – 6:15pm

- 1st Mid-Semester Progress Report Cards Distributed
  - Wednesday, September 27,
  - Thursday, September 28
Thank You
Positive Prevention PLUS

Sexual Health Education for MS and HS
Today’s Purpose

- California Healthy Youth Act - AB 329
- Outline the Curriculum
- Responsibility of parents and school
- Questions and Answers
- View the Material
CALIFORNIA HEALTHY YOUTH ACT - AB 329

- Provide comprehensive Inclusive sexual health education
- Receive HIV/AIDS prevention education, as specified
- Consists of Age Appropriate Instruction
- Taught in MS/HS
- All factual material presented will be medically accurate and objective
INSTRUCTION

- State mandates that instruction be taught once in middle school and once in high school

- Preuss will instruct students in 6th, 8th, 10th and 12th grades

- Instructors have been trained through the American Red Cross Postive Prevention Plus Program

- Taught in Health and EHS Classes
PERSONAL GROWTH
6TH GRADE- EHS CLASS

- Puberty
- Exploring Friendships
- Bullying
- Peer and Media Pressures
- Goal Setting
POSITIVE PREVENTION PLUS- MS/HS
EHS CLASSES AND HEALTH CLASS

- Sexual Development
- Relationships
- Family Planning and Contraception
- HIV/AIDS and STD Information – Myths, Facts and Protection
- Communication- Affirmative Consent
- Peer and Media Pressure
- Resources
PURPOSE

• Students need the knowledge and skills necessary to have healthy, positive and safe relationships and behaviors.

• To promote understanding of sexuality as a normal part of human development.

• To ensure pupils receive integrated, comprehensive, accurate, and unbiased sexual health and HIV prevention instruction and provide educators with clear tools and guidance to accomplish that end.
PARENT INVOLVEMENT

Parent Monitoring- know where they are and the people they are with. Also monitor what they are seeing on their devices.

Parent and Student Communication- Students talk with parents about sex students delay having sex and use protection when they do have sex.

Family Connectedness- Close relationships with their family are more likely to have sex less frequently.
SCHOOL FACTORS

- **Sexual Health Education Policies, Services and Curricula**
  Sexual health education programs in schools can decrease adolescent sexual risk behaviors.

- **Supportive school climate.** Victims of bullying and sexual harassment may be more likely to have casual sex and sex under the influence of drugs and/or alcohol.

- **School connectedness.** Teens who believe that adults and peers in their school care about their learning as well as about them as individuals feel connected to their school and are more likely to delay the start of sexual activity, use condoms and other contraceptives, and have fewer sexual partners.
THANK YOU
STUDENT SUPPORT SERVICES

THE PREUSS SCHOOL UCSD

PARENT MEETING

SATURDAY, SEPTEMBER 16, 2017
WHO WE ARE:

• High School Counselor - Jennifer Nieto
  » Grades 9-12

• Middle School Counselor - Erin Patrick
  » Grades 6-8

• College Advisor - Jessica Resendez
  » All grades, but primary focus is Grades 11-12
STUDENT SERVICES +

• Learning Specialist - Krista Bartlett

• School Psychologist - Yazmin Ghonaim

• Family Support Specialist - Amanda Esquivel
The mission of the Student Support Services Team is to offer guidance and support in:

- Academics
- Personal/Emotional Issues
- Social Issues
- College/Future Planning
ACADEMIC ASSISTANCE

• Monitor academic progress /grade checks
  – Report Cards- please refer to Grade Reporting Calendar (see student planner)
  – “At-Risk” student support (below 2.5 GPA)
    • SEA, roundtable, etc.
  – 3 week progress report
• Encourage tutoring opportunities
• 4 Year Planning
• Course selections
• Scheduling
• Learning Specialist Support if needed
PERSONAL/EMOTIONAL SUPPORT

Individual or group counseling for:

- **Stress** (Healthy coping)
  - Cognition (depression)
  - Behavior (unsafe behaviors)
  - Physiology (sleep)

- **Grief and loss**

- **Crisis**

- **Anger issues**

- **Anxiety and depression**

- **Family related concerns**
How often do you feel stressed?  
7-8 grade

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<th>Percentage</th>
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<td>1 day/week</td>
<td>20%</td>
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<tr>
<td>2-3 days</td>
<td>15%</td>
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<tr>
<td>Everyday except weekend</td>
<td>14%</td>
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<tr>
<td>All the time</td>
<td>22%</td>
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How often do you feel stressed?  
9-12 grade

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<td>30%</td>
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<tr>
<td>Everyday except weekend</td>
<td>12%</td>
</tr>
<tr>
<td>All the time</td>
<td>26%</td>
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What stressed me out?

9-12 grade

- Family: 49%
- Peers: 34%
- Academics: 87%
- Teachers: 24%
- Health: 33%
- College/Future: 58%
- Dating Partner: 24%

What stressed me out?

7-8 grade

- Family: 51%
- Peers: 45%
- Academics: 73%
- Teachers: 29%
- Health: 21%
- College/Future: 39%
- Dating Partner: 22%
SOCIAL CONCERNS

• Assist with transitioning to new grade levels and courses
• Peer relationships
• Bullying
• Social skills
• Friendships
• Conflict resolution
I feel close to people at this school

strongly agree/agree

Grade 7  Grade 8  Grade 9  Grade 10  Grade 11  Grade 12

- Grade 7: 67%
- Grade 8: 71%
- Grade 9: 61%
- Grade 10: 64%
- Grade 11: 64%
- Grade 12: 70%
I feel safe in my school
Strongly agree/agree

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<th>Grade 9</th>
<th>Grade 10</th>
<th>Grade 11</th>
<th>Grade 12</th>
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<td>72%</td>
<td>73%</td>
<td>64%</td>
<td>74%</td>
<td>81%</td>
<td>84%</td>
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COLLEGE/FUTURE PLANNING

Career Planning
• Goal Setting and Career planning
• Resume writing
• Guest Speakers
• NAVIANCE Program
• Enrichment Programs

College Advising
• College Exploration
• College Application Assistance
• Financial Aid Workshop
• Scholarship Information
• Test Prep
  – CAASPP, PSAT, Practice ACT, AP Test prep, Albert I.O, CalSOAP, Khan Academy, Kaplan
PARENT SUPPORT IS VITAL

*Parents are the most important adults in students’ lives, and they can support students in both academic and personal ways.*
HOW YOU CAN ENSURE SUCCESS AT HOME

• **Practice Accountability/Responsibility**
  – Nightly routine that you *both* participate in is critical.
  – Check-in at the beginning and end/supervise homework time
  – Prioritize and organize assignments
  – Provide appropriate study space (NO TV/phone)

• **Show Interest**
  – Set aside discussion time to review planner together and converse about school
  – Tutoring (After School or SEA)
  – Good nutrition and plenty of sleep
  – Help practice and refine skills that are helpful in becoming a strong college applicant
HOMEWORK

• Set expectations/time/space for homework.
• Follow through 100% of the time. Be consistent.
• Make sure you understand their schedule, classes and planner.
• “What did you do in block 1 today? What is your homework? What could you do to get ahead in this class?”

• NO HOMEWORK?
• Ask about every class and find out what they’re working on. See if there are future deadlines that a student can start working toward (think about small steps they can take to meet the goal).
• Study English Vocab and test their words with you.
• Every student should have 3 hours of homework per night and do at least 1 hour of studying/independent reading as a plan B
AGREE TO MAINTAINING CONSISTENCY & INVOLVEMENT

✓ My student arrives home at: ________pm. The following person will check in with them when they get home: ________.

✓ If no one is home, what do I expect my student to do before I get home?

____________________________________________________________________________________

The nightly discussion about homework will occur between _______ and my student. It will begin at ________.

✓ ____________ will follow up with my student at the end of the night to make sure everything is done and packed away by ________. 
PERSONAL SUPPORT AT HOME

Listen
Communicate
Encourage
Form support networks
Know your child’s friends
Spend quality time together

Join us for our interactive and supportive parenting workshop series aimed at learning and strengthening practical parenting skills that equip kids with character, compassion, problem solving and more.

See schedule of classes below.

Location: Preuss Library
Time: 11:00am-12:30 (after monthly PTA meeting)
Provided by: Amanda Esquivel
Family Support Specialist
LMFT 88617
858-822-1484
acesquivel@ucsd.edu
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<th>Issue</th>
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<td>Social / Emotional</td>
<td>UP Teacher</td>
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<td>School Counselors:</td>
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<td>Ms. Resendez</td>
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<td>Principal</td>
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<td>Mr. Barton</td>
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CONTACT INFO

• **High School Counselor** – Jennifer Nieto
  (858) 822-0409  jjnieto@ucsd.edu
  **Ms. Honeyutt**- ahoneycutt@ucsd.edu

• **Middle School Counselor** – Erin Patrick
  (858) 822-0996  empatrick@ucsd.edu

• **College Advisor** - Jessica Resendez
  (858) 822-2002  jresendez@ucsd.edu

• **Family Support Specialist** – Amanda Esquivel
  (858) 822-1484  a6esquivel@ucsd.edu

• **School Psychologist**- Yazmin Ghonaim
  (858)-822-1485  yghonaim@ucsd.edu
THANK YOU
WHAT IS UNIVERSITY PREP/ADVISORY?

- University Prep is commonly called Advisory
- It is a class that serves as a structured system of student support.
- It has its own curriculum that consists of a variety of lessons, activities, and instruction from the following content areas:
  - College research, preparation, and information
  - Behaviors that encourage success in school
  - Character development, healthy lifestyles, and decision making
  - Reading and math support (KBAR and KBAC)
  - Event and test preparation
  - Academic subject support through tutorials or access to resources in class
What is the purpose of advisory?

- Provide support for our students so they can be academically eligible for admission to the Universities of California (UC) and California State Universities (CSU).

- Create a support network for the students:
  - The advisory teacher is the student’s first point of contact on campus and the first point of contact for parents.
  - Students stay with the same group of grade-level peers throughout their Preuss education and develop strong bonds with each other and the teacher. In many cases they have the same UP teacher from 6th grade through 12th grade.
WHAT HAPPENS DURING ADVISORY?

- Advisory class is not just a study hall or tutorial period.
  - Students complete assignments and projects just like they do for any other class.
  - Every class has KBAR each day and KBAC once per week.
    - Kick Back and Read (KBAR) is sustained silent reading for approximately 30 min.
    - Kick Back and Calculate (KBAC) is a weekly math assignment (IXL), assigned by their math teacher, for students to practice in advisory class what they are learning in math class. In many cases, students get credit in both classes for completing their IXL assignments with a 90% or higher score.
WHAT ARE THE RESPONSIBILITIES OF THE ADVISORY TEACHER?

- Provide a classroom environment that encourages school success.
- Distribute and collect papers from the school that require parents to receive, and sometimes sign and return to school (Registration packet, progress reports)
- Prepare the class for upcoming school wide events (Standardized tests, Spring Learning Showcase)
- Develop plans and interventions for students who are struggling academically.
- Regularly monitor students’ grades and communicate with parents, teachers, and counselors about student achievement.
- Schedule initial student interventions as needed and expect to attend those meetings.
## WHAT DO ADVISORY TEACHERS DO?

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<th>Meet with core teachers to discuss methods of support</th>
<th>Write letters of recommendation for colleges, scholarships, and clubs</th>
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<td>Provide instruction on test-taking strategies</td>
<td>Provide instruction on professional emails and proper interview etiquette</td>
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<td>Verify tutoring attendance</td>
<td>Conduct mini-lessons on SAT and ACT preparation</td>
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<td>Educate students about volunteering opportunities</td>
<td>Recommend students for enrichment programs or conferences</td>
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<td>Organize class or grade-wide community service projects</td>
<td>Teach students how to self-advocate by asking questions in class</td>
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<td>Contact parents about SEA attendance</td>
<td>Work with counselors to make sure students get needed additional support</td>
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<td>Work with students to develop plans for improving GPA</td>
<td>Plan fieldtrips to universities to help students understand college environment</td>
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<td>Help students reflect on low academic and citizenship grades</td>
<td>Meet with parents, teachers, counselors, and admin for interventions</td>
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<td>Seek out and implement additional enriching curriculum</td>
<td>Cultivate a class culture of support, openness, and accountability</td>
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THANK YOU!
Events

College Kick Off Meeting, Seniors and Parents
Ms. Resendez
Walton Center
11:00am-12:00pm

Parenting Class Technology and Communication
Ms. Esquivel & Ms. Gutierrez
Preuss Library
11:00am-12:30pm

PTA Executive Board Meeting
Tuesday, October 3, 2017
5:30pm-7:00pm
Preuss Office

PTA General Meeting, Saturday
October 14, 2017
9:30am-11:00am
Walton Center

Computer Distribution Computers 2SD Kids
Saturday, October 14, 2017
10:30am-12:00pm
In front of School