

PTA GENERAL MEETING

Saturday, September 17, 2016

Agenda

Registration*	9:00-9:30 AM
PTA Report	9:30-9:45 AM
Principal School Update	9:45-10:15 AM
Parent Engagement	10:15-10:25AM
Student Services	10:25-11:00 AM



The Preuss School UCSD Parent and Teacher Association Meeting

September 17th 2016


Yecenia Valdelamar

Preuss PTA President



Welcome

I would like to start by welcoming all Preuss Parents to one of the best high schools in the nation.



Approval of the May 03, 2016, PTA meeting minutes

Pending

There was not a PTA general meeting in June so we need to approve the minutes from May.



Items the PTA needs to finish from last year:

Year – End Audit

2016-2017 Calendar year Budget

Annual Financial Report

2016 -2017 Taxes

Treasurers Report

Beginning Balance as of August 08/01/2016	\$7,105.24
August Deposits	\$2,595.91
August Withdrawals	\$ 230.14
Ending Balance August 31 st , 2016	\$ 9,471.01



Facebook!!

Please “LIKE”

**The Preuss School UCSD
PTA**



Ideas, Suggestions, and Concerns

Do you have a suggestion or concern?

The Suggestion Box is on the Membership Table in the back.

We will do our best to answer all questions and concerns.



Important Dates

**Next PTA Executive Board Meeting
is Tuesday, October 4th , 2016**

**Next PTA General Meeting is
Saturday, October 22nd , 2016**



Memberships

**Just \$12.00 per person
per year!**

Join Today!!!

Memberships

- 6th grade camp
- 10th, 11th, and 12 grade college trips
- Robotics
- MUN
- Parking for certain events
- GRAD night
- When teachers ask for funds for different projects

Membership

- All money earned by the PTA goes straight to your kids!
- Joining the PTA helps us help your students!
- Anyone interested in helping with membership please come see me in the back!
- **JOIN THE PTA!! Thank you!**

Seniors

We are looking for parents of seniors who are willing to help with different fundraisers.

- Our first fundraiser is TBD
- Do you have an idea? We want to hear about it!
 - Funds that are raised will go towards Class 2017 grad trip at the end of the year.

We need you!

Spring Nights: Dinner and Dance

This is our biggest fundraiser of the year.

- It will be in April and we need your help.
- Do you work for a company that could donate a prize or a silent action gift?
- We have big donors such as Disneyland, Sea World, and The San Diego Zoo.

Our goal is to raise \$5000 this year!

Are you interested in helping in another way?

- Each grade needs help. We have monthly fundraisers for the High School grades.
- Would you like to help make food for our Saturday meetings?
- Helping keep our PTA room clean?
- Would you like to help sell Uniforms, Food items, or Book sale?

The PTA needs YOU! We can't do it without you!

Come see me in the back if interested in helping!

Information



We have Permission slip to fill out today!
Please fill in the * **part only** on the form.

Return to Yecenia Valdelamar today.



**THANK
YOU!**



Principal's Update September 17, 2016

Off to a Great Start!



☐ Welcomed new students:

- 121 sixth graders
- 3-seventh graders
- 5-eighth graders
- 2-ninth graders

☐ Total enrollment is 816

Off to a Great Start!

❑ Back to School Night –

- Thursday, August 25
- 502 parents attended

❑ Parent Academy

- Saturday, August 27
- 35 Families attended

❑ 47 Faculty

- Highly qualified teaching staff
- 39 have earned advanced degrees (75%)
- 5 have Ph.Ds.
- Average 11.8 years in Education
- Average 6.6 years at Preuss



New Members of the Preuss Team

- This year we welcome new faculty and staff members.
- Admissions Coordinator- Isela Reyes
- Education Specialist – Robin Spruce
- English- Rowena Tiojanco
- Math-Antoinette Allen
- Math - Mona Kiani
- Math Intern - Kelli Berry
- Science – Vahid Asgharzadeh-Fozi
- Science Intern - Ted Kim
- Science Intern - Jerry Lan
- Social Studies/Advisory - Vanessa VanDeVanter
- Spanish – Maria Alcantar-Wiedemeier

Parent News



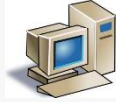


□ Involvement

Parents have participation points

- ✓ *Completed a total of over 6,000 hours or more per year*
- ✓ *Expect 100% parent involvement*

- Thank you – All PTA Officers and Volunteers
- Get Involved!
- Read the Parent Newsletter
- Read each class syllabus and teachers individual websites
- Preuss Website (preuss.ucsd.edu)
- Parent Portal

Computers 2 San Diego Kids

- ❑ If need a computer or internet in your home sign up to be eligible for a refurbished computer from Computers 2 SD Kids and connect 2 compete.
- ❑ **Computer costs**
 - (\$2.00 credit/debit card processing fee) for desktop and CRT **\$50.00** monitor 
 - **\$80.00** (\$2.00 credit/debit card processing fee) for desktop and flat screen monitor 
 - **\$100.00** (\$4.00 credit/debit card processing fee) for Netbook package 
- ❑ Sign up with Sandra Gutierrez Volunteer Coordinator
- ❑ Computer Pickup December 10, 10:30-12:00 (After PTA General Meeting)

Emergency Information

- ❑ In case of an emergency
 - Watch for information on the Preuss website or ParentSquare
 - Follow the news
 - Be Prepared
 - 2 Fire Drills Per Year (held a drill this week – Wednesday)
 - Earthquake Drill
 - Lockdown Drill
 - Review Emergency procedures in Student Handbook
- ❑ May follow UC San Diego Policy

Emergency Contact Information

- ❑ To make a change to your address, phone or emergency contact information:
 - **Changes should be directed to:**
 - Ms. Oglesby, Registrar
 - (858) 822-2525
 - Provide verification of address change (utility bill, etc.)
 - Registration cards can be picked up in the front office if needed.
 - **Only those listed on the registration card may pick up your child from school.**

Attendance

August 15 – September 9

Middle School - 98.74%

☐ 6th Grade - 99.22%

☐ 7th Grade - 98.53%

☐ 8th Grade - 98.96%

High School - 97.95%

☐ 9th Grade - 98.63%

☐ 10th Grade - 97.80%

☐ 11th Grade - 98.10%

☐ 12th Grade - 97.09%

Overall Percentage-98.38%

10 Months Accumulative Attendance

8/17/2015 - 6/24/2016

Middle School: 98.02%

High School: 97.00%

Total: 97.44%

Busing



- ❑ Must ride on assigned bus
- ❑ Follow School Bus Rules (Student Handbook, pg. 19)
 - Follow any directions given by the school bus driver or monitor.
 - Remain seated at all times
 - Refrain from eating, drinking, or gum chewing while on the bus
 - Respect the rights of others inside and outside the bus
- ❑ Follow Bus Emergency Procedures (Student Handbook, pg. 25)

College Information

- ❑ Kick-off for Seniors & Parents
 - Today, Saturday, September 17, at 11:30am
 - Overview of college application & financial aid process
- ❑ Ongoing college application workshops through Advisory Class.
- ❑ Ongoing college representative visits being held for high school students.

Internships & Summer Programs

- ❑ 48 High School Students participated in 7 summer internships and programs
 - UC San Diego Medical Scientist Training Program- Summer Undergraduate Research Fellowship (MSTP SURF)
 - High School Students Training in Aging Research (HS_STAR)
 - Sanford-Burnham Prebys Biomedical Research (six weeks)
 - Sanford-Burnham Prebys Intro to Science (two weeks)
 - UC San Diego Health and Information (HIPPI)
 - Pfizer
 - Integrating Data for Analysis, Anonymatation and Sharing (IDASH)

Internships and Summer Programs

□ Space Academy

- U.S. Space and Rocket Center , Huntsville, Alabama
- Three 6th Grade students attended
- Students participated in space missions
- Used training simulations previously used by astronauts
- Learned history of space travel
- Researched and met current NASA astronauts
- Program was funded by Fish & Richardson Law Firm, San Diego

Internships and Summer Programs

❑ Otis Art Summer Institute

- Los Angeles, CA
- Two High School students attended
- Intensive, four-week, pre-college program to prepare students for top art and design colleges
- Students participated in rigorous course work

❑ National Geographic Student Expeditions

- One High School Student
- Traveled to Nepal as part of a community service program

❑ Putney Summer Program

- One High School Student
- Traveled to Paris for Art and Architecture curriculum

Distinctions Class of 2016

- ❑ 85% accepted to a four-year college or university.
- ❑ 72% will immediately be attending a four-year college or university.
- ❑ 43% have enrolled at a University of California campus
 - ❑ 28 students starting at UC San Diego as Chancellors Scholars
- ❑ 22% have enrolled at a California State Universities
- ❑ 7% have enrolled at a private or out-of-state university
- ❑ 27% have enrolled at a 2-year/community college

Distinctions Class of 2016 (Continued)

- ❑ Several graduates will attend such prestigious schools as Pitzer, University of Southern California, Syracuse, Wesleyan, and Mills.
- ❑ Preuss had four graduates recognized as Gates Millennium Scholars, and 39 over past 13 years
- ❑ Earned over \$2.2 million in college scholarships and grants

Recognition

- ❑ 2016 U.S. News & World Report has ranked Preuss
 - #98 Best High School in the Nation
 - #9 Best High School in California
 - #34 Best Charter School in the Nation
 - #5 Best Charter in California

- ❑ The Washington Post published their list of the 2016 Most Challenging High Schools in America
 - #39 in the nation out of 23,000 schools putting us in the top 2% in the country, #3 in California

Past Accolades

- ❑ The California Department of Education awarded The Preuss School UCSD the 2015 California Gold Ribbon Schools Recognition.
 - One of 373 California Gold Ribbon Schools for 2015.
 - Additional award for being a Title I Academic Achieving School.

- ❑ August 2014, #1 High Performing Change Maker School, by the Daily Beast for the fourth year in a row

- ❑ In 2011, 2012 and again in 2013, The Preuss School was named the nation's #1 transformative high school by Newsweek magazine.

- ❑ 2012 NASSP Breakthrough School.

- ❑ 2010 National Blue Ribbon School.

- ❑ The Preuss School's academic performance index score is 893.
 - 4th Highest High School in San Diego County

Admissions Open House

□ Admissions Open House, Saturday Nov. 5

- 9:00-11:30am, Walton Center
- For all interested parents, students and community members
- Attendees will have the opportunity to meet the principal, Preuss teachers and have a school tour
- Applications will be available
- Applications completed online-tutorials will be given

Testing

- ❑ CELDT testing for English learners
 - Sept. 1 to Oct. 31
- ❑ ACT for Class of 2017– Saturday, September 10
(Preuss is not a testing site)
- ❑ SAT & Subject Tests for Class of 2017– Saturday, October 1 **(Preuss is not a testing site)**
- ❑ PSAT-Wednesday, October 19, Grades 8, 9, 10, 11

Covered California

- By law, most people are now required to have health insurance or pay a penalty when they file their taxes.
- Californians can apply through Covered California and select the health insurance plan that works best for their needs and budget.
- The open-enrollment period happens once a year. Once open enrollment ends, you may enroll in a Covered California health plan only if you have a qualifying life event that makes you eligible to apply.
- Some examples of qualifying life events are: losing your health coverage, getting married, moving outside your plan's coverage area, having a baby and turning 26. To see if you qualify, visit www.CoveredCA.com/individuals-and-families/getting-covered/special-enrollment. Individuals and families may also qualify for Medi-Cal benefits.
- Visit CoveredCA.com for more information. To find free, confidential, in-person help in your area, visit www.CoveredCA.com/get-help/local or call (800) 300-1506.

California Assessment of Student Performance and Progress (CAASPP)

- Part of Common Core State Standards
- Student Score Report will be coming to your home
- For each subject students will receive an overall score ranging from 2,000-3,000
- Second page of report will explain students score
- Do not compare STAR tests with the Common Core scores
- Talk to your student about the scores
- For more information go to the California Department of Education Website
- More information will be in the Newsletter, PTA General Meeting, Parent Square

CAASPP Results:

CAASPP comparison:

<u>SCHOOL/DISTRICT</u>	<u>GRADE</u>	<u>ENGLISH (% met or exceeded standards)</u>	<u>MATH (% met or exceeded standards)</u>
SDUSD	6	54%	44%
POWAY	6	73%	59%
CORONADO	6	72%	59%
PREUSS	6	63%	49%
SDUSD	7	56%	44%
POWAY	7	77%	66%
CORONADO	7	78%	73%
PREUSS	7	72%	55%
SDUSD	8	54%	39%
POWAY	8	79%	69%
CORONADO	8	79%	65%
PREUSS	8	72%	55%

CAASPP Results Continued:

CAASPP Comparison Continued:

11th grade English results: for students who met or exceeded standards

- Canyon Crest (92%)
- River Valley Charter (90%)
- San Dieguito High Academy (89%)
- High Tech High International (86%)
- **Preuss (85%)**
- Mira Mesa High (85%)
- High Tech High North County (85%)
- SDUSD had 65%

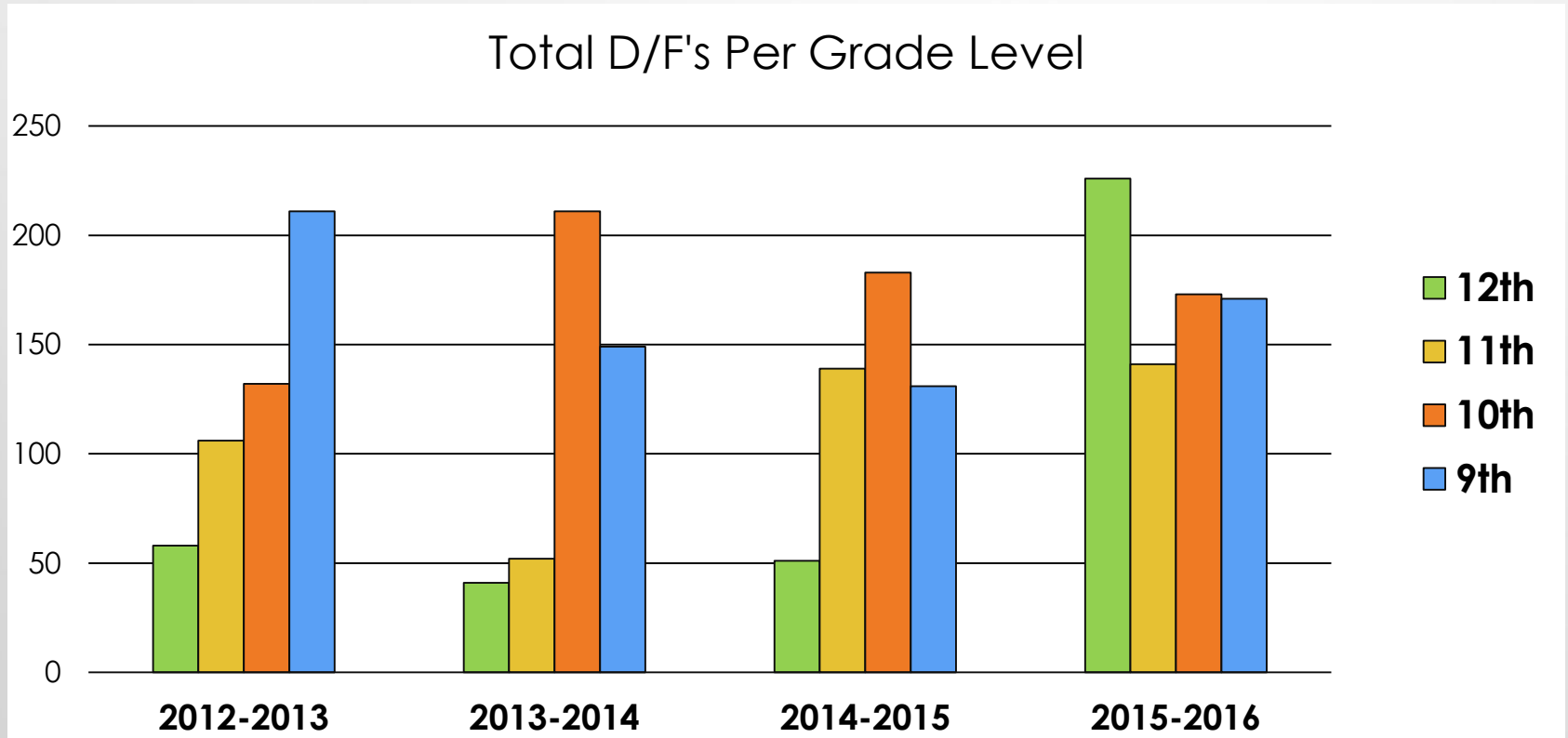
11th grade Math results: for students who met or exceeded standards

- Canyon Crest (80%)
- **Preuss (73%)**

Total number of D/F grades per grade level over the span of a school year.

Total D/F's Per Grade Level	2012-2013	2013-2014	2014-2015	2015-2016
12th	58	41	51	226
11th	106	52	139	141
10th	132	211	183	173
9th	211	149	131	171

Number of D/F Grades in a year per Grade Level



New Eligibility Policy

- ❑ Preuss' goal is for seniors to be college eligible
- ❑ Starting in 9th grade, students need to pass their Math, English, Science, and History classes next year with a C or better
- ❑ If students earn a D or less, they need take advantage our Preuss' opportunities to improve academically throughout the year (SEA, tutoring, test corrections, etc.)
- ❑ Students who earn a D or less and DO NOT take advantage of SEA, Tutoring, test corrections, summer school, etc., may be retained in 9th grade in order to give them another chance at becoming eligible

Requirements to be promoted to next grade

Did the student meet the standard?



Yes



Promoted



No



Validation: Does the student have a record of taking advantage of Preuss' academic supports?



Yes



Promoted



No



Retained

Parenting Classes

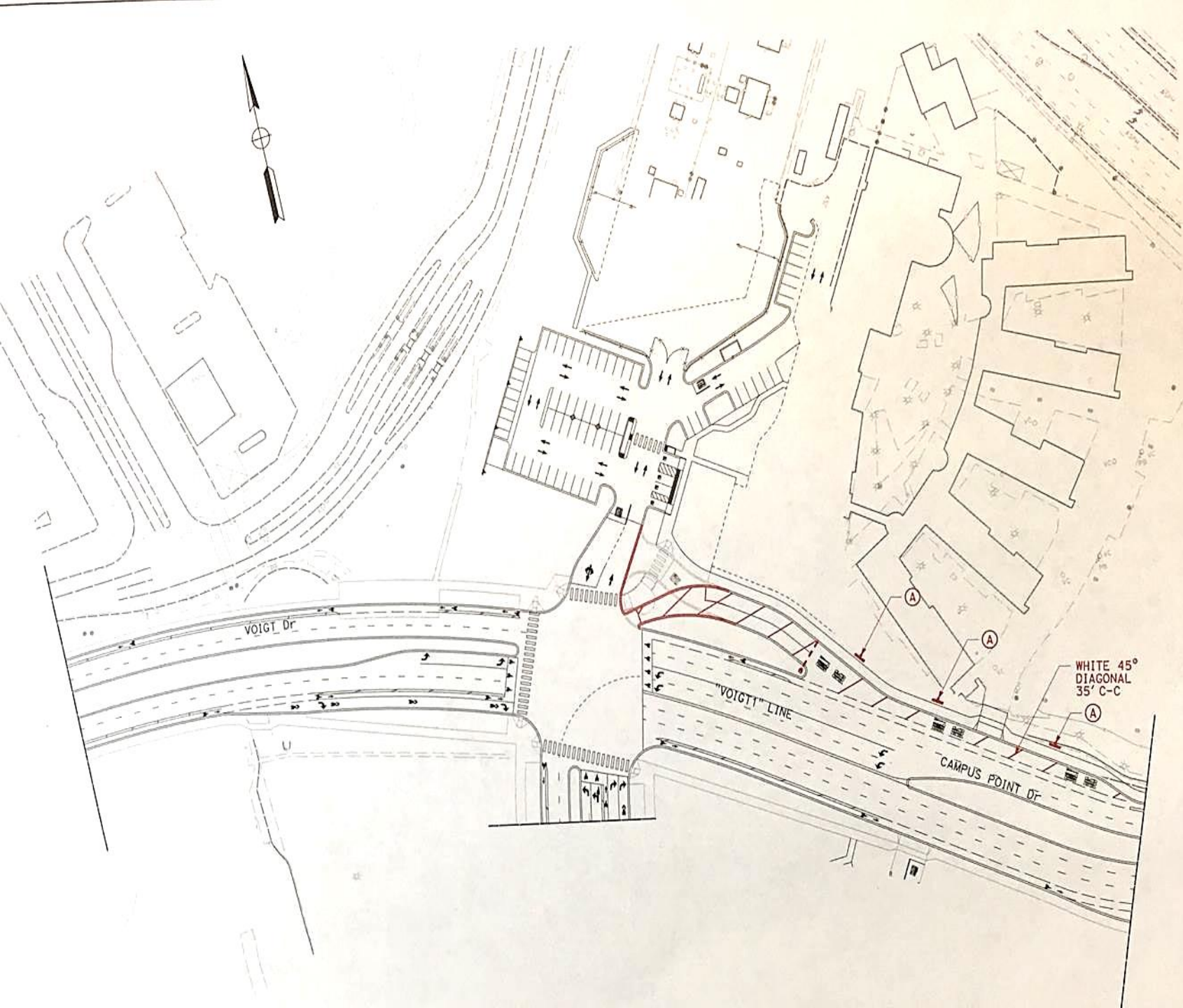
Facilitated by Amanda Esquivel

Family Preuss Support Services Coordinator

- Time: 11:00-12:30
- Location: School Library
- No childcare provided
- Classes provided in Spanish and English
- Dates and topics for parenting classes:
 - September 17th- Parenting styles
 - October 22nd- Communication/Problem Solving
 - December 10th- Positive Parenting
 - January 21st – Safe Children
 - March 18th – Stress Busters
 - May 20- Family Fun/Self-Esteem

Mid-Coast Trolley Groundbreaking Celebration

- Saturday, October 22, 2016
- Manchester Field
- 11:00am – 3:00pm
- Immediately after the PTA General Meeting
- Free Food
- Live Music
- Family Activities



LEGEND

(A) R24A(CA)

SCHOOL
BUS
ONLY



WHITE 45°
DIAGONAL
35' C-C

(A)

(A)

(A)

Activities and Programs

□ Athletics:

- Cross Country
- Girls Volleyball

□ Tutoring

- Math- H.S. Lunch Mon-Fri, Afterschool Mon-Thurs
- Spanish – M.S. & H.S. Lunch Mon -Fri

□ FLL Lego League/Middle School Robotics

- Tuesday, Wednesday, Thursday, 4:00-5:30pm
- 6-8 Teams
- High School Coaches
- Tournament Saturday, November 12, 2016, here at Preuss

Activities and Programs

- ❑ Parent Class on Parenting Styles
 - Today, September 17, 11:00am-12:30pm, Library
- ❑ 12th Grade College Kickoff
 - Today, September 17, 11:30am-1:30pm, Walton Center
- ❑ Yearbook Presale,
 - Today, September 17, 11:30am-1:30pm, In front of Walton Center
- ❑ 1st Mid-Semester Ends
 - Friday, September 23

Activities and Programs

- ❑ 11th Grade College Kickoff Meeting
 - Saturday, September 24, 9:00 – 11:00am
- ❑ Yearbook Presale,
 - Saturday, September 24, 9:00am-1:30pm, In front of Walton Center
- ❑ 1st Mid-Semester Progress Report Cards Distributed
 - Wed. September 28, Thurs. September 29

Activities and Programs

- ❑ PTA Executive Board Meeting
 - Tuesday, October 4, 5:30 – 7:00pm
- ❑ Preuss Board Meeting
 - Thursday, October 6, 4:15 – 6:15pm



Thank You



Parent Participation

MS. GUTIERREZ, VOLUNTEER COORDINATOR

SEPTEMBER 17, 2016

Parent Involvement



- ▶ The most accurate predictor of a student's achievement in school is not income or social status, but the extent to which that student's family is able to:
 - ▶ Create a home environment that encourages learning.
 - ▶ Express high (but not unrealistic) expectations for their achievement and future careers.
 - ▶ Become involved in your student's education at school and in the community.

How can I Participate?

- Attending Parent Council meetings (once a month)
- Helping with outreach presentations
- Office Work
- School Clean Up
- 6th grade Camp
- Supervision/Chaperone Dance/Field trips
- Driving parents to events
- Volunteering at events
- Assisting teachers in the classroom
- Participating in committees and school advisory council

***Only the Parent or legal guardian can earn parent participation points**

****You may NOT earn participation points through donations**

Parent Academy

Saturday, August 27th

35 Families in attended

- ✓ Parents learned about the school policies and procedures, met other parents, learned how they can participate in their child's education to help their children have a successful school year.



**Student Willingness + Parent Support + Teacher Excellence =
Academic Success**

Sign up to Volunteer




- Go on our website for volunteer opportunities at preuss.ucsd.edu
- Sign up sheets during parent meetings
- Or contact the Volunteer Coordinator

858-822-0020 or email
preussvolunteer@ucsd.edu

Introducing ParentSquare

- ParentSquare is a communication and organization tool designed to keep parents informed and involved in their children's learning and school activities.
- ▶ Check your email or text messages for the invitation to join.
- ▶ **It only takes 30 seconds to accept the invitation and activate your account.**



ParentSquare and Aeries Parent Portal

WHAT'S THE DIFFERENCE?

ParentSquare




- ✓ Receive all school, classroom and group communication via email, text or app notification
- ✓ See important calendar events and RSVP
- ✓ See photos, links and attachments
- ✓ Sign up to volunteer or bring items
- ✓ Send private messages to teachers or staff
- ✓ Appreciate those who post messages (please give them generously!)

Aeries Parent Portal



- ✓ Your student's grades
- ✓ Your Contact Information
- ✓ List of Classes and Teachers
- ✓ Attendance
- ✓ Unofficial Transcripts
- ✓ Test Scores
 - CAHSEE
 - CST
- ✓ Language Assessment
 - CELDT



Difference Between Aeries Parent Portal & ParentSquare

Aeries Parent Portal

ParentSquare

Academic
Information

Communication
Platform



Handouts

1. How to create an account for ParentSquare and Aeries Parent Portal on the table in the back of the Walton Center
2. Post with attachments will be sent via ParentSquare



Technology

Do you need help to create accounts and passwords OR how to retrieve the information?

Survey

5 minutes

- ▶ Email
- ▶ Computer
- ▶ Smart Phone/Tablet
- ▶ Internet at home
- ▶ Aeries Parent Portal
- ▶ ParentSquare

Announcement

Computers 2SD Kids

**Saturday,
December 10, 2016**

10:30am-12:00pm

- Applications are now available

- ▶ Purchase a refurbished computer at a low cost
- ▶ Includes Microsoft Office and PowerMyLearning Software
- ▶ 1 year of free technical support from Computers 2SD Kids
- ▶ Turn in the completed application at the next PTA Meeting or to the Preuss office

Upcoming Volunteer Opportunities

11th Grade College Kick Off Meeting

Saturday, September 24th

✓ 8:45am-11:00am

PTA General Meeting

Saturday, October 22nd

✓ 8:30am-11:30pm

SANDAG LRT Event

Saturday, October 22nd

✓ 11:30am-7:30pm

You will receive reminders and request for these and future events via ParentSquare



Questions?

Call Ms. Gutierrez at
858-822-0020



Thank You!

STUDENT SERVICES

September 17, 2016

Student Support Services

The Preuss School UCSD



Parent Meeting
Saturday, September 17, 2016

Who We Are:


- High School Counselor-
Jennifer Nieto
» Grades **9-12**
- Middle School Counselor-
Erin Patrick
» Grades **6-8**
- College Advisor-
Jessica Resendez
» All grades, but primary focus is Grades **11-12**



Student Services +

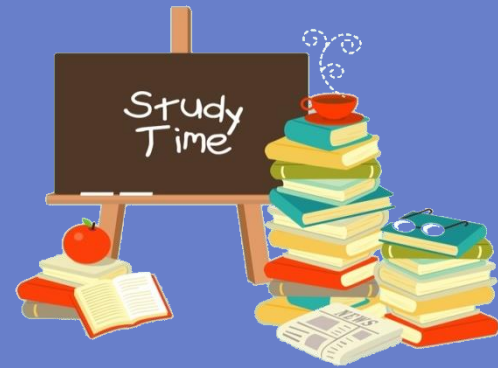
- Learning Specialists-
Krista Bartlett
- **Robin Spruce**
- School Psychologist-
Yazmin Ghonaim
- Family Support Specialist-
Amanda Esquivel



- 
- *The mission of the Student Support Services Team is to offer guidance and support in:*
 - *Academics*
 - *Personal/Emotional Issues*
 - *Social Issues*
 - *College/Future Planning*

Academic Assistance

- Monitor academic progress / grade checks
- Encourage tutoring opportunities
- 4 Year Planning
- Course selections
- Scheduling
- Learning Specialist Support if needed





3 Week Progress Reports

- Every teacher should be updating their grades every 3 weeks in Aeries
- Each student is responsible for checking their grades on Aeries Portal and then filling in progress report sheet



Report Cards

- Progress Reports
 - Distributed during Advisory class to take home to parents
- Final Semester Report Cards
 - Mailed home

Grade Reporting Calendar

The Preuss School UCSD Grade Reporting Calendar 2016-2017

1st Semester

August 15	School Begins
August 30, 31	3 Week Progress Report Completed to Bring Home
September 23	1 st Mid-Semester Ends
September 27	Grades Due to Registrar
September 28, 29	1 st Mid-Semester Progress Report Cards Distributed
October 19, 20	3 Week Progress Report Completed to Bring Home
November 11	2 nd Mid-Semester Ends
November 15	Grades Due to Registrar
November 16, 17	2 nd Mid-Semester Progress Report Cards Distributed
January 3, 4	3 Week Progress Report Completed to Bring Home
January 17-20	1 st Semester Final Exams
January 20	1 st Semester Ends
January 24	Grades Due to Registrar
January 25	1 st Semester Final Report Cards Mailed Home to Parents



2nd Semester

January 23	2 nd Semester Begins
February 8, 9	3 Week Progress Report Completed to Bring Home
March 10	1 st Mid-Semester Ends
March 14	Grades Due to Registrar
March 15, 16	1 st Mid-Semester Progress Report Cards Distributed
April 5, 6	3 Week Progress Report Completed to Bring Home
April 28	2 nd Mid-Semester Ends
May 2	Grades Due to Registrar
May 3, 4	2 nd Mid-Semester Progress Report Cards Distributed
May 24, 25	3 Week Progress Report Completed to Bring Home
June 16-21	2 nd Semester Final Exams
June 22	2 nd Semester Ends
June 23	Teachers Submit Final Grades
June 26	2 nd Semester Final Report Cards Mailed Home to Parents

La Escuela Preuss UCSD Fechas de Reportes de Calificaciones 2016-2017

1° Semestre

15 de agosto	Primer día de escuela
30, 31 de agosto	3 semanas reporte de progreso para alumnos que están en riesgo
23 de septiembre	Final de la 1 ^a mitad del semestre
27 de septiembre	Fecha límite para entregar las calificaciones con la registradora
28, 29 de septiembre	Reportes de progreso de la 1 ^a mitad del semestre son distribuidas
19, 20 de octubre	3 semanas reporte de progreso para alumnos que están en riesgo
11 de noviembre	Final de la 2 ^a mitad del semestre
15 de noviembre	Fecha límite para entregar las calificaciones con la registradora
16, 17 de noviembre	Reportes de progreso de la 2 ^a mitad del semestre son distribuidas
3, 4 de enero	3 semanas reporte de progreso para alumnos que están en riesgo
17 al 20 de enero	Exámenes finales de 1 ^o semestre
20 de enero	Final del 1 ^o semestre
24 de enero	Fecha límite para entregar las calificaciones con la registradora
25 de enero	Calificaciones oficiales son enviadas al hogar por correo



2° Semestre

23 de enero	Primer día del 2 ^o semestre
8, 9 de febrero	3 semanas reporte de progreso para alumnos que están en riesgo
10 de marzo	Final de la 1 ^a mitad del semestre
14 de marzo	Fecha límite para entregar las calificaciones con la registradora
15, 16 de marzo	Reportes de progreso de la 1 ^a mitad del semestre son distribuidas
5, 6 de abril	3 semanas reporte de progreso para alumnos que están en riesgo
28 de abril	Final de la 2 ^a mitad del semestre
2 de mayo	Fecha límite para entregar las calificaciones con la registradora
3, 4 de mayo	Reportes de progreso de la 2 ^a mitad del semestre son distribuidas
24, 25 de mayo	3 semanas reporte de progreso para alumnos que están en riesgo
16 al 21 de junio	Exámenes finales de 2 ^o semestre
22 de junio	Final del 2 ^o semestre
23 de junio	Maestros entregan las calificaciones finales del año
26 de junio	Calificaciones oficiales son enviadas al hogar por correo

“At-Risk” Student Support

- Students are considered “At-Risk” if they have below a 2.25 GPA
- SEA & Tutoring
- New UC Eligibility Policy
- Parent Conferences
 - Counselor
 - Roundtable Meeting (with all teachers)
 - SST Meeting





California Healthy Kids Survey

- Administered Fall Semester in Advisory
- Statewide survey helps us understand the relationship between students' health behaviors and academic performance
- Parents can preview survey questions online at: <http://chks.wested.org/>

Schoolwork and *Stress*

- Stress is powerful!
- Stress can affect our:
 - **Cognition**—How we think and our concentration
 - *chronic sadness/depression*
 - **Behavior**—How we act and behave
 - *substance use*
 - **Physiology**—How our body reacts
 - *sleep*



Mindfulness Curriculum



Personal Support

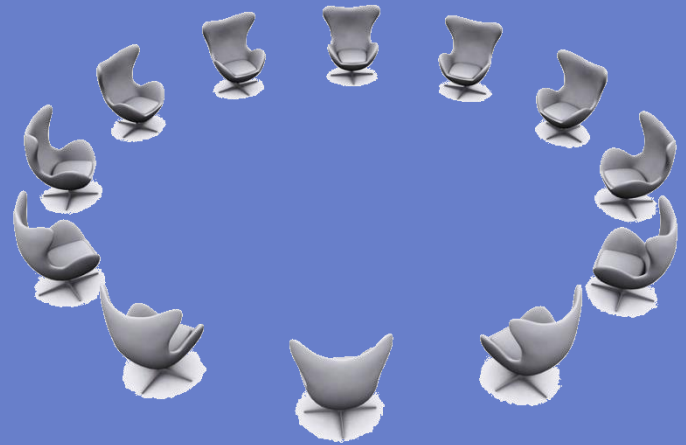
Individual or group counseling for:

- **Stress (Healthy coping)**
- **Grief and loss**
- **Crisis**
- **Anger issues**
- **Loneliness and depression**
- **Family related concerns**



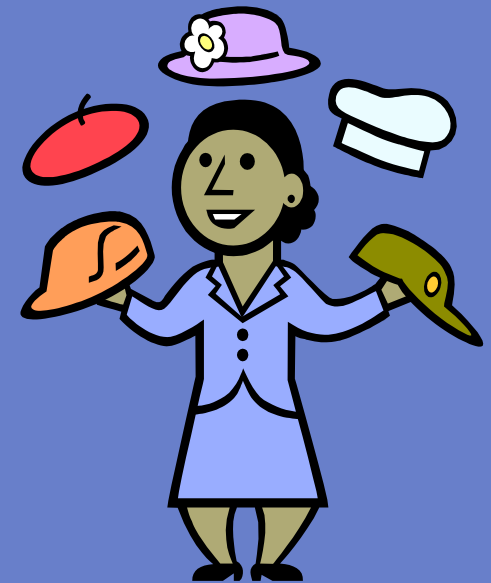
Social Concerns

- Assist with transitioning to new grade levels and courses
- Peer relationships
- Bullying
- Social skills
- Friendships
- Conflict resolution



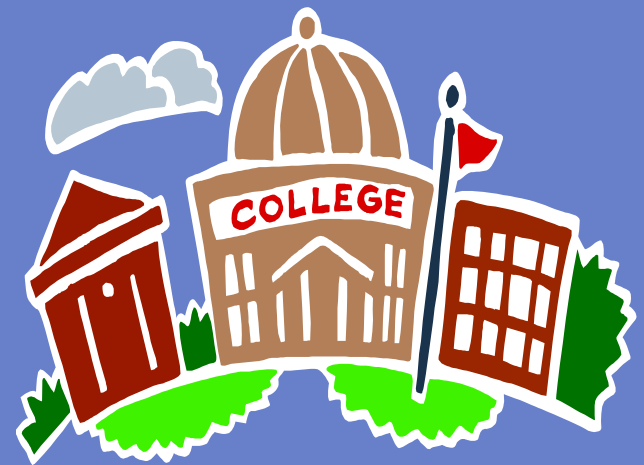
Career Guidance

- Goal Setting
- Career planning
- Resume writing
- Guest Speakers
- **NAVIANCE Program**
- Enrichment Programs
- Internships



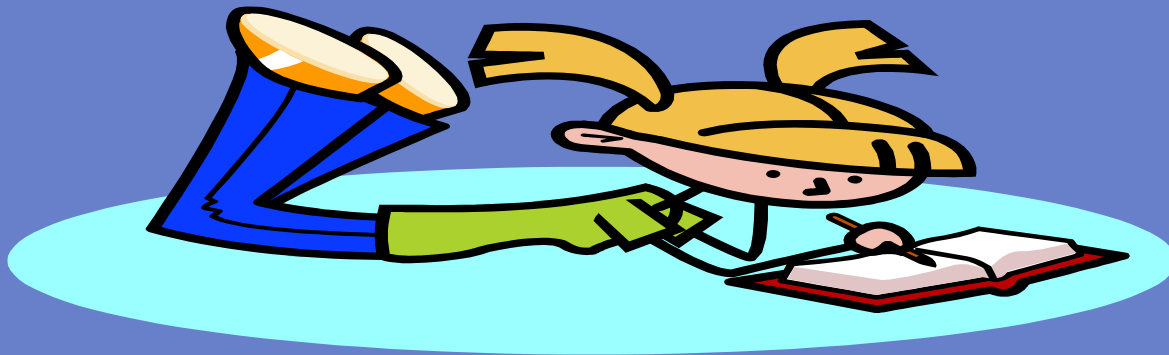
College Advising

- College Exploration
- College Application Assistance
- Financial Aid Workshop
- Scholarship Information
- ACT/SAT Test Prep



Testing

- Coordinate School-Wide Testing
CAASPP, PSAT, AP, Test preparation for students
- Communication and interpretation of test results





PSAT

- Wednesday, October 19th
- 9am-12pm in Advisory class
- Grade 8 through 11
- 11th grade students can qualify for a national merit scholarship

Testing Reminders



Students should:

- Arrive to School Early or On Time
- Get Plenty of Rest the Night Before
- Eat a Healthy Breakfast
- Only Bring Cell Phones if a Necessity

Parent Support is Vital

*Parents are the most important adults in students' lives, and they can support students in both academic and personal ways.





Family Support Resources

- Assistance with community resources such as:
 - Individual/family therapy
 - Food/shelter/clothing
 - Medi-cal/ Insurance



PARENTING WORKSHOP

Being a parent is not easy...

The world presents many challenges for parents. This workshop is meant to be a fun, educational environment for parents to learn from one another and develop parenting skills that will help strengthen your parent & child relationship.



**SEPTEMBER 17
PARENTING STYLES**

**OCTOBER 22
COMMUNICATION/
PROBLEM SOLVING**

**DECEMBER 10
POSITIVE
PARENTING**

**JANUARY 21
SAFE CHILDREN**

**MARCH 18
STRESS BUSTERS**


**MAY 20
FAMILY FUN/SELF-
ESTEEM**

PROVIDED BY:

Amanda Esquivel
Family Support Specialist
MFT 88617
858-822-1484
a6esquivel@ucsd.edu

Location: Preuss library

Time: 11-12:30 (after
monthly PTA meeting)



How you can ensure success at home...

- Having a nightly routine that you *both* participate in is critical.
 - Check-in at the beginning and end/supervise homework time
 - My student will need to do ___ hours of homework every night.
- Set aside discussion time to review planner together and converse about school
- Prioritize and organize assignments

Academic Support from Home

- Provide appropriate study space
- Homework time without TV or phone
- Limit internet / computer video games
- Tutoring – After School or SEA
- Good nutrition and plenty of sleep
- An uncluttered workspace
- Provide needed school materials
- Help practice and refine skills that are helpful in becoming a strong college applicant





But...

I don't have any homework?

- Ask about every class and find out what they're working on. See if there are future deadlines that a student can start working toward (think about small steps they can take to meet the goal).
- Study English Vocab and test their words with you.
- Study History passwords and test their words with you.
- Re-read English and history texts.
- Every student should have 3 hours of homework per night and do at least 1 hour of studying as a plan B.



Homework

- When you get home tonight, set up a nightly routine with your student - set expectations and set a time.
- Follow through 100% of the time. Be consistent.
- Make sure you understand their schedule, classes and planner.
- Homework discussion suggestion:
- “What did you do in block 1 today? What is your homework? What could you do to get ahead in this class?”



Agree to Maintaining Consistency & Involvement

- ✓ My student arrives home at: _____pm. The following person will check in with them when they get home: _____.
- ✓ If no one is home, what do I expect my student to do before I get home? _____
The nightly discussion about homework will occur between _____ and my student. It will begin at _____.
- ✓ _____ will follow up with my student at the end of the night to make sure everything is done and packed away by _____.

Personal Support at Home

- Spending quality time together
- Listening
- Knowing your child's friends and associates
- Forming support networks
- Communicating
- Encouraging



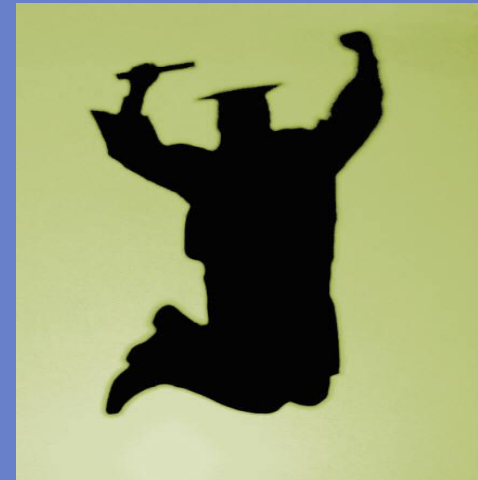


Contact Info

- **High School Counselor** – Jennifer Nieto
(858) 822-0409 jjnieto@ucsd.edu
- **Middle School Counselor** – Erin Patrick
(858) 822-0996 empatrick@ucsd.edu
- **College Advisor** - Jessica Resendez
(858) 822-2002 jresendez@ucsd.edu
- **Family Support Specialist** – Amanda Esquivel
(858) 822-1484 a6esquivel@ucsd.edu

***We look forward to working with
you and your students***

-as student advocates to create a caring environment in which all students may become responsible learners and decision makers as they prepare for the future.





Thank You

Enjoy your weekend!