Dear Parents,

The 2015-2016 school year begins The Preuss School UCSD’s seventeenth year. This year school started on August 17, and we welcomed back 850 students! August was a busy month beginning with sixth grade orientation to welcome our 120 new sixth graders. We are looking forward to a successful academic year.

The Class of 2015 graduated 103 seniors, ninety-nine percent were accepted to a four year college or university. Sixty-six percent were accepted to at least one University of California campus. Forty-four students are attending a UC campus, including twenty-one attending UC San Diego through the Chancellor’s Associates Scholarship Program, which creates “full ride” funding support for qualifying Preuss graduates.

During the school year, many students participate in Enrichment Programs and Internships that continue into the summer programs with UC San Diego and our community partners. These students worked with engineers, doctors, scientists, professors and teachers from UC San Diego, UC San Diego Cancer Center, The Sanford Burnham Prebys Medical Discovery Institute and many other local organizations. We are always looking for more opportunities for our students to gain experience in the workplace. If you would like to learn more about these programs please have your child contact their Advisory teacher.

See Page 2
I encourage all of our parents to become involved in the school. Join the PTA. Support classroom and school-wide activities. The Saturday PTA General Meetings are a great way to learn about what is happening at Preuss, a great way to earn participation points, and it is a great time to get to know other parents. Each meeting includes a Principal’s Report, and a featured speaker will share information regarding school programs. Translation in Spanish is provided. You will earn volunteer participation points by attending the PTA General Meetings, and learn new information. The next General Meeting will take place on Saturday, September 19, 2015, 9:30 a.m. I look forward to seeing you there.

**Ninth Grade Orientation**

Ninth grade orientation was held on Saturday, August 22, approximately sixty-eight families attend. This is an opportunity for parents and ninth grade students entering High School to understand the expectations of the next 4 years.

**Back to School**

Back to School Night was held on August 27, and was attended by 467 parents. The parents had the opportunity to attend their child’s classes and meet their teachers. The faculty and staff were introduced in a brief meeting before the classroom visits. It was a night of learning for parents.

**New Parent Academy**

This year The New Parent Academy was held on Saturday, August 29, with 49 parents and 28 children in attendance. This academy was for all parents who had not previously attended a New Parent Academy meeting. New parents had the opportunity to meet Administrative and Student Support Services staff. They also learned about The Preuss School curriculum and available resources, ways to help their student succeed at Preuss, school services, and procedures. Parents who attended received participation points and recognition for attending.
More News from Mr. Barton, School Principal

Transportation-

I would like to thank the parents who have contributed to the cost of transportation during last school year and the beginning of this school year. For the 2015-2016 school year, Preuss families are being asked to donate $20 a month, or $200 per year, to help defray the cost of school bus transportation. Please contact the main office if you have any questions. For your child’s safety, we advise that you DO NOT send cash to school with students for transportation payment.

We continue to use the San Diego Unified School District (SDUSD) to transport our students. There have been changes in the pick-up and drop-off schedule and some students were moved to different buses. We have tried to accommodate students with the most suitable bus stop. Mrs. Villanueva, our Transportation Coordinator, has worked closely with SDUSD transportation to make the appropriate adjustments to the bus stops. Implementing bus changes can take up to one month. Please understand that we are doing our best to accommodate all families. If you have questions, please phone Mrs. Villanueva at 858-822-1738.

School Attendance-

Students need to be at Preuss every day and should only be absent if they are sick and/or contagious. Christine Richter is our school nurse. Her contact number is 858-822-2291 and she can provide the information you need on whether your child is well enough to attend school. When students miss school, they miss out on valuable lessons that cannot be recreated with homework; in addition the school loses money when students are absent. Please do not plan vacation days when Preuss is in session. Thank you for ensuring your child attends school every day; being in school every day equal’s student success.

Parent Portal-

Parent Portal is your doorway to your student’s educational success in each of their classes. Parents are able to view their student’s information from the school database using Aeries Parent Portal. You will be able to view your student’s demographic data, grades, unofficial transcripts, attendance records, class schedule, progress toward completion of graduation requirements and emergency contact information. Each parent should have received information through their students’ Advisory class necessary to create an account and log into the Aeries Parent Portal. If you did not receive this information please contact the front office at 858-822-3000.

Common Core –

Parents will be receiving Common Core tests scores in a Student Score Report. Common Core testing began last year and replaced STAR testing. Students will receive an overall score for each subject, ranging from 2,000-3,000. This score shows if students exceeded, met, nearly met or did not meet expectations for their grade. The second page of the report includes a further breakdown of that score, providing individualized information on your child’s academic strengths and potential challenges. –
Common Core –

The new assessments are fundamentally different from the old tests, so you should not try to compare these results with your child’s previous scores—they are measuring different things and are administered differently. I will be reviewing our school’s overall data, and comparing it to San Diego County and the State of California at the September 19, PTA general meeting.

Covered California -

Covered California is a program from the state of California where families can compare health insurance plans and enroll in a program that works best for their needs and budget. Please read a summary of the program in this newsletter.

As we proceed with the school year if you have any questions or concerns, please contact the school. Please contact your child’s teacher if your questions are about classes or curriculum. Your child’s University Prep teacher is also a valuable asset and can answer questions or assist you in getting the appropriate information. You can contact the school by phone or through the Preuss website (preuss.ucsd.edu) to get e-mail addresses of our teachers. Edmodo is also valuable resource as you can check to see the assignments for each class. I look forward to working together to achieve another successful school year.

Scott Barton
Director/Principal

Notes from Vice Principal
Mr. Pete Selleck

We are off to a great start of another outstanding school year. The success of The Preuss School has always been a result of students, parents, and staff working together toward a common goal.

The Student Handbook

Be sure to review school policies with your child. In addition check “The Planner” frequently to be sure that your student is using it to stay organized and keep track of homework assignments.

Homework

Students need a quiet place free of distractions to study each night. They also need a designated place to store school materials. Help your son or daughter to pack up their backpack after homework is completed. This will help them to stay organized, and reduce the stress of trying to hurry out the door on time in the morning.

Attendance

Our students do not benefit from the outstanding lessons of our teachers if they are not here. It has been said that missing a day at Preuss is like missing a week at many schools. Be aware of the unique school calendar at Preuss. Do not plan any family trips, or other activities, during the school year. Try to schedule appointments on Friday mornings, and get the students here as soon as possible in the morning. If your child is absent, call the Attendance Office at (858)822-0311. California law requires that the parent notify the school in a timely fashion.

Transportation

Be sure to have your students at their assigned bus stop 10 minutes before the scheduled arrival time. Students may only ride their assigned bus, and may only utilize their assigned stop.

Thank you, Pete S elleck
How are the new tests different from the old tests and what do the scores mean?

Results of your student’s performance on the new computer-based tests have been/will soon be released. These are the tests our students took this past spring, replacing the old STAR tests. The scores you’ll be receiving will tell you how your child is doing under Common Core, the updated learning standards for math and English language arts. We’ll send your child’s results in a Student Score Report. Students will receive an overall score for each subject, ranging from 2,000 to 3,000. This score shows if students met, did not meet or exceeded expectations for their grade. The second page of the report includes a further breakdown of that score, providing individualized information on your child’s academic strengths and potential challenges. The new assessments are fundamentally different from the old tests, so you shouldn’t try to compare these results with your child’s previous scores—they’re measuring different things.

These results are a starting place for a detailed record of your child’s academic progress, which will help you, and our school, give them the support they need to succeed. The California Department of Education has released a short video explaining the Score Reports, in English and in Spanish.

You can read more about the Score Reports at the California Department of Education website.

What does it mean if my child did not meet grade-level expectations?

This year’s tests establish a baseline, and the results won’t be used to determine if your child moves on to the next grade. The new tests were an adjustment for students, and it was expected that the first year’s scores would leave room for significant improvement.

The new Score Reports provide more detailed information than the old STAR scores, because they pinpoint specific areas where students need more support, or where they could be accelerated in the future. You can work together with your child’s teachers or school administrators to identify subjects where your child could improve, and focus on making progress in the coming school year. Testing is important, but it’s only one way to gauge how students are doing. Your child’s scores will be taken into account as part of a broader look at their academic progress.

How can I help my child make progress in school?

You can talk to your child’s teachers or other school leaders about how the Common Core standards are being taught in the classroom, and where to find study guides and other tools to provide extra help at home. Talk to your child about what they’re learning in school, where they feel they are doing well and where they feel they need more help.

There are many online resources to help you provide the extra support your child needs to tackle their challenges in school. This website has learning tools for each subject, broken down by grade level.

What do the Common Core standards and the new assessments mean for high school students planning for college?

There are a few pieces of key information parents with students preparing for college should know about the updated standards and assessments.

Higher education in California strongly supports Common Core, including the University of California, CSU, CCC, and Association of Independent California Colleges and Universities. Learn more about California college and university support of Common Core.

The new assessments were developed with the cooperation of the California State University System (CSU). For students planning to attend a CSU or most California community colleges, meeting/exceeding expectations on the 11th grade test can be used to prove they’re ready for college level work and won’t need to take remedial English or math courses. This can save time and money in the first years of college. For students who fall short of meeting the 11th grade standards, the test provides an early warning on areas to focus on during their senior year to be prepared for non-remedial course when entering college.

· Beginning in 2016 the updated SAT will be aligned with the Common Core standards. That means the critical thinking, problem-solving and reading and writing skills emphasized by Common Core will help prepare your child for that important test.
NOTES FROM THE PTA PRESIDENT– Diane Villalvazo

Dear Preuss Parents:

I want to welcome you to the 2015-2016 school year. My name is Diane Villalvazo your PTA President for this year. On behalf of our Executive Board welcome and we look forward to working with you.

**Memberships:**
Memberships are $12.00. Anyone can join the PTA. Parents, grandparents, teachers, students, and friends. Your membership dues help fund field trips, parking, and many other school functions. The California State PTA membership year runs from July 1st to June 30th. We ask that you renew your membership each year.

**Monthly Parent Meetings**
A lot of work goes into the preparation of our monthly Parent General Meetings. It is very important that you join us at these meeting to get vital information for you and your students. I hope to see you at our first meeting September 19, 2015.

**Facebook:** Please like us on Facebook “The Preuss School UCSD PTA” You will get important updates and information.

Next PTA General Meeting is Saturday, September 19th
Next PTA Executive Meeting is Tuesday, October 6, 2015

**FIRST LEGO LEAGUE: AN INSPIRATION FOR SCIENCE AND TECHNOLOGY**

First Lego League is now underway, 50 Preuss middle school students are being coached by over 30 high school students to prepare for and compete in a LEGO based robotics competition. We will again be hosting a Qualifying Tournament, this year it will be Saturday, November 14th in the Walton center. Parents are needed both for tournament day and to help with coaching! Please contact drupert@ucsd.edu or sbandy@ucsd.edu if interested!

The Midnight Mechanics
Student Support Services

Dear Preuss Families,

It is a pleasure for the Student Services Team to welcome you to the 2015-2016 school year! A special welcome to our new students.

Our mission in Student Services is to offer guidance and support to students in the Academic, Personal/Social, College/Career Planning areas. We are available to assist and meet with students about a variety of topics such as: peer mediation, loneliness, grief, academics concerns, and other teenage issues. If you have any concerns regarding your student please contact us or your child’s University Prep Teacher.

It is truly an honor to work with the students at The Preuss School UCSD. We look forward to a wonderful year!

Mr. Selleck—Vice Principal
pselleck@ucsd.edu (858)822-2432
Ms. Nieto—School Counselor Grades 9-12
jjnieto@ucsd.edu (858) 822-0409
Ms. Patrick—School Counselor Grades 6-8
empatrick@ucsd.edu (858) 822-0996
Ms. Resendez—College Advisor
jresendez@ucsd.edu (858) 822-2002
Ms. Bartlett— Learning Specialist
kibartlett@ucsd.edu (858) 822-0028
Ms. Esquivel— Family Support Specialist
a6esquivel@ucsd.edu (858) 822-1484
Ms. Ghonaim—School Psychologist
yghonaim@ucsd.edu (858) 822-1485

Attention SENIORS and PARENTS:

Countdown to College
A College Application Kick-Off Meeting
Saturday, September 19, 2015
The Preuss School Walton Center from 11:30am-1:30pm
This meeting will present an overview of the college application process for the Class of 2016. We will review the Fall semester events and deadlines, roles and responsibilities in the college application process, and a financial aid review.

Attention 11th grade students and parents!

College Kick-off Meeting
Saturday, September 12, 2015
The Preuss School Walton Center from 9:00am-11:00am
This meeting will present an overview of 11th grade university prep, college options, college admission tests, and financial aid basics. This event is mandatory for 11th grade students and parents.

Free parking will be available in the School Lot and across the street.

PSAT Testing in October
8th-11th grade students will be taking practice SAT Tests on Wednesday October 14th from 8:55am-12:15pm.

Academic Supports

There are many services at Preuss to support your child’s academic progress and achievement such as: SEA, After School Tutoring, UCSD Tutors in the Classroom, Learning Specialist, Counselors, & Advisory Teachers. Important Note: Students who wish to stay after school for tutoring must make arrangements with teacher and parents ahead of time. Students must sign up in advance (no later than lunch on that day) to reserve their spot in a classroom for tutoring or they will not be allowed to stay afterschool.

MATH TUTORING
4:00pm - 5:20pm
Monday
Mr. Garner/Mr. Prado Room A201
Tuesday
Ms. Hanwood Room A202
Mr. Owen Room D101
Wednesday
Mr. Garner/Mr. Prado Room A201
Ms. Tan Room D103
Dr. Weber Room D102
Thursday
Ms. Lohse Room A101
Ms. Shultis Room D102
Monday-Friday During HS Lunch in D102

SPANISH TUTORING
Mr. Meka Room B102
Monday – Friday
MS & HS Lunch
Ms. Milloy Room D203
Monday-Friday HS Lunch
Tuesdays 4pm-5:15pm
Ms. Zamora-Luna Room D202
Monday– Friday HS Lunch
Ms. Fernandez-Cuesta Room B101
Tuesday & Thursday HS Lunch

CalSOAP College Fair 2015
For High School Students and Parents

Over 100 Colleges Represented and 7 workshops offered:
Scottish Rite Center
1895 Camino del Rio South, SD, 92108
Date: Wed. Oct. 28
Time: 6:00-8:30pm
Cost: FREE!!!!
A salute to our new teachers, who by their own example, demonstrate the value of knowledge through their commitment to educate our Preuss students

Ryan Scott
Literacy Teacher

I am very excited about joining becoming a Preuss team member, and I would like to introduce myself. My name is Ryan Scott and I am the new literacy teacher. I am thirty-five years old, and am a native of San Diego. I was born in Chula Vista but graduated from Torrey Pines High School in 1998, where I played football and lacrosse. Afterwards, I attended U.C. Davis for my undergraduate studies and earned my teaching credential and Master's Degree at Alliant International University. After working several types of jobs, from washing cars to teaching children in Japan, I began a career teaching English eight years ago. After six years of teaching at Mar Vista High School in Imperial Beach, growing family needs moved us into our starter home in nearby University City. Ever since, I have dreamed at working at Preuss, but worked at R. Roger Rowe Middle School in Rancho Santa Fe while waiting for a position to open here. While teaching, I have also coached roller hockey and boy’s lacrosse, as well as been an advisor for various school clubs.

On a personal note, my wife and I just celebrated our fifth anniversary and we’ve been fortunate to have a four-year-old daughter, Willa, and a one-year-old son named Tyler. I now spend most of my free time keeping them happy and taking our dog, Bizbee, for walks. I hope to be a nurturing father and supportive husband, as well as an inspiring and effective teacher.

In closing, I would like to express how thankful I am to Ms. Gabay, Mr. Selleck, and Mr. Barton for allowing me to obtain my dream job. Now that I am here, I could not be more content; and am continually impressed by the tremendous staff and students that make Preuss so special. I hope this is the first of many years of my being a Preuss team member.

Meet the New School Teachers and Staff Members

Rebecca Shultis—Math Teacher

Hi everyone! My name is Rebecca Shultis and I just moved to California last month. It’s the first time I have ever been here and I love it! I grew up in Woodstock, NY, about an hour and a half north of NYC. I went to college in Syracuse, NY where I got my Bachelor’s Degree in Mathematics. I then started teaching high school Math while continuing my education by starting a Master’s Degree in Teaching English to Speakers of Other Languages. After completing my Master’s program and my second year of teaching I accepted an offer to teach Math in London. For a year I got to pursue two of my greatest passions, teaching and traveling. I came back to the US in May, traveled around a little more and settled in San Diego and I am so excited to be working here at Preuss.

Angel Prado—Math Teacher

I am Angel Prado, born and raised in San Diego as the middle child of three, to a working class Mexican immigrant family. I was the second to graduate high school and the first to attend a four year university. I applied to The Preuss School when I was in middle school but didn’t get in. However, I am excited to have been accepted as a mathematics teacher. I graduated from Mira Mesa High School and later from San Diego State University where I earned a degree in Mathematics, another in Philosophy and completed a minor in Sociology. I had the opportunity to travel to China where I helped teach English in poor rural communities during the summer. I am currently working on my teaching credential and Masters of Education degree at the University of California San Diego. I enjoy hiking trails throughout San Diego, working in the circus and the martial arts. In my spare time I like to read, play video games or hang out with family.

Eamon Marchant—Science Teacher

My name is Mr. Eamon Marchant and I am very excited to start teaching at the amazing Preuss School! I graduated from UC San Diego with a Bachelors in Physics and Economics before continuing at the same school for my Masters in Education. Through UCSD, I got to start my teaching career at University City High School before teaching Physics at Hoover High and then coming here to Preuss. I love to teach STEM fields, and this year I will be teaching Physics, Physical Science, 8th Grade Tech, and I have a wonderful 8th grade University Prep class. I have loved the first weeks I have been here and I look forward to an amazing school year!
Welcome Back! All textbooks have been checked out to the students and we have just finished our 6th grade orientation. The inside of every student planner should be filled out with all their textbook information. Prices may be obtained from their advisory teacher or the librarian. Our first library notices went out at the beginning of September. Remember if your student/s has textbooks from last year or fines totaling more than $5.00, he/she will not be able to participate in athletics, clubs or school sponsored events. Turning in late textbooks or paying part of their fine will clear them for the month and paying all will clear them for good. Student may volunteer to work off their fines.

It is very important that your student checks each and every one of their textbooks for any damage. Damage can include writing, drawings, water/food stains, torn pages and or torn covers. We cleaned and checked all textbooks that came in last year, but things get missed. If the student does not bring any damage to our attention by the end of September then they will be held responsible at the end of the year. It is a $5.00 minimum charge. TO PREVENT DAMAGE AND EXTEND THE LIFE OF OR TEXTBOOKS IT IS VERY IMPORTANT TO COVER ALL HARD-BOUND TEXTBOOKS WITH BOOK COVERS WE HAVE HERE IN THE LIBRARY.

We are celebrating Banned Books Week from September 27 through October 3rd. Stop by the library to check out books that have been banned or challenged and read about why the book was banned or challenged. We will be having a contest to celebrate, more details to follow in the daily bulletin.

Online library information is on the Preuss School website. Check us out under Current Students. We have links to our databases, the school catalog, the DCP and Overdrive, our ebook collection site. Students are able to access our ebooks using their student ID number.

We have many new additions for the students to check out. As the books are added to the catalog they are placed on the NEW BOOK bookshelf in the front of the library as you walk in the door.

We are always in need of parent volunteers! We hope to see you in the library.

Keep Reading, Ms. Nance and Ms. Gonzalez
Healthy Path  By Vincent Fulchiron

Book Review: “In Defense of Food: An Eater’s Manifesto” by Michael Pollan

Welcome to another year of The Preuss School. This school year I am going to focus on high lighting a book called “In Defense of Food: An Eater’s Manifesto” by Michael Pollan. Michael Pollan has written several books on the subject of food and nutrition, including the “Omnivore’s Dilemma.” I chose to highlight “In Defense of Food” because of its very simple message about eating. This book is available at the San Diego Public Library in book and audio-book form. It also has a companion book called “Food Rules” that provides a list of simple eating rules stressing the ideas discussed in “In Defense of Food.”

The first rule I will present this year from “In Defense of Food” is very, very simple; eat food. Pollan goes on to explain what he means by this simple statement. He puts all food into two categories. The first category is real food. Food that is in its original picked or grown state, such as fruits, vegetables, meats, and eggs to list a few. The second category is food-like substances. This includes 80% of what is sold at the grocery store in the form of processed food products. Examples of food-like substances include chips, candy, cereal, frozen pizza, and many more. Basically, anything in a package with a label. Pollan urges readers to stay as far away from food-like substances as much as humanly possible.

The Western Diet, as Pollan calls it, has allowed us to eat all sorts of processed food-like substances for so long it has now become a part of what we consider our diet. I would encourage all parents to read this book and understand the arguments against food-like substances and what it is doing to our health, social interaction, ideas towards food, and narrowing down of real food options. I hope everyone has a wonderful year and I look forward to sharing more each newsletter.

Covered California– A Health Insurance Plan

By law, most people are now required to have health insurance or pay a penalty when they file their taxes. Through Covered California, a program from the state of California, qualified legal residents of California and their families can compare health insurance plans and enroll in the one that works best for their needs and budget. Financial assistance is available to qualifying individuals and families to help them pay for health insurance premiums. This means the federal government may pay a portion of the health insurance premium. Individuals and families may also qualify for Medi-Cal benefits.

Visit CoveredCA.com to learn more, compare health insurance plans, choose the one that best fits your needs and enroll online. For free, confidential, in-person help, in your area, visit www.CoveredCA.com/get-help/local or call (800) 300-1506.

The open-enrollment period to enroll in Covered California health insurance plans happens once a year. Once the open-enrollment period closes, you may enroll in a Covered California health plan only if you have a qualifying life event that makes you eligible to apply. Some examples of qualifying life events are: losing your health coverage, getting married, moving outside your plan’s coverage area, having a baby and turning 26. To see if you qualify, visit www.coveredca.com/individuals-and-families/getting-covered/special-enrollment. To enroll during this time, you must apply within 60 days of your qualifying life event. For more information and to find free, confidential, in-person help in your area, visit www.CoveredCA.com/get-help/local or call (800) 300-1506.

Undocumented and non-citizen or permanent-resident parents should not fear that applying on behalf of their children or dependents, who may be eligible for health coverage, will result in deportation or other immigration-related actions. For more clarification, read the Immigrations and Customs Enforcement memo on health enrollment and immigration at www.ice.gov/doclib/ero-outreach/pdf/ice-aca-memo.pdf in English and www.ice.gov/espanol/factsheets/aca-memoSP in Spanish.
Welcome back students and parents. Thank you for your hard work and support of your student. My name is Christine Richter RN and I am the school nurse at Preuss. I am here each day to support your student’s health. Maintaining good health is very important to your child’s educational success. Please keep the nurse informed of any health concerns your child has along with current contact numbers for emergencies. If your child has asthma, please be sure an asthma action plan is in place. (see the nurse for required physician forms). If your child needs medication at school, a doctor’s order is required each school year. The medication needs to be kept safe and administered in the nurses office. The following are some ideas to keep your student healthy:

**Healthy Habits:**

Encourage our child to be active, set a goal of 60 minutes/day, family walks are a great time to discuss the day and keep communication lines open. Limit screen time which includes TV, video games, computers to a maximum of 1-2hrs/day. Be sure to have your child brush and floss their teeth twice a day and to see the dentist twice a year. (tooth aches and dental disease can affect school performance and health).

Vision health is important as well, be sure your child wears their glasses at school and gets yearly vision exams. If you need assistance in getting glasses for your student please see the nurse. If your student has lost their glasses, please check with the nurse. Good Vision = Better Performance at school!

**Healthy Eating:**

Assure your child gets 3 healthy meals and 2 nutritious snacks each day, breakfast is especially important to maintain focus at school. Benefits of eating breakfast include higher test scores, reduced absences and tardies and improvement of overall nutrition and healthy body weight. Offer your child a variety of fruits and vegetables, calcium rich foods such as low fat cheese and yogurt, make half your grains whole and go lean with protein. If your child is lactose intolerant, see the nurse for a “a milk substitute”. Water is hydrating without calories.

days...days.days.reat way to hydrate.

Please, contact Christine Richter at 858-822-2291 and fax change 858-822-1620.
Welcome to the 2015-2016 school year! My name is Amanda Esquivel. I am a licensed Marriage and Family Therapist serving as The Preuss School’s Family Support Specialist. My role as the Family Support Specialist is to provide help and support for our students and their families by accessing resources available in the community in addition to providing mental health services. My goal is to eliminate stress/conflict in the home in order to ensure an optimal environment for our Preuss students to be successful. I will be providing stress management assistance to students and parenting classes for parents. See below for more information on parenting classes.

Some common reasons to contact me include assistance with food, clothing, shelter, mental health services, finances, medical services, etc. I am available on campus every day of the week during school hours. Please do not hesitate to contact me with any questions and/or assistance you may need. I can be reached by phone or email. See below for contact information:

Amanda Esquivel, MFT 88617
Family Support Specialist
858-822-1484  a6esquivel@ucsd.edu

**Learn effective parenting skills that will help strengthen your parent & child relationship.**

Dates and topics for parenting classes:
- September 19th - Parenting styles
- October 17th - Family fun/self esteem
- November 7th - Stress busters
- December 12th - Communication/problem solving
- January 23rd - positive parenting
- March 19th - Safe children

Time: 11:00-12:30
Location: School Library
Please Note:
No childcare provided

YEARBOOK ADS & BOOK SALES!!!

Dedication pages for sale! Buy your student a page, or part of a page, in the yearbook to show how proud you are of the accomplishments of your student during their years at Preuss. Dedication pages can include some words of encouragement, pictures of them, and messages from different family members. You can design your own dedication page or have the yearbook staff design it for you. For more information, feel free to contact the yearbook class at pensberg@ucsd.edu.

¿Quiere demostrarle a su hijo que orgulloso está de sus logros durante sus años en Preuss? Compre una página, o una sección de una página, dedicada a una dedicación para su estudiante que será incluida en el anuario. En esta dedicación puede incluir fotografías de su hijo/a, escribirle un mensaje de ánimo, y decirles que de orgullosos están de su hijo/a. Puede diseñar su propia página o recibir ayuda de la facultad en la clase del anuario. Si quiere más información contacte a la clase de anuario a pensberg@ucsd.edu.

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Yearbook Price:
- $45 for Seniors
- $47 6th-11th
- Down Payment: $20

*Cash ONLY: No bills greater than $20.*
*Yearbook will be sold September 10th and 11th in front of Walton Center!*

Deadline to order Dedications for the 2016 yearbook is Friday, Dec 11!
Parent News

By Sandra Gutierrez,
Volunteer Programs Coordinator

Preuss 101 – Parent Academy

On August 29, 2015 The Preuss School held the Parent Academy. There were a total of 44 families represented.

Parents were able to drink coffee with the principal, learn important information about the school’s policies and procedures, and they were able to meet and socialize with other Preuss parents. It was a great way for parents to learn ways in which to support their student’s success.

New this year!
Parenting classes in English and Spanish

By Ms. Esquivel

Saturday, September 19th, “Parenting Styles” 11:00am-12:30pm, Preuss Library

Saturday, October 17th, “Family Fun/Self-Esteem” 11:00am-12:30pm, Preuss Library

Saturday, November 7th, “Stress Busters” 11:00am-12:30pm, Preuss Library

Saturday PTA General Meetings

*Mark your calendars!

September 2015
1st - PTA Executive Board Meeting, 5:30-7:00pm
19th - General Meeting, Walton Center, 9:30-11:00am
19th – Parenting Class “Parenting Styles”, Library, 11:00am-12:30pm

October 2015
6th - PTA Executive Board Meeting, 5:30-7:00pm
17th - General Meeting, Walton Center, 9:30-11:00am
17th – Parenting Class “Family Fun/Self-Esteem”, Library, 11:00am-12:30pm

November 2015
3rd - PTA Executive Board Meeting, 5:30-7:00pm
7th - General Meeting, Walton Center, 9:30-11:00am
7th – Parenting Class “Stress Busters”, Library, 11:00am-12:30pm

December 2015
1st - PTA Executive Board Meeting, 5:30-7:00pm
12th - General Meeting, Walton Center, 9:30-11:00am
12th – Parenting Class “Communication/Problem Solving”, Library, 11:00am-12:30pm

January 2016
5th - PTA Executive Board Meeting, 5:30-7:00pm
23rd - General Meeting, Walton Center, 9:30-11:00am
23rd – Parenting Class “Positive Parenting”, Library, 11:00am-12:30pm

February 2016
2nd - PTA Executive Board Meeting, 5:30-7:00pm
20th - General Meeting, Walton Center, 9:30-11:00am
Family Potluck, 11:00-1:00pm

March 2016
3rd - PTA Executive Board Meeting, 5:30-7:00pm
19th - General Meeting, Walton Center, 9:30-11:00am
PTA Elections
19th – Parenting Class “Safe Children”, Library, 11:00am-12:30pm

April 2016
5th - PTA Executive Board Meeting, 5:30-7:00pm
23rd - Dinner and Dance sponsored by the PTA, Walton Center, 5:00-10:00pm
No general meeting

May 2016
3rd - PTA Executive Board Meeting, 5:30-7:00pm
21st - General Meeting, Walton Center, 9:30-11:00am

June 2016
7th - PTA Executive Board Dinner, 5:30-7:00pm
12th - Parent Appreciation Event, 9:30-11:00am - No general meeting
23rd - Last day of school, Minimum Day
23rd - High School Graduation starts at 4:00pm

If you are interested in volunteering for any of these opportunities please contact, Sandra Gutierrez, Volunteer Coordinator at (858) 822-0020 or email preussvolunteer@ucsd.edu
Fall 2016 Admissions Applications will be Available October 1st, 2015

You may pick up a copy of the Fall 2016 application at The Preuss School Main Office or print a copy online at [https://preuss.ucsd.edu/admissions](https://preuss.ucsd.edu/admissions).

If you’re interested in applying for the next school year, please keep in mind the Preuss admission requirements:

◊ Only students entering the 6th, 7th, 8th, or 9th grade in the Fall of 2016 may apply.
◊ All families must meet the income eligibility criteria as defined by the 2015 federal guidelines.
◊ Federal guidelines are available in the application and on the Preuss website.
◊ The parents or chief guardians are NOT graduates of a four-year college or university.
◊ Applicants must submit a completed application by Friday, December 18th

Students who meet the admissions requirements will be placed into a lottery at the end of March 2016, where they will be selected at random for admission.

If you have any questions about the admissions process or applications, please join us at the School Open House on Saturday, November 7th or contact Addie Honeycutt at 858-822-0408 [preussadmission@ucsd.edu](mailto:preussadmission@ucsd.edu)

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**UPCOMING SCHOOL EVENTS**

9/18: Make-up Picture Day- 8:00 a.m.–4:00 p.m.
9/19: Saturday Enrichment Academy- 9:00-11:00 a.m.
9/19: General Parent Meeting: 9:30-11:00 a.m.
9/19: 12th Grade College Kick-off Meeting, Walton Center, 11:30 a.m.-1:30 p.m.
9/19: Parenting Class, 11:00-12:00 p.m.
9/26: Girls in Stem, 9:00-am-3:00pm Walton Center
10/3: Saturday Enrichment Academy- 9:00–11:00 a.m.
10/14: PSAT Test for 8-11 graders- 8:55 a.m.–12:15p.m.
10:15: Senior Assembly: 1:00p.m–2:21p.m
10/17: Saturday Enrichment Academy- 9:00–11:00 a.m.
10/17: General Parent Meeting–Walton Center– 9:30 a.m.-11:00 a.m.
10/21: Jostens’ Graduation Orders for Seniors– 12:15-12:44p.m.
10/26-10/30: Spirit Week– A week of activities for students
11/7: Saturday Enrichment Academy- 9:00–11:00 a.m.
11/7: General Parent Meeting–Walton Center– 9:30 a.m.-11:00 a.m.
11/7: New Applicant Open House for interested students, Saturday, 11:00 am.-12:30 p.m.
11/14 Robotics Tournament– Preuss School–8:00 a.m.-6:00

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**PRIMARY LINKS TO CONTACT**

**ATTENDANCE AND TRANSPORTATION**

(858) 822-0311– Reporting a student absence or picking-up your child early
(858) 822-1738– For any information regarding transportation
(858) 496-8460– SDUSD Transportation– Emergency number to call when a bus is late or did not pick-up students

**Special Thanks to the Insight Newsletter Contributors:**

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