Chelsea’s Light Peer Corps Inspirational Quote Of The Day: A mind once stretched by new thoughts can never regain its original shape. -Albert Einstein

SAT WORDS: dismay /verb/ consternation and distress, typically that caused by something unexpected

New Items:

APRIL IS NATIONAL POETRY MONTH. Today’s poem is an excerpt from a longer poem about how doing our best gives purpose and meaning to our lives.

To be of use
By Marge Piercy

The people I love the best
jump into work head first
without dallying in the shallows
and swim off with sure strokes almost out of sight.
they seem to become natives of that element,
the black sleek heads of seals
bounding like half-submerged balls.

I love people who harness themselves, an ox to a heavy cart,
who pull like water buffalo, with massive patience,
who strain in the mud and the muck to move things forward,
who do what has to be done, again and again.

Reminder Items:

Congratulations: To the pre-engineering students who competed Saturday in the "Flying Car" contest in Balboa Park. The following teams all made it to at least the third round: Michael Stoddard & Aaron Castillo, Jocelyn Licona & Dulce Alvarado, Gicel Abraham & Richard Montalvo, & Christian Baez. Extra Congratulations to prize winners Aaron Garcia & Max Lopez who placed 2nd in the field of over 30 teams with an impressive 5’ jump! (4/28 Mr.Rupert)

All Students and Staff: We all feel a little tense and stressed sometimes, so please come and join us on Tuesday, April 25th for our weekly Stretch and Breathe session during lunchtime. We will meet on the Walton Center Stage at 11:55 for middle school, or 12:30 for high school. See you there! (4/25 Ms. Patrick & Ms. Spruce)

Upcoming Events:

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DAY</th>
<th>DATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Girls Academy Set Up</td>
<td>Friday</td>
<td>4/28</td>
</tr>
<tr>
<td>Set up for Girls Academy, Walton Center, 4:00-6:00pm</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Girls Academy</td>
<td>Sat-Sun</td>
<td>4/29-30</td>
</tr>
<tr>
<td>Girls Academy Sponsored by UC San Diego Sorority Kappa Kappa, Walton Center, 7:00am Saturday – 12:00pm Sunday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>AP Testing 2017</td>
<td>Mon - Fri</td>
<td>5/1-5/12</td>
</tr>
<tr>
<td>School Start regular time 8:55 on Friday 5/5 only</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The Preuss School UCSD
(858) 822-3000