Chelsea’s Light Peer Corps Inspirational Quote Of The Day: “Don't judge each day by the harvest you reap but by the seeds that you plant.” —Robert Louis Stevenson

SAT WORDS: anecdote /noun/ a short and amusing or interesting story about a real incident or person

New Items:

Bioengineering Guest Speak: Scheduled for today during advisory has been cancelled. Please see the flyer for next month's speaker. (2/1 Mrs. Artz)

Students: The Preuss School UCSD has a dress code to establish a neat appearance and avoid disruptions in the school environment. The dress code also establishes a sense of community and team spirit. Students must wear a Preuss polo shirt; outer garments must be navy blue with the Preuss logo. Gum chewing is prohibited. Selleck

Attn: High School Students: Do you like public speaking? Are you passionate about a topic and want to convince others of your position? Perhaps you would be interested in participating in the Rotary 4 Way Test Speech Contest. Attend info meeting to learn more about this contest and yes there are cash prizes!

Wed. Feb. 1st
High School Lunch
Room D203 (2/1 Ms. Resendez)

Reminder Items:

All Students: Yearbook will be holding another pre-sale beginning Monday, February 6th- Friday, February 10th during both Middle School and High School lunch. Yearbooks will be sold for $50 in front of the Walton Center. If you have any holiday pictures with friends and family that you’d like to share feel free to email them to: preussyearbook2017@gmail.com. Come ready to order your 2017 yearbook! Down payments are $20 Cash only. No bills greater than $20 please. (2/10 Mr. Ensberg)

Congratulations Middle School Spelling Bee Contestants!
Please congratulate this year's classroom spelling bee winners:

7th
Meliya Russom
Alexia Melendez Bustos
Valeria Garcia
Brian Ponce

8th
Reyna Cedillo
Leana Lowe
Katie Callier-Garcia
Shuyb Ahmed
These contestants will compete in the school wide spelling bee this Wednesday, Feb 2, in the Walton Center. The winner will represent Preuss in the county spelling bee in March. (2/1 Mr. Ensberg)

The Annual Preuss School Bookmark Contest Starts Today! This year’s theme is ‘Favorite Literary Villain.’ Pick up a bookmark from the library circulation desk. Rules and requirements are posted in each class and we have flyers in the library. Completed bookmarks are due back February 17th. Winners will receive a book of their choice or a $10 gift card to Barnes & Noble. Good Luck! (2/17 Ms. Nance/Ms. Gonzalez)

Upcoming College Prep Events: Sign up on Naviance

<table>
<thead>
<tr>
<th>College</th>
<th>WHO</th>
<th>Location</th>
<th>Date</th>
<th>TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore STEM with UCSD CREATE</td>
<td>6-12 grade</td>
<td>Logan Heights Library</td>
<td>1/31/17</td>
<td>6:30 PM</td>
</tr>
<tr>
<td>Rotary Speech Contest info meeting-Cash Prizes!</td>
<td>9-12 grade</td>
<td>D203</td>
<td>2/1/17</td>
<td>12:15 PM</td>
</tr>
<tr>
<td>STEM Speaker: Computer Simulation and the Future of Cardiac Health</td>
<td>9-12 grade</td>
<td>TBA</td>
<td>2/1/17</td>
<td>1:00 PM</td>
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<tr>
<td>SAT Prep Class</td>
<td>10-11 grade</td>
<td>D203</td>
<td>2/6/17</td>
<td>4:00 PM</td>
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<tr>
<td>Careers in Criminal Justice/FBI</td>
<td>9-12 grade</td>
<td>D203</td>
<td>2/7/17</td>
<td>12:15 PM</td>
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(2/7 Ms. Resendez)

Attn: High School Students interested in STEM: Society of Asian Scientists and Engineers at UC San Diego (SASE) is a collegiate student organization focused on professionally developing students in the STEM field. You are invited to The SASE West Regional Conference at UCSD on Saturday, February 25, 2017. It is a whole day conference that will provide opportunities for students to participate in workshops led by professionals and to network.

For those who are interested, please register https://www.eventbrite.com/e/sase-west-regional-conference-ucsd-tickets-30347333692#tickets with promo code SASEHIGH by February 17th and send us your filled out waiver form (See Ms. Resendez for the waiver form) to ucsd@saseconnect.org so we can prepare for your visit! The promo code will waive the registration fee. (2/25 Ms. Resendez)

Attention High School Students: Interested in how you can apply STEM once you graduate from college? Here are some upcoming opportunities. Note, some of them require sign up in advance.

FEBRUARY IS ENGINEERING MONTH! What do engineers do? They solve problems - they are creative - they make the world a better place. Be an Engineer!

Wednesday Feb. 1 - Biomedical Engineering Program presents "How Computer Simulations Can Predict and Treat Heart Attacks". Wednesday, February 1 Block 3 from 1-2 pm in the Library.

Tuesdays in February: (2/7, 2/14, 2/21, 2/28): UCSD Biomedical Engineering Society presents a month-long series on applying engineering design and principles to solving real world problems. Tuesdays after school 4-5:15 in C101. Bring a group of friends - this is a team activity! SIGN UP REQUIRED and space is limited. See Mrs. Artz to sign up.
Juniors- Does spending your summer on a glacier in Greenland sound interesting? How about studying penguins in Antarctica? If so, consider applying for the Joint Science Education Project (JSEP). Applications are due January 31. For more information, go to their website: https://dickey.dartmouth.edu/environment/programs (2/1 Mrs. Artz)

**Attention Junior and Senior Girls:** The SDSU STEM Career Conference is coming up on Saturday, February 4. As a student, you will practice networking, enjoy a light breakfast and be inspired by presentations from successful women in STEM professions. Registration is required and the cost is $10. Information on registration is on Naviance. (2/3 Mrs. Artz)

**San Diego Youth Art Month Exhibition:**
Congratulations to Quynh Truong, Phuong Nguyen, and Natalie Ruybal for placing as finalists in the San Diego Youth Art Month Exhibition. This is a national competition and their work will be on display at the Rose Gallery at Frances Parker School Jan 23- March 5. (3/5 Ms. Noorzay)

**Attention High School Girls:**
Envision 2017 High School Conference @ UC San Diego
This conference is designed for high school girls to learn more about STEM
Saturday, February 25th, 2017
8am-4:40pm
Check-in at Jacobs Hall Lobby
Price: FREE
LIMITED SPOTS! Register before Jan. 18. First 100 students receive a free t-shirt.
http://ucsdenvision.wixsite.com/envision/students (2/25 Ms. Resendez)

**Students**- Students may not stay afterschool unless they are part of a school sponsored, staff supervised activity. The late activity buses are scheduled to be full for the remainder of the school year. Students must sign up for tutoring ahead of time to ensure that there will be space available in the classroom, and on the bus. Trips to the Price Center or UTC are strictly prohibited. Unfortunately, there is not room on the bus for students to be spectators at Preuss sporting events. (1/31 Mr. Selleck)

<table>
<thead>
<tr>
<th>EVENT</th>
<th>DAY</th>
<th>DATE</th>
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<tbody>
<tr>
<td>Preuss/Wells Fargo Holiday Give Back Advisory Classes</td>
<td>Mon-Fri</td>
<td>12/16-2/17</td>
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<tr>
<td>UC San Diego School of Medicine Tour 11th grade students to attend UC San Diego Undergrad Med. School Social and Behavioral Program, UC San Diego, 12:00-4:00pm</td>
<td>Wednesday</td>
<td>2/1</td>
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<tr>
<td>School wide Spelling Bee Middle School Students, Walton Center, 2:30-4:00pm</td>
<td>Wednesday</td>
<td>2/1</td>
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<tr>
<td>Stress Management Workshop in the Classrooms Workshop provided during Advisory for 7th and 9th grade once a month for 6 months. Family support specialist will go to classrooms to provide stress management curriculum.</td>
<td>Wed. &amp; Thurs.</td>
<td>2/1 &amp; 2/2</td>
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<tr>
<td>ASB Ball Ticket Sales Front of Walton Center, 12:15-12:44pm</td>
<td>Wed – Fri</td>
<td>2/1-2/3</td>
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<tr>
<td>Perfect Attendance Recognition Students with Perfect Attendance only, Walton Center, 11:37am-12:44pm</td>
<td>Thursday</td>
<td>2/2</td>
</tr>
<tr>
<td>Preuss Board of Directors Meeting Monthly board meeting. Open to the public. Community Room. 4:15 -6:00 p.m.</td>
<td>Thursday</td>
<td>2/2</td>
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Saturday Enrichment Academy - 9:00am - 11:00am
Students sign up in Advisory class for tutoring by teachers and tutors. Classrooms, 9:00 a.m. -11:00 a.m. Transportation is available to attend SEA.
-See the schedule below:
7:35 - Keiler Middle School (Lisbon St. @ Woodrow Ave.)
7:55 - Logan Elementary (2875 Ocean View Blvd)(North Side of School)
8:05 - Amtrak -Downtown @ Kettner Blvd. (Westside Kettner at C St.)
8:20 - El Cajon Blvd. @Marlborough Av. NW
8:55 - Dropping at the Preuss School
11:00 – Bus leaves Preuss to same locations

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<tr>
<th>Saturday</th>
<th>2/4</th>
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