Chelsea’s Light Peer Corps Inspirational Quote Of The Day: Wake up with determination. Go to bed with satisfaction. -George Lorimer

SAT WORDS: diffuse /adjective/ spread out over a large area; not concentrated

New Items:

April Is National Poetry Month. Ever have a tough day? Today’s poem for April 19, 2017 is by Langston Hughes, a famous African American poet that many students know because of his “Dreams Deferred” poem. In the poem below, he captures those difficult times we sometimes feel called “the blues.”

THE BLUES
When the shoe strings break
On both your shoes
And you’re in a hurry—
That’s the blues.

When you go to buy a candy bar
And you’ve lost the dime you had—
Slipped through a hole in your pocket somewhere—
That’s the blues, too, and bad!

Reminder Items:

Attention All Middle And High School Girls. The Society of Women Engineers Exploring Technology (SWEET) is hosting an event for girls on Saturday, April 22nd from 12:30pm – 5:00pm. This half-day workshop will have engineering-related, hands-on activities for 6–12th grade girls and will include a strand for parents to learn about engineering careers also. Participant or Parent Fee: $7 (includes snacks) and registration closes on Wednesday, 4/19. Register at: https://sweet2017.eventbrite.com. (4/19 Mrs. Artz)

Attention Seniors: Are you considering attending UCSD next year? Are you looking for a full time summer job to help pay some of your college expenses? How about a summer job that turns into a part time job once school begins in September? If you are planning on majoring in any STEM field, consider applying for a CURE position this summer. CURE is a program that places students in labs full time in the summer between graduation and the beginning college. Students who complete the summer program can continue on in the lab on a part time basis AND receive college credit at the same time. Information meeting: Friday, May 21 at lunch in room C101. Questions? See Mrs. Artz. (4/19 Mrs. Artz)

Attn: Preuss School Female Students: Join the 7th annual F.A.N.C.Y. Focused and Naturally Confident Youth teen Girls Expo. Saturday April 22, 2017 from 9:00 AM to 2:00 PM. This event is free and it’s for ages 11-17! Don’t miss out on this expo and awesome leadership opportunity! It will take place at O’Farrell Charter School 6130 Skyline Dr, San Diego, CA 92114. You can find more information at www.detourempowers.org. (4/22 Ms. Resendez)
Attn: High School Students. Do you need a dress for prom or other formal event? Here are two opportunities to get a free dress!

The Princess Project of San Diego will be hosting dress giveaway days on April 7, 8, 9, 12, 19, 21 and 22. All 8 days will be hosted at the Horton Plaza Mall in Downtown San Diego. On April 22, they will be hosting their event at three more locations: the Vista Library, the El Cajon Library and the South Chula Vista Library. To attend, you must RSVP online here to book your appointment and bring your high school ID. For more information about rules and the event, be sure to view their website http://www.princessprojects.org/ (4/22 Ms. Resendez)

Attention All 8th -11th Grade Female Volleyball Players: Coach Zamora is offering interested athletes a chance to participate in the Spring Volleyball Clinics! This year the clinics will be held on Tuesday, Wednesday and Thursday April 18, 19, and 20th from 4:10-5:20 PM in the Walton Center. The sessions will improve fundamental volleyball skills within a fun and positive environment. The participants will be separated into skill appropriate sessions emphasizing player development in passing, serving, serve-receive, setting, hitting, defense and team formations. Players will also have an opportunity to learn and interact with the Coach Zamora and the Varsity Team. In order to participate in the volleyball clinics a permission slip must be filled out signed by a parent or guardian and must be returned to Coach no later than Friday April 14th. Space is limited and only the first 40 participants will secure a spot in this year’s clinics. The permission slips may be picked up before school or during middle and high school lunch in room D202 or workroom D204. (4/20 Ms. Zamora Luna)

Upcoming Events:

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<tr>
<th>EVENT</th>
<th>DAY</th>
<th>DATE</th>
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<tr>
<td>Stress Management Workshops in the Classroom Workshop will be provided during 7th and 9th Grade Advisory once a month for 6 months. Family support specialist to provide curriculum</td>
<td>Wed - Thurs</td>
<td>4/19-20</td>
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<tr>
<td>Career Day La Jolla Golden Triangle Rotary Club Sponsored Career Day for 11th grade students, Walton Center, 12:45-4:00pm</td>
<td>Wednesday</td>
<td>4/19</td>
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<td>Parent Dinner Dance Set-Up Parent Volunteers Needed to set-up</td>
<td>Friday</td>
<td>4/21</td>
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<td>Saturday Enrichment Academy - 9:00am - 11:00am Please see above for bus stops and times</td>
<td>Saturday</td>
<td>4/22</td>
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<td>PTA Dinner Dance Walton Center, 5:00 p.m. – 10:00 pm, One of the PTA’s biggest fundraisers of the year. We hope to see everyone there. Parent only event. Cost is $15 for one person. Purchase tickets from Ms. Gutierrez in the Front Office</td>
<td>Saturday</td>
<td>4/22</td>
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