

*The Preuss School UCSD
Daily Bulletin "A" Day
Monday, April 17, 2017*

Chelsea's Light Peer Corps Inspirational Quote Of The Day: "If your nerve, deny you--
go above your nerve." –Emily Dickinson


SAT WORDS: devoid /adjective/ entirely lacking or free from

New Items:

APRIL IS NATIONAL POETRY MONTH. Today's poem for April 17, 2017 by one of America's most esteemed and popular African-American poets, Nikki Giovanni, asks what have you got that makes your life special?

AND I HAVE YOU

By Nikki Giovanni

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| 1. Rain has drops
Sun has shine
Moon has beams
That make you |  | 4. Winter has Spring
Stockings feet
Pepper has mint
To make it sweet |
| 2. Rivers have banks
Sand for shores
Hearts have heartbeats
That make me yours | | 5. Teachers have lessons
Soup du jour
Lawyers sue bad folks
Doctors cure |
| 3. Needles have eyes
Though pins may prick
Elmer has glue
To make things stick | | 6. All in all
This much is true
You have me
And I have you |

Reminder Items:

All Students and Staff: Please come and join us on Tuesday, April 18th for a calming Stretch and Breathe session during lunchtime. We will meet on the Walton Center Stage at 11:55 for middle school, or 12:30 for high school. See you there! **(4/18 Ms. Patrick & Ms. Spruce)**

Attn: Preuss School Female Students: Join the 7th annual F.A.N.C.Y. Focused and Naturally Confident Youth teen Girls Expo. Saturday April 22, 2017 from 9:00 AM to 2:00 PM. This event is free and it's for ages 11-17! Don't miss out on this expo and awesome leadership opportunity! It will take place at O'Farrell Charter School 6130 Skyline Dr, San Diego, CA 92114. You can find more information at www.detourempowers.org . **(4/22 Ms. Resendez)**

Attn: High School Students. Do you need a dress for prom or other formal event? Here are two opportunities to get a free dress!

The Princess Project of San Diego will be hosting dress giveaway days on **April 7, 8, 9, 12, 19, 21 and 22**. All 8 days will be hosted at the Horton Plaza Mall in Downtown San Diego. On April 22, they will be hosting their event at three more locations: the Vista Library, the El Cajon Library and the South Chula Vista Library. To attend, you must RSVP online [here](http://www.princessprojectsd.org/) to book your appointment and bring your high school ID. **For more information about rules and the event, be sure to view their website <http://www.princessprojectsd.org/>.** **(4/22 Ms. Resendez)**

**The Preuss School UCSD
(858) 822-3000**

Attention All 8th -11th Grade Female Volleyball Players: Coach Zamora is offering interested athletes a chance to participate in the Spring Volleyball Clinics! This year the clinics will be held on Tuesday, Wednesday and Thursday April 18, 19, and 20th from 4:10-5:20 PM in the Walton Center. The sessions will improve fundamental volleyball skills within a fun and positive environment. The participants will be separated into skill appropriate sessions emphasizing player development in passing, serving, serve-serve, setting, hitting, defense and team formations. Players will also have an opportunity to learn and interact with the Coach Zamora and the Varsity Team. In order to participate in the volleyball clinics a permission slip must be filled out signed by a parent or guardian and must be returned to Coach no later than Friday April 14th. Space is limited and only the first 40 participants will secure a spot in this year's clinics. The permission slips may be picked up before school or during middle and high school lunch in room D202 or workroom D204.

(4/20 Ms. Zamora Luna)

Upcoming Events:

<u>EVENT</u>	<u>DAY</u>	<u>DATE</u>
La Jolla Literary Society Luncheon Students will interview and have lunch with Author Dominic Smith, La Jolla Country Club, 10:30am – 2:30pm	Tuesday	4/18
Stress Management Workshops in the Classroom Workshop will be provided during 7th and 9th Grade Advisory once a month for 6 months. Family support specialist to provide curriculum	Wed - Thurs	4/19-20
Career Day La Jolla Golden Triangle Rotary Club Sponsored Career Day for 11th grade students, Walton Center, 12:45-4:00pm	Wednesday	4/19
Parent Dinner Dance Set-Up Parent Volunteers Needed to set-up	Friday	4/21
Saturday Enrichment Academy - 9:00am - 11:00am Please see above for bus stops and times	Saturday	4/22
PTA Dinner Dance Walton Center, 5:00 p.m. – 10:00 pm, One of the PTA's biggest fundraisers of the year. We hope to see everyone there. Parent only event. Cost is \$15 for one person. Purchase tickets from Ms. Gutierrez in the Front Office	Saturday	4/22