

*The Preuss School UCSD  
Daily Bulletin "A" Day  
Friday, April 14, 2017*

**Chelsea's Light Peer Corps Inspirational Quote Of The Day:** "Nothing can bring peace but yourself. Nothing can bring you peace but the triumph of principles."  
–Ralph Waldo Emerson

**SAT WORDS:** determine verb 1. cause (something) to occur in a particular way; be the decisive factor in 2. ascertain or establish exactly, typically as a result of research or calculation\*

**New Items:**

**April is National Poetry Month.** Today's poem for Friday, April 14, 2017, is by American poet, Robert Frost, who wrote poems that examined themes of everyday people's lives such as loneliness, choices, beauty, and dreams.

**A MINOR BIRD**

I have wished a bird would fly away,  
And not sing by my house all day.

Have clapped my hands at him from the door  
When it seemed as if I could bear no more.

The fault must partly have been in me.  
The bird was not to blame for his key.

And of course there must be something wrong  
In wanting to silence any song.



**All Students and Staff:** Please come and join us on Tuesday, April 18<sup>th</sup> for a calming Stretch and Breathe session during lunchtime. We will meet on the Walton Center Stage at 11:55 for middle school, or 12:30 for high school. See you there! **(4/18 Ms. Patrick & Ms. Spruce)**

**Reminder Items:**

**Attn: Preuss School Female Students:** Join the 7<sup>th</sup> annual F.A.N.C.Y. Focused and Naturally Confident Youth teen Girls Expo. Saturday April 22, 2017 from 9:00 AM to 2:00 PM. This event is free and it's for ages 11-17! Don't miss out on this expo and awesome leadership opportunity! It will take place at O'Farrell Charter School 6130 Skyline Dr, San Diego, CA 92114. You can find more information at [www.detourenpowers.org](http://www.detourenpowers.org) . **(4/22 Ms. Resendez)**

**Cheer Tryouts:** All students currently in grades 9-11 who are interested in trying out for the 2017-18 Preuss School cheer squad should attend an informational meeting in Ms. Garcia's room E103 on Friday, April 14<sup>th</sup> during high school lunch. We will be distributing eligibility packets and giving general information about tryouts. If you cannot attend the meeting, please see Ms. Garcia on or before this date. Go Tritons! **(4/14 Ms. Garcia)**

**Attn All Preuss Students And Parents:**

Ready Now San Diego and Students Without Limits invite Preuss School families to a free workshop

**Immigration Presentation: Know your rights and get update on immigration policy  
Saturday, April 15, 2017  
10 am in room D203. (4/15 Ms. Resendez)**

**The Preuss School UCSD  
(858) 822-3000**

**The Filipino Undergraduate Society for Health (PUSH) at UC San Diego:** Would like to invite all students at The Preuss School to attend their 3rd Annual Health Summit on Saturday April 22, 2017. They are a student-led organization that wants to provide access and resources for minority and under-served high school students in San Diego that are interested in the health profession and field. This free event will take place at UCSD and is a pre-health conference for students interested in healthcare and/or medicine. There will be a variety of speakers throughout the day. Breakfast and lunch will be provided to students that pre-register to attend this event. If you would like to attend this event, RSVP by emailing [push.ucsd@gmail.com](mailto:push.ucsd@gmail.com) to let them know you will be attending.

**(4/14 Ms. Resendez)**

**Pitch Competition Winners:**

Congratulations to our final four winners of The Pitch Competition in Dr. Kiani's IM2 classes. Each of our final winners will be starting their own business with prize money and the help of a mentor.

Watch out for our newest entrepreneurs:

Jennifer Sanchez, founder of Jolie Apparel

Pariss Payne, founder of Asa

Ashley Aguilar, founder of Chicanas United

Celia Rios, founder of TeachABLE App

**(4/14 Dr. Kiani)**

**Attn: High School Students. Do you need a dress for prom or other formal event? Here are two opportunities to get a free dress!**

**The Princess Project of San Diego** will be hosting dress giveaway days on **April 7, 8, 9, 12, 19, 21 and 22**. All 8 days will be hosted at the Horton Plaza Mall in Downtown San Diego. On April 22, they will be hosting their event at three more locations: the Vista Library, the El Cajon Library and the South Chula Vista Library. To attend, you must RSVP online [here](#) to book your appointment and bring your high school ID. **For more information about rules and the event, be sure to view their website <http://www.princessprojectsd.org/>.** **(4/22 Ms. Resendez)**

**High School Student Event Only:** Are you interested in participating in a Skype call with our sister school in Jalalabad, Afghanistan? If so, please join us on Monday April 10th from 5:30-7:30. Dinner will be provided and a bus will be available for you to go home (SEA stops, only). Please pick up a permission slip from Mrs. Petraglia in room A103 and return it by Friday April 14."

**(4/14 Mrs. Petraglia)**

**High School Students:** The Preuss Insider is now taking applications for its 2017-2018 staff. Journalism is looking for students interested not only in writing but also taking pictures, fundraising, and designing the paper. Students who selected Journalism on their course selection sheet must still go through the application process, and if you did not, you can still change your mind and apply for the class. Just pick up your application from Ms. Garcia in room E103 and return it to Ms. Garcia by Fri, April 14. Journalism is a student-led class with lots of opportunities for leadership positions. Apply today! **(4/14 Ms. Garcia)**

**Seniors!** Don't forget to send in your baby pictures. Email them to the yearbook team at [preussyearbook2017@gmail.com](mailto:preussyearbook2017@gmail.com). Or bring in your actual photos and yearbook will scan them and return them to you. **(4/14 Mr. Ensberg)**

**All Students:** Yearbook will be holding another pre-sale beginning Monday, April 10th- Friday, April 14th during both Middle School and High School lunch. Yearbooks will be sold for \$55 in front of the Walton Center. If you have any holiday pictures with friends and family or ASB Ball pictures that you'd like to share, feel free to email them to: [preussyearbook2017@gmail.com](mailto:preussyearbook2017@gmail.com). Come April 10 ready to order your 2017 yearbook! Down payments minimum \$20. Cash only. No bills greater than \$20 please. **(4/14 Mr. Ensberg)**

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**Attention All 8<sup>th</sup> -11<sup>th</sup> Grade Female Volleyball Players:** Coach Zamora is offering interested athletes a chance to participate in the Spring Volleyball Clinics! This year the clinics will be held on Tuesday, Wednesday and Thursday April 18, 19, and 20<sup>th</sup> from 4:10-5:20 PM in the Walton Center. The sessions will improve fundamental volleyball skills within a fun and positive environment. The participants will be separated into skill appropriate sessions emphasizing player development in passing, serving, serve-serve, setting, hitting, defense and team formations. Players will also have an opportunity to learn and interact with the Coach Zamora and the Varsity Team. In order to participate in the volleyball clinics a permission slip must be filled out signed by a parent or guardian and must be returned to Coach no later than Friday April 14th. Space is limited and only the first 40 participants will secure a spot in this year's clinics. The permission slips may be picked up before school or during middle and high school lunch in room D202 or workroom D204.

**(4/20 Ms. Zamora Luna)**

**Upcoming Events:**

<b><u>EVENT</u></b>	<b><u>DAY</u></b>	<b><u>DATE</u></b>
<b>Yearbook Pre-sale, Middle School and High School lunch Walton Center in front</b>	<b>Mon-Fri</b>	<b>4/10-14</b>
<b>Airband School Talent Show/fundraiser for the Senior Class, Walton Center, 6:00-8:30pm</b>	<b>Friday</b>	<b>4/14</b>
<b>Amie Scully Presentation to Parents Immigration Attorney to update parents on new immigration policies, Classroom D203, 10:00 – 11:30am</b>	<b>Saturday</b>	<b>4/15</b>