

WEEK 7

SEPTEMBER 18, 2023

# THE PREUSS SCHOOL UC SAN DIEGO

## QUOTE OF THE DAY:

"Life is not what you alone make it. Life is the input of everyone who touched your life and every experience that entered it. We are all part of one another."

—Yuri Kochiyama

## SAT WORD:

convoluted (adj): highly complex or intricate

HAPPY MONDAY,  
SCHOLARS!

REMEMBER THE  
PREUSS WAY IS  
KINDESS, RESPECT,  
AND EXCELLENCE.  
HAVE A GREAT DAY!

## REMINDERS

- Please remember to pick up your trash before leaving the lunch tables after eating.
- Personal athletic equipment are no longer allowed on campus.
  - First offense: Items will be taken away and not returned until the end of the school day.
  - Second offense: Items will be taken and not returned.
- Dress Code:
  - Collared shirts only
  - No jeans or sweats may be worn
  - AirPods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.

## MTS TROLLEY RIDER INSIDER INFO!

CLICK HERE!

### MTS Rider Insider Trolley Information

Please take a moment to learn about the MTS "See Something, Say Something" information. Click the MTS icon to read!

If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960.

Put these important numbers in your phone so you have them available anytime you ride the trolley



**HIGH SCHOOLERS! CLICK HERE TO SIGN UP FOR COLLEGE REP VISITS!**  
**REMEMBER: STUDENTS THAT SIGN UP FOR THE MOST REP VISITS**  
**WILL BE ENTERED INTO A RAFFLE!! :D**

## FEEDING AMERICA FOOD DISTRIBUTIONS

Food distributions will be every 2nd and 4th Thursday of each month! Receive free and nutritious food for you and your family! A variety of prepackaged dry goods items and bulk produce is available to all families and community members. Distribution will start around 3:30pm, so come join us!

# JOIN SCIENCE OLYMPIAD!

QUESTIONS?  
MR. FOZI  
C202

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.



## *Reminder*

THE PREUSS YEARBOOK IS OFFERING A DEDICATION PAGE FOR ANYONE THAT WANTS TO CREATE A PAGE FOR THEIR STUDENT/MENTEE.

WE WILL BE STARTING AS OF TODAY (9/5/2023)  
DEADLINE: DECEMBER 1, 2023

PRICES-  
FULL PAGE; \$250  
HALF PAGE: \$175  
QUARTER PAGE: \$100  
EIGHT PAGE: \$60

FOR MORE INFORMATION  
CONTACT: [PENSBERG@UCSD.EDU](mailto:PENSBERG@UCSD.EDU)

# CLUB ANNOUNCEMENTS

## INTERACT CLUB

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

## UNDOCUMENTED STUDENTS & ALLIES CLUB

The Undocumented Students & Allies Club (Aka Dreamers Club) will be having our first meeting this year on Monday 9/18/23 during HS lunch in E202! If you have any questions please email Ms. Esparza at [iesparza@ucsd.edu](mailto:iesparza@ucsd.edu).

## TSU-NAMI WEEKLY AFFIRMATIONS

"Nothing can dim the light  
that shines from within."

– Maya Angelou

## APIA CLUB

Are you interested in hosting events, dancing, or learning about Asian Pacific Islander culture? If so, come join us every WEDNESDAY during LUNCH in Room D203. Everyone is welcome!

# CELEBRATING HISPANIC/LATINX HERITAGE MONTH

It may be surprising to learn how many things in American culture trace back to Hispanic culture. For example, cowboys may seem like the epitome of American masculinity, but the concept grew out of the Spanish tradition of the vaquero—most famously embodied by Cervantes classic hero Don Quixote. The Spanish conquistadores brought the cattle herding tradition to North America, and it made its way to the western U.S. from there. Similarly, elements of the vaquero culture such as cowboy hats and rodeos originated in Spain and Mexico.

Many city and state names like San Antonio, Corpus Christi, Colorado, and Montana come from Spanish words. The name “Texas” comes from “tejas,” the Spanish form of a Native American word. Even the dollar sign is believed to be related to the Spanish currency that was used in the early American colonies.

And of course, Hispanic culture has had a major influence on American cuisine. For example, salsa overtook ketchup as America’s most popular condiment, nearly 30 years ago. And barbecue, a beloved part of many Texans’ diet, comes from a fusion of Spanish and Caribbean traditions. The word “barbecue” itself comes from the Spanish word “barbacoa.”