

THE PREUSS SCHOOL

UC SAN DIEGO

Happy Monday, Scholars! Remember the Preuss Way is Kindness, Respect, and Excellence. Have a great day!

QUOTE OF THE DAY:

"If you believe in the power of words, you can bring about physical changes in the universe."

– N. Scott Momaday

SAT WORD:

malleable(adj): capable of being shaped or bent

IMPORTANT REMINDERS

- Please remember to pick up your trash before leaving the lunch tables after eating
- Personal athletic equipment are no longer allowed on campus.
 - First offense: items will be taken away and not returned until the end of the school day.
 - Second offense: Items will be taken and not returned. All students must come to school in dress code.
- Preuss polo must be worn. No jeans or sweats may be worn. –
- Airpods and headphones should be put away and removed before entering campus until after school. They may not be worn on campus during the school day.

MTS TROLLEY RIDER INSIDER

Please take a moment to learn about the MTS “See Something, Say Something” information. Click the MTS icon to read! If you need assistance when riding the trolley, you can text 619-318-1338 or call MTS dispatch at 619-595-4960. Put these important numbers in your phone so you have them available anytime you ride the trolley.



THE PREUSS INSIDER

A newspaper made by students,
for students of the Preuss School UC San Diego



Preuss Spirit Expressed In A Week



Preuss Presents its 2023 Fall Formal



Preuss Welcomes New Vice Principal,
Ms. Brown



AP Biology Ventures Into San Diego
Safari Park



Preuss Marine Biologists Explore
Birch Aquarium



New Period Product Dispensers
Installed In All Girl Bathrooms

PREUSSINSIDER.COM

PODCASTS, NEWS, ENTERTAINMENT, & MORE
MAKE SURE TO CHECK OUT YOUR PEERS ARTICLES!

 @preussinsider



The Preuss Insider

2023-2024 Feeding San Diego Distribution Calendar - The Preuss School

Last Updated October 23, 2023



Cadence: 2nd and 4th Fridays

July / julio						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

August / agosto						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September / septiembre						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

October / octubre						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

November / noviembre						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

December / diciembre						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

FEEDING SD

*Distribution dates in orange

College Rep Visits

High schoolers! Our last college rep visit is Thursday, November 9th from 12-1pm! Sign up with Ms. Bandy to hear from a Cal Poly SLO rep!



yearbook snap

YEARBOOK UPDATES

YEARBOOK UPDATES

yearbook would like to announce our new app called yearbook snap, this app is used to upload pictures that you take on your phone (of Preuss events) can send them to us!! The app is very simple, after downloading the app use the code "Preussyearbook" to log in and start uploading pictures!!

Android:

SCAN ME



Iphone:

SCAN ME



FALL CARNIVAL



FALL CARNIVAL

November 17, 2023 | 4:20- 7:00 PM PST | 3750 Voigt Dr, La Jolla, CA 92037 |
\$5 for 11 tickets | \$10 for 24 tickets | \$20 for 50 tickets
Preuss Student Admission: \$3 | Parent and siblings admission \$5
Special Limited Time EVENTS

HOT FOODS AND COLD DRINKS WILL BE SOLD

ALL LEFT OVER PRIZES WILL BE SOLD DURING END OF THE EVENT

COME SUPPORT THE 11TH GRADERS



Donate
TOYS & PLUSHIES
For
Fall Carnival
10/30 - 11/10

Prize for person who wins the raffle:
Free admission for you and your friend
6 free tickets total
Donate into bins in front desk in office

CAN GIVE PRIZE TO 2 PEOPLE OF CHOICE IF YOU DON'T WANT IT

Click [here](#) to see video instructions on how to donate plushies for the Junior Class Fall Carnival! Remember when donating to check in with the front desk to receive a raffle slip!

SCIENCE OLYMPIAD



@PREUSSSCIOLY

QUESTIONS?
MR. FOZI
C202

JOIN SCIENCE OLYMPIAD!

BUILD TOWERS AND ROCKET LAUNCHERS, DECRYPT SECRET MESSAGES, SOLVE CRIMES WITH SCIENCE EXPERIMENTS, AND MORE! WE COMPETE IN EVENTS RELATED TO A VARIETY OF STEM FIELDS! COME JOIN THE TEAM! WE MEET WEDNESDAYS @ 4:15PM IN C202.

CLUB ANNOUNCEMENTS

Tsu-NAMI

TSU-NAMI meets every Tuesday, after school (4-5 pm) in Ms. V's room A201!

Hello everyone! TSU-NAMI will be leading a stress ball-making activity during high school and middle school lunch on Thursday, November 9th! You can take these stress balls and use them during moments of anxiety or to relax. It will be fun!

Dance Club

Are you interested in learning how to dance? Join us every Monday and Thursday afterschool in Room T102. We will learn different styles spanning from Hip Hop to Contemporary. Everyone is welcome!

Interact Club

Are you looking for community service hours and ways to give back to your community? Look no further because we can help you with that. Meet us during LUNCH every TUESDAY in Room D201 to get involved!

Book Club

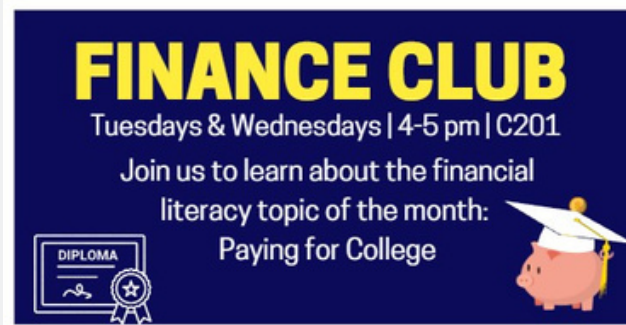
The Preuss Book Club is a community where students can enrich their knowledge and create a passion for books. We meet on Mondays at lunch in E101 and all high school students are welcome!

Volleyball Club

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!

Multicultural Club

Volleyball Club Meets every Friday from 4-5 in front of B103! Meet us there!



FINANCE CLUB
Tuesdays & Wednesdays | 4-5 pm | C201
Join us to learn about the financial literacy topic of the month:
Paying for College

The graphic features a blue background with yellow text. On the left is an icon of a diploma with a star, and on the right is a pink piggy bank wearing a white graduation cap.



ROBOTICS CLUB

The Robotics Club meets Thursdays at 4-5pm.

Come develop skills in coding, engineering, business, finance, media, and community outreach!

DON'T YOU PANIC I'M A MIDNIGHT MECHANIC
812

The graphic has a black background with teal and white text. It features a stylized robot head logo, a gear with the number 812, and a helicopter flying over a city skyline silhouette at the bottom.

Celebrating

NATIVE AMERICAN HERITAGE MONTH

Fact of the day:

In 1916, Red Fox James, a member of the Blackfeet Nation, rode horseback from state to state to gather endorsements from 24 state governments to establish a day to honor American Indians. This resulted in the very first American Indian Day. It took place on the second Saturday in May 1916 in New York. Dr. Arthur C. Parker, a Seneca Indian who was the director of the Museum of Arts and Science in Rochester, N.Y. at the time, persuaded the Boy Scouts of America to set aside a day for the "First Americans" in 1915, which they adopted for three years. Native American Heritage Month first evolved from "American Indian Week," which President Reagan proclaimed on the week of November 23-30, 1986. In 1990, President George H. W. Bush approved a joint resolution designating November 1990 as National American Indian Heritage Month. It was later changed to Native American Heritage Month under President Barack Obama.

There are currently 574 federally recognized tribes. Approximately 229 are located in Alaska, and the rest are located in 35 other states. These tribes have political status as sovereign governments and have nation-to-nation relationships with the federal government. Indigenous peoples represent more than 600 tribal nations and 175 languages across the United States. Tribal groups share similar experiences, but they have unique cultures with unique histories.